



**SYMPOSIUM AT SHAW UNIVERSITY CONCLUDES NEGRO HISTORY WEEK** — Speaking at a Symposium on Some African Leaders are, standing: Andrew S. Mwangi, a junior of Shaw University, who discussed Julius Nyerere, former Prime Minister of Tanganyika. His topic was "Mr. Nyerere—Leader of Tanganyika" (formerly a United Nations Trust Territory under British Administration). Tanganyika gained her independence on December 9, 1961. Left seated is Edward Reynolds a freshman of Shaw, who spoke on Nandi Azikiwe, Governor General of the Federation of Nigeria. Myangi comes from Kenya, East Africa, and Reynolds is a native of Akropong-Akwapin, Ghana. Seated at right is Dr. Horace Davis, moderator.

### Ligon Student Second In District Typing Contest

Valjean Myers, a petite junior at the J. W. Ligon High School placed second in The First Division of the Eastern District Piedmont Typing Contest which was held in Henderson last Friday at Henderson Institute.

Valjean, who stands about 5'3" typed 38 net words per minute for ten minutes in taking second place. A mistake in throwing her carriage eliminated her from first position. The number one spot was won by Henderson Institute.

In other divisions, Hillside of Durham placed first in the second and Mary Potter of Oxford took top prize in the third division. The winners are to compete for state honors at North Carolina College on a later date.

Other students from Ligon High School participating in the contest were, Patricia Pettishaw, Madelyn McClain, Eloise Murphy and Juanita Dunn.

The contest was under the supervision of Mr. J. V. Turner of North Carolina College.



VALJEAN MYERS

Carolina College. Mrs. Sarah Boyd and Mrs. M. Harris teachers at Henderson served as hostess for the event.

### Local Women Given 6 Months Prison Terms

Two local young women were given prison terms after being convicted in City Court on charges of forgery and larceny.

The two, Pauline Ann Foster, 17 of 903 Fayetteville St., and Janie Thomas, 23, of 408 Watson St. were each charged with taking groceries valued at \$15 and with forgery in connection with a \$30 check drawn on N. C. National Bank.

According to the warrants, the groceries were taken from the Winn-Dixie Store at Martin and Wilmington Streets on Thursday at the time the bogus check was cashed.

Judge Pretlow Winborne sentenced each of the defendants to six months in Woman's Prison.

had no identification on her body, but railroad officials identified her from a passenger list and an FBI fingerprint check.

Halifax County coroner, Rufus Britton, said the investigation is continuing.

An estimated 39 per cent of the North Carolina cotton-acreage was adequately treated for insects in 1961.



**EX-HARVARD HEAD AT ST. AUGUSTINE'S COLLEGE**—This picture shows Dr. James B. Connant, former president of Harvard University with the Teacher Education Research Committee of St. Augustine's College, as he visited there recently. Left to right: Dr. E. Alden Dunham, President James A. Boyer, Dr. James B. Connant, Dr. Robert F. Carbone, and Dr. P. R. Robinson, Dean of Instruction.

## Dr. Helen G. Edmonds Speaks At Barber-Scotia College

CONCORD — The highlight of the observance of Negro History Week at Barber-Scotia College was an address given before the assembled faculty and student body by Dr. Helen G. Edmonds, graduate Professor of History at North Carolina College, and a nationally and internationally known personage.

In her address she drew home the fact that much of the misunderstanding between the Negroes and whites in the United States today is due to the fact that the contributions of Negroes in the history of the United States have been until this time almost completely ignored.

She pointed out that at the other extreme here have been Negro Historians who sought to give far too much credit to Negroes in the development of our country. Today, however, she said there are historians who will take neither extreme viewpoint but who will begin to write the history of the Negro in the United States in a truer perspective.

She challenged the student body and faculty to inform themselves in the area of Negro History explaining that this is necessary if we are to make real progress toward integrating ourselves into the main stream of American life.

Dr. Edmonds was introduced by Dr. E. L. Murphy, the chairman of the Social Science Department and her longtime friend. This program was the second one in the observance of Negro History Week at Barber-Scotia College sponsored by the Social Studies Club. On Monday the program given consisted of a Symposium using the theme "Negro History and a New Birth of Freedom." "Why the Negro in History" discussed by Rose Collins, "The Historical Quests for Freedom" by Lloyd Shivers, "Stepped-up Quests in American" by Helen Evans, and "A New Birth of Freedom—Africa" by Brenda Freed.

Following these brief talks, a question and answer period ensued at the end of which the summary was given by Rose Collins.

### New Relief from GAS, HEARTBURN

WASH., D. C.—Now a remarkable stomach remedy, called PUSH, has 4 proven ingredients, quickly relieves gas pains, heartburn, belching, nausea, sleeplessness due to acid indigestion. PUSH soothes the stomach fast, misery goes, you sleep right! Try fast acting PUSH at once. 4¢ at drugists. It's amazing what PUSH will do for your stomach!

### SKINNY?

If skinny, thin and underweight because of poor appetite or poor eating habits, take WATE-ON. Puts on pounds and inches of firm solid flesh or money back. WATE-ON is super-rich in weight building calories plus vitamins, minerals and energy elements. Hospital tested. Fast weight gains reported. No overeating. Makes cheeks, bustline, arms, legs fill out... puts flesh on skinny figures all over body. Fight fatigue, low resistance, sleeplessness due to underweight condition. If underweight is due to disease take WATE-ON under direction of your doctor. Get WATE-ON today.

### WATE-ON

### Raleigh Man Arrested By FBI

James Calvin Giles, 35, has been arrested in Newark, N. J., by FBI agents. This report comes from Thomas J. Jenkins, special FBI agent in Charlotte. Giles is wanted here on a charge of rape.

Detective Lt. R. A. Liles has sent a warrant charging Giles with rape to Newark police. The warrant charges Giles with raping Lois Ann Bundy of 519 Cannon Ave. last Nov. 24. The alleged assault occurred in an automobile at the corner of Cannon and Cannister Streets.

The FBI picked up Giles on a charge of unlawful flight to avoid prosecution. Police said he will be returned here for trial.



### Asthma Formula Prescribed Most By Doctors—Available Now Without Prescription

**Stops Attacks in Minutes... Relief Lasts for Hours!**  
New York, N. Y. (Special)—The asthma formula prescribed more than any other by doctors for their private patients is now available to asthma sufferers without prescription. Medical tests proved this formula stops asthma attacks in minutes and gives hours of freedom from recurrence of painful asthma spasms. This formula is so effective that it is the physician's leading asthma prescription—so safe when used as directed that now it can be sold without prescription in most states.

### OUR REAL BOARD OF DIRECTORS

Our real board of directors are your friends whom you know and fraternize with everyday. They are people in all walks of life. People who you know and people who know you.

Their positions vary greatly. Their vocations are many. In fact doctors, teachers, secretaries, ministers, businessmen, farmers, students, housewives, tradesmen, skilled, semi-skilled workmen are all aware of our bank directors.

And that is why a large number of people come to our bank. They prefer doing business where their own interests are paramount — where they are their own board of directors.

LARGE ENOUGH TO SERVE YOU... SMALL ENOUGH TO KNOW YOU.

**Mechanics & Farmers Bank**  
RALEIGH - DURHAM  
MEMBER F.D.I.C.

ONLY 5% ON NEW CAR LOANS

**MARRIED** — Mr. James Sanders announced the wedding of his daughter, Daisy Sanders to Commie Landis Jr. They were married in New York City, Feb. 4, and are presently residing at 1805 Boaz Drive, Raleigh.

### Bladen Man Kills Wife, Tries Suicide

ELIZABETHTOWN — Life apparently became too much for Charles Melvin, a 27-year-old man of the Ammon section of Bladen County. Melvin shot and killed his 23-year-old wife, Eunice Robinson Melvin, at their home Saturday, and then fired three shotgun blasts into his own body.

Edith Mae Melvin, a neighbor, told investigating officers that Charles came into her yard about 10:15 and told her, "He had killed Eunice and shot himself." The Melvin home is about 200 yards from where the shooting took place.

The investigation is being continued.

### S. C. Woman Train Victim

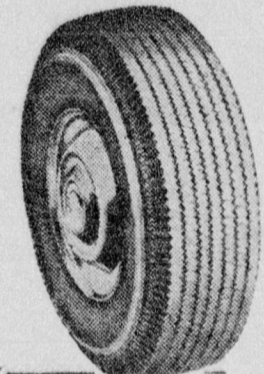
ENFIELD — Mrs. Ella Mae Rivers, 45, has been identified as the victim of a moving passenger train.

It is believed the woman jumped or fell from the train about 3 a. m. Sunday.

Mrs. Rivers is from St. George, S. C. She was discovered by crewmen on a freight train about five hours after the passenger train had passed. Her body was found lying between two Atlantic Coast line railroad tracks.

Railroad officials said Mrs. Rivers had been aboard the passenger train enroute to New York. She

### Firestone MILEAGE BARGAIN



### FIRESTONE Champion New Treads

- Applied on Sound Tire Bodies or on Your Own Tires
- ✓ Same Tread Width
- ✓ Same Tread Depth
- ✓ Same Tread Design
- ✓ Same Tread Quality

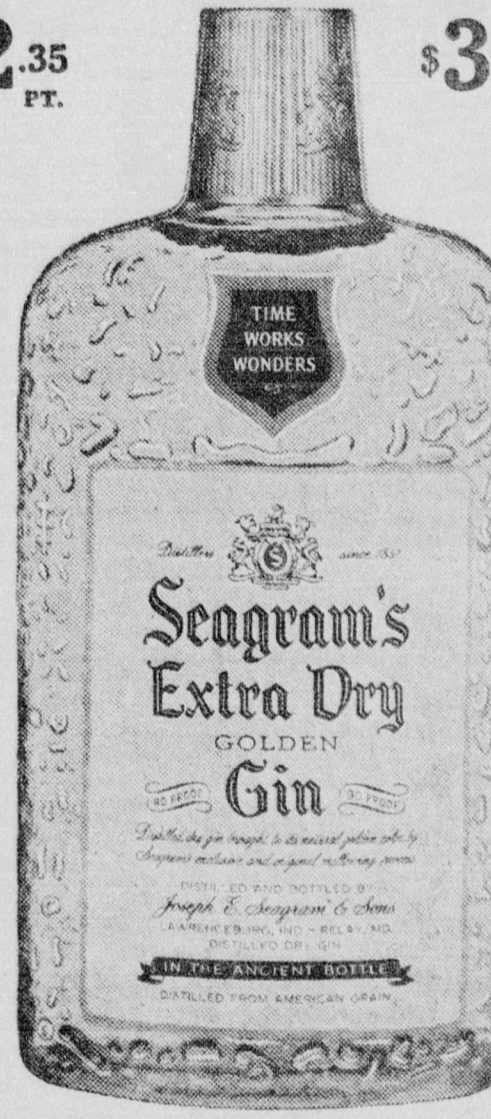
You Don't Need Cash  
Your Old Tires Make the Down Payment

888 SIZE 6-70-15 BLACKWALL  
Plus Tax and Recappable Tire

### Firestone Stores

415 FAYETTEVILLE ST. TE 2-3374

### Seagram's Extra Dry Gin



\$2.35 PT.

\$3.65 4/5 Qt.

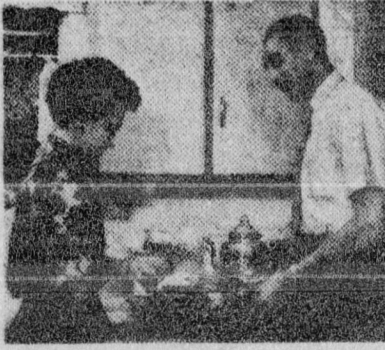
### STARTED ON CARNATION — STAYED ON CARNATION

the milk with extra Vitamin D for sound teeth and strong bones!

"Bobby grows out of his clothes so fast I can hardly keep him in jeans," says their mother. "But Francis is growing right into them."

Their father, Dr. Robert Higginbotham, is physician for the Midland, Pennsylvania High School. His private practice takes him many miles through neighboring country. Mrs. Higginbotham left her art-teaching career several years ago. But she is still an artist in the kitchen—with an eye to nutrition. "I get extra Vitamin D into this family by using Carnation as the milk in puddings and pies and cocoa—and on cereals!"

Carnation is the healthy family milk—with extra Vitamin D to help build sound teeth and bones. No wonder this milk in the red-and-white can is the world's favorite evaporated milk, by far.



"I get the creamiest cream pies—just by using Carnation," Mrs. Higginbotham declares. (See recipe below.) Even when you add an equal amount of water, Carnation is richer than sweet, whole milk—for smoother results in all your cooking!

### recipe: CARNATION'S EXTRA-CREAMY CHOCOLATE CREAM PIE (Makes one 8-inch pie)

- 1 package chocolate pudding-and-pie filling mix
- 1 cup undiluted CARNATION EVAPORATED MILK
- 1 cup water
- 1 baked 8-inch pie shell

Combine the pudding and pie filling mix with Carnation Evaporated Milk and water in saucepan. Cook according to label directions on mix. Pour into 8-inch crust. Cool. Top with toasted coconut or sliced bananas.



"I'vem Constanted Course"



Healthy country boys "growing up overnight." Bobby and Francis Higginbotham, aged 7 and 4, were both Carnation babies—and they're both Carnation boys! Mother is an artist, Daddy is a doctor.