

GARY STEWART

Where there's a Will

There's a way.....

Most people in coaching regard it as a big accomplishment if they win one championship.

Will Sanders, who coaches youth sports in Kings Mountain, is disappointed if he ever finishes lower than first place.

And, he hasn't been disappointed lately.

Sanders recently put the wraps on a Triple Crown of sorts when he coached the C&C Dixie Youth League baseball team to the local championship. It gave him three championships during this sports year, a record possibly unmatched in the history of local youth sports.

During the 1979-80 season, he won champion-ships in junior pee wee football and city league basketball in addition to the baseball crown. At present, he's coaching the Kings Mountain All-Stars in the District 3 Major League tournament at Tryon.

Since re-entering coaching three years ago, he's compiled an overall 69-3-2 record, has yet to lose a football game and dropped only one basketball contest. His 1977 football team was unscored on and his 1978 team defeated Derita of Charlotte to hand that team its first loss in three years and first defeat ever in bowl competition.

His prescription for success is simple. "It just takes a lot of hard work and discipline on the part of the coach and players," he says.

Sanders first got into coaching in the mid-fifties, when he organized the fifth team in the Kings Mountain Little League. It was called the Piedmont Raiders and eventually led into the Police Club

"There were a lot of mill hill kids up on Piedmont that didn't have a place to play," he recalled. "That's the main reason I got into coaching.'

After getting that program off the ground, Will dropped from the coaching scene for awhile. He later got the slowpitch softball bug and played and coached that sport for several years.

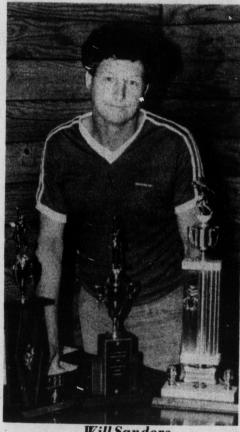
"I got interested again a couple of years ago when I joined the Optimist Club," he said. "I just started hanging around practice." Danny Bagwell, who has helped ramrod kids

sports programs in town for years, was probably the key person responsible for bringing Sanders back. "I told him if he really wanted to be rewarded to

quit that softball and start working with these young kids," recalled Bagwell in his usual jokingsort-of-way.

So, he dove in.

His football teams, which competed the last three vears in the Western Piedmont Pop Warner League, have only two ties against East Rutherford blemishing a perfect slate. His first two teams were unbeaten and untied.



Will Sanders

Bagwell, who has followed the baseball program closely for years, declares Sanders did some of his best coaching this summer with the C&C team, which had a 14-2 record.

"I would say he had the talent to finish third at best," said Bagwell. "At least two teams had better material. But it just goes back to his reasons for success. They were well-disciplined and worked hard."

Sanders figures his all-star team as the third strongest in the district field at Tryon. "Tryon and Bessemer City have their entire teams back," he pointed out. "We have only three players experienced in tournament play."

Somehow, though, you get the feeling the Kings Mountain boys will be representing the district in the State Tourney beginning August 2 at Long

But, if not, you won't find Sanders resting. He has football practice scheduled to begin August 1.

'This Day Forward'

Kings Mounta

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Letters to the editors

Thanks for support

This year's July 4th Celebration was again a successful event for all who visited the Deal St. Park

For those who participated in the events or as spectators, I'm sure appreciated the hard work from the staff of the Parks and Recreation Department. Special thanks to the following Kings Mountain

merchants who contributed to the days activities: Cattletown, U.S.A., Kentucky Fried Chicken, Kings Mtn. Drug, Kings Mtn. Farm Center, Bridges Hardware, Allens Florist, Clark Tire Co., Kings Mtn. Office Supply, Otis Falls Exxon Station, Sample Yardage, Western Auto, Wiener King, Pizza Hut and Patterson Oil Co.

The Kings Mountain Fire Department again performed superbly, under the direction of Bill Ware in displaying the "Fireworks Extravaganza." Indeed, the fireworks display was a very exciting show due in part to the following contributors:

Frist Citizens Bank & Trust Co., First Union National Bank, Independence National Bank, and B.F. Maner Agency.

Perhaps next year our fireworks display can be even greater, provided more business support is with us. The days activities are enjoyed by a lot of our young people, it seems as though our adult population really comes out for the late night fireworks display.

Many thanks to the Herald and Gary Stewart for his excellent coverage of the day's events and Jonas Bridges of WKMT Radio for the community service announcements.

If any of our citizens have suggestions for the 1981 July 4th Celebration, please feel free to call the Parks and Recreation Department 739-6995. Your suggestions will be heard and possibly incorporated into next year's program.

Again, thanks to all who worked and contributed

to this year's 4th of July.

Sincerely, Mike Nappi Supt. of Parks and Recreation

Let it all out

Dear Editors,

Tears of laughter and those cried in shame, while both very wet, may have different chemical compositions, reports a biochemist in the Department of Psychiatry at St. Paul Ramsey Medical Center in Minnesota.

While researchers know that emotional tears have a higher concentration of protein than tears produced by irritation, Dr. William Frey hopes to discern the difference among tears of joy, laughter, anxiety, grief, anger and depression.

"Stress alters the body's chemical balance," says Dr. Frey, and he feels crying may be one of our safety valves for ridding the body of chemicals produced in stressful situations.

So, the adage "Go ahead and have a good cry," may be very healthful advice.

EVERETTE PEARSON KINGS MOUNTAIN

Thanks for award

Thank you very much for the outstanding reporter's award. It is indeed a real privilege and honor to receive such an award. Once again, thank you very much

BILLY R. CAMPBELL JR.



Watch me as I lie in sleep, As a shepherd guards his sheep; When I close my eyes this night, Keep me safe 'til morning light.

For the wrong I've done this day, Please forgive me, Lord, I pray; Cleanse me, Jesus, from all sin, Til Heavens gate I enter in.

Be Careful What We Feed The Mind What are you going to tell Yourself today, To make you whistle happily As you go merrily on your way; To a day of joy and gladness That only good thoughts can bring, The mind fed with wholesomeness Strengthens the heart to sing.

What are you going to tell Yourself today That beautiful flowers are blossoming If you look along the way; That birds are singing from tree tops The world is so very bright, Whatever we feed the mind with Will work for all its might.

What are you going to tell o another along the way When thoughts we feed the mind with Become words we easily say; We feed the body the best of food But what do we feed the mine, When there's junk food set before us The good we must seek and find.

Vivian S. Biltcliffe

Stewart story of sacrifice So some of the younger ones crowded into steam-

The 13th season of "From This Day Forward," the historic drama of The Waldenses and their glorious heritage, opened Friday night in Valdese tinue through Aug. 24th on Thursday through Sunday evening

"From This Day Forward" is a story of sacrifice for principle and a unique history of struggle to overcome poverty. With a remarkable combination of tears in their eyes and laughter in their hearts the audience relives with these Waldenses their glorious

Valdese was founded during the last century by a group of Waldensian settlers from the Cottian Alps of Europe. Ancestors of these Valdese settlers fled into the small valleys of the rugged Cottian Alps between Italy and France to escape persecution during the early Middle Ages. But even there they were not safe, for they refused to join the established church and abandon their simple faith in God - a faith based on the Bible and the interpretation they derived by reading it themselves. And so by the "hundredfold" they died.

The persecution ended on Feb. 17, 1848 but by an ironical paradox the blessings of peace brought the hardships of a surplus population. During the years of persecution, the increase in population had been counter-balanced by violent deaths, famine and disease. But after 1848 the population increased rapidly. Soon the plots of land in the small valleys had been divided and subdivided until fathers no longer had land for their sons.

(From the Friday, July 13, 1951 edition of

The Kings Mountain Herald) Kings Mountain's American Legion Juniors get a big order this weekend, facing the strong Hickory juniors Friday night at Newton and Saturday night here at City Stadium.

Members of the Twin Table Bridge Club met Tuesday night at the home of Mrs. H.C. Mayes. First Baptist Church was the scene of the Tues-

day wedding uniting Miss Mary Beth Hord and Pfc. Thomas Baker in marriage.

ship steerage quarters and traveled to America. Here they had purchased on credit 15,000 acres of land in the foothills of the Blue Ridge M North Carolina. They had a dream in which they were living in large stone houses overlooking cultivated fields of wheat, corn, tobacco and flourishing vineyards. But within 12 months this dream and their communal experiment would be Ticket information can be obtained by writing

Old Colony Players, Valdese, or call 874-0176.

If We Could Just See Behind Closed Doors

I never was much for politics.

I never wanted to run for office. I don't enjoy so-called smoke-filled meetings. I think most politicians have their own self interest at heart.

But although I am a registered Democrat, I got so wrapped up in the Republican convention watching it on television, I probably would have run for Republican office had they wanted to draft me

The manipulations that went on Wednesday night between Ronald Reagan and his camp and Gerald Ford and his camp must have been

I love the way politicians expound on the fact that under no cir-. cumstances would they accept a certain office, then the next minute they are in somebody's room begging for the job.

I realize that "that's politics," but no wonder the average person thinks

all government workers talk out of both sides of their mouth.

Who would have thought Gerald Ford, a past President would be interested in the Vice Presidential job?

Especially after saying over and over that he wasn't interested. The next thing we know, he is in Reagan's hotel room, bargaining for it. If the TV cameras were allowed in those smoke filled rooms, the American people would get an eye full. Why can't we see TV in the

political "locker room" like we see inside a football locker room after a big

It would probably look something like this -REPORTER OUTSIDE HOTEL SUITE - (speaking to Ford staff member)

"What's going inside?" STAFF MEMBER — "Oh, they are discussing the platform." (INSIDE HOTEL SUITE)

Washington, you know.'

REAGAN — "Well, Jerry, you want the job or not?"
FORD — "Ron, I wouldn't mind taking it but I do want my weekends off to play golf ... and Betty doesn't give a about going back to Garland Atkins

REAGAN - "I could make it interesting for you. I understand the benefits are a lot better than they were when you were in office - better insurance, you know. I would be happy to build you a putting green out in the rose garden.

FORD — "What about Henry? (Kissinger) He wants to get back into Washington society. He misses all the parties. Could you find something

for him ... say Secretary of State or something?"

REAGAN — "Well, of course, you know, we could just give him a title like Assistant to the Vice President ... and all he would have to do would be to run the projector on Friday nights when we show my old films. Then he could go to all the parties he wants to."

FORD — "Well, I will think about it. In the meantime, I'll tell the

reporters I'm definitely not interested in the job and never have been." REAGAN — "Right. Tell them we have been discussing the platform or something.