

CAMP KID SCOOP

SMART FUN IN THE SUMMERTIME

THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE

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Kid Scoop FIT & FUN

Water Safety

It's fun to play in water whether at a pool, beach, lake, river or a water park but it is important to know your limits and stay safe. Remember, drowning can occur in less than two minutes.

Swimming Pool Safety Rules

Put a check mark next to the rules that make swimming in a pool safer. Cross out rules that do not make pools safer.

- Never go in the water alone. Always be sure an adult who can swim is watching you.
- Do not depend on inflatable toys or water wings to keep your head above water.
- Dive only from a diving board, not the side of the pool.
- Don't crawl or walk on a pool cover.
- Stay in the shallow end of the pool if you are not a strong swimmer.

ANSWER: Did you check them all? Great job!



Find It

Find these things hiding in this picture: a banana, a house, a crayon, a fish, a surfboard and a dinosaur.

Sort It

After finding the hidden pictures, sort each object by the number of syllables.

1 syllable 2 syllables 3 syllables

Standards Link: Vocabulary: Recognize syllables in words; decode words with two or more syllables.

Water Workouts

Gather some friends and try playing some of these games.

They're good exercise and a great way to beat the heat!



Water Cup Relay Race

Two-player teams each have a full bucket and an empty bucket. Place the full bucket at the starting line, the empty bucket at the finish.

The first team member scoops a plastic cup of water from the full bucket and must walk quickly to the finish line holding the full cup over their head.

The team member pours the water from the cup into the finish line bucket and runs back to the start, handing the cup to his teammate, who repeats the process.

The first team to move the most water from start to finish is the winner.

Water Balloon Freeze Tag

The person who is IT must protect a bucket filled with water balloons. If other players get soaked by a water balloon, even if one drop hits them, they must remain frozen until another player is able to snatch a water balloon from the bucket and unfreeze them by soaking them with it!

Sponge Volley

String a rope between two trees. Hang a tarp so that players can't see the other side of the court. Have full water buckets and big sponges on each side. Toss soaked sponges over to the other side to see if you can hit the other players.

Standards Link: Physical Education: Understand the health benefits of physical exercise.

Safety at the Beach

Waves and currents are a danger at the beach. Waves can knock you down and pull you out to sea. If you do get caught in the current, swim parallel to the shore as shown below. This will help you escape the current so you can make it back to shore.



Fill in the missing vowels.

W _ _ RING W T _ R
 SH _ ES IN L _ K _ S
 C _ N PR _ TECT
 Y _ R
 F _ T
 FR _ M
 BR _ KEN GL _ SS AND
 OTHER UND _ RW _ TER
 H _ ZARDS.

Extra! Extra!

Splashy Search

Look through the newspaper to find:

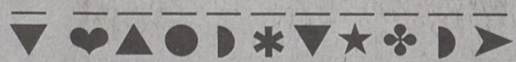
- A photo that shows a pool, lake or ocean.
- Something that helps you stay cool in the summer.
- Something that floats in the water.

Standards Link: Research: Use the newspaper to locate information.

Kid Scoop Puzzler

Lifesaver Letter

Use the Lifesaver Letter code to find out what you should always wear when on a boat at the beach or lake.



CODE:

- A = ▽ J = *
- C = ★ K = ◊
- E = ◻ L = ♥
- F = ● T = ▶
- I = ▲ Y = ◆



Standards Link: Reading Comprehension; students follow simple written directions.

Double Double Word Search

- INFLATABLE
- PARALLEL
- CURRENT
- SAFETY
- ESCAPE
- DANGER
- CRAYON
- STRONG
- CAUGHT
- WATER
- BEACH
- RIVER
- WAVES
- POOL
- TOYS

Find the words in the puzzle. Then look for each word in this week's Kid Scoop stories and activities.

S G N O R T S C R L
 E L E E O A U R E N
 V S T Y S R H L V N
 A A S H R C L O I O
 W F O E A A A O R Y
 W E N E R T O P S A
 W T B A D A N G E R
 I Y P M T H G U A C
 E L B A T A L F N I

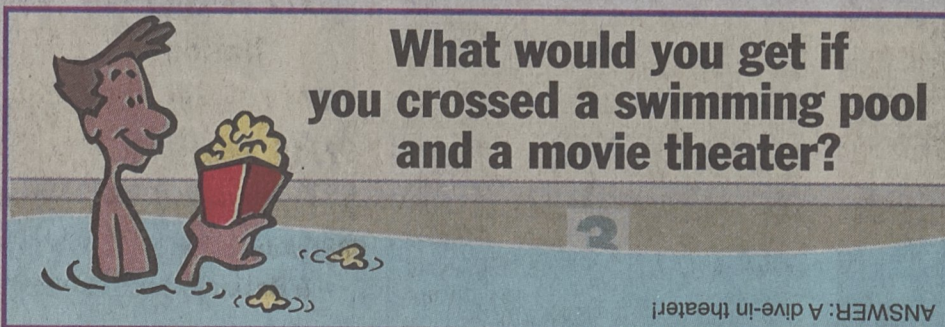
Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

FROM THE Kid Scoop LESSON LIBRARY

Water Journal

Clip and collect articles about creeks, rivers, lakes and all kinds of water. Make lists of people, agencies and places that appear in the articles. What are the main topics of discussion or issues about water in your newspaper?

Standards Link: History/Social Science: Understanding environmental issues in the local community.



What would you get if you crossed a swimming pool and a movie theater?

ANSWER: A dive-in theater!

Write On!

My Own Water Game

Make up a game that includes water. It could be played in water or with water. It might use a hose or a squirting device.

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Kings Mountain Herald

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