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SOCIAL HOUR — Beta Lambda Sigma Chapter of Sigma Gamma Rho Sorority entertained Nu and Beta Theta chapters and contestants for the Rhomania program at Shaw University's Recreation Center, recently. The affair was enjoyed by all. Sopors Victoria Walters and Rachel Jones were hostesses.

Honor Roll Released At Shaw University

The first semester Honor Roll at Shaw University has just been released by the Registrar as follows:

Freshmen: Priscilla Brodie, Franklinton; Evelyn A. Clay, Parmele; Winifred Golliday, St. Louis, Mo.; Charles E. Jackson, Kinston; Lena M. Maffett, Thomasville; Beatrice C. Mial, Raleigh; Jacquelyn Thorne, Fuquay Springs.

Sophomores: James A. Dew, Washington, D. C.; Carlton Fellers, Kayseria High, Zebulon; Regena E. Johnson, Preston, Maryland; Lonzie McKeithan, Rocky Mount; Helen C. Miller, Mount Olive; Ellen J. Spivey, Louisburg.

Juniors: James Ballard, Winston-Salem; Ames A. Ballou, South Boston, Va.; Luther E. Dowdy, Sparrows Point, Maryland; Delores W. Murphy, Bronx, New York; Gloria Nimmo, Greenville; Bettie D. Ridley, Raleigh; Leroy Waters, Hendersonville; Cynthia Williams, Newport News, Va.; Felix Grissom, Louisburg.

Seniors: Lucille Batts, Wilson; Juanita Dancy, Pinetops; Etta C. Davis, Louisburg; Benjamin Glascoe, Brooklyn, New York; Herman L. Latta, Raleigh; Bertha Lowery, Gastonia; Carrie Lowery, Gastonia; Vivian D. McKay, Lillington; William Modeste, Bronx, New York; Sylvia Sifford, Mount Holly; Doris M. Taylor, Creedmoor; Jeremiah Walker, Carysburg, Liberia; Lizzie S. Wilson, Raleigh; Rixene Winborne, Plymouth.



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Principal Who Was "Too Progressive" Gets Backing Of 2,500 Ga. Students

SAVANNAH, Ga. (AP) — A 33-year-old high school principal released by the school board because he was too "progressive", apparently had the backing of some 2,500 students who boycotted their classrooms last week.

Hundreds paraded at three Savannah schools. The boycott and parades were in protest to the firing of Alford Cheatham, principal of Sol Johnson high school. The walk-out started at Johnson and spread to Beach senior and Beach Junior highs. All are Negro schools.

Nearly 300 pickets marched around the adjoining Beach schools chanting, "Freedom, freedom, we want Cheatham."

Cheatham, a Philadelphia native who holds a masters degree from Harvard University, was released without comment as principal of Johnson High School recently when the school board failed to renew his contract. He immediately resigned his \$8,300-a-year post.

Neither Cheatham nor the school board would comment on the action, but W. S. Law, state president of the NAACP, said Cheatham's contract was not renewed because

he was too "progressive". The new demonstration, which was not interracial in nature, came while the city police recorder was holding hearings for some of 41 persons arrested the previous week for racial fighting during a St. Patrick's Day parade. Warning against such violence, the recorder gave those he deemed guilty the al-

ternatives of \$100 fines or 30 days in jail or trials later in City Court. At least 12 persons were injured in the St. Patrick's Day violence, which involved an estimated 200 white and Negro youths. Wide-spread street fighting broke out when some 150 Negroes staged a sidewalk parade in competition with the Irish holiday festivities.

Rice Natural Food For Meatless Menus

Lenten menus which feature the delicious flavor of fish, seafood and eggs are made "extra special" when served with rice.

Because of its versatility, rice has many menu uses, and supplies of this food are plentiful.

For a simple beginning, U.S.D.A. suggests cooking rice in a flavor-enhancing liquid, such as tomato juice, cranberry juice, consommé, or barbecue sauce. These liquids will gently flavor and lightly tint the white kernels for increased menu appeal.

Adding other items to the cooked rice is easily done, and the number of variations possible is limited only by the imagination.

Barbecue rice—Use a favorite barbecue sauce for the cooking liquid, equal parts sauce and water, and cook as usual. Barbecued rice is rosy-hued with a subtle-toasty flavor goodness depending

upon the intensity of the sauce used. It goes well with fried fish, scallops and shrimp.

Cheese rice—Stir grated cheese into cooked rice just before serving. Use mild, flavorful, or robust cheddar cheese, depending upon the entrée with which the cheese rice is being served.

Almond-currant rice—Add 2 tablespoons currants and 1 teaspoon

butter for each cup rice to be cooked. Then cook as usual. Just before serving, stir in sauteed almonds. To saute almonds, simply fry slivered almonds in melted butter until browned.

Orange rice—Use 1 part orange juice to 2 parts water for the cooking liquid. Then stir in 1 teaspoon grated orange rind and 2 tablespoons butter per 1 1/2 cups cooked rice. Additional butter may be added if desired.

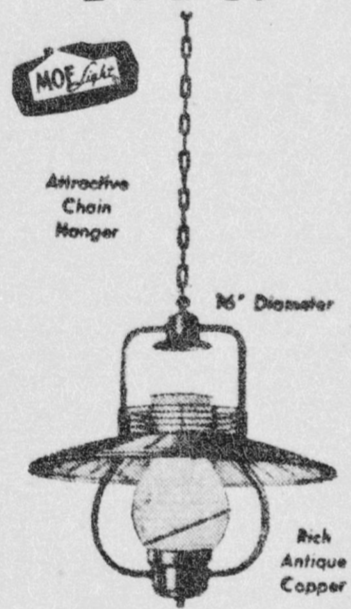
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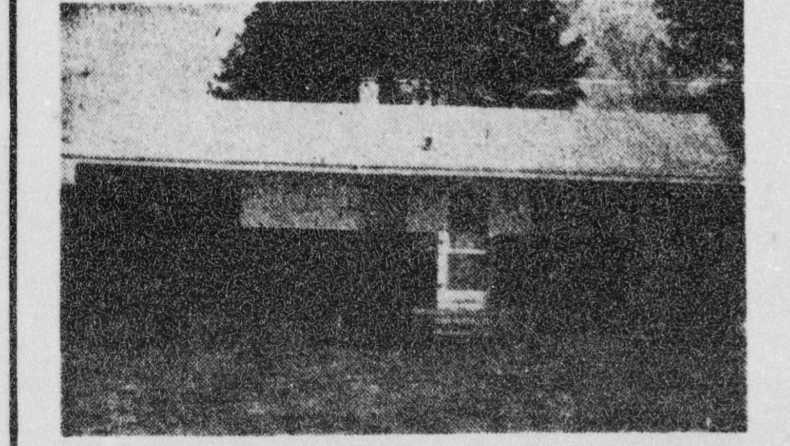
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