Wednesday, July 23, 2014

## **MCKEE:** qualifies for shot at national championship

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Safety Corporation who help pay his way to the races, McKee has had the opportunity to pursue his dreams. He has won 4 national titles including one at Loretta Lynn's and has racked up numerous top 10 finishes at the national level.

McKee will make the long journey to Tennessee along with his family. The race runs July 27 - August 2.

McKee is just one of the over 20,000 that spent the last four months qualifying for the event. The top finishers in area and regional qualifiers earn a berth into the National Championship race at Loretta Lynn's.

Racers may enter a wide variety of classes, from minicycle classes for children as young as four, all the way up to a senior division for riders over 50. There are also classes for women and classes for both stock and modified bikes.

The track is built on a section of Loretta Lynn's Ranch and Campground in Hurricane Mills, Tenn. The course contains a variety of jumps, corners and other obstacles designed to test the skills and stamina of the racers.

Most riders attend the event with the help of their families. In fact, many groups consider the event their family's summer vacation. Besides races, the ranch provides familyfriendly facilities including a game room, swimming pools, arts and crafts activities as well as a fashion and talent show.

### **DOVER:** named KMHS Career-Tech student of the year

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tion in an international economy as world-class workers and citizens.

Brooke focused on the CTE program areas of Health Sciences and Business and Information Technology while at KMHS. She is a Career-Technical Education concentrator and member of the National Technical Honor Society. Brooke's CTE classes included Health Team Relations, Allied Health Science I, Health Sciences II, Nursing Fundamentals, and Microsoft Word, PowerPoint, and Publisher. Brooke earned certifications in Microsoft Word, PowerPoint, and as a Certified Nursing

Assistant (CNA). Brooke plans to attend the University of North Carolina at Charlotte in the fall to study nursing.

### Memory Bear Workshop

Participants will have the opportunity to make a teddy bear out of a loved one's shirt or other article of clothing. Children are welcome if accompanied by an adult. Space is limited. Please call one of our Grief Counselors at 704-487-4677 to reserve your space.

Thursday, August 7, 9:00am - Noon or 4:00pm -7:00pm at 321 Kings Mountain Blvd., Kings Mountain.

Summer Fun With Kids: DIY newspaper kite



This little activity is the perfect combination of craft and physical exercise. It's educational and artsy, but then you get to run and play with it. It teaches the kiddos a little bit about physics and lets them make something that's fun and actually works. **Here is what you need:** 

• One sheet of newspaper (Make sure you get a large, full-size sheet.) • Kite string

• Thin strips of an old sheet or scrap fabric

• Two thin sticks of bamboo or pliable sticks

• Clear packing tape or scotch tape

• Elmer's glue or craft glue Step 1: Choose and prep your bamboo sticks. You'll want one stick that's pretty stiff that runs the length of your newspaper sheet, and one stick that's a little more bendy that's the same width as your newspaper sheet.

Step 2: Cut your stiffest piece to the length of the newspaper. And your bendiest (real word!) stick to the width of the newspaper. Then use some of your kite string to wrap the two sticks together at the center, making a "t" shape.

Step 3: Use a knife to cut a small slit in both ends of both sticks of bamboo. The kite string will slide right in that little slot. (This, I promise, is the hardest part, and it sounds so much more complicated than it is!) Insert the end of the kite string in that little slot on one side of the shorter, bendy stick, wrap it around the end of the stick a bunch of times, and knot it so it's attached to the end of the stick pretty sturdily. Then pull the string tight across the stick, making the stick bend a little bit, and slide the string through the slot on the other end of the stick. Tie it off and cut the string.

Woohoo! Almost done! Now you just need one more piece of string that goes around the outside of the kite, from one end of the bamboo stick to the other, so it looks like this:



So starting on one end of one piece of bamboo, insert the string in the slot, wrap it around so it's sturdy, then wrap the string around to the next end, and all the way around the other ends of bamboo, then tie it off again.

Step 4: Put your little kite skeleton on top of the newspaper, wrap the corners of the newspaper over the string and glue it to itself. It looks like a kite now, hooray! Look at you!

Totally optional, but you can whip out the finger paints right now and let your kids decorate the newspaper before you attach it now. Just one more way to keep 'em entertained!

Step 5: Tear an old sheet into long thin strips and tie the strip to the bamboo at the bottom of the kite for a tail. Warning: toddlers come out of the woodwork when they see you tearing fabric!

Now add the string so this baby can fly! Turn the kite over so you can't see the bamboo anymore. You'll need to make two holes in the newspaper to thread the kite string onto the bamboo stick behind it, but just to be safe, put two small pieces of clear tape on the newspaper to reinforce it so it doesn't tear. You're going to make one hole in the center of the kite about one-third of the way down, and another about two-thirds of the way down. Use a pair of scissors to poke a hole in the newspaper where you added the tape.

Now poke the string through that hole on the front, loop it around the bamboo stick behind it and knot it, then cut the end of the string so it's about 2 feet long, poke the other end of the string through the other hole you made, loop it around the bamboo stick there and tie it in a knot. Now tie the end of your whole spool of kite string to the center of that 2-foot loop. It should look like this. See the string coming out of the front like that?

Step 6: Pick a windy day, pack a picnic and make an afternoon of it! You can have lots of fun running around flying the kite, playing, and getting ALL THAT ENERGY OUT before naptime.

A few tips for best success: • Use the largest sheet of newspaper you can find so your whole kite is as large as possible. Ours was a little on the small side, so it flew but it didn't SOAR like it could've otherwise.

• Our kite was a little bit square, and you'd probably do better to make yours more of a diamond.

• On kite-flying day, make sure you bring extra fabric for the tail. If your kite isn't staying upright when you try to fly it, you can just add on another tail or a longer tail. The weight of the tail keeps the kite right-side-up.

• Bring a few extra materials in case your toddler tears the newspaper when you're just getting started. (Ask me how I know!).

This is definitely a onetime use kite, but in my experience, so are the ones you buy at the dollar store, and half the fun is making something anyway! When we flew ours, it was lightly sprinkling, so the kite even got a little damp and still flew like a champ.

But best of all: the kids thought it was super fun! You can use this project to teach older kids about physics and weather — or just use it to keep 'em entertained and running around for an afternoon!

Read more at http://goo.gl/ugFyed.

## Desmelik to perform

Dave Desmelik, songwriter, singer and guitarist, returns to Owl's Eye this Friday, July 25, and will play on the crush pad from 7 until 9 p.m.

# **Classified Ads**

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