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110 S. Railroad Ave., Kings Mountain

GOVERNMENT

CLEVELAND COUNTY BOARD OF COMMISSIONERS - meets on the first and third Tuesdays of each month at 6 p.m. in the commissioners' chambers, second floor, County Administration Building, 311 E. Marion St., Shelby.

CLUB MEETINGS

KINGS MOUNTAIN ROTARY CLUB - Every Thursday, noon, at the Patrick Senior Center, 909 E. King St.

SOUTHERN ARTS SOCIETY - Meets every first Tuesday of the month at the KM Art Center (Old Depot), 301 N. Piedmont Ave. Social time is at 6:30 p.m. and the program is at 7 p.m. Visitors are welcome.

MILITARY SUPPORT GROUP - Meets every fourth Thursday of every month at Central United Methodist Church.

KM KIWANIS CLUB - Meets each Thursday at 6:30 p.m. for dinner in the Community Room (lower level) at the Mauney Memorial Library, S. Piedmont Ave.

POSITIVE ATTITUDES WALKING CLUB - There is an open invitation to all Kings Mountain ladies to join the Positive Attitudes Walking Club. The club members walk in various downtown areas of Kings Mountain during lunch hours. An inspirational devotion is provided. For more information call 704-472-4403.

COLONEL FREDERICK HAMBRIGHT CHAPTER Daughters of the American Revolution meets monthly for programs. Any woman 18 years or older who can prove lineal, bloodline descent from an ancestor who aided in achieving American independence is eligible to join the DAR. For more information on membership or attending our meeting, please contact Loretta Cozart at 704-241-2218.

PATRICK CENTER

BACKPACK PROJECT - Please bring in non-perishable food items for our backpack project. These backpacks go to students who need a little extra food over the weekend. Backpacks are returned each Monday, filled on Thursday, and handed out to students when they leave on Friday. Suggested items are: individual cereal packs (can be eaten without milk), Pop Tarts, individual prepared dinners (Mac & Cheese, spaghetti, etc.), fruit cups, applesauce, pudding cups, Beanie Weenies, peanut butter, juice boxes, crackers or cookies.

FREE COMPUTER CLASSES taught by Pat Bolte are held on Tuesdays and Thursdays 9 a.m. to 12 p.m. at the H. Lawrence Patrick Senior Center. Emphasis is on individual attention.

T'AI CHI CLASS - Thursdays 2-3 p.m. in Conference Room I. Andrew Baker is instructor of Tai Chi 4 Health & Balance and a donation of \$3 per person is requested. Rotating exercises, health lessons, and surprise extras keep it fresh. All donations will go toward purchase of DVDs for the class.

SILVER ARTS/SENIOR GAMES- Registration packets are at the front desk at the Patrick Center. Silver-Arts entries will be on display at the Neal Center in the VIP Room in Shelby from March 10-14. A reception will be on March 11 at 10 a.m. and "Performing Arts Follies" will perform on March 14 at 6 p.m. Awards luncheon will be on March 26 at 11:30 a.m.

NEW BEGINNER LINE DANCES - Beginners Line Dance classes are taught by Archie Cherpak each Wednesday from 1-2 p.m. at the Patrick Center.

DUTCH LUNCH BUNCH - If you like to eat and want to laugh and enjoy the company of others, join the Dutch Lunch Bunch

go!

Brought to you by:
Hometown Hardware

Your guide to area events

open to any senior 55 and older. \$1 fee for transportation to a restaurant.

MANAGING DIABETES - An educational program with expert advice on better diabetes management is held the last Monday of every month from 2-4 p.m. in the Patrick Center Conference Room I. It's free and open to the public.

FREE SKIN CANCER SCREENING - Saturday, March 1, from 8 a.m.-noon at the Cancer Center at Cleveland Regional Medical Center. The screening is free but an appointment is required. Call 980-487-3724 to reserve your spot. Participating physicians: Theresa B. Gray, MHS, PA-C; Lawrence Pearson, MD; Carol Selsor MD; Phillip R. Talbert, PA-C; Joseph J. Urash, DO, FAOCD.

COMMUNITY BLOOD CENTER OF THE CAROLINAS is issuing an urgent plea for blood donors following the winter storm. All four CBCC donor centers, Charlotte, Concord, Gastonia and Hickory. All interested donors are urged to call 704-972-4700 to make an appointment.

FAMILY EDUCATION SERIES by the Cleveland County Schools Exceptional Children's Department will feature "Nutrition and Exercise Challenges of Kids with special needs" and will be conducted Thursday, Feb. 27, from 6:30-8 p.m. at Marion Elementary School, Star Theater, 410 Forest Hill Dr., Shelby. Amy Buttrick and Sudan Vorhees, of Shelby Children's Clinic, will be presenters for parents and families served by the CCS Exceptional Children's Department. Role-playing, recipe demonstrations and ideas on building healthy lifestyles is featured. Also: mark your calendar for May 15 when noted speaker on autism, Kerry Mango, will present the program.

SUPPORT GROUPS AT PATRICK CENTER- First Tuesdays 5:30 p.m. Evening Alzheimer's Support Group, Neisler Life Enrichment Center, Kings Mountain; first Wednesdays at 10 a.m. depression support group, Patrick Center; second Tuesdays 5:30 p.m. Evening Dementia support group, Life Enrichment Center, Shelby; fourth Tuesdays 6 p.m. Parkinson's Support Group, Life Enrichment Center, Shelby; last Mondays at 2 p.m. diabetic Support and education, Patrick Senior Center.

COMMODITIES DISTRIBUTION - Patrick Center will distribute U.S.D.A. commodities, surplus food for low-income persons on March 11 from 1-2:30 p.m. Make arrangements at the KM senior center.

HOSPICE

The Hospice Store - Located at 323 E. Marion Street beside Dollar General near Uptown Shelby. Please call Angela Jones at 704-751-3530 if you have items to donate or for volunteer opportunities. Store Hours: Wednesday-Friday 10 a.m.-6 p.m. and Saturday 10 a.m.-2 p.m.

REFLECTIONS SUPPORT GROUP -

Tuesdays: March 11, 18, 25 and April 1, 8, 15, 2014 5:30-7 p.m. Hospice Cleveland County Administration Building. Call 704-487-4577 extension 162 to register. Make every effort to attend all six sessions of this grief-sharing group.

HEARTS FOR HOSPICE - For a \$1 donation, you can purchase a heart to display in your home, office, church or wherever you wish in honor/memory of a loved one and a line from on it. Hearts can be purchased at the Hospice Administration Building, 951 Wendover Heights Dr., Shelby, or by calling 704-751-3591.

2014 First Quarter Wish List includes: AAA batteries, Adult pull-ups (size S-M), anti-bacterial hand soap, 8-12 ounces; baby wipes, baby monitors, 16 oz. cups hot and cold, cleaning supplies, heavy duty Styrofoam plates, individual canned beverages, sodas, fruit drinks, water, individual wrapped snack items including cakes, cookies, soups, peanut butter, apple sauce, Kleenex, paper towels. Napkins, plastic forks and spoons, monetary donations for other patient needs, Sidewalk De-icer (small containers for homecare patients, and volunteers and groups, musicians to provide music and friendly visits. Call 704-751-3547 to schedule.

MEMORY BEAR WORKSHOP - Thursday, March 6 - 9 a.m.-noon or 4-7 p.m. Kings Mountain Hospice House, 321 Kings Mountain Boulevard.

HOSPICE TRAINING CLASS - March 17, 18, and 20, from 10 a.m.-2 p.m. or 5:30-9:30 p.m. Hospice Cleveland County Administrative Building.

KM Gateway Trails

MARCH 1: 9 a.m.-12 noon - 5th annual Gateway 5K, Run, Walk, Fun Run beginning at the trailhead. Register on line on the Kings Mountain Gateway Trail Face Book page or get information at 704-739-4755 or on the trail website, www.kmgatewaytrails.org. Applications for the event will be available at the Chamber of Commerce office in Kings Mountain, the Kings Mountain Family YMCA, Clark Tire, and at Alliance Bank downtown.

HISTORICAL MUSEUM

FEB. 1-MAY 24- Textile exhibit at the Museum.

SEPT. 13- Fundraiser for the Museum.

KM NATIONAL MILITARY PARK

MAY 10: Howser House opens from 11 a.m.-4 p.m.

OCT. 7: 233rd anniversary of the Revolutionary War Battle of Kings Mountain

NOV. 29: Howser House opens from 11 a.m.-4 p.m.

SOUTHERN ARTS SOCIETY

301 N. Piedmont Ave. Gift Shop also

featuring fine art, ceramics, woodwork, jewelry and wearable art. Ongoing - Offering art and pottery classes, and ongoing art exhibits by local and regional artists. Hours: Tuesday through Friday 10 a.m.-4 pm; or by appointment contact 704-739-5585 or 704-739-2056.

MAUNEY MEMORIAL LIBRARY

LAST TUESDAY of each month, 6:30 p.m. "A Company of Readers" Book Club in Community Room. Open to the public. Have fun and make friends at this unique book club, a gathering of different ages and varied tastes. Read the book of your choice and participate by briefly sharing.

STORY TIME on Tuesdays and Thursdays. The Tuesday group includes 3-5 year old preschoolers. Thursday group is geared for birth to 2 years old. Join the Library staff at 10 a.m. in the Community Room.

PLAYGROUP on Fridays, for birth to 5 years old, 10-11:30 a.m. in the Community Room.

LOCAL EVENTS

AMERICAN LEGION POST 155 has BINGO every Friday night starting at 6 p.m. Food is available.

GOOD HOPE PRESBYTERIAN CHURCH, Cansler St., Free after-school program on Monday and Wednesday each week from 3:30-5:30 p.m. for help with homework. Parents must provide transportation.

PRE-SCHOOL SCREENING for 2014-2015 pre-school classes will be March 10-14. Location: Office of School Readiness, 308 W. Marion St. Building B, Shelby. Who: Children who live in Cleveland County and will be four years old by Aug. 31, 2014. How: For more information or to schedule a screening appointment, please call (704) 476-8064 between the hours of 8:30 a.m. to 3 p.m. No appointments will be made after Feb. 28, 2014.

CLEVELAND CHAMBER
March 4, Legislative Breakfast at 7:30 a.m. at LeGrand Center; March 11- Kings Mountain Business Showcase opens at Kings Mountain City Hall and exhibits remain open through April 4; May 3 Bump, Baby & Toddler, 10 a.m.-4 p.m., LeGrand Center; May 21, annual Raleigh trip; May 28 Kings Mountain State of Community Breakfast 7:30 a.m. Patrick Center; July 16 Shelby State of the Community Breakfast 7:30 a.m.; August 13 Congressional Luncheon 12-1:30 p.m. Oct. 18 Mush, Music & Mutts Festival and Little Miss Livermush Pageant, Uptown Shelby; Oct. 23-24 Chamber Fall planning conference; Nov. 20 Taste of Cleveland County & Business Showcase, LeGrand Center, Shelby.