

# MIRROR IMAGES



Of Interest To Women...By Sylvia Holmes  
Phone: 739-5829 or 739-3851

## Watch The Birdie!

Winter weather often becomes dreary but there is always an unexpected bonus-birds.

It seems as though I am always keenly aware of the bird population during the winter months when birds are unable to hide in leafy foliage and their noises are not observed by the sounds of children playing or the persistent buzz of a distant lawn mower.

I am amused by row upon row of identical birds lining up on overhead wires as though waiting for a military inspection. Then an unseen or unheard warning causes instant flight of an entire flock.

When I was young, bacon was sold with the rind intact. Preparation of rashers for the pan involved cutting off the edge of rind and we bundled together these "strings" of fatty goodness and hung them from a branch of the

lilac tree in the back yard. We spent many hours watching chirpy blue birds clutching the rind with their claws, pecking at the grease in an upside down posture. The first signs of spring were always heralded by the muted call of a far away cuckoo.

Now I watch for the chickadees as a sign of winter approaching, and robins as a sign of spring around the corner.

My favorites are the brilliant cardinals. Even the female is a bright bird though not as colorful as her mate. Their distinctive call tells me that they are feeding in the sunflower seeds scattered on my patio. They are disciplined birds and they take their breakfast and lunch at regular hours - I can almost set my watch by their punctuality.

Determined to photograph a male cardinal on my bird

feeder, I spent many long minutes one spring at my kitchen window trying not to move lest I scare away these timid birds. Eye to viewfinder and finger on the shutter release is not exactly a relaxed position in which to "freeze" for what seems like eternity. When I finally managed to release the shutter, I felt a surge of triumph which diminished when the resulting slide showed a fuzzy blur of a fast departing pair of red wings.

It is fun to watch the birds feeding and I am always amazed when roly poly sparrows with puffed out chests still manage to find room for all these delicious seeds in the feeder.

Kings Mountain is a bird sanctuary and I sincerely hope that our bird population will increase and not be decimated by pot shots from BB guns.

## Attention Brides-To-Be

Attention Brides  
We want to give your engagement and wedding the coverage they deserve. We don't charge to carry this news. Just come by our office and pick up a convenient wedding form, or bring in detailed information already written. To insure publication in Wednesday's edition, we request that you have information in to us by Friday afternoon. Any size black and white photo may be used for engagements. 5 X 7 is preferred. Color is acceptable but not recommended for best reproduction. For wedding photo again 5 X 7 is standard. If you have any questions regarding publication of your engagement or wedding announcement, please call us at 739-3851.



## Local Births

Mr. and Mrs. Jesse Ray Davis  
719 Smith Street, Shelby, N.C.  
A son, Feb. 8 - 72

Mr. and Mrs. Edgar Dale Jones, 1817 West Third St. Gastonia, N.C. A daughter, Feb. 10, 1972.

Mr. and Mrs. Earnest Robert Ford, Rt. 3, Box 332, Kings Mountain, a daughter, Feb. 11, 1972.

Mr. and Mrs. James A. Coley  
101 Dick Street, Gastonia, a daughter, Feb. 14, 1972.

Mr. and Mrs. J.D. Truitt,  
Gastonia, N.C. A son, Feb. 15, 1972.



PAMELA GAIL NICHOLSON

## Nicholson-Goforth Are Wed Saturday

Pamela Gail Nicholson became the bride of Charles Edward Goforth, Jr. on Saturday, February 12 in a 7 p.m. ceremony at Temple Baptist Church in Kings Mountain. The bride is the daughter of Mr. and Mrs. Corbet Nicholson of 901 Henry Street, Kings Mountain.

The groom is the son of Mr. and Mrs. Charles Edward Goforth of Route 1, Kings Mountain.

Pam is a Senior at Kings Mountain High School where she is a member of the F.H.A., F.T.A., Science Club and the Milestone Staff.

Ed graduated from Kings Mountain High in 1970, and is employed by Goforth farms. The wedding ceremony was officiated by Rev. Frank Shirley. Music was provided by Cynthia Alexander, organist, and soloist, Larry Wood.

The bride was given in marriage by her father, Corbet Nicholson. The bride's formal gown was created of Chantilly type lace posed over fallie taffeta and styled with an Edwardian collar of lace scollops. Motifs of pearl florets and crystals accented the contour bodice. White satin ribbon circled the natural waistline ending in a back bow with streamers. Long fitted sleeves finished with lace frill at the wrists. The fully gathered skirt outlined with lace scollops and spread to the back a chapel length train.

Mr. Charles Edward Goforth of Kings Mountain, father of the groom, served as his son's best man.

Ushers were Mrs. Wayne Stroupe of Gastonia, brother-in-law of the groom; Mr. Gerald Herndon of Shelby; Mr. Jerry Blanton of Kings Mountain; Mr. Steve Wilson of Kings Mountain; Mr. Paul Goforth of Kings Mountain, brother of the groom; and Mr. Wayne Blanton of Kings Mountain.

A reception for the bride and groom was given by the bride's parents, Mr. and Mrs. Corbet Nicholson in the Mountaineer Room of the Kings

Mountain Community Center.

The table was covered with a white taffeta and lace, centered with a large arrangement of white and red flowers with a silver, three branch candelabra with white lighted tapers on each side. On one end of the table punch was poured from a silver punch bowl by Mrs. Mike Butler and Mrs. Peter Houser; Silver trays of mints, nuts, petitfleurs from a lace covered Bride's table. A four-tiered wedding cake was cut and served by Miss Libby Trott and Miss Jackie Nicholson. Greenery decorated the room.

Following the wedding, the couple departed for a brief-out-of-town wedding trip.

## In Fashion

It begins to look as if fashions are gradually getting back to normal. Men and women's clothes are tending more to the classic and neat rather than shocking and far out.

Knitted fabrics are used for men's clothes while, for evening, velvet is used but along classic lines.

## Activity Agenda

BRIDGE BENEFIT FOR THE Heart Fund on Wednesday, February 16th at 10:30 a.m. at the Kings Mountain Country Club. \*\*\*

ONE HIGH ROOK CLUB meets on Thursday, February 17th at 7:30 p.m. \*\*\*

SENIOR CITIZENS MEET on Friday, February 18th at 3 p.m. at the Womens Club. \*\*\*

W.S.C.S. GENERAL MEETING on Monday, February 21st at 7:30 p.m. at Central United Methodist Church. \*\*\*

MAGNOLIA GARDEN CLUB meets on Tuesday, February 22nd at 10 a.m. at the home of Mrs. Charles Edwards. The program will be given by Mrs. Ragan Harper and is entitled "What Makes An Arrangement." \*\*\*

GIRL SCOUT THINKING DAY Program "Seven Flags Over Scouting" on Tuesday, Feb. 22nd at 7 p.m. at the Community Center. \*\*\*

## Robinson New Lady Golfers President

Mrs. Carl Mayes entertained thirty one guests at brunch on Friday, February 11th at 10:30 at her home on Ridge St.

Starting with a social hour, lady golfers participated in a putting contest and guessing games. In a short business session, President Alice Ann Adams gave a report on the past years activities and displayed a sample of the tee markers which the Association is having made for all eighteen holes. Lou Ballew gave a treasurers report and Marilyn Neisler gave a report as representative of the clubs in the Foothills League.

Officers for 1972 were elected and they are Annette Robinson, President; Ann Withers, Vice-President; and June Lee, Secretary/Treasurer. Twenty five members paid dues to the Kings Mountain Womens Golf Association. Following the business meeting, Lib Mayes assisted by Laura Manney served a delicious brunch.

Prizes were awarded to Phyllis Cheshire and June Lee for most putts sunk and to Fran Herre and Helen Blanton, Laura Houser and Maxine Putnam for the guessing games.

## Newcomers Club Hears Mrs. Summers

The recently-founded Newcomers Club held its second monthly meeting on Tuesday, February 8th at 7:30 p.m. at the Womens Club. Tina Russell, chairman of the Womens Club Community Improvement Committee, presided and introduced the speaker, Mrs. F.S. Summers who gave a delightful talk about the History of Kings

Mountain and surrounding area.

There were sixteen newcomers at the meeting.

Mrs. Russell appointed Mary Wade Smith as temporary President and Adriana Griff as temporary Secretary of the Newcomers Club.

A constitution committee consisting of Mary Klepper,

Donna Stackhouse and Melba Kidd will meet with the President and Secretary to prepare a constitution and by laws and slate of officers to be voted on at the next monthly meeting in March.

Jean Jenkins and Linda Sanders will telephone members to inform them about the next meeting.

## Shower Honors Bride Elect

A bridal shower was held on February 4th at the Kings Mountain Baptist Church Fellowship hall for Miss Frankie Parker, bride-elect of Gary Dale Benton of Kings Mountain.

Hostesses for the shower were: Miss Annie Roberts, Mrs. Jake Hord, Mrs. E.R. Roberts, Mrs. Thomas Boheler, Mrs. Gene Austin, Mrs. Marion Dixon, and Mrs. M.L. Williams.

Miss Parker and Gary are to be wed February 26th at Southside Baptist Church, Gaffney, S.C.

The church hall was beautifully decorated. Red satin hearts and cupid were used with other flowers - an open umbrella with red roses was used on the gift table. An arrangement of peppermint carnations, pink hearts, and white wedding bells were used on the refreshment table.

Punch, nuts and mints and decorated cakes were served to the guests that called between 7 and 9 p.m.

## WEEKLY RECIPE

### Peanut Brittle

LOU BALLEW

1 1/2 cups white sugar  
1/2 light Karo syrup  
Pinch salt  
1/2 square inch of paraffin  
2 cups raw peanuts  
1 1/2 tps. soda  
In a 2 1/2 quart saucepan melt sugar, syrup, salt and paraffin. Stir in the peanuts. Cook until it registers 275 degrees on a candy thermometer. Remove from heat. Add soda, stirring quickly and well. Pour onto a well greased cookie sheet. Cool and break into pieces.

## Newcomers Club Bridge News

The Newcomers Club bridge lessons for beginners will be held this week on Wednesday Feb. 16 at 7:30 p.m. at the home of Mrs. Bobby Jones, on 312 Scotland Drive.

## Card Of Thanks

The family of the late Terry Edward Johnson wishes to express their thanks to the many friends who sent floral designs, messages of condolence, various other expressions of sympathy, and for favors rendered during their bereavement.

The family is appreciative of all kindness.

Dr. Stanley Hardin  
CHIROPRACTIC PHYSICIAN  
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Shelby, N.C. 28150  
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## LOUISA'S LETTER

Dear Louisa,  
My husband died when I was rather young and left me with four small children to support. I was a college graduate so I got a job and hired a housekeeper and got along very well for four years when I married the superintendent of my school. All of the children were married ten years later when he was offered a better job and we moved to another city. I have made many friends here and like it very much.

Now my problem is this. My husband died several months ago and all of my children, who live in the place where they grew up, want me to move back to this former town, so that I will be close to the family. All four of my children have young children of their own and are very social minded so I am afraid I would end my days as a baby sitter if I went back. I love my grand



children but I am also interested in many projects and I like concerts and plays. I would love to be near the children but I would have to give up my good friends, the church and clubs here that I love. What am I to do about this?  
Mother--Ind.

Answer:  
Delay making a decision for a while. It may be that after a time you will find life very different where you are, lacking a husband. And bear in mind, that if you get sick or need help of any kind it is wonderful to have the family to call on. If you do decide to go back to your first home, let your children know that you will baby-sit in an emergency but will not be on call.  
Louisa.

Address your letter to Louisa, P.O. Box 532 Orangeburg, S.C. 29115



## HEALTH AND BEAUTY

If you were not fortunate enough to have been born with a love for the outdoors, you must cultivate it. It will bring joy in your life that can be found in no other way. Walking is the very best all-around exercise. It's exhilarating and delightful to swing along with an easy stride and, at the same

time, observing the many beautiful growing things. How lovely the sky, the birds and myriads of other interesting and beautiful objects. It makes you glad to be alive. In spring new life comes to all the world. You sense it in your own soul. Sap rises in the plants and trees and nature rejoices that winter is past.

To be useful and successful, you must possess at least a fair degree of vigor. You cannot grow strong without exercise. If you're weak and sickly, go to work and remake yourself; you can do this unless you are chronically and hopelessly ill. If you're not strong and never feel well, yet are not suffering from an incurable vital disease, then you can get well.

Of course, "one swallow does not make a summer," so a little walking now and then will benefit you little. Vigorous, systematic walking will help you greatly. If you're not strong, begin by walking about a quarter of a mile and increasing it daily.

## LIGHTER GROCERIES

In the late 1940's it took more than 1,500 pounds of groceries just to supply one person with food for a year. We're carrying a load about 100 pounds lighter today, thanks in part to increased food processing.

A can of frozen orange juice, for instance, weighs much less than a dozen fresh oranges. Instant products weigh less than the regular ones--potatoes for example.

We are carrying home less weight but eating more food these days.

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SAMPLE COMPARISON PRICE CHART		
EXAMPLE:	1971 REG. PRICE	1972 REG. PRICE
4-Pc. Place-Setting	\$56.00	\$42.00
5-Pc. Place-Setting	69.25	52.00
6-Pc. Place-Setting	79.00	59.00
Teaspoon	11.00	9.00
Gravy Ladle	25.00	20.00
Tablespoon	25.00	20.00
Sugar Spoon	15.00	12.00

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