

## SPORTS

### Football mini-camp Monday and Tuesday

Kings Mountain High's varsity football team will have a two-day mini-camp Monday and Tuesday.

The camp will begin promptly at 8 a.m. Anyone wishing to try out for the varsity Mountaineers are urged to attend the camp.

The camp will run until 5 p.m. and will include practice as well as numerous fun activities.

Official pre-season practice will begin at 8 a.m. on Thursday, August 1.

#### THE SCHEDULE

July 29-30 - Varsity camp, 8 a.m.  
 August 10 - Scrimmage at KMHS, 9 a.m. (Other teams involved are Freedom, Clover and North Gaston).  
 August 13 - Black and Gold game at City Stadium, 7 p.m.  
 August 16 - Cleveland County Jamboree at KMHS, games beginning at 6, 7, 8 and 9 p.m. (Teams to be announced).  
 August 23 - Hunter Huss at KM.  
 August 30 - KM at East Gaston (endowment game).  
 September 6 - KM at Foreview.  
 September 13 - East Rutherford at KM (Freshman tailgate party).  
 Sept. 20 - KM at Burns.  
 Sept. 27 - Shelby at KM.  
 October 4 - KM at Draughn.  
 October 11 - Crest at KM (Homecoming).  
 Oct. 18 - KM at R-S Central.  
 Oct. 25 - Chase at KM (Senior Night).  
 Nov. 1 - Bye.  
 Nov. 8 - KM at East Burke.

\*All regular season games begin at 7:30 p.m.

### KM all-stars ousted from state tourney

Kings Mountain's 11-12 year-old all-stars lost two straight games in the Dixie Youth Majors State Tournament Saturday and Sunday in Lumberton.

Kings Mountain fell to West Roberson 10-0 in the opening round Saturday and then lost to Fuquay-Varina 5-4 on Sunday.

Kings Mountain couldn't get its bats going in game one and also committed numerous errors that led to West Roberson runs.

David Bell started on the mound and pitched well. He allowed only three hits, one earned run and struck out four in three innings of work but was the victim of three unearned runs in the third inning.

Kings Mountain managed only two hits, a double in the first by John Harmon Melton and a single in the third by Jake Woods.

West Roberson broke the game open with six runs in the fourth inning.

Against Fuquay-Varina Sunday, Kings Mountain jumped on top in the bottom of the second when Frank Stump led off with a hit that got past the left fielder and left him on third base. He later scored on a passed ball.

John Harmon Melton started on the mound and pitched three hitless innings, but five errors in the third inning produced four unearned runs which put Fuquay-Varina up 4-1.

Kings Mountain answered with two runs in the bottom of the third to make the score 4-3. Hunter Helms pitched the next two innings, giving up one unearned run in the fifth that turned out to be the insurance run.

Kings Mountain answered in the bottom of the fifth with a lead-off home run by Joe Ruffalo to pull within 5-4.

David Bell pitched the last inning and held Fuquay-Varina scoreless. KM put two men on in the bottom of the sixth when Bell singled and Melton walked, but they couldn't score.

Bell led the KM offense with three hits and Melton added two. Stump, Silas Price, Ruffalo, Blake Broome and DJ Bagwell added a hit apiece.

### Tennis tryouts August 1 at Kings Mountain High

Try-outs for the Kings Mountain High School tennis team will begin on Thursday, August 1. Meet at the high school tennis courts at 5 p.m.

All student athletes are required to have a physical on file before they can participate.

For more information contact Coach Rick Henderson via email at [Rick.Henderson2@duke-energy.com](mailto:Rick.Henderson2@duke-energy.com) or by cell 704-460-8066.

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## LIFESTYLES

### Now, these two are good cooks



Lib Stewart  
Managing Editor

No member of my family believes that I was one of the judges for a Down Home Country Chef Cook-Off. The reason is that I collect

recipes (I got more last Thursday) and cook very little. My best friend in the kitchen is the Microwave. But I know what tastes good and the Chefs at Summit Place of Kings Mountain and Morningside of Gastonia (two Five Star senior living facilities) know how to treat your taste buds. Just ask Herald Publisher Wendy Isbell and Advertising Director Rick Hord who also were guests at the cook-off.

The "battle of the culinary arts" was between Chef Tyrone Corbett of Summit Place of Kings Mountain and Chef Sherri Marana of Morningside of Gastonia. I voted for both to win but when the votes were tallied the top score went to Marana with Corbett runner up. The win was by a mere eight votes.

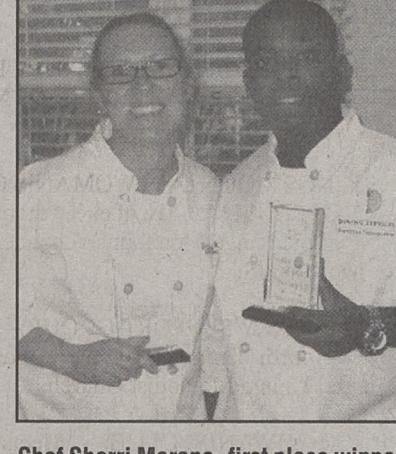
The other judges were Allen Lang-

ley, chairman of the board of Cleveland Chamber; Ted Turner, regional director of 5 Star for the two Carolinas facilities; Gaston County Sheriff Alan Cloninger, who has lost an amazing 90 pounds and turned away banana pudding; and Dr. Allen Clark, the medical director of the new Senior Life Care which opens in Gastonia in November.

Ray Goforth was master of ceremonies, Jeff Whittington was a one-man bluegrass band for the event held at Morningside, The Boot Scooters entertained with line dancing, and it was a fun competition. The judges were the last to sample the great food as the audience watched us take a bite or more from every dish and rank them 1-5 and comment on appearance, quality, etc. The Chefs ranked high on presentation as well as taste.

Born in Northern Ireland, Chef Morana moved to the US in 1988 and her first experience in a professional kitchen came at age 14. She served us Cowboy Caviar, (a one-dish meal of a variety of country vegetables) Baby Back BBQ Ribs with corn on the cob muffin, potato salad and banana pudding for dessert.

Tyrone Corbett also developed a passion for good food at a young age. His menu was Granny's Fresh Garden Bites, country buttermilk fried chicken with macaroni and cheese, green beans with cherry tomatoes, and homemade sweet potato pie.



Chef Sherri Marana, first place winner, and Chef Tyrone Corbett, runner-up.

Both good cooks, they work with special diets and dietary needs, to the benefit of the residents at the two facilities they serve.

Since I was raised in the country, I was really sold on the fried chicken, green beans with tomatoes, sweet potato pie, and potato salad. Since the theme was country with a bluegrass twist, Marana's Cowboy Caviar was a big hit and her homemade barbecue sauce for the entrée was exceptional. Corn on the Cob Muffin was a treat as well as banana pudding.

Everything on the menu was a culinary delight. Some of the prize-winning recipes I will share with readers of The Herald.

### Auditions set for "Red Velvet Cake War"

Kings Mountain Little Theatre Inc. will conduct auditions for "The Red Velvet Cake War," on Monday, Aug. 5, and Tuesday, Aug. 6, at 7 p.m. at Joy Performance Center, 202 S. Railroad Avenue.

Veteran KMLT Director Jim Champion will direct the comedy with roles available for four men and eight women.

In this riotously funny Southern-fried comedy, the three Verdeen cousins — Gaynelle, Peaches and Jimmy Wyvette — could not have picked a worse time to throw their family reunion. Their outrageous antics have delighted local gossips in the small town of Sweetgum (just down the road from Fayro) and the eyes of Texas are upon them, as their self-righteous Aunt LaMerle is quick to point out.

Having "accidentally" crashed her minivan through the bedroom wall of her husband's girlfriend's doublewide, Gaynelle is one frazzled nerve away from the number one mortuarial cosmetologist in the tri-county area, is struggling to decide if it's time to have her long absent trucker husband declared dead. And Jimmie Wyvette, the rough-around-the-edges store manager of Whatley's Western Wear, is resorting to extreme measures to outmaneuver a prisspot neighbor for the affections of Sweet gum's newest widower.

But the cousins can't back out of the reunion now. It's on and Gaynelle's hosting. Peaches and Jimmie Wyvette have decided its success is the perfect way to prove Gaynelle's sanity to a skeptical court-appointed

See Auditions, 4B



Playground refurbishing

Photo by Ellis Noell

Daryl Dixon, Mayor Rick Murphrey, Rick Ford, Mike Gaffney and David Smith, left to right, look over the refurbishing on the children's playground Monday. Dixon, Construction Supervisor for the City, has been working with his crew to pressure wash all of the elements at the park, replace cracked and damaged wood and then seal and add mulch, all environmentally safe for the children. The playground was built in 2001 in one week with the help of over 2,000 volunteers. The playground will remain closed to the public until renovations are finished, with the expected completion on August 2.

### Hospice Cleveland County recognized as a We Honor Veterans program partner

"Hospice Cleveland County is pleased to have recently partnered with the We Honor Veterans program," said Patti Ellis McMurry, Vice President of Access. "Veterans may have experiences from their military service that present unique needs at the end of life and we want to be prepared to provide excellent care to these men and women who have sacrificed so much for our country. Only 33% of veterans are enrolled in the VA to receive their entitled benefits and we want to educate and assist veterans and families in obtaining these benefits."

Also, VA medical facilities care for only 4% of veterans at the end of life; 96% die in the community. Twenty-six million veterans are alive today; 25% of all deaths in the U.S. are veterans; and more than 1,800 veterans die each day. This is a large segment of the population who needs our care and needs our understanding of their unique needs."

To help provide care and support that reflect the important contributions made by these men and women, Hospice Cleveland

County has become a national partner of We Honor Veterans, a pioneering campaign developed by the National Hospice and Palliative Care Organization (NHPCO) in collaboration with the Department of Veteran Affairs (VA).

As a We Honor Veterans partner, Hospice Cleveland County will implement ongoing veteran-centered education for their staff and volunteers to help improve the care they provide to the veterans they proudly serve. The nation is seeing many of the men and women who served in World War II and the Korean War pass away — and the number of deaths of Vietnam veterans is beginning to rise.

The We Honor Veterans campaign provides tiered recognition to organizations that demonstrate a systematic commitment to improving care for veterans. "Partners" can assess their ability to serve veterans and, using resources provided as part of the campaign, integrate best practices for providing end-of-life care to veterans into their organization.

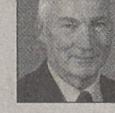
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