

## Montezuma

Mr. Allen Childress flew from Roanoke, Va. to Geneva, N. Y. to take an examination for the Army Air Corps Cadet Training. He is the son of Mr. and Mrs. Richard Childress and has been attending Lees-McRae College.

Mr. and Mrs. Wayne Jones of Lenoir were visiting Mr. and Mrs. Gayton Marshall here Sunday.

Mr. Bruce Clark of Burlington was visiting his parents, Mr. and Mrs. Walter Clark,

here over the week-end.

Several of our citizens have been attending the revival at the Newland Baptist Church the past two weeks.

Several members of the Baptist Sunday School attended the Methodist Sunday School here Sunday, due to the heating system not heating the Aaron Church.

Mr. Jack Sudderth is visiting his parents here. He is a Marine recruiting officer and has been stationed in New Orleans and Baton Rouge, La.

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# For Veterans

Disabled Korea veterans who have taken vocational rehabilitation training are aiming for the arts and sciences in higher proportion than their fellow-veterans disabled in World War II, a Veterans Administration study disclosed.

According to the study, 44 per cent of all disabled post-Korea veteran-trainees have chosen high-level objectives in the professions and in the managerial field.

Of the World War II disabled who received training, 35 per cent selected such objectives.

Thus far, 23,000 disabled Korea veterans have enrolled in the four-year training program under Public Law 894. Another 606,000 veterans disabled in World War II have trained under Public Law 16, a companion bill in effect nearly 12 years.

Thirty-five per cent of the Korea veterans trained for trade and industrial occupations—such as machinist, repairman, and the like—compared with 38 per cent of the World War II group. Farm training attracted 6 per cent

of the Korea veterans and 14 per cent of the World War II veterans.

Eleven per cent of the Korea veterans and six per cent of the World War II veterans trained for clerical positions. Sales training accounted for only two per cent of the Korea veterans. Five per cent of those who served in World War II chose this course.

Among the post-Korea disabled veterans who selected professional training, accounting was the most popular subject. Teaching ranked a close second, followed by engineering, science and law.

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Q—My husband, a World War II veteran, bought a home with a GI loan before he died of a service-connected disability. As an unmarried widow, would I still be eligible for a GI loan in my own right, even though he used the benefit?

A—Yes. The fact that he used his GI loan entitlement would not serve to bar you from using yours, as the unmarried widow of a veteran.

## FARM YOUR PLAN



FOR INFORMATION SEE SOIL CONSERVATION OFFICE

## Modern Roof Protects Longfellow's Wayside Inn



Wayside Inn, Sudbury, Mass., dates from 1686, but the fine old colonial tavern appears ready for another 250 years. Its roof is protected with fire-resistant asphalt shingles, while the side-walls and windows are kept painted and in good repair.

A century older than the United States, historic Wayside Inn in Sudbury, Mass., stands as a fine example of the sturdy colonial architecture of old New England. Built in 1686, only 69-odd years after the Mayflower landed, the famous tavern was immortalized by the poet Henry Wadsworth Longfellow in his "Tales of a Wayside Inn" in 1823. The Revolutionary inn has seen plenty of American history, and it is a fine example of the principles of the

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## Rise And Shine-- And Thank Levi



You've probably never heard of Levi Hutchins. But when your alarm clock rings each morning you can thank Levi, who invented the thing in Concord, Mass., in 1787. (And that was even before the Russians invented it.)

If you're an average American, getting up for work, school or to prepare breakfast for your family, undoubtedly you have no love for the sound. But look at it this way—that bell is tolling for you and you do have to get up. So why not get up right away and avoid that early morning hassle?

You'll be better off in several ways. You'll enjoy washing and dressing at ease, once you get used to it. More important, you'll have the time for a good breakfast—something everybody needs and all too few get.

Nutritionists say that breakfast is the most neglected meal of the day. And most of them agree that breakfast is at least as important as the other meal and should supply one-third to one-half of the day's daily requirements for protein, minerals, vitamins and calories.

Failure to have enough to eat or the right kind of breakfast usually results in fatigue, irritability and lessened efficiency and work output, the experts say.

A basic breakfast pattern set forth by nutritionists consists of fruit or fruit juices, cereal, milk or coffee, bread or toast and butter or fortified margarine. Eggs, bacon or other meats should be included several times each week.

Dr. Neige Todhunter, head of the Department of Nutrition, University of Alabama, believes lack of time is the reason why so many people skip breakfast.

"In talking of an adequate breakfast," Dr. Todhunter says, "the question of adequate time should be stressed. The lack of breakfast is a serious problem in many parts of the country, and one of the main reasons why so many children and workers fail to have breakfast is because they do not have time for it."

So think of Levi when your clock rings tomorrow morning. All he's trying to do is give you a better start on a better day and help you to better health.



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