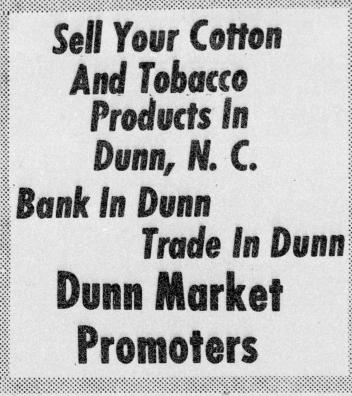
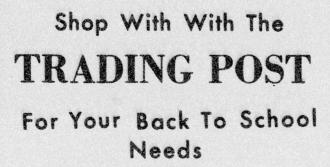


Juvenile Decency Duo-lack of shoes fails to ham-per lad at left and his friend as they prepare for anti-litter campaign in "Keep America Beautiful" program, typical of community service activities of thousands of Boys' Clubs of America members.





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Dunn, N. C.

Magic Formula For Juvenile Decency Includes Patience, Skill, Experience

In the sometimes wild, usu-ally puzzling, often aggravat-ing world of today's teen agers, Clubs, well over 600,000 deserving boys offer dramatic proof of what the vast majority it's difficult to establish many of our nation's youngsters can basic, normal, continuing beachieve under trained, professional leadership. In San An-tonio, a group of Club members operates a free moving van service for old or sick people. havior patterns.

Understanding their mercurial changes in thought and action, discovering their moti-In Dayton, O., another group paints the homes of old, sick, or vations, learning to harness their super-abundance of enpoverty-stricken neighbors. San ergy, takes time, patience and Diego Boys' Club members work skill. One organization, which with mentally retarded children has learned much about youth and make progress previously during 105 years of working with them, is the Boys' Clubs of considered impossible. America.

Today, in some 650 Boys'



to leave, she

made the

usual last

minute in-

spection

around the

house to be

sure she hadn't forgotten any-

thing ... "Cosmetic case, tickets,

motion sickness pills, book, raincoat, wig ... "Yes, wig!

More and more wigs and hairpieces are becoming stand-

ard equipment for vacation fashion. After a day of sight-

seeing or a dip in the pool, that lovely coiffeur she started out

with is a thing of the past. With a wig, however, after a refreshing dip, she can appear at a hotel cocktail party look-

ing like she'd spent the after-

The convenience afforded by

noon in the beauty parlor.

Last week I for changing her hair style, instead of sitting in the beauty saw a friend parlor, she simply sends her off on a trip. When she was ready

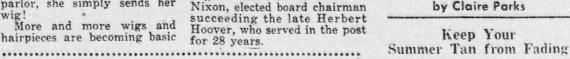
wig! More and more wigs and hairpieces are becoming basic

armless as traps for playing children. Newark, N. J., boys are enlisted in a "Junior Crime Fighters" program which is credited with playing a major role in reducing both juvenile and adult crime.

In scores of other cities, thousands of Boys' Club members are enrolled in similar programs, all designed to combat juvenile delinquency by encour-aging Juvenile Decency.

Running these Clubs, which are privately supported, costs money. In fact, a great deal of money or some \$20,000,000 annually for the more than 650 individual Clubs. Funds are provided through Community Chest, United Fund, civic, service, labor, veterans' and fraternal organizations and through many other private sources. Responsible citizens in about

450 communities, supervise the staffing and operation of each Boys' Club, which is part of the overall Boys' Clubs of America. Heading the national organization is Richard M. Nixon, elected board chairman succeeding the late Herbert



MISS DEB about Junior Miss etiquette, grooming and interests.

wav

Q. I'm not overweight, but my waist is too big. I keep intending to do something about it but I keep putting it off because I don't know what to do. Can you suggest any waist slimming exercises?

wigs goes far beyond travel. Two heads are better than one A. Summer vacation is a perfect time to begin exercising. for every woman from secre-taries to society figures – in every walk of life. "Why me?", you may ask... Well, if you're a young, un-married girl, I'll wager that you have a big internet in Follow this simple routine every day and your waist will be noticeably slimmer long before you go back to school. Stand with feet together, you have a big interest in glamour. No fashion asset passes you by. With a wig, you have the top fashion accessory. stomach pulled in, and seat tucked under. Raise arms over head and reach for the ceiling. Now, alternately reach with left And it enables you to spend your precious Saturday afterand right fingertips, stretching higher than you thought posnoon somewhere other than a sible. Feel a pull in your sides? beauty parlor under a hair dryer. For the young married, wigs are the greatest things since frozen food! In an instant, you Good! After eight stretches with each arm, keeping legs straight, bend over and relax the top of your body completecan transform yourself from a ly, limply dangling your head harried housewife to the al-ways beautiful wife. Life as a young married is likely to be a busy one – complete with social between your legs. Repeat. Each day, try to reach higher, stretching with your whole body. You'll be pleased with emergencies when you need to look your best on a moment's the inches-lost results.

of spaghetti, press the tips of the prongs against the spoon, wind the spaghetti, around the fork and eat. Don't worry if you can't master this method! It is just as acceptable and equally good manners to cut the spaghetti into small pieces with your fork and eat it that

> Q. Now that I have stopped biting my nails, they won't grow without splitting and breaking off. It makes me wonder if it was really worth it to stop. What can I do to have nice nails?

A. Get the manicure habit! First, soak your fingertips in warm water for five minutes to make nails flexible and cuticles soft. File all of your nails into tapering ovals of the same length with an emery board or nail file. Then push back the cuticle with the flat end of an orange stick wrapped in cotton soaked with cuticle remover. Polish your nails with opaque pastel polish using a base coat, two or three coats of polish for extra strength, and a top coat to discourage chipping. Opaque pastel polish does not attract great deal of attention, but eliminates the temptation to peel nails where they split. A once-a-week manicure will soon have your nails looking lovely. (For answers to other questions on grooming, beauty and babysitting write for your twothe spoon in their left in-one guidebook "Sitting Beauty." Send 35 cents to: "Sitting Beauty," Box 551-P. Kimberly-Clark Corp., Neenah, Wis.) spaghetti, press the tips of the prongs against the spoon, wind the spaghetti, around the fork and eat. Don't worry if you can't master this method! It is just as acceptable and equally good manners to cut the spaghetti into small pieceswith your fork and eat it that way

THE CAROLINIAN RALEIGH, N. C., SATURDAY, SEPTEMBER 4, 1965

THE VETERANS CORNER

veterans.

a disability incurred in or ag-

gravated by military service,

EDITOR'S NOTE: Below are authoritative answers by the Veterans Adminstration to some of the many questions from former servicemen and their families. Further information on veterans benefits may be obtained at any VA office.

Q -- My son is leaving for military service and there is the possibility he might be sent where there is actual fighting. Can he purchase a Government Life Insurance Policy?

A -- No. No Government Life Insurance is available as such. However, in the event of his death, his survivors have the protection of the Dependency and Indemnity Compensation program. Should he live, if he establishes after seperation from service that he has

by Claire Parks

Keep Your

Women who tan easily, usually

love wearing the sun on their skins.

If not taken to extremes, to the

point where it seems leathery rather

than gilded, the golden look of a

sun-touched skin is youthfully at-

tion period, you won't want to

witness its fading-you'd like to

keep it as long as you can. Don't worry about it. There is something

you can do to hold the golden

tones in your skin, even if your

sunbaths are few and far between.

Pond's new improved Dry Skin

Cream to help prevent your tan from fading and flaking. The cream

is as rich as it always was, but now

has a new lightness of texture and

deeper penetration that leaves your

skin feeling freshly moisturized,

almost "bathed." Smooth it into

your face, shoulders, arms and

legs when you come in from the

freshly sun-toned, glowingly gold-

en much longer than it ever did

fun to be a woman in this day and

age. Every year we're presented

with something new and something

better. And this summer, you can

count on a tan that lasts and lasts

When you think of it . . . it's

. and your tan will stay

This year, you can count on

tractive . . . especially when it contrasts with light-col-

If getting a tan doesn't

ored summer clothes.

ing is limited to

weekends at the

beach, or has to

be condensed

into a two-

week vaca-

before.

and lasts.

present a problem holding on to it often does. When sunbath-

he may be leigible to apply gible unless you have a non for an insurance policy which service - connected disability is available to certain disabled which is uninsurable by commercial companies at their **** highest rates; also you "must Q -- I am a World War II show that such disabilify exist **Finest Food For Less** MUSE SUPER MARKET Dunn, N. C. Welcome Mr. Tobacco Grower Of 1965 For Your Back To School Needs Shop At THE MEN'S STORE Clothing For Ladies & Young Men

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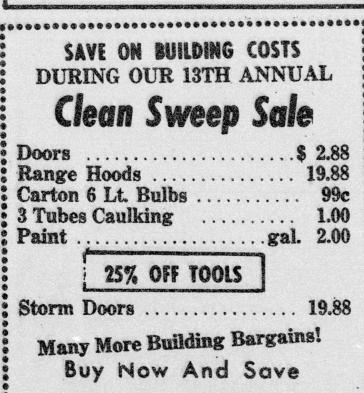
veteran with no service-con-

nected disabilities. Would I be leigible for the new "J"

A --. You would not be eli-

insurance?

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DUNN. N. C.

Many woman nas Q. This may not sound very made the switch to wigs beimportant, but I always have cause she's had this situation trouble eating spaghetti. It falls happen just one too many times between the fork prongs and I "Honey, I know this is short notice. but I must bring so-and-so for dinner tonight." If you're an older woman, end up slurping it up strand by strand. Is there a proper way to eat spaghetti?

whose hair may have thinned A. Spaghetti can be messy. or lacks body, today's wig is a blessing. The woman whose But that's no reason for it to hair has been damaged by too be embarrassing. People with much dyeing and continual setexperience eat it with a large ting is able to sport a vibrant coiffeur for the first time in soup spoon and a fork. They hold years. Moreover, it gives her hand, upright on the plate, as a own hair a chance to rest. back stop for the fork. Holding Whatever age group a wom-an belongs to, she should own

a wig. 1) For one thing every wom-

an wants to own a luxury item. She just plain likes the idea. A wig is a status symbol. Movie stars and public figures wear them. Why shouldn't she? 2) Wigs have tremendous psychological value. For a woman, everything can be coming up roses but if her hair looks bad, she feels depressed. Says one new wig devotee, "Instead of going out and buying myself a new dress for a pick-me-up, I put on my wig!" This is all part of the feminine mystique of being unpredictable, mood-shifting, fascinating. 3) Wigs just plain make

woman look better. Even the most experienced hair setting doesn't stay that way all week long. Women, whose hair lacks body or is too thin, have found that extra oomph their set needs in wigs or hairpieces. With a Fashion Tress wig, you can do as much as with your own hair and more. 4) But perhaps the most im-

portant reason to buy a wig is its practicality. When time is of the essence, wigs are most valuable. They are the answer when a woman feels the need

892-7747

Personally Lours answers questions about

grooming and interests. Q. I'm not overweight, but my waist is too big. I keep intending to do something about it but I keep putting it

off because I don't know what to do. Can you suggest any waist slimming exercises?

A. Summer vacation is a perfect time to begin exercising. Follow this simple routine every day and your waist will be noticeably slimmer long before you go back to school. Stand with feet together, stomach pulled in, and seat tucked under. Raise arms over head and reach for the ceiling. Now, alternately reach with left and right fingertips, stretching higher than you thought possible. Feel a pull in your sides? Good! After eight stretches with each arm, keeping legs straight, bend over and relax the top of your body completely, limply dangling your head between your legs. Repeat.

Each day, try to reach higher, stretching with your whole body. You'll be pleased with the inches-lost results. Q. This may not sound very important, but I always have trouble eating spaghetti. It falls between the fork prongs and I end up slurping it up strand by strand. Is there a proper way

to eat spaghetti? A. Spaghetti can be messy. But that's no reason for it to be embarrassing. People with experience eat it with a large spoon and a fork. They the spoon in their left hand, upright on the plate, as a

Q. Now that I have stopped biting my nails, they won't grow without splitting and breaking off. It makes me wonder if it was really worth it to stop. What can I do to have nice nails?

A. Get the manicure habit! First, soak your fingertips in warm water for five minutes to make nails flexible and cuticles soft. File all of your nails into tapering ovals of the same length with an emery board or nail file. Then push back the cuticle with the flat end of an orange stick wrapped in cotton soaked with cuticle remover. Polish your nails with opaque pastel polish using a base coat, two or three coats of polish for extra strength, and a top coat to discourage chipping. Opaque pastel polish does not attract a great deal of attention, but eliminates the temptation to peel nails where they split. A

once-a-week manicure will soon have your nails looking lovely. (For answers to other ques-

tions on grooming, beauty and babysitting write for your twoin-one guidebook "Sitting Beauty." Send 35 cents to: back stop for the fork. Holding "Sitting Beauty," Box 551-P, the fork in their right hand, Kimberly-Clark Corp., Neenah, they separate five or six strands Wis.)

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