

LIFESTYLES



ROTARY SPEAKER—Webb Hubbell, who writes, speaks, and advocates publicly on social issues spoke to the Kings Mountain Rotary Club Nov. 20. Hubbell, who lives in Charlotte, is a nationally recognized author and popular lecturer on the US criminal justice system, ethics and accountability, politics and government, life lessons from sports, and the miracle of organ transplants. He practiced law in Arkansas with Hillary Clinton, and was appointed by Pres. Clinton as Associate Attorney General. His first legal thriller, *When Men Betray*, was published in May. With Hubbell is Ronnie Franks.



Jordan Caroline Owens

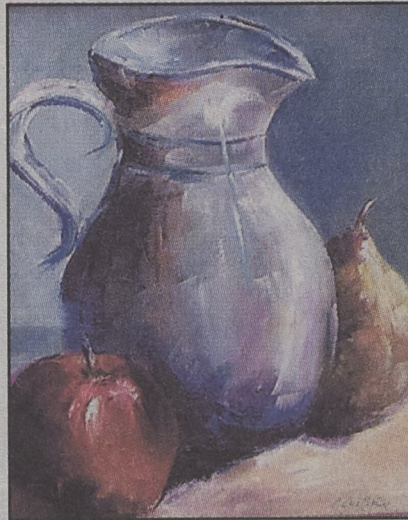
Owens named 2014 freshman Homecoming representative at Wingate

Jordan Caroline Owens had the distinguished honor of being named the 2014 freshman class Homecoming representative at Wingate University.

Jordan is the daughter of Chris and Tonya Owens and the granddaughter of Dub and Carolyn Blalock and the late Helen Owens.

A graduate of Kings Mountain High School, she is majoring in Elementary Education at Wingate.

Jordan has a younger sister, Sydney.



Items available in the Art For Christmas gift shop.

Southern Arts Society calendars for Christmas

The 30th edition of the hand printed silk-screened calendars by Southern Arts Society artists is off the presses and entitled, "SASI Doodles."

Calendars are available to the public for \$20 and frames are also available.

Southern Arts Society members have been designing and printing these

limited edition calendars since 1985. Their annual open house Sunday afternoon kicked off the holiday shopping season and those attending viewed a variety of fine art, photography, jewelry, woodwork, wearable art and pottery available for sale in their Art for Christmas Gift Shop. The entire Depot is filled with

fine arts and handmade crafts.

There is no admission charge to the art center in the beautifully renovated Depot at 301 N. Piedmont Avenue. Gallery hours are Tuesday through Saturday from 10 a.m.-4 p.m. and special Sunday hours through Dec. 21 from 1-4 p.m.

Miss Merry Christmas pageant set December 4

The Miss Gastonia Scholarship Association will sponsor the Miss Merry Christmas Pageant on Thursday, Dec. 4, at 6 p.m. at the Cherryville Community Building, 106 South Jacob Street, Cherryville.

The pageant is an official event of the Cherryville

Chamber of Commerce's "Christmas on Main Street" activities, which take place from 5-9 p.m. in the downtown area.

Girls age 0-19 years from Gaston, Cleveland, Lincoln and surrounding counties may enter the pageant. Contestants wear a

holiday dress or outfit and everyone receives a tiara. Proceeds benefit the Miss Gastonia scholarship fund.

For more information, call 704-827-7277 or visit www.missgastoniapageant.com. The deadline to enter is Dec. 1.

Town and Country Garden Club meets

The Town and Country Garden Club met on Thursday, Nov. 13 with Sarah Rhea as hostess at her Lake Montonia home.

The Club Collect was read by the 11 members to open the meeting.

A delicious meal of chicken pastry puffs, deviled eggs, salad, and pumpkin pie was served by the hostess.

Cliff Laurich, guest speaker, presented interesting facts that he had gleaned from "The Drunken Botanist," the book by Amy Stewart. The author has an infectious enthusiasm for the plants, their uses, their history and the botanists who roamed the earth find-

ing them.

In the study of yeast, it is surmised that it is everywhere. Beer was accidentally made in a bucket with yeast.

Clove is a closed flower from a large beautiful tree. Stems are usually bought but the clove is still used in dental practices as an anesthetic. Gentian, the yellow flowering type, can be used in cooking, salad dressings, pies, and also to flavor hundreds of drinks. Maiden Hair fern stem is used to flavor syrup.

Nutmeg and mace grow in 40 foot trees like an apricot. Nutmeg is the nut of the fruit and mace is coating the nut.

Vanilla orchids grow to 100 feet up in trees. Bees pollinate the flowers over two months, then fermentation releases the flavor. Pepper is actually chilli from America but called pepper by Columbus as the dried fruit he was given resembled peppers from India. Spaniards called the sweet form pimento.

Florrie Hamrick presided over the business of the meeting which included a discussion of future programs. Susan Gibson presented the treasurer's report.

Hamrick reported that members planted pansies in the club's garden spot at the Kings Mountain Post Office.

Open Gate Garden club meets

The Open Gate Garden Club met November 12 at Boyce Memorial ARP Church for a program on use of herbs by Mrs. Flora Gwynette. Seven members were present. Jessie Collins, hostess, served delicious refreshments.

President Lenora Morris presided. Members made plans to attend the 100th birthday celebration of member Louise Roberts on Dec. 14 at Kings Mountain Baptist Church. Mar-

gie Bridges volunteered to check with the city on the club's plans to do plantings in the back parking lot downtown.

Gwynette said herbs are used in many recipes and seasonings for pork, turkey, other meats and vegetables. Some of the favorite herbs for recipes are parsley, cilantro, sage, rosemary, thyme, basil, mint, and peppermint. She brought a bouquet of herbs for members to smell and taste and held

a drawing and Jessie Collins won the herb bouquet.

Gwynette noted that some herbs are used for medicinal purposes. But if you use herbs for this reason you should use with caution because many herbs are used as medicine. Some extracts are used today.

The December meeting of the club will be a luncheon meeting at 11:30 a.m. at Italian Garden in Kings Mountain. Dot Ham is club secretary.

Cooking Corner

Ed. note- The recipes in today's Cooking Corner come from "100 years in the Kitchen," a cookbook published by women of First Presbyterian Church in Kings Mountain.

CHICKEN DIVINE

Sylvia Neisler
3 or 4 chicken breasts
1-10 oz. Pkg.
broccoli spears
½ t. lemon juice

SAUCE

1 can cream
of mushroom soup
1/3 cup mayonnaise
½ t. curry powder

TOPPING

½ cup shredded cheese
¼ cup bread crumbs
mixed in 1 tbs. melted
butter

Simmer chicken in salt water until done. Debone. Cook broccoli according to package directions. Line casserole with butter. Put in broccoli (drained). Add chicken. Pour sauce over. Top with cheese and bread crumbs. Bake at 350 degrees for 25 minutes. Serves 4.

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Enjoy a performance by the **Holiday Singers**. Feast on traditional holiday fare. Celebrate the gifts of family and fellowship.

We are collecting monetary donations on behalf of **Meals on Wheels**, a program of the Council on Aging, to benefit local seniors in need.

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Hours: Monday-Friday 8:00-4:30; Closed Saturday & Sunday