



### Mountaineer wrestling awards

The Kings Mountain High-wrestlers pictured above received trophies and plaques at the recent 2013-14 season awards banquet. Left to right are Austin Champion (third in state tournament, SMAC Co-Wrestler of the Year, SMAC All-Conference and Most Valuable Wrestler); Cameron Sarvis (SMAC All-Conference); Alex Austin (State qualifier, SMAC All-Conference and Coaches Award); Taylor Smith (State qualifier, SMAC All-Conference and Dedication Award); and Jacob Miller SMAC Honorable Mention. Not pictured Chaz Gamble, SMAC All-Conference.

Contributed Photo

## BRIEFS

### KM Council meets Thursday

A special session of Kings Mountain City Council will be held Thursday at 5:30 p.m. to hear a presentation on dark fiber leasing by Energy Services Director Nick Hendricks.

### 'Blues out Back' concert Friday

Gaston County Museum at Dallas will host the performance of bluesmen, John Dee Holeman & Tad Walters, as part of their 16th annual free "Blues out Back" summer concert series on Friday, July 11 from 6:30 p.m. to 8 p.m. on the lawn behind the museum. This concert is sponsored by Sheriff Alan and Cathy Cloninger, Judge Pennie and Gary Thrower, Akers Pharmacy, and the Town of Dallas. The concert is free and open to the public. Take blankets, lawn chairs and a picnic for an evening of music with friends and family. The Museum is located at 131 W. Main Street in downtown Dallas.

### Gaston Rec sets 3 events

Gaston Parks & Recreation

Department has scheduled three events this week.

District Park Supervisor Brian Rogers said that a watermelon jubilee for seniors 55 and older will be held at 11 a.m. Friday at Dallas Park, 1303 Dallas/Cherryville Highway. The free event will also feature hot dogs and watermelon games. A senior dance is planned also on July 11 from 7-10 p.m. at the Gaston County Senior Center. Cost is \$4 per person.

A free Kid's fishing tournament will be held Saturday from 8-11 a.m. at Dallas Park. The event is free to kids age 2-15. Take your own bait and there is a limited number of fishing poles that can be loaned to participants.

### Bluegrass Friday at Owl's Eye

Dixie Moon Bluegrass will play at Owl's Eye Friday, July 11, from 7-9 p.m. --on the patio, weather permitting. These musicians (guitar, upright bass, banjo and mandolin) play traditional bluegrass, but also have a more progressive sound. Dixie Moon emphasizes tight harmonies and some original material. Owl's Eye is "Picnic Friendly." Take your dinner and enjoy it along with the music. Small

fruit and cheese plates will be available for purchase.

Early holiday shopping for unique locally made items begins this month. Susan Dyer, a self-taught jewelry artisan, will show her jewelry line Saturday and Sunday, July 12 and 13 when the winery is open to the public. Susan uses only semi-precious gemstones in her pieces and her extensive background in Environmental Geology and Earth Sciences allows her to share her considerable knowledge along with presenting her creations. Saturday hours are noon -6 p.m., Sundays 1-6 p.m.

### Cox returns to Owl's Eye July 18

Melody Cox, singer, songwriter and guitarist will return to Owl's Eye Friday, July 18 and will perform from 7-9 p.m. on the crushpad ( watch for the signs). Melody plays many different styles of music and is a regular performer at several NC vineyards, but even though she is from Western NC, her fame has spread and she has found herself booked in the Midwest and Northeast as well as her home state. Owl's Eye has become "picnic friendly," and guests are welcome to bring supper, sandwich or

snacks to enjoy along with Melody's music and Owl's Eye wine. Small cheese and fruit plates will be available for purchase.

### Post-Polio Support Group meets July 21

The Cleveland County Post-Polio Support Group will hold the July meeting at the conference room of the Life Enrichment Center of Shelby on Monday, July 21, at 6 p.m. in the evening. Polio survivor David Thompson will share his story of life with polio. Polio survivors and caregivers are invited to attend. For more information call Janet Walker at 704-692-6249.

### Bethel Ministries programs slated

Bethel Ministries will present "Things Happen When the Remnant Unite" July 18 at 7 p.m. and July 19 at 10 a.m. At the American Red Cross building, 1333 Fallston Road, Shelby. Messengers on July 18 will be Apostle Shannon Wingate and Psalmist Melissa Spearman. Facilitators on July 19 will be Pastor Sherri Ford, Pastor Lamont Haynes, and Prophetess Maureen Manoly. The public is welcome.

## Tennis camp set for ages 7-12 Aug. 4-7 at KMHS

The KMHS Tennis program will be sponsoring a tennis camp August 4-7 for the ages of 7 through 12. The camp will be held at the Kings Mountain High School tennis courts from 6:00pm - 8:00pm.

All campers from the ages of 7 - 9 shall attend the first session at 6:00pm - 7:00pm. All campers from the ages of 10 - 12 shall attend the second session at 7:00pm - 8:00pm.

The total costs for the camp fee is \$25.00 per individual. The tennis camp is providing each camper with insurance. Each camper shall supply their own tennis shoes, tennis racquet and beach towel. There will be a limited supply of tennis racquets at the camp, so campers are encouraged to have their own tennis racquet, if at all possible.

The key focus of the camp is to introduce this lifetime sport to the younger generation and provide an environment of learning and share the fun of this sport as well as the values of life like integrity and respect through the game of tennis.

Providing instructions will be led by Rick Henderson (both men's and women's tennis coach at KMHS) along with several members of the KMHS men's and women's tennis teams.

The first 25 campers "signed up" for each age group (7-9 and 10-12) will be accepted.

Contact Coach Henderson at his email address Rick.Henderson2@duke-energy.com or by phone 704-460-8066, or leave a text message, to be considered "signed-up."

## Pop Warner football, cheering registration now through July 26

King Mountain Optimist Club is registering football players and cheerleaders for the Pop Warner football program.

Cheerleaders are ages 5-12. Registration fee is due June 7-July 26. The cost is \$65. After July 26 the registration fee is \$75.

Sign-ups will be held at Shu Carlton Stadium (formerly City Stadium) from 11 a.m.-2 p.m. on June 7, 14, 21 and 28 and July 12, 19 and 26.

For more information visit Facebook at Kings Mountain Optimist Club or email kmoptimis@outlook.com or call 704-734-1259 and ask for Mike or

Amy.

Anyone interested in coaching is asked to attend the meeting on Saturday, June 7 at 11 a.m. at the stadium.

### Basketball camp July 28-31 at KMHS

The annual Kings Mountain High School basketball camp will be held July 28-31 at Donald L. Parker Gymnasium from 5:30-7:30 p.m.

The cost is \$40.

For more information call KMHS or email mgpierce@clevelandcountyschools.org

## McHenry's staff to hold office hours in Shelby

Tenth District Congressman Patrick McHenry's staff will hold office hours in Cleveland County on Thursday, July 10 from 1 - 4 p.m. in the County Commissioners Chambers - 311 East Marion Street in Shelby.

Joe Bost, McHenry's Constituent Services Representative for Cleveland County, will be available to

meet with constituents who have issues with federal agencies including Social Security, veterans' affairs, and immigration. He will also be there to listen to any concerns that constituents have with federal policy or pending legislation before Congress. Bost will then relay these concerns to Congressman McHenry.

## Women's tennis tryouts August 4 at KM High

Women's tennis try-outs will begin on Monday, August 4 at 5 p.m. at the Kings Mountain High tennis courts.

Players should come prepared to practice and wear the appropriate tennis attire such as shorts, tennis shoes, etc.

Prior to a student athlete

practicing, an updated physical will need to be on file, if not the student athlete will not be allowed to practice.

For more information contact Coach Rick Henderson @ 704-460-8066 or email @ Rick.Henderson2@duke-energy.com.

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## DSBG July classes

Daniel Stowe Botanical Garden celebrates July with classes that include organic gardening, hot yoga, cooking and nutrition.

Upcoming classes in July include:

Horticultural Highlight Walk, led by Garden staff - July 19, 1 p.m. Join professional horticulture staff for a custom tour of the Garden. Guides will highlight what's in bloom, seasonally relevant gardening tips and behind-the-scenes details. Each walk is a unique experience. These walks are free with Garden admission.

Birding Walk, instructed by Garden volunteers - July 9 - 10 a.m. Stroll through the gardens, Meadowood Walk and Persimmon Trail to scout for seasonal birds, observe nesting patterns and establish a basis for bird

counts. Some previous walks have documented as many as 24 different species of bird! These walks are free with Garden admission.

Nutrition Series: Holistic Nutrition 101, instructed by Tracey W. Fox - July 17, 10:30 a.m. - noon. Learn how to properly fuel your body with whole foods and holistic nutrition principles. Optimize your health by living according to your biochemical individuality. This class is \$15 for Garden members and \$20 for non-members.

Organic Vegetable Gardening, instructed by Matt Kokenes, Microfarm Organic Gardens - July 17, 6:30 - 7:30 p.m. Learn how to make a garden in your yard that will provide you and your family with a wide variety of delicious and

See DSBG, 6B