

**Cabbage Swamping
Local Markets**

Firm, crisp cabbage heads from North Carolina fields are swamping the markets, Boyce W. Wilson, chairman, Rutherford County Agricultural Conservation AAA committee, declared this week in asking housewives to buy

more cabbage. "The current supply of cabbage is so far ahead of the demand that emergency price support purchases have been necessary around the Elizabeth City area to help move the crop," Wilson said. The price support purchase programs are made in carload lots from growers, or grower associations, their agents, or dealers on the condition the vendors in turn pay farmers a price equivalent to the minimum price guaranteed by the price support legislation.

Wilson pointed out that while the department is prepared to continue its emergency purchases up to December 1 if necessary, consumers can help farmers market their crops by including cabbage more often in their daily meals.

"There's still time for home-makers to add a few jars of kraut to their store of home preserved food to provide eating pleasure during the winter months," he added.

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Staff Columnist



DR. H. T. MEDFORD
Shown above is Dr. H. T. Medford, Washington, D. C., a general officer of the A. M. E. Zion church and a staff columnist of the Harris Herald. The Herald is happy to have Dr. Medford as a staff member, because of his wide experience and training. His column is always read with interest and profit. He is a native of western North Carolina and a future bishop of the A. M. E. Zion church.

Staff Columnist



PROF. J. O. GIBBS
Prof. J. O. Gibbs is not only a staff columnist of the Harris Herald, but he is the principal of Grahamtown high school, Forest City, N. C. and one among the leading schoolmen of western North Carolina as well as an outstanding civic leader of Rutherford county. We were happy to have Prof. Gibbs to join our staff as a columnist. Western North Carolina honors Prof. Gibbs, one among the leading men of our race.

COUNTY HEALTH

—FROM PAGE ONE—

help to eliminate this killer of children and crippler of adults—nutritional deficiency.

Veneral diseases dropped slightly in this county during the last month with five cases of syphilis and 3 of gonorrhea treated at the clinic or referred to the Western Medical Center at Morris Field outside of Charlotte.

There were three new cases of tuberculosis in the county, three scarlet fever cases were reported and 2 cases of Diphtheria.

A total of 99 immunizations against Smallpox, Diphtheria, and Whooping Cough and Typhoid Fever were given by the nurses of the health department.

Dr. Cherry examined 29 cases in the orthopedic clinic, nine of them new cases and referred 4 for X-ray, and 7 for hospital treatment.

In the general clinics carried out by the health officer in the Health Department on Saturdays, and at Duncan's Creek once a month there were 56 cases, including 19 new cases. These are referred to the health department by the Welfare Department, by private physicians for consultative service, and by other agencies, and consist of the most part of expectant mothers, mothers and infants, and the aged and infirm. Greatest attention is given to the expectant mothers and to infants.

Miss Laura Carson, who is going to change her name soon, has been kept too busy to think about the change concerning herself with health education. She is assisting Mrs. Robertson, teacher of the freshman citizenship class at Central High School, in teaching community resources and the use of them. This class is taught something about the control of communicable diseases, and veneral diseases, and they have lectures and field visits to learn about water treatment plants, sewage disposal plants, milk pasteurization, and sanitation in general.

She is also directing the participation of three schools in this district in a state wide school

A Letter on Christian Living

HIGHLIGHTS ON THE SUNDAY SCHOOL LESSON

By NEWMAN CAMPBELL
(The International Uniform Lesson on the above topic for Dec. 1 is Acts 19:1-20:1; Ephesians, the Memory Verse being Ephesians 4:32, "Be ye kind one to another.")

PAUL WENT TO Ephesus, a great Greek city located in Asia Minor. There he found a number of brethren and he asked them if they had received the Holy Ghost. They replied that "We have not so much as heard whether there be any Holy Ghost." He asked them by whom they were baptized and they said by John the Baptist. Paul said John baptized "with the baptism of repentance, saying unto the people, that they should believe on Him which should come after him, that is, Christ Jesus."

They then willingly were baptized in the name of Jesus and the Holy Ghost fell upon them, "and they spake with tongues, and prophesied." There were about 12 of these men.

Paul, as he preached and taught both Jews and Gentiles, became the object of much opposition, so that at last he thought it best to continue his work in the school of one Tyrannus, and here he continued for two years. "God also wrought special miracles by the hands of Paul, so that from his body were brought unto the sick handkerchiefs or aprons, and the diseases departed from them, and the evil spirits went out of them."

Certain "vagabond Jews, exorcists" decided they too would drive spirits out of those possessed and profit by it, by saying, "We adjure you by Jesus whom Paul preacheth." Seven sons of one, Sceva, a Jew and chief of the priests, did this, but the evil spirit possessing a man answered, "Jesus I know, and Paul I know, but who are ye?" Then the man in whom the spirit was leaped upon the brothers and beat them so at last they fled, "naked and wounded."

Unbelievers Were Afraid
Jews and Gentiles alike heard of this and were afraid, and "the name of Jesus was magnified." Many believed and confessed their misdeeds, and others brought their magical books and publicly burned them. "So mightily grew the word of God and prevailed."

Now there arose a different opposition, for one Demetrius, a silversmith who made silver shrines for Diana, which brought a good living to him and his fellow craftsmen, called the workmen together and pointed out to them that Paul was turning people away from the worship of Diana, and so they were losing trade; the "temple of the great goddess Diana should

demonstration to determine just how much improvement can be accomplished by direct concerted effort. Harris, Ruth, and New Hope schools are taking part, and their officials have already attended a School Health Conference at Chapel Hill with Miss Carson.

Miss Carson is also interested in the establishment of Home Nursing Classes in many sections of the county. This is a forward step in health education, and can be developed into one of the most important educational programs. Some classes are taught by the Red Cross, an industrial nurse, and a Metropolitan Nurse are for high school students, and some are for older interested

people. The Sanitariums, Mr. Gibson and Mr. Powell, have inspected 43 markets, 46 cafes, and 12 hotels, along with 11 dairies, 8 drink stands, and 6 private sewage disposal systems, and 13 private water supplies. About 12 per cent of the markets, 8 per cent of the cafes, and 25 per cent of the hotels are grade A. There are ten grade A raw milk distributors and one Grade A Pasteurized milk distributor. There is one grade C milk distributor.

An inspection was made of Hollis School water supply, and negotiations are underway toward improving it.

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NEW HOUSE NEWS

Mrs. Mae Etta Hill (Staff Correspondent)
Miss Vera Lee Drinkell left for Washington, D. C., where she will make her home with her sister, Mrs. Willie McDuffie.

Mr. Eddie Bradford was laid to rest at White Oak Springs Baptist church Oct. 10th with Rev. G. W. Driskell officiating. The floral offering was large and beautiful. He was the son of Mrs. Alex Bradford, of Shelby.

The usher board met Oct. 16th at the home of Mrs. Annie McDuffie.

Mr. and Mrs. Willie L. Tuggle spent the night with Mr. and Mrs. Leonard Duffey recently.

Mr. George Hill visited Mr. Roosevelt Hill recently.

Mrs. Idella Gantt was the dinner guest of Mrs. Annie McDuffie, Oct. 20th.

The Tobe Hartwell Gospel chorus, of Spartanburg, S. C. rendered a fine program at White Oak church Sunday night Oct. 27th. The spirit ran high. We wish for their early return.

A baby girl was born to Bettie H. Hill Nov. 2nd.

RUTHERFORDTON NEWS

Mrs. Janette Logan (Staff Correspondent)
We are sorry to know that Mr. Marshall Carpenter has taken a turn for the worse and has been taken back to the hospital.

Miss Catheline Mooney is also in the hospital.

Uncle Calvin Smith is on the sick list at this writing. We miss him at church.

Mrs. Ella Hook has been unable to walk for 6-7 years. She is, however, very jolly.

Rev. F. T. Williamson celebrated his 3rd anniversary at Mt. View church Nov. 10th. There were people there from Harris, Forest City, Henrietta, Lawndale and other points. Rev. Sullivan, Greer, S. C., preached a fine sermon that was uplifting to all of us. Amount of afternoon offering was \$54.12.

HARRIS NEWS

Evelyn Robinson (Staff Correspondent)
Farmers in this section are busy picking cotton and killing hogs.

Messrs. Goler and Booker T. Harris have built a hog killing vat here on Highway 221 and are busy killing hogs from a wide area. Anyone wanting hog killing done should contact them.

Miss Mattie McEntire fell last week and cut her leg requiring five stitches by the doctor. At the present time she is doing fine.

The condition of Mr. J. H. Camp remains about the same. We hope for him a speedy and complete recovery, however.

A new Baptist church is being built at Harris. The church is a branch of the Riverside Baptist church. We wish them much success.

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