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season finale with East Burke. Left to right are James Tillman, Isaiah Cole, Chad Sanders, with East Burke. Left to right are Alecia Wade, Taquisha Smith and Monique Petty. **Cameron Bullock and Josh Sherer.** 



Kings Mountain High's senior boys basketball players were honored prior to Friday's regular Kings Mountain High's senior girls basketball players were honored following Friday's game

# How To Get Rid Of Knee Pain Once And For All... Without Drugs, Shots, or Surgery Now, in Cleveland County, one doctor is helping local residents with knee pain live more active, pain-free lives.

#### Do You Have Any of the **Following Conditions?**

- Arthritis
- Knee pain
- Cartilage damage
- 'Bone-on-bone'
- Tendonitis
- Bursitis
- Crunching and popping sounds



pain relief and reducing injury damage.

This leading edge technology has an impressive success rate of returning patients to work, sports and competitive activities, as well as everyday life.

Patients treated with the K-Laser often show a higher level of function, both during and after the treatment period. The therapeutic laser provides a tremendous alternative for those facing surgery.

#### **Could This Non-Invasive, Natural Treatment** Be The Answer To Your Knee Pain?

I'm running a very special offer where you can find out if you are a candidate for K-Laser therapy.

What does this offer include? Everything I normally do in my "Knee Pain Evaluation". Just be one of the first 25 callers and here's what you'll get...

• An in-depth consultation about your problem where I will listen...really listen...to the details of your case.

- A complete neuromuscular examination.
- A full set of specialized x-rays to determine if arthritis is contributing to your pain. (NOTE: These cost \$150)
- A thorough analysis of your exam and x-ray findings

### What are patients saying?



## 2014 football to kick off at Carlton Stadium

Kings Mountain High School will kick off its 2014 football schedule with a scrimmage with North Gaston's Wildcats at Shu Carlton Stadium.

City Council recently renamed the former City Stadium in memory of the Kings Mountain coaching legend. A dedication will be held when the weather improves. Coach Carlton's wife, Louise, and other members of his family and many of his former players will be in attendance.

The Mountaineers open their regular season at Hunter Huss on August 22 and will play their first home game August 29





Living with knee pain can feel like a crippling experience. Let's face it, your knees aren't as young as you used to be, and playing with the kids or grandkids isn't any easier either. Maybe your knee pain keeps you from walking short distances or playing golf like you used to.

Nothing's worse than feeling great mentally, but physically feeling held back from life because your knee hurts and the pain just won't go away!

My name is Dr. Rich Berkowitz, owner of Carolina Chiropractic Plus. Since we opened nearly seventeen



years ago, we've seen hundreds of people with knee problems leave the office pain free

If you're suffering from these conditions, a new breakthrough in medical technology may completely eliminate your pain and help restore norfunction to mal your knees.

CALL TODAY TO SCHEDULE YOUR

KNEE PAIN EVALUATION

(\$250 VALUE) AVAILABLE TO THE FIRST 25 CALLERS!

#### Finally, You Have An Option Other Than Drugs or Surgery and it's Pain Free!

The K-Laser Class IV Therapeutic Laser is an outpatient, non-surgical procedure, often used in physical therapy and sports medicine to accelerate the healing process. It offers non-invasive treatment to promote healing for those who suffer from pain in muscles, nerves, and joints, like that associated with chronic knee pain.

This same laser is used by professional sports teams including the New York Yankees and Cincinnati Bengals.

#### It Promotes Rapid Healing Of The Injured Tissues

This pain-free, non-surgical approach works by stimulating the body's natural healing processes, providing

so we can start mapping out your plan to being pain free

• You'll see everything first hand and find out if this amazing treatment will be your pain solution, like it has been for so many other patients.



#### **HELPING PATIENTS WITH KNEE PAIN LIVE A** HAPPIER, MORE ACTIVE LIFESTYLE

The first 25 callers can get everything I've listed here for only \$27 The normal price for this type of evaluation including x-rays is \$250, so you're saving a considerable amount by taking me up on this offer.

Remember what it was like before you had knee problems. When you were pain free and could enjoy everything life had to offer. It can be that way again. Don't neglect your problem any longer - don't wait until it's too late.

#### Here's what to do now:

Due to the expected demand for this special offer, I urge you to call our office at once. The phone number is 704-215-4787

Call today and we can get started with your consultation, exam and x-rays as soon as there's an opening in the schedule. Our office is called Carolina Chiropractic Plus and you can find us at 145 W. Dixon Blvd., across the street from Carter Chevrolet. Call today, this offer is limited to the first 25 callers.

Yours in Health, **Rich Berkowitz D.C.** P.S. Now you might be wondering...

#### "Is this safe? Are there any side effects or dangers to this?"

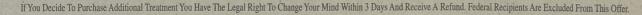
The FDA has cleared K-Laser Therapy as safe. This was after their study found 76% improvement in patients with knee pain. Their only warning - don't shine it in your eyes



#### A NON-SURGICAL, NON-INVASIVE KNEE PAIN **TREATMENT - NOW AVAILABLE!**

Of course at our office, the laser is never anywhere near your eyes and we'll give you a comfortable pair of goggles for safety. Don't wait and let your knee problems get worse, disabling you for life. Take me up on my offer and call today 704-215-4787

CAROLINA CHIROPRACTIC Plus www.ncchiroplus.com 145 W. Dixon Blvd. • 704-215-4787



against the East Gaston Warriors.

#### THE SCHEDULE AUGUST

12 - North Gaston (scrimmage) at Shu Carlton Stadium, 7 p.m.

15 - Cleveland County Jamboree at Gardner-Webb University, 6 p.m.

22 - at Hunter Huss, 7:30 29 - East Gaston, 7:30 SEPTEMBER 5 - at Forestview, 7:30 12 - at East Rutherford, 7:30 19 - Burns, 7:30 (Freshman Tailgate). 26 - at Shelby, 7:30 OCTOBER 3 - Draughn, 7:30 (Homecoming) 10 - at Crest, 7:30 17 - R-S Central, 7:30 (Pop Warner Night). 24 - at Chase, 7:30 NOVEMBER 7 - East Burke, 7:30 (Se-

nior Night). 14 - First round state playoffs, 7:30 21 - Second round state, playoffs, 7:30

28 - Third round state playoffs, 7:30 DECEMBER

5 - Fourth round state playoffs, 7:30 13 - State Championship

(TBD)

### **Pancake supper** at Dixon Church

The youth of Dixon Presbyterian Church will host a pancake supper Saturday, March 8 at 5:30 p.m. at the church fellowship hall, 603 Dixon Schol Road, Kings Mountain.

Proceeds will be used toward financing a retreat to Fort Caswell.

The public is invited.