

## LIFESTYLES



**LEGION BIRTHDAY** - Curtis Thrift, left, Second Vice Commander of American Legion Post 155 and Adjutant Michael Growel stand with Unit 155 President Myrtle Christenson to show off the blue and gold anniversary cake that members cut at a supper honoring the American Legion on the 95th anniversary of its founding as the world's largest veterans service organization.

### Appling named Clubwoman of the Year

The Kings Mountain Woman's Club has named Linda Appling its Clubwoman of the Year. The award is given annually to honor a clubwoman who has given of her time, talents and interests to render outstanding service to the organization.

Appling's list of service activities reflects a genuine and selfless attitude of stewardship for our community. She has served as the co-chairman of the Public Affairs Community Service Program, assisting with the "Meet the Candidates" Forum. On Appreciation Day for the Fire Department, Police Department and EMS, she helped prepare and deliver treats. Ap-



pling has also been out front in contributing items for the Veterans Hospital and in encouraging members to do the same.

She served as chairman of the Ways and Means Committee and completed a successful pecan sales drive

to help with the expense of a new heating and cooling system for the main floor of the club house. As a member of the House Committee, she has spearheaded initiatives to make the clubhouse more attractive. During the Annual Fall Festival, Linda served in virtually every area, with her efforts in the kitchen contributing the most to the success of the event.

The members of the Kings Mountain Woman's Club wish to formally acknowledge the commitment and efforts of Linda Appling. Her name has been added to the Clubwoman of the Year plaque displayed in the Kings Mountain Woman's Club.

### Fundraiser for Rev. Kinley set for Saturday

His lifelong dream as a Baptist minister is to walk where Jesus walked in the Holy Land. Friends of Rev. Charles Kinley will help him to make the trip at a big car show Saturday from 10 a.m.-2 p.m. at 3028 E. Franklin Boulevard in Gastonia (Franklin Square in front of Pep Boys).

"Fighting with Love," a vocal advocate for cancer patients and those in need, is sponsoring the benefit and the entertainment for the day is dedicated to the Ministry in Kinley's honor for over 40 years of service as a Baptist minister. Youth groups and band will perform throughout the day Saturday and speakers in between shows will offer encouragement, love and hope.

Take your chairs and enjoy, says Wanda McCall, who is heading up the benefit. McCall said that an account has been set up at Wood Forest Bank in Belmont, you can send a donation via PayPal to customcakesbywanda@gmail.com or a personal check to Charles Kinley Holy Land Trip, 6561 Lewis Road, Kings Mountain, NC 28086.

McKinley, who resides with his family in the Chapel Grove Community, is scheduled for surgery on April 1. "We planned the event on March 29 so that the pastor could attend and enjoy all the friends who are coming," said McCall. There is a \$20 fee to enter the car show, a \$5 discount when you donate a non-perishable food item with proceeds from the food drive earmarked to Gaston Street Ministries.

Car show prizes will be given for Grandpa's pick, sponsor's pick, biggest donation and club participation. The entertainment will feature Blood Bought Revival, Gore Boys, Hope's Cry, Encounter Student Ministry, Christ Worship Center Youth, Destiny Church, New Life Baptist Church and more.

### Health Conference Saturday

Did you know that in 2012 one in 10 Cleveland County 9th grade students reported abusing a prescription drug to get high? Of those, 52% reported getting the drug from a friend or relative.

The 10th annual Minority Health Conference Saturday, March 29, from 9:30-1:30 p.m. at the T. R. Harris Conference Center at Cleveland Regional Medical Center in Shelby will focus on prescription, over the counter and illicit drug use.

Keynote speaker will be Judy Billings, Special Agent in Charge of the North Carolina Special Bureau of Investigation. Two break-out sessions will feature panelists on the program emphasis. Det. Sgt. Lisa Proctor of Kings Mountain Police Department is among the panelists.

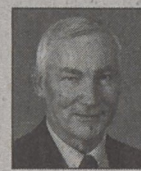
A light lunch will be served.

The conference is sponsored by Minority Health Council, Alliance for Health, Cleveland County Healthcare System and Cleveland County Health Department.



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**LOCATION:** LeGrand Center  
1800 East Marion Street  
Shelby, NC 28152

**TIME:** 6 to 7 p.m.

A light dinner will be provided.

To register for a free seminar near you or to schedule an appointment call 704-512-5642 or visit [CarolinanHealthCare.org/TotalJoint1](http://CarolinanHealthCare.org/TotalJoint1)