



Lunch Time At KMHS...

Well-Prepared Meals Help Educate Children

By MARTHA WRIGHT

Kings Mountain District Schools provides the opportunity for students to enjoy nutritious meals every school day. These meals are prepared and served by each of the eight schools by a total staff of sixty trained employees.

In the late forties the United States Congress recognized the need to provide adequate nutrition for school children. As a result, Congress appropriated money in 1946 for the beginning of the school lunch program as it has been known for many years.

In the early 1970's Congress recognized that because of certain economic conditions in the United States, many families

could not afford to pay for meals at school. In order to insure that those who could not afford to pay would have equal opportunity for proper nutrition, Congress began appropriating money to cover the cost of meals for those students who could not afford to pay the full price.

All meals served to students must meet specific standards defined by the United States Department of Agriculture. Specifically, each lunch served must contain the following components: 2 ounces protein rich food, ¼ cup fruit and/or vegetable, 1 ounce of bread, and ½ pint of milk. The United States Department of Agriculture, the North Carolina Department of Agriculture, and

the Division of Child Nutrition, State Department of Public Instruction monitor the program operation in every school in North Carolina to insure that the program operates under the rules and regulations defined by federal and state laws.

At the beginning of the current school year, two major changes were made in the school lunch program or child nutrition program as it is sometimes referred to at the federal level. The first of these changes was the implementation of the "offer vs. served" option in kindergarten through fifth grade. This change allows students to choose either three, four, or five items on the

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Diane Davis Fills Food Order...

United Fund Campaign Benefits Helping Hand

The Kings Mountain United Way campaign, which kicked off last week with a goal of \$63,000, benefits a number of programs in Kings Mountain, Cleveland County, the state and nation.

One local agency is the Kings Mountain Ministerial Association Helping Hand Fund, which provides assistance on a short-term emergency basis to individuals not able to qualify for government-supported programs. It provides medicine, fuel, groceries, and other forms of assistance to families in the Kings Mountain area, and also provides food and toys to needy families at Christmas.

The program operates almost entirely on funds received from United Way. It will receive \$8,000 in 1982.



The program is carefully managed by the Ministerial Association and one staff person, Mrs. Diane Davis. Serving as coordinator of the Helping Hand Fund Committee this year is the Rev. J.C. Goare, pastor of Kings Mountain Baptist Church. Assistant coordinator is the Rev. Harwood Smith, pastor of St. Matthew's Lutheran Church.

The Helping Hand Fund is the only agency in the Kings Mountain area rendering emergency and short-term

assistance to the citizens. The current trend in the national and local economies has caused a dramatic increase in the demand upon the program.

"As the unemployment rate increases, more people turn to the ministers for help," Rev. Goare said. "As the costs of life's necessities skyrocket, many people who work find that their meager income no longer is enough to sustain them. The sharp rise in the costs of food, fuel and services, along with the big increase in the number of people needing help, have forced the fund into a deficit situation again this year. This does not represent irresponsible spending. It does represent a phenomenal upsurge in human need in our community."

Ross Will Run In District 6

The Kings Mountain Board of Commissioners race took a new twist Wednesday morning when it was learned that John Ross, who had filed for the District Five seat, actually lives in District Six.

Thus, Ross, who lives on West Gold Street, is ineligible to run for the District Five seat, which is being vacated by Commissioner Bill Grissom.

However, Ross will be running for the District Six seat held by Jim Dickey. He will oppose Dickey, Jan Deaton and Johnnie Caldwell.

That leaves only two candidates in District Five, Curt Gaffney and William Orr. Humes Houston is unopposed in District Two.

Elections Board Chairman Luther Bennett discovered the error during a check of the city's maps.

Bennett said the city re-drew the districts in 1975 and has annexed property since that time, but has not provided the Elections Board with updated maps, as it is required to do.

"It's partially my fault," Bennett said. "I probably should have checked the maps before John filed, but he thought he lived in District Five, and so did I."

Bennett said he had checked with Alex Brock, Chairman of the State Elections Board, and Brock had said Ross would be eligible to re-file in District Six.

Bennett said his instructions when filing candidates are "to check their registration. We normally don't check their house number," he said.

Bennett said that Watterson Street is the dividing line between Districts Five and Six and that Ross lives "just over the line" in the fourth block of Gold.

Ross, a lifelong resident of the city, said he "used to be in five. The city added a sixth district several years ago, and that's probably when I was put in six," he said.

"The simplest thing for me to do would be to go ahead and run in six," he added.

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KM Candidates Speak

Does Kings Mountain need a city manager form of government? What improvements need to be made in recreation, the senior citizens' program, and city services?

The Herald asked these questions, and more, to the seven candidates for the three Board of Commissioners seats which will be voted on in the October 6 election.

The candidates have differing opinions on some of the questions, and they agree on some.

The in-depth interview with the candidates begins on Page 1-B of today's Herald.

The purpose of the questionnaire-type interview is to give the candidates a chance to speak to the people of Kings Mountain, and to give the voters and means of evaluating the candidates.

It's something you'll enjoy reading.

Circus Is Coming To Town

The Incredible Carson and Barnes Circus--billed as America's largest wild animal circus--will be in Kings Mountain for a one-day, two-performance stand on Mon., Oct. 12.

The circus will be located on a six-acre field on Second Street Extension near the entrance to Kings Mountain Industrial Park.

The circus is being sponsored by the Kings Mountain Fire Department and all proceeds will go to the construction project at the Kings Mountain Fire Museum. The museum is being enlarged by the addition of a 30 by 60 foot room which will house three antique fire trucks. The firemen are financing the construction themselves through hot dog sales and other fund-raising projects.

The circus will probably begin arriving in town on Sun., Oct. 11 in more than 40 diesel-powered transport trucks. The football

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College Day Set Monday

Kings Mountain High School's annual College Day will be held Monday from 1:15 until 2:40 p.m. in the gym.

Representatives from over 70 four-year and junior colleges from North and South Carolina and Virginia will be on hand to discuss their school's programs with interested juniors, seniors and parents.

Juniors will be allowed in the gym from 1:15 until 1:55 and seniors from 2 p.m. until 2:40. Parents are welcome to come during any of the above times.

Applications, brochures and other materials will be available, and applications and material from all the schools will be left in the office of Guidance Counselor D.B. Blalock for distribution later.

The representatives will be available to discuss programs, scholarships, and answer any other questions from students and parents.



CONDUCTOR - Jackson Parkhurst will conduct the North Carolina Symphony at its Oct. 12 visit to Kings Mountain's B.N. Barnes Auditorium. Advance tickets are on sale.

Symphony To Perform In KM On October 12

The North Carolina Symphony will perform at B.N. Barnes Auditorium in Kings Mountain October 12 at 8 p.m.

Officers of the Kings Mountain Chapter held a meeting Monday afternoon to plan the event.

Andy Neisler, President, said advance tickets may be purchased at the School Superintendent's Office. Advance tickets are \$5.50 for adults, \$3.50 for students and senior citizens and \$2.00 for children under age five. Tickets at the door will be \$6.00 for adults, \$4.00 for students and senior citizens and \$2.00 for children under five.

Persons buying 10 tickets will receive two free tickets.

Tickets purchased for last April's performance, which was cancelled, will be honored, Neisler said.

Jackson Parkhurst will conduct the orchestra. Selections will be from Handel, Bethoven, Stravinsky, and others.

Officers of the Kings Mountain Chapter for the 1981 season are Neisler, President; Scott Cloninger, Vice President; Marlene Neisler, Secretary; John Warlick, Treasurer.

Lights Synchronized

The N.C. Department of Transportation Tuesday cleaned and re-synchronized traffic lights on King Street from Cansler Street to Cleveland Avenue.

Mayor John Moss said the work was done "to assist the flow of traffic" in the city.

The lights are set for green 65 percent of the time during normal periods and 72 percent during peak periods.