



AT HERITAGE LIBRARY ORGANIZATION - These persons were among the first to show interest in the newly-organized Negro Heritage Library and make purchases. Left to right on the front row are: Joe S. Davis, explaining the works, to Mrs. Millie D. Veasey, and Mrs. Allie M. Peebles. Back row, left to right, are: Dr. P. R. Robinson, Attorney Samuel S. Mitchell, Rev. Frank W. Hutchison, Attorney Romallus O. Murphy, J. J. Sanson, Jr., and Millard R. Peebles. (See story).

Bishop Spottswood Presides Over Georgetown AMEZ Meet

GEORGETOWN, British Guiana - The 52nd session of the British Guiana Conference, AMEZ on Church, closed here Sunday, March 20, at Alleyne Church, after one of the most successful meets ever held. The meet was presided over by the Rt. Rev. Stephen Gill Spottswood.

A delegation of Americans accompanied Bishop Spottswood here and aided considerably in the affairs of the conference. Rev. L. C. Siler, Boston, Mass., delivered the daily instructions in the "School of the Prophets." Rev. A. E. White, Hartford, Conn., delivered the noon day message each day.

Dr. J. C. Hoggard, Secretary, Foreign Missions, was in attendance and attributed much to the success of the meeting. Mrs. Cordelia Elliott, missionary supervisor, was unable to attend, due to illness, and the local missionary women carried on that part of the work.

The opening sermon was preached by the Rev. R. C. Rodney, pastor, and presiding elder. Bishop Spottswood, assisted by the other ministers, served as celebrant in observing the Holy Sacrament of the Lord's Supper on Wednesday night. The business of the conference began on Thursday morning. There was much emphasis on education and the further implementation of the work by the denomination.

The welcome program was given Thursday night, with Mayor R. B. Gajral presiding. Greetings were brought on behalf of the Christian Social Council and the British Guiana Evangelical Council of Churches. The highlight of the program was the rendition of several selections by M. Josiah on a saw. The tunes rang as if there many instruments being used. C. R. Roberts brought greetings for the host church. Music was furnished by the Gospel Chorus Choir and the Maranatha Male Voice Choir. Bishop Spottswood and Dr. Hoggard responded.

The Friday night missionary program followed the American tradition, with the women being dressed in white and a candle light service. Mrs. Savannah J. Medford, a former missionary supervisor, delivered the missionary address. Alexander Barnes responded.

The Saturday session featured the closing of the business of the conference. Sermons were delivered by Bishop Spottswood, Dr. Hoggard and Rev. White on Sunday. The conference closed with the reading of the appointments by Bishop Spottswood. Dr. Hoggard showed slides of previous conferences and missionary activities.



RICHARD B. HARRISON HIGH SCHOOL SENIORS, SELMA



MAKEBA AND BELAFONTE WIN GRAMMY AWARDS - New York Singers Harry Belafonte and Miriam Makeba hold the "Grammy" awards they received recently for the best folk record. Miss Makeba and Belafonte sang together on "An Evening with Belafonte and Makeba." The 8th annual "Grammy" awards presentation ceremony was held at the Hotel Astor's main ballroom by the National Academy of Recording Arts and Sciences. (UPI PHOTO).

Weather Or Not



For sightseeing and shopping, a pale blue, 36-inch coat with slacks or skirt, and a handy, colorful tote bag, are fashionable as well as practical when the fabrics are protected with "Zepel" fabric floorizer for water, oil, and stain resistance. Cost by Amco of Norvelt; \$1.25 by Austin Hill. Get by Linda Heller.

Photo Credits

Photos of high school seniors appearing in the Education Edition of this issue of The CAROLINIAN were made available through the courtesy of Stanback Studios, Durham; one from Rivera Studios, Durham; and two from Hinton Studios, Raleigh.

Kitchen-wise

Broiled Chicken Delight

Nothing beats chicken when it comes to eating enjoyment as well as economy. One of the most delicious recipes combines the flavor of tangerines and lemon, and provides a hot sauce to pour over the chicken pieces.

CHICKEN TANGERINE

- 2 (2 1/2 to 3 lb.) broiler-fryers, quartered
 - 1 can (6 oz.) frozen tangerine juice, undiluted
 - 3/4 cup water
 - 1 tablespoon Lea & Perrins Worcestershire
 - 1 teaspoon salt
 - 1 teaspoon garlic salt
 - 1/2 cup lemon juice
 - 1/2 cup corn oil
 - 1 can (8 oz.) mandarin oranges
- Place quarters of chicken in a shallow pan. Combine all remaining ingredients. Pour mixture over chicken pieces. Marinate several hours, or overnight. Drain chicken pieces. Place under broiler 4-5 inches from heat. Broil slowly about 20 minutes each side, brushing chicken with marinade every 5 minutes. Combine 1/2 cup of remaining marinade with the juice from the mandarin oranges. Thicken with a tablespoon cornstarch. Cook over low heat until thickened and clear. Fold in orange sections. Pour hot sauce over chicken pieces, and serve. (8 Servings)

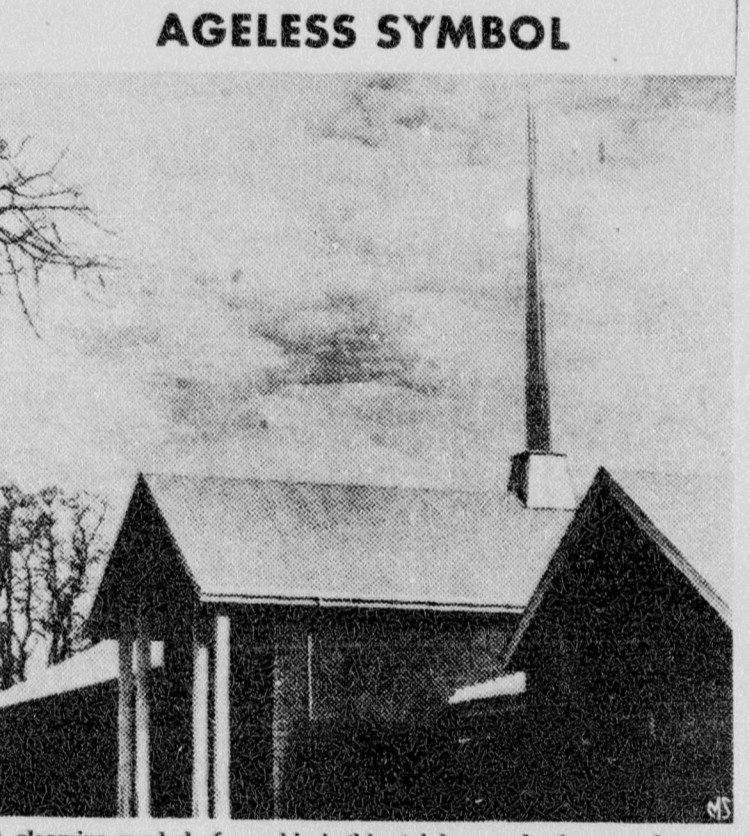
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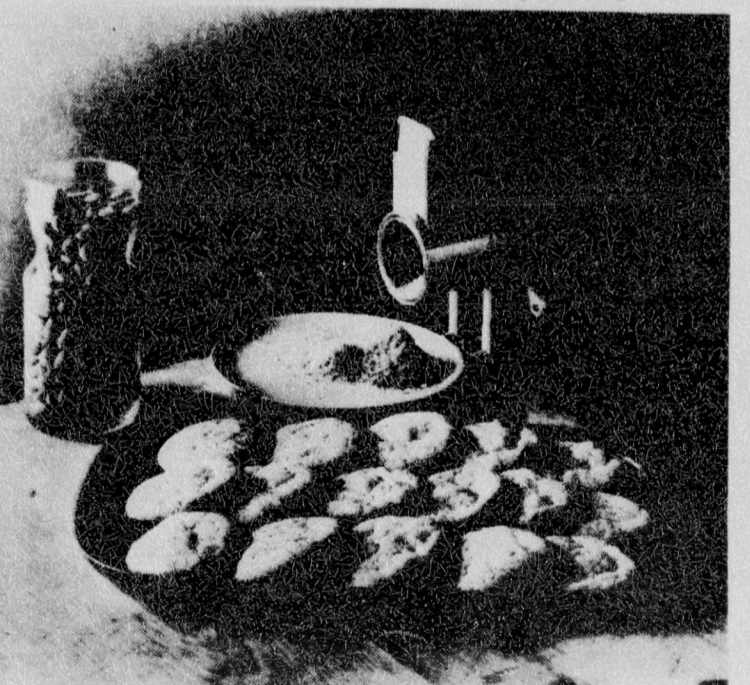
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AGELESS SYMBOL

A gleaming symbol of worship is this stainless steel spire atop the new Trinity Reformed Church in North Plainfield, New Jersey. The 33-foot spire reflects a growing trend to rust-resistant, maintenance-free nickel stainless steel as an enduring memento of man's faith. Strong and light in weight, the structure was built by Overly Manufacturing Co. in Greensburg, Pa., then shipped to North Plainfield where it was erected in two days. The manufacturer reports that many spires of this type are erected on existing church buildings, with only minor modifications to the structure's roof.

EVERYBODY LOVES PEANUTS - AND PEANUT COOKIES



At parties, the ball park, the zoo—or wherever people gather for a good time—peanuts are in demand. For Americans of all ages are addicted to peanuts. But it's a good habit—one that nutritionists highly approve—because peanuts furnish valuable nutrients as well as energy.

Many cooks fail to appreciate the versatility of peanuts as a recipe ingredient. The little nuts team well with a wide range of other foods, adding a provocative flavor and distinctive texture that have long been familiar to South American and African cooks.

Planters Dry Roasted Peanuts, with their unusual crispness and tangy taste, are irresistible whether eaten by the handful, or used in recipes. Here they lend their flavor and texture to a thin, crisp cookie that is delicately spiced with cinnamon.

To grate peanuts for Planters Cinnamon Wafers, use a blender, a crank-style nut grater, or seal the nuts in a plastic bag and crush with a rolling pin.

- PLANTERS CINNAMON WAFERS**
- 4 egg whites
 - 1 1/4 cups sugar
 - 2 cups grated Planters Dry Roasted Peanuts
 - 1/2 teaspoon vanilla
 - 1/4 teaspoon salt
 - 1/4 teaspoon cinnamon

Beat egg whites until frothy. Gradually beat in sugar and continue beating until very stiff and glossy. Fold in grated Planters Dry Roasted Peanuts, vanilla, salt and cinnamon. Drop heaping teaspoonful 2 inches apart onto baking sheets covered with ungreased paper. Bake in a slow oven (325° F.) about 20 minutes, or until cookies are set and lightly browned. Immediately remove from baking sheets. Makes about 3 dozen cookies.

OUR HEALTH

by J. M. Amberson, M.D.

Respiratory Illness

In the United States, respiratory illnesses cause more time lost from work—and recreation—than any other disease. An estimated one-billion cases occur each year, with an accompanying economic loss of \$5 billion. The common cold, pneumonia, croup and influenza, are among the ranks of respiratory illnesses, and are most frequent during blustery winter months like these.

The common cold is the most "common" of all respiratory illnesses. Rare indeed is the person who doesn't catch cold at least once a year—and many of us have two or three in one year. Colds are spread in the acute stage directly from person to person, but in most instances the virus is carried through the air for some distance. And it's startling to realize that one person in five with an ordinary cold or sore throat comes down with some further infection before he gets well. For example, at least 75 percent of all cases of lobar pneumonia give a history of an initial cold. Many babies with a cold develop a middle-ear infection.

Medical advances, such as the "flu" vaccine and penicillin, are helping to prevent or cure respiratory illnesses. It is generally agreed that the antibiotics should not be used to treat an acute cold but should be reserved for complications. Certain simple principles should be emphasized: avoid close contact with cold-sufferers, coughers and sneezers; never share a drinking glass; keep general health good—these are a few vital common sense tips.

The most infectious stage of a cold is within the first 48 hours. That's when you should be in bed, if possible. You'll be more comfortable, less likely to develop serious complications and will not spread the malady to friends and fellow workers. If a minor sore throat accompanies the cold, Chloraseptic, a non-prescription oral solution, has been found very effective in relieving throat pain and discomfort. Chloraseptic usually relieves minor sore throats within seconds after spraying or gargling, clinical researchers have found.

It is always sound advice to consult your physician if you run a high fever, if your cold and sore throat seem to linger on, or if accompanied by aches and pains and malaise.

Job Chances Are Greater For The Educated

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