#### THE CAROLINIAN RALEIGH, N. C., SATURDAY, MAY 28, 1986

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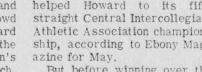
# Ligon High School Pays Tribute To A National Champion



A BLOODY CHALLENGER - London: Moving in, Heavyweight Boxing Champion Cassius M. Clay, Jr., right, tries to plow through Henry Cooper's defense to reach the British challenger's bloodied face during their title bout here last Saturday night. Clay retained his crown with a TKO in 1:38 minutes of the sixth round when the referee stopped the fight because of a deep gash over Cooper's left eve. (UPI CABLEPHOTO).

# **Coed Makes Men's Swimming Team At Howard University**

Howard University men's azine for May. swimming team or her coach, for the Howard team usually has the last laugh. With a second and a fourth, shapely





But before winning over the crowds, Sandra hadto win over a ing first year. smaller, more exacting group, her male teammates. She did it

Murmurs of surprise and helped Howard to its fifth down. He consistent performjoshing remarks from the crowd straight Central Intercollegiate ance as a "team girl" earned when she walks out on the board Athletic Association champion- grudging respect from the men don't faze the girl diver of the ship, according to Ebony Mag- first, then admiration. Seldom has any diver -- male or fe-

male -- enjoyed such a promis-Though most girl diverspass

their peak at about 18, Coach freshman Sandra Ann Arrington by winning five firsts, hands Clarence Pendleton says Sandra has youth, stamina and great strength. "She also has the driving spirit essential to a good competitor," the coach states. "She'll be on the squad the full four years." Ebony's photographs show her executing a beautiful half gainer with pike. Her specialty is a forward oneand-a-half somersault.

### **Marching Band Number** Three In The Nation

PETERSBURG, Va. -- The Virginia State College ROTC marching band has been named the number three band in the nation by the National ROTC Band Association with headquarters at St. Peter's College in Jersey City, N. J.

worth, New York.

ROTC units.

ed sixth.

The musical competition this

Center, and the march and ma-

Wadsworth, Saturday morning.

CINCINNATI (NPI) - Mer-

cury recording artist Jerry

Butler last week unveiled plans

to finance an all-expense paid

weekend for two to New York

or Los Angeles, to a member

of his fan club who wins the grand prize in a gigantic mem-

Butler, who rose to fame on

the strength of his record of

"For Your Precious Love,"

began national fan club activi-

ties when it became apparent

interested in the teenagers on

time to actively promote a fan

club," he said, "and I still

don't have the time. However,

I feel that it is about time

someone took the time to do

something for the very people

who are doing so much for us."

secretary to handle fan club

promotions and acquired the

services of Lee Ivory & As-

sociates, entertainment public

relations consultants

club activities.

A month?

Butler appointed a full-time

"I have never really had the

that very few people were really

**Butler Will** 

bership drive.

their level.

**Give Vacation** 

## John D. Lewis, 3rd, Wins Tennis Finals

And so it was last Monday as Lewis returned from Winston- ner." Salem where he captured the straight sets in a three of five set finals

Lewis is a junior at Ligon, scholar, a three-sport athlete and above all a gentle-Ligon "family" for his mod- and look forward to playing any well as his champion's spirit. mind paying the price," of- liamsport, Mass.

fered the Ligon coach. "There "As a tribute to John D. is a difference between team Lewis III, our National Tennis competition and individual com-Champion, we decree this day, petition. With the individual May 23, 1966 as J. D. Lewis there is a greater need for Day at the John W. Ligon High self discipline, conditioning and self motivation. J. D. is a strong competitor, a true win-

Lewis is looking forward to American Tennis Association's college after graduating from National Interscholastic Singles Ligon next year. "I would crown by defeating number two sure like to win the state singles J. H. Robertson of Dunbar, crown for the third time next Texas, 6-2, 6-1, 6-2, in a year (He has won this title two years running) and I feel I have a good chance at it with hard work. I am also anticipating playing football and basketball for another season. I man. He is respected by the love playing all three sports

est and gracious manner as or all of them in college.' The national title gained Lew-Coach Harvey Heartley ex- is a birth in the U.S.L.T.A. pressed high regard for Lewis National Interscholastics next as a competitor. "He doesn't month at Williams College, Wil-



agers: If the dying minor leayour future recruits are going to come from, take a look at Willie Spooner's clinic for kids in the May issue of Ebony Magazine. Standout among the Baton Rouge school's "graudates" now playing pro ball is Lou Brock, flashy outfielder of the

St. Louis Cards. When Willie Spooner read about a Baton Rouge baseball clinic for white boys which barred Negroes, he went into action. Coach of the city's Mc-Kinley High and a graduate of the University of Wisconsin, Spooner lined up civic support and enlisted big leaguers to teach basics to Negro youths from 8 to 18.

Buck O'Neil of the Cubs, and in program."

#### Little Blues Baseballers **Advance In NCHSAC Playoffs**

BY ROBERT BRIDGES

Note To Big League Man- 1960 only Curt Flood showed However, Willie Spooner up. gues have you wondering where had a face-to-facetalk with several big league administrators, and the situation improved

somewhat. This year the instructors numbered 22 major and minor league baseball players, scouts and coaches. There were such names as pitcher Earl (No-hit) Wilson and Coach Ed Scott of the Red Sox; Curt Flood, Candy Robinson and Lou Brock of the Cardinals; reliefer John Wyatt of the Athletics, the Astros Lee Mave.

More than 5,000 starry-eyed kids took part in this year's clinic. It was a booming success, and the pros vowed to return next year. Willie Spooner gives two reasons for his

project. He wants some of his That was 11 years ago, and kids to make the big leagues, the first few years were rough, but more important, he says, Ebony points out. The only in- "I think a lot of problems we structors for the first two years have with teen-agers can be were Ernie Banks and Coach cured through a good sports

tory. A two run homer by Ligon High's baseball Little third baseman William Cooper Blues moved victoriously into in the second inning put Ligon



NATIONAL TENNIS CHAMPION - John D. Lewis, III, center, is shown displaying his National Tennis Trophy to his principal, H. E. Brown, left, as a happy Coach Harvey Heartley looks on Monday of this week on the Ligon High School tennis court. (See story).

# Johnson C. Smith U. Athletes **Observe Best Year In Sports**

varsity sweaters.

CHARLOTTE -- Johnson C. Smith University, confident that its athletic program is moving in high gear, celebrated its best year in sports with an elaborate All-Sports Banquet here Howard, Wiley Williams, Ivory Monday night.

A gala turnout of more than 150 invited guests, honored athletes and visiting friends was on hand to hear Dr. Sam Barnes, Director of Athletics and Professor of Physical Education at Howard University of Washington, D. C.

Speaking from the subject: 'The Measure of a Man," Dr. Barnes challenged the Smith athletes to "work at being somebody."

After telling them that they should never be satisfied with less than their best, the former president of the Central Intercollegiate Athletic Association pointed out that "This school, the nation and the whole world need you, so you must measure yourself as a man rather than merely a participant."

"Every good team is the results of a team effort,' Dr. Barnes continued, "Therefore, man ultimately is measured by what he produces."

Other speakers on the 2 1/2hour program were Dr. Jack S. Brayboy, executive Dean and Dicent Matthews were also given and Ernest Jones of the track

Freshmen certificates were Special recognition was also awarded Noah Barnes, Bruce paid swimmer Kwang Tan Lou, Bivins, Leon Butler, Edgar George Williams, Edwin Av-Farmer, Al Goodard, Charles ers, Jimmy Bryson, Matthew Cottmon, and James Scales. Tate and Derrick Reece of the Henry Bowers, John Mickle, football squad, and basketball Phil Asaka, Sanford Howie, Eric ace Hubert Davis, and James Ray Page and Albert Jordan of Lane, Wilbert Paschal, Reese the tennis team also earned Patterson, Columbus Williams certificates.





SORRY 'BOUT THAT - New York: Light heavyweight champion Jose Torres (left), who defeated Wayne Thornton in a title bout at Shea Stadium May 21st, offers his condolences to heavyweight Buster Mathis May 19th over cancellation of Mathis' scheduled appearance in a preliminary bout on the same card. Mathis was forced to withdraw because Madison Square Garden refused to release him from a commitment to make his next New York appearance there. (UPI PHOTO).

#### Kenya's Track Star Will Have **Altitude Advantage In Olympics**

getting enough oxygen in the 1968 dicted he would win the two-Olympics at Mexico City's 7,300-foot altitude. Not Kipchoge Keino, Kenya's distance runner, who trains back home in Africa at 6,000 feet. Other than natural ability, this may be his advantage over track stars of many other countries. "I can run three miles at sea level about 30 seconds faster than I can at home," EBONY Magazine quotes the 26-year-old sensation.

"Kip" Keino is "different" in many ways. Last year, at the ripe old age of 25, he won events in six international meets. Among his triumphs: the 3,000meter title in Sweden, world 5,000-meter in New Zealand with an amazing time of 12:54.2, first African to break the fourminute mile at White City, England. At one New Zealand meet he clocked a 3:54.2 mile, one tick slower than Peter Snell's best.

In many races, Keino wears his good luck token, a bright orange billed cap he picked up in Tokyo. When he senses victory coming, he throws the cap into the center of the arena. The crowd roars, but Kip's manager is not impressed, saying, "He loses three steps when he does it."

Unlike nearly all track stars, the Kenyan has never had a coach. "Once," he says, "When I was running in Nairobi, Mal tine's he made 18 initial stops Whitfield (retired American track star now living in Africa) came and gave me some encouragement. Later he sent me a training program. I used it for two months and threw it away. Now I use my own program." And this, too, is different. While the great Australian distance runners train by running 100 to 500 miles per week, he never does more than 38 miles a week, trains no more than three days in the same period, to avoid going stale.

Kipchoge is pretty good at forecasting both his victories dicted he would not winthe mile at the January Los Angeles In- their teammates.

Many athletes expect trouble vitational. He didn't, He premile event. He did. After receiving the Mal Whitfield Award, Kip looked ahead to New York's Millrose Gamesthenext week. "I won't break the mile record in New York," he said, "because it's too cold there." He won the Wanamaker Mile by two feet in the slow time of 4:03.9.

> Kipchoge Keino intends to win the mile at the British Commonwealth Game in Jamaica in August.

### Cheek, Jones Shaw Co-Capts.

James Cheek, Jr., a 215-pound tackle, and Willie Jones, who played the regular fullback spot last season, were named co-captains of the 1966 Shaw University football team.

Their selection as leaders of the '66 grid team was announced at the annual athletic awards banquet.

Cheek was rated as one of the CIAA's premier offensive and defensive stalwarts last season in leading the Bears to their best campaign since 1958. The son of Mr. and Mrs. James Cheek, Sr., of Kittrell, he led the '65 club in the most tackles made, In the season's final game against St. Augus-

and assisted in 12 tackles. Jones, an Air Force veteran from Asheville, was shifted to a running back spot by Lee Royster, the Bears' head coach, after playing at quarterback the season before, his freshman year. In addition, he took over the Bears' punting chores after the second game of the year and averaged 36.3 yards per boot. His parents are Mr. and Mrs. David Jones of Asheville. In commenting on the squad's

selection of Cheek and Jones, Royster said, "I feel that the players have made an excellent choice. They have the attiand his defeats in advance, pre- tude and personality to get tremendous cooperation from

tern Plavoffs Friday The number three ranking by night by downing the Hornets the national association come to the VSC band after partici-

in Chavis Park, pating in the fifth annual musi-Mound ace Lemuel Jones was cal festive competition, held rein perfect form as he threw a cently at the Lincoln Center two hitter at the visitors while for the Performing Arts, New striking out 14 and walking five York City, and at Fort Wadsto post his sixth victory against only one loss. Hillside's only Under the direction of Clairun was an unearned tally in the second.

borne T. Richardson, Asistant Professor of Music at Virgin-Four big hits by the Blues ia State College, the VSC ROTC and air tight defensive play by band was awarded the third Capt. Jimmy Robinson and James Melvin locked up the vicplace honor in competition with 800 or more other musicians

in other ROTC bands from colmade and prizes awarded to the leges and universities from all teen member who has secured sections of the USA that sponsor the most members. A personal telephone call from Jerry But-This is the first time since ler, along with a transistor joining the National ROTC Band tape recorder and a personal Association in 1964 that the taped message will be present-Virginia State College ROTC ed to winners of each monthly band has won one of the top membership contest. three awards. In 1964 they rank-

The national drive, scheduled to end in June, has many prizes of which the all-expense paid yeast was in two divisions -trip will be awarded to the top concerts, and marching and member-getter and one of his maneuvering. The concert or her parents.

phase, for bands only, took Fan club headquarters is loplace Friday evening in the cated at 58 E. Roosevelt Rd., Philharmonic Hall of Lincoln Chicago and branch offices are in many of the nation's top cineuver phase, for ROTC marchties. ing bands, was held on the parade and drill field at Fort

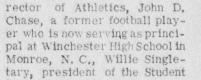
out in front 2-1. James Melvin collected a double and a of Hillside High, Durham, 4-1 single to go for three in the contest.

With a record of 12-1, the Little Blues will travel to Laurinburg, N. C. to play Carver of Laural Hill this Tuesday night. Game time 7:30 p. m. TRACK NEWS

Coach William Hooker'strack team participated in the state track meet on last Saturday. Second place honors went to Carl Mintz in the 180 yds. low hurdles, third place medal in the 220 yd. dash went to David Stiles and 4th place medals were awarded to the 880 yd. relay team (Ernie Foster, William Yates, David Stiles, and George McDonald.)

HABIT KICKED

BOSTON - Blind blues singer Ray Charles has kicked the narcotics habit, medical officers testified in U. S. District court. Charles pleaded guilty last Nov. 22 to a charge of possessing herion and marijuana and was ordered to undergo a medical examination at Mc-Lean hospital. The testimony of medical authorities disclosed no evidence the singer had been using drugs.



Government; Albert F. Clark. Jr., coach at Peabody High School of Tryo, N. C., and star quarterback George Foster.

Ten football players, five members of the basketball squad, three from the swimming team and seven performers in track received varsity sweaters and five cagers, six members of the tennis, five swimmers, five trackperformers and eight football stars were awarded certificates.

Football players earning varsity sweaters were James Hastie, Frank Franklin, Johnnie Jenkins, Bedford Thaxton, Stewart Oatman, John Hawkins, Harris Jones, Lewis Tull, James Ray and James Williams.

Reginald Randolph, David Williams, Jackie Wilson, William Harmon, Steve Schley won sweaters for their performance in basketball. Swimmers Oliver Kanoy, Terry Steele and Thomas Reddy and track stars Galvester Baber, Eugene Anderson, Robert Leak, John Miles, Fred Wilson, and Vin-

FIRST ROUND ACTION - British challenger Henry Cooper, and World Heavyweight Boxing Champion Cassius Clay are shown above during first round action of their title fight last Saturday night. In this shot, Cooper lands a left to Clay's shoulders, as the champ follows through with a right to Cooper's face. (UPI CABLEPHOTO).





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WINDOW SHOPPING - Cannes, France: At this resort souvenirs are aplenty, and like most visitors. Sammy Davis. Jr. does a bit of window shopping. The American singerdancer is in Cannes to attend the annual International Film

From big girl cutouts to little girl coverups, terry is this season's headliner as a bathing suit topper. It's absorbent, cuddly warm after a cool swim, and now comes in a full range of colors and prints.

To keep terry toppers in top condition, the makers of Nu-Soft fabric softener make these suggestions. Launder them often to avoid ground-in dirt that requires harsh scrubbing. Machine wash; light colors with light, dark with dark. To the final, clear rinse add a capful of aqua blue fabric softener to add softness, brighten colors. Then line or tumble dry, but do not iron . . it won't be necessary.