

POLICE - CRIME

ARRESTS

OCT. 1: Todd W. Barnhart, 39, Gallivants Ferry, S.C., larceny of motor vehicle, possession of motor vehicle, driving without a license, no bond.

OCT. 1: Latitus T. Corry, 18, 406 Baker St., possession of marijuana with intent to sell or deliver, possession of drug paraphernalia, \$15,000 bond, secured.

OCT. 3: Brandon W. Dixon, 26, 524 Harmon Ct., simple assault, assault on a law enforcement or EMS personnel, \$75,000 bond, secured.

OCT. 4: A 17-year-old was charged with simple assault, \$500 bond, secured.

OCT. 5: Kerry J. Bodalski, 20, 204 W. King St., failure to appear, \$500 bond, secured.

OCT. 5: Daniel D. Capps, 35, 404 Wilson St., assault on female, no bond.

OCT. 6: Shelly B. Laws, 38, 404 Belvedere Circle, injury to real property, \$2,500 bond, secured.

OCT. 6: Keyshonda M. Byers, 25, 100-4 Cherokee St., charge not listed, \$500 bond, secured.

OCT. 6: Buckeas K. Dawkins, 32, 612 Charles St. Apt. 97, concealed firearm, possession of drug paraphernalia, \$2,500 bond, secured.

CITATIONS

SEPT. 23: Kimberly D. Wells, 41, Gastonia, expired inspection.

SEPT. 27: A 16-year-old from Kings Mountain was charged with assault.

OCT. 1: Daniel C. Brock, 29, 425 King Falls Ct. Apt. 201, expired registration.

OCT. 1: Brian K. Adams, 21, 603 Alexander St., driving without a license.

OCT. 1: Tina M. Layel, 56, Dallas, running a red light.

OCT. 2: Kenneth W. Cash, 47, 514 Chestnut Ridge Rd., expired registration.

OCT. 2: Anna F. Namonyuk, 24, Chesnee, S.C., failure to stop at a stop sign.

OCT. 2: Cody T. Jarosz, 28, Spindale, expired registration.

OCT. 5: Daslan D. Houge, 29, 102 N. City St. Apt. 13, displaying a revoked registration.

OCT. 5: Cedric C. Watson, 26, 1817 Alpine Dr., failure to wear seat belt.

OCT. 5: Jasmine C. Bullaro, 22, 209 Roy Bell Rd., speeding 53/35 zone.

OCT. 5: Tempest P. Andrews, 23, Kannapolis, speeding 56/35 zone.

INCIDENTS

OCT. 1: A resident of Shelby reported the theft of a white 1984 Ford Ranger with an estimated value of \$2,500 from the Battleground BP on Battleground Ave.

OCT. 1: A resident of Broadview Dr. reported the theft of a steel boiler tube valued at \$1,640.

OCT. 2: A resident of Shelby Rd. reported breaking and entering of an automobile and the theft of several automotive repair manuals, a debit card, \$250 in cash, an Xbox video game console, a book bag, a drivers license and a ticket for a pawned item.

OCT. 3: A resident of S. Cherokee St. reported breaking and entering and theft of a gray Samsung personal computer with an unstated value.

OCT. 4: Al's Quick Pick reported breaking and entering and theft of a six-pack of beer, an unknown quantity of

smokeless tobacco and an unknown quantity of cigarettes. A glass door was also damaged in the incident.

OCT. 4: Amiya Express at 211 W. King St. reported the theft of a magazine valued at \$12.99.

OCT. 6: Standing Ovation Barber Shop at 411 N. Piedmont Ave. reported that a blunt object was used to damage a front door/window.

OCT. 4: The Battleground BP at 724 York Rd. reported that thieves parked a tanker truck over its buried tank, pumped 654 gallons of fuel valued at \$2,600 into the tanker and drove away.

WRECKS

SEPT. 30: Officer M.J. Howard said a 1994 Ford operated by Emily M. Gregory struck a 1995 Buick operated by Magen Charlene Rae Conder in a parking lot on Linwood Rd. The estimated damages to the Ford and the Buick were \$500 and \$750, respectively.

OCT. 1: A 1997 Toyota operated by Daniel C. Brock struck a parked 1998 Ford owned by Milton W. Rice. The estimated damages to the Toyota and the Ford were \$100 and \$700, respectively.

OCT. 3: Officer H.W. Carpenter said a 1994 Chevrolet operated by Aaron M. Kirksey struck a 2000 Mercedes in a parking lot at 1012 Shelby Rd., causing an estimated \$1,500 in damages to the Mercedes.

OCT. 4: Officer Hannah Yarborough said that an unoccupied parked 2013 Kia owned by Thomas A. Norman, Jr., was struck by an unknown vehicle in the parking lot of Food Lion on the Shelby

Thieves fill up – to the tune of \$2,600

DAVE BLANTON

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Thieves made off with \$2,600 of diesel fuel at a local gas station last week by drawing the fuel right out of the underground storage tanks in a middle of the night caper. That amounted to 654 gallons stolen in only about eight minutes.

The Battleground BP on York Rd., which was closed at the time of the heist, didn't notice the crime until around midnight the next night. That's when employees conduct a daily audit of the store's fuel holdings.

"We ruled out human error; we ruled out mechanical error ... and that's what prompted us to check the security tapes," said Kevin Burton, the store owner.

It was then that store personnel – and later police – observed two men pull up in what looked like a home heating oil truck at 3:15 a.m. Thursday and proceed to tap into the station's large reserve of diesel fuel, which retails for about \$4 a gallon. Burton said the whole operation took less than ten minutes and little of the suspects' identity was visible due to the late hour.

"They probably picked diesel because of its low volatility," Burton said, adding that the insurance claim is still pending. "They were very professional. These guys

were good. Real good."

There are reports of the same kind of gas or diesel theft occurring in Charlotte recently. And last winter in Florida, thieves retrofitted a minivan to steal and hold 250 gallons of gasoline from a Tampa area convenient store. That attempt fell apart when a sheriff's deputy pulled onto the scene, prompting the thieves to scatter in a different vehicle.

It was the third time in less than a month that the convenience store has been the scene of serious theft.

On October 1, a regular customer parked his pickup truck in the parking lot and moments after he reported a suspicious character loitering in the area, he noticed his vehicle had been stolen.

Police were immediately called to the scene and as they were investigating the missing truck about 45 minutes, its owner spotted it being driven by the thief at the McDonald's across the street. Apparently, Burton said, the thief got turned around or lost and inadvertently returned to the scene of the crime. He was apprehended.

A week before that, the store was broken into in the middle of the night and thieves made off with \$700 in cash.

"They say it comes in threes," said Burton, who's owned the store for four and a half years. "I hope that's it for me."

Hwy. The vehicle's operator then left the scene. The estimated damage to the Kia was \$1,000.

OCT. 6: Officer B.M. Black said that a 2003 Chevrolet operated by Bruce E. Collins, Jr., rear-ended a 2010 Jeep operated by David A. Cutler while travelling north on I-85. The collision triggered a chain reaction of rear-end collisions involving three additional vehicles, in-

cluding a 2012 Nissan operated by Elizabeth A. Miller, a 2013 Chevrolet operated by Raymond Giles, Jr., and a 2012 Kia operated by Jim Dae Yoon. The estimated damages to the 2003 Chevrolet, the 2010 Jeep, the 2012 Nissan, the 2013 Chevrolet and the 2012 Kia were \$800, \$800, \$2,000, \$6,000 and \$3,000, respectively. A passenger in the 2013 Chevrolet was transported to Kings Mountain

Hospital for possible head and neck injuries.

OCT. 6: Officer B.C. McGinnis said that an unoccupied parked 2012 Honda owned by Loren E. Everhart was struck by an unknown vehicle in a parking lot on Railroad Ave. The vehicle's operator then left the scene. The estimated damage to the Honda was \$1,000.

THE SAVVY SENIOR

By JIM MILLER
Editor



Many flu shot options available to adults this season

Dear Savvy Senior,

I understand that there are a number of different flu vaccines being offered to adults this flu season. What can you tell me about them?

Seeking Protection

Dear Seeking,

Depending on your age, health and personal preference, there are six different ways to get immunized against influenza this year.

Just as they do every year, the Centers for Disease Control and Prevention (CDC) recommends a seasonal flu shot to almost everyone over the age of 6 months because it's still the best protection against the flu.

If you get a flu shot, you're 60 percent less likely to get the flu. And if you do happen to get it, you're likely to have a milder case if you've been inoculated. The flu puts more than 200,000 people in the hospital each year and kills on average about 24,000. Here's the rundown on the different vaccines that are available this flu season:

Standard flu shot: This tried-and-true shot that's been around for more than 30 years protects against three strains of influenza, and is recommended for everyone 6 months and older. This year's version protects against the two common Type A strains H1N1 and H3N2, and one strain of Type B influenza virus.

Quadrivalent vaccine: New this year, this vaccine that protects against four types of influenza – the same three strains as the regular flu shot, plus an additional B-strain virus that primarily affects kids. Available to everyone 6 months and older, the quadrivalent shot will be available in limited supply this year, therefore it's primarily recommended for children.

Fluzone High-Dose: Designed for seniors age 65 and older, this vaccine contains four times the amount of antigen – the part of the vaccine that prompts the body to make antibody – as a regular flu shot does, which creates a stronger immune response for better protection. The manufacturer, Sanofi Pasteur, says its research shows the shot

to be 24 percent more effective in seniors.

Fluzone Intradermal: If you're squeamish about needles, the intradermal shot is a nice option because it uses a tiny micro-needle to inject the vaccine just under the skin, rather than deeper in the muscle like standard flu shots. This year's version will protect against three strains of influenza, and is recommended to those ages 18 to 64.

FluBlok: Created for people who are allergic to eggs who had to skip their yearly flu shot. FluBlok is the first egg-free flu vaccine developed through cell technology from three flu strains cultured in caterpillar cells. This shot, however, is only recommended to younger adults between the ages of 18 and 49.

FluMist: This nasal spray vaccine protects against four strains of influenza, just like the quadrivalent shot, but it's only recommended for those between age 2 and 49.

To locate a vaccination site that offers

these options, ask your doctor or pharmacist, or check the online flu-shot locator at flushot.healthmap.org. Most chains like CVS, Walgreens, Safeway, Kmart, Walmart, Rite Aid and Kroger will offer the standard and high-dose shots, along with the flumist nasal spray. But because of limited supply, it may be a bit more difficult to locate the intradermal, quadrivalent or flublock vaccines.

You'll also be happy to know that most health plans and Medicare will cover the cost of a flu shot. But if you're not covered by insurance, you can expect to pay around \$25 to \$35 for a standard, intradermal or quadrivalent flu shot, or \$50 to \$60 for a shot of the high-dose or flublock.

For more information on the different flu vaccines, visit the Center for Disease Control and Prevention at cdc.gov/flu, or call 800-232-4636.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

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