

LIFESTYLES

A Fresh Look art show opens Saturday, Aug. 1

Southern Arts Society will present the 4th annual "A Fresh Look" art competition and exhibit Aug. 1-28 at the old depot and public reception is Saturday, Aug. 1 from 6-8 p.m.

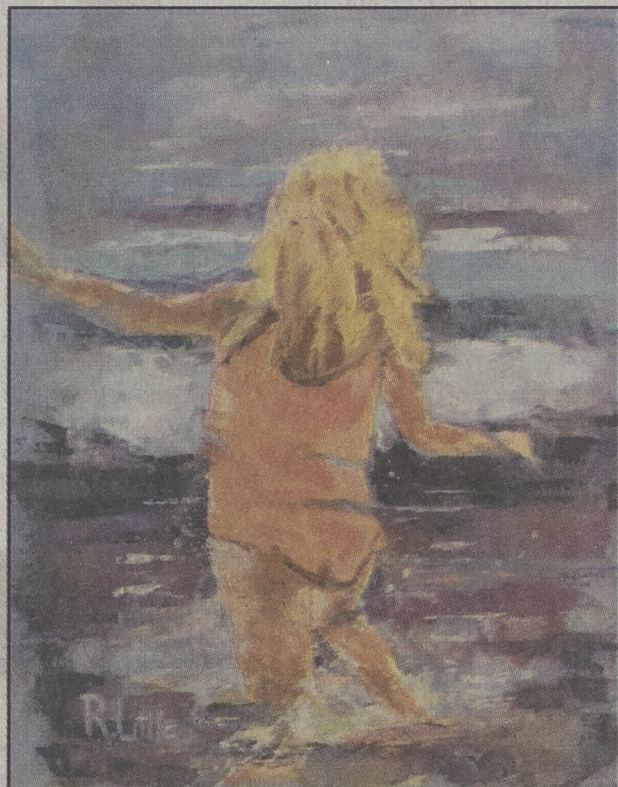
The awards presentation is at 7 p.m. and many artists will be in attendance at the event open to the public and free to the public.

Artists will show their most recent works taking a fresh look at the world around them, from real life to their wildest imagination. Artists were also encouraged to try a new style, or a new medium. This is a judged show with cash prizes.

Judging the show is Marge Loudon Moody, a Professor of Fine Arts at Winthrop University, Rock Hill, S.C.

Ms. Moody will select first, second and third place prizes along with three merit awards. Artists from around the region will have their best work on display and for sale.

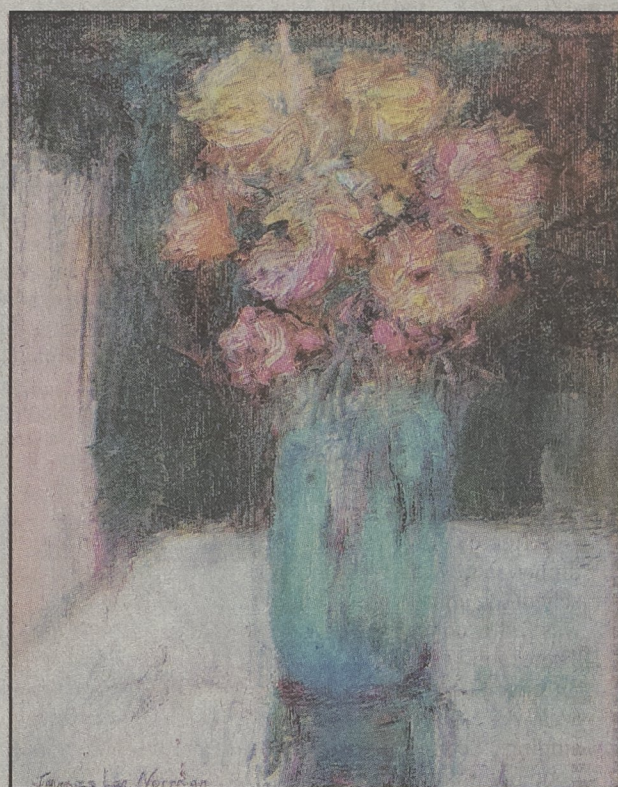
Visit the gift shop with over 75 artists represented in the fine arts and crafts for sale to the public Tuesdays through Saturdays each week from 10 a.m.-4 p.m.



Wading by Rosie Little - oil



Bountiful by Susan Carlisle Bell - acrylic



Mason Flowers by James L. Norman - oil

Three women to be honored as 'Distinguished Women'

Three Cleveland County women will be honored as "Distinguished Women" at the 24th annual banquet of the Cleveland County Commission for Women Thursday, Aug. 6, at 6:30 p.m. at the LeGrand Center in Shelby.

Nominated from the community, they are: Rev. Sharon Cook-Martin, minister, role model for young women and Hospice advocate; Dr. Shannon L. Ken-

edy, community college administrator who is involved in county organizations and a community leader; and Marguerite Mebane, animal advocate, head of the county humane society and a past worker with handicapped children.

Joyce Coleman is chairing the 2015 banquet. Tickets for the banquet are \$35 and many be picked up at the Cleveland County Arts Council on Courthouse

Square in Shelby through Aug. 4 from 9 a.m.-5 p.m. No tickets will be sold at the door.

Members of the Commission are Joyce Coleman, Mary Accor, Valerie Boyd, Debra Blanton, Linda Martin, Diane Davis, Robert Miller, Rev. Alva Finney, Beverly Shuford, Maragie Christopher, Shirley Lail, Mary Accor, Betsy Wells and County Commissioner Jason Falls.

Summer reading celebration

Summer reading ended last Wednesday with a big celebration at the Kings Mountain Walking Track.

Mayor Rick Murphrey climbed the ladder truck to drop beach balls as a large

group of youngsters enjoyed the festivities and received reading medals from Mauney Memorial Library.

Kids waited in line for the water slide and played in the obstacle course which

was fun.

It was the culmination of a fun-filled summer program hosted by Mauney Memorial Library and attended by hundreds of Kings Mountain young people.



Photos by HALEY WILSON



(Ed. note- The recipes in today's cooking column come from "100 Years in the Kitchen" published by the women of First Presbyterian Church.)

SQUASH CASSEROLE

Fran Sincox
1 lb. Cooked squash
1 can mushroom soup
½ stick butter, melted
¼ lb. Saltines, crushed
1 cup grated cheese, sharp
1 egg
Mix all together. Place pats of butter on top with some crushed crackers. Bake at 350 degrees for 30 minutes.

BROCCOLI CASSEROLE

Cheryl Butler
2 pkgs. Broccoli, cook until tender cut in small pieces (squeeze as much water out as possible while cutting)
Blend together
2 eggs
1 can mushroom soup or celery soup (do not dilute)
1 cup mayonnaise
Add broccoli. Put in baking dish which has been oiled. Bake at 350 degrees about 30 minutes. Top with grated cheese which will melt after taking out of oven.

ENGLISH PEA CASSEROLE

Daisy Queen
1 large can peas
1 small jar of sliced mushrooms
3 boiled eggs
1 Worcestershire sauce
1 small onion
½ pkg. Sliced almonds
1 can cream or chicken or cream of mushroom soup
½ stick margarine
½ cup crushed potato chips
Put potato chips and margarine on top and bake 350 degrees about 20 minutes or until bubbly.

CHICKEN CASSEROLE

Arlene Barrett
4 chicken breasts, stewed, save broth
Cut in bite sized places
Place in 8x12x2 baking dish
Mix together:
1 can cream of chicken soup, 1 can cream of mushroom soup and ¼ cup milk
Pour over chicken and add 2 tablespoons margarine. Mix 2 cups chicken broth with 1 pkg stuffing mix. Spoon over chicken mixture. Brown in oven 400 degrees to 425 degrees for 30 minutes.

SPICY BBQ PORK

Hilda Goforth
1 4-7 lb. Boston butt
2 onions sliced
3-5 whole cloves
1 18 oz. Hickorysmoked flavored bbq sauce
1/8 t. hot sauce
cover roast with water. Add onions and cloves. Cook 2-2 ½ hours until tender. Drain and shred with fork. Combine pork sauces and cover. Cook over low heat 15-20 minutes. Stir often. Serve on buns, if desired, 12-14 servings.

OVEN BAKED STEW BEEF

Christine Ramseur
2 lbs. Stew beef trim off some of the fat. Add:
1 can onion soup and 1 can mushroom soup undiluted. Cover with foil and bake at 325 degrees for 3 hours. Serve over rice.



Parker graduates from Medical Center, to begin practice in Winston-Salem

Dr. David Wesley Parker II, DDS, MD, has graduated from the University of Pittsburgh Medical Center and has successfully completed his residency in Oral and Maxillofacial surgery.

Dr. Parker and his wife, Allison, will be

moving to Winston-Salem, NC where he will be joining a surgical practice in August.

Dr Parker is the son of David and Jody Parker of Goldsboro. His maternal grandparents are Paul and Dorothy Ham of Kings Mountain.



Dr. DAVID PARKER II

Dive-in Movies

Mauney Memorial Library will sponsor "dive-in movies" at the YMCA Pool on Friday, Aug. 7 and Friday, Aug. 21 for families beginning at 6 p.m. The movie will begin at dusk.

Cherryville Weekend Weather			
Thursday July 30 PM T'Storms - 93° 50% Chance of precipitation Night time Low 70°	Friday July 31 Sctd T'Storms - 91° 60% Chance of precipitation Night time Low 68°	Saturday August 1 Sctd T'Storms - 89° 40% Chance of precipitation Night time Low 87°	Sunday August 2 Sctd T'Storms - 89° 60% Chance of precipitation Night time Low 88°

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