

Yes, We All Talk

By Marcus H. Boulware

Volume of Voice
QUESTION: By what means does one increase his volume of voice in speaking?—L.P.

ANSWER: Many factors enter into what we call volume of voice, or loudness of voice. First, the megaphonic structure of the mouth causes the voice to travel farther and louder in the direction in which the mouth is turned. Second, a voice becomes louder if the speaker concentrates the vocal energy at sound-wave crest. In this case, the vocal vibration coming from the larynx are rapid packed surges of energy. The ac-

tion is somewhat that of the hydraulic hammer that breaks up cement walks.

Third, the voice goes farther with the greatest amount of ease if the pharynx (throat cavity) is shaped so that its response is in step with the vibration of the vocal cords. We call this attaining optimum pitch, or your natural vocal pitch.

Fourth, by concentrating vocal energy at the auditory range the voice also becomes louder. The ears of the listener perceive sound waves at frequencies between 250 and 8,000 better than others. This is the speech range, and means



AT ST. AUGUSTINE'S COLLEGE—Caught by the photographer at the President's reception at St. Augustine's are left to right: President and Mrs. James A. Boyer, Dr. N. Neuberger, visiting Professor in Meteorology from Penn State University; Mrs. N. Sinha, Dr. Sinha, Mrs. Lula Robinson and Dr. Thomas Ferguson, visiting Professor of biology.

that listeners hear better between these frequencies. Now while the hearers perceive the sounds with greater ease and the voice sound louder when we do this, the vocal quality is not good.

Tormenting Rectal Itch Stopped In Minutes

Science Finds New Healing Substance That Promptly Stops Itching and Pain of Piles

New York, N. Y. (Special) — One of the most common afflictions is a condition known as "itching piles". It is most embarrassing for the victim during the day and especially aggravating at night.

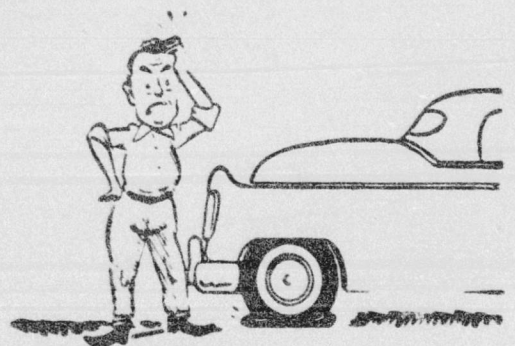
No matter what you've used without results—here's good news. For the first time, science has found a new healing substance with the astonishing ability to promptly stop the burning itch and pain. It actually shrinks hemorrhoids—without surgery. Medical science has proved this substance produces a remarkably effective rate of healing. Its germ-killing properties also help prevent infection.

In one hemorrhoid case after another "very striking improve-

ment" was reported and verified by doctors' observations. This improvement was maintained in cases where doctors' observations were continued over a period of months! Among these sufferers were a wide variety of hemorrhoid conditions, some of 10 to 20 years' duration.

The secret is this new healing substance (Bio-Dyne*)—discovery of a world-famous research institution. This substance is now obtainable in ointment or suppository form known as Preparation H. Ask for Preparation H suppositories (convenient to carry if away from home) or Preparation H ointment with special applicator. Absolute satisfaction guaranteed or money refunded.

*Reg. U.S. Pat. Off.



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Leadership School Ends At Bennett

GREENSBORO—A total of 109 persons, representing all four conferences, attended the annual Baltimore Area Leadership School at Bennett College last week.

A summer activity of the Methodist Church, the school, headed by the Rev. Howard Bailey, of Yendon, Pa., as dean, had as its theme "Frontiers in Christian Education." A faculty of 15 gave instruction in five basic courses.

These courses were concerned with music, audio-visual resources, drama and recreation in Christian education and with new insights for Christian education in the district. Serving on the faculty were the following persons:

Fuquay Site Of Tour For 25 Persons

FUQUAY SPRINGS—Improvements can be easily spotted as an individual visits in the Fuquay Springs Community of Wake County.

Recently a Community and Home Improvement Tour was held in this community by the Farm and Home Management Club with approximately 25 persons attending. Nine homes and farms were visited to observe the progress.

Mrs. A. M. Walker painted two rooms (guest bedroom and dining room). Because of the size and height of the rooms it was convenient for her to do her own painting. The complete job cost only \$8.50.

Another item Mrs. Walker was proud to show was her automatic washing machine. "If I had only realized some years ago how handy an automatic washing machine was, by now I would have had it paid for with the money I was spending to have my sheets laundered weekly," said Mrs. Walker.

Mrs. Leler Bullock went out in a big way in improving her home from the inside to the outside. The improvements made in this home were results of goals set up two years ago by the family.

The touring group observed such improvements as four painted bedrooms, birch walls in living room and family room, cedar walls and cabinets in kitchen, installed bathroom furnishings, screened hair of front porch, car port and many other small improvements. The overall cost of these improvements was around \$2,000.

The group visited the home of Mrs. Madge Burton to observe the double clothes closet located in the girls' bedroom. This closet is large enough to take care of the three girls' summer and winter clothing.

"We spent about \$25 for the labor and material needed for the construction. In a year our cleaning bill would be about two or three times that much. There was no closet space in this room. The clothing had to be hung on the walls and behind the door," said Mrs. Burton.

Roberta, one of the three girls using this room, stated that "the room isn't hard to keep clean after we had some place to put our clothes."

Mrs. Pearl Spence, Mrs. Algin Burton, Mrs. Ezola Speed, Mrs. Lillie Pretty, Mrs. Allie Harris and Alford Thorp were visited to view their vegetable gardens. Emphases were placed on site of garden in relation to the family, insect and disease control, cultivation, and vegetable variety.

Gardens throughout this community have proven very economical. This point was given by each family in giving their situations and objectives.

Mail boxes were noted through the community with a new coat of paint, new posts and some with a few more nails added. In a report given by the chairman, about 25 families have done some improvements to their mail boxes; another 15 families are planning to cooperate with the community project.

Improved technology enables each farmer to produce food and fiber for himself and 25 other people. In 1930 one farmer only produced food and fiber for himself and eight other people.

Output per man hour of farm labor rose 117 per cent from 1940 to 1958.

Labor Dept.

Sets Minor Groups Talks

WASHINGTON — Secretary of Labor James P. Mitchell announced last week that the Labor Department will again this year be host to a Minority Groups Conference, which is meeting July 13 through July 15. Attending the meeting will be representatives of the Labor Department and of State employment services.

The Secretary, scheduled to open the conference, said he was confident the meeting would provide a useful exchange of ideas between the Federal and State governments on ways to reduce unfair employment practices.

"Bias against minority group jobseekers is not only morally wrong, it is also a threat to the Nation's economy," Mr. Mitchell said.

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held at the Labor Department since 1955, are being made by Miss Roberta Church, Minority Groups Consultant to the Labor Department's Bureau of Employment Security.

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