THE CLEALDNAM RALEIGH. N. C., SATURDAY, COTOBER 21, 1987

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LEGAL NOTICES

ARE COUNTY HEOLA H. GARNISON, Plaintiff LARKIN F. GARRISON, JR., De-

LARKIN F. GARRESON, JR., De-fendant The above named defendant, Larkin Garrison, Jr., will take no-tice that an action entities as above has been commenced in the Superior Court of Wake County, Morth Carolina, by the plaintiff and preceding the bringing of this setters, and the defendant will further take notice that she is required to appear at the office of the Clerk of the Superior Court-house in Raleigh, North Carolina can or before the 3rd day of No-comber, JSW7 and answer or demur to the complaint in said action, or the plaintiff will apply to the Court for the relief demanded in usid complaint.



ARE YOU, OR ARE YOU NOT? - These three ladies caught Lt. Governor Robert W. Scott, in a talking mood at the luncheon he keynoted at the Statler Hilton Hotel recently and talked freely with him. He had discussed politics in his speech and no doubt the women were congratulating him. The luncheon was the climax to a busy summer program that the Democratic women have carried on throughout the season. The luncheon brought them together from all sections of Wake County and the district. Scott is shown on the left with Mrs. James Boyer, Mrs. Nick Galifinakis, who was wrongly identified in a recent issue and Miss Mae Ligon smile their approval,



YOU ARE THE DETECTIVE

You are a passenger on a ship in the Caribbean, and tonight because of a raging storm which has been tossing the ship about for the past hour or so, you have been unable to sleep. All you have been able to do is cling to the bed in your cabin to prevent yourself from being thrown about and possibly injured. Finally, as the storm begins to abate, there is a sharp rap on your door and when you answer it, you are confronted by the worried-looking First Officer of the ship, Raymond Shannon.

"Sorry to disturb you this way," he says, "but something very bad has happened. A little over an hour ago, before the storm hit us, I was hurrying along one of the passageways ... , it was dimly lighted, and I almost stumbled over a body lying there. I almost fell over when I discovered it was Henry Kruger, the millionaire VIP ... a builet hole in his forehead

Shannon pauses to mop his brow with his handkerchief, then continues: "I didn't know what to do ... there were so many things to take care of with that storm rising so fast. I guess I should have left him there where I found him until the proper investigation had been made, but I wasn't thinking too clearly ... so I carried him into an empty cabin, put him on a berth, and locked the door. Then I hurried about my duties, and in the stress and strain of the storm I didn't even have time to think any mpre about it or even tell the captain. I still haven't told him or anyone else about it. Would you mind coming with me and looking at at the body?"



Grapes For Your Supper

Most people think of grapes as something you have for snacks or dessert. But grape cookery grapes used imaginatively in appealing main course dishes-is a well-established gourmet tradition.

Grape sauce is a perfect companion for chicken and light meats. For a delicious dish that will give any cook a reputation of excellence, try: CHICKEN SUPREMES WITH SEEDLESS GRAPE SAUCE

Makes 6 servings 6 large whole chicken breasts

Salt and garlic powder 1/4 cup butter or margarine 1/4 cup oil

1 can (6 ounces) whole button mushrooms, drained 1/2 cup dry white wine 1 cup (1/2 pint) heavy cream



FEET OFTEN SIGNAL CHRONIC DISEASE

sociated with diabetes.

When a podiatrist sees pa-

tients with an infected foot

ulcer, evidence of muscle de-

generation, or poor circulation

in the foot, he immediately

suspects diabetes and consults

with the family medical doctor.

It has been said that the

podiatrist sees the earliest

signs of joint changes, frequent

indicators of arthritis. Other

signs, evident to the podiatrist

as he conducts his comprehen-

sive examination, also tell of

When such conditions as bun-

ions, hammer toes, heel pain

and nodules in the achilles

tendon are presented to a

podiatrist for treatment, he

initiates a screening procedure

Similarly, early detection of

circulatory problems by the

podiatrist may enable the pa-

tient to avoid a cardiac con-

Regular foot examinations,

important in maintaining day

to day foot health, are indis

pensable to the control of such

chronic ailments as diabetes.

arthritis and poor circulation,

especially among the elderly whom they threaten with per-

manent disability or even

According to a prominent

"The public health approach

to chronic disease emphasizes

the mobilization of all the com-

munity's existing personnel and

resources, as well as the de-

velopment of new resources as

they are needed. The podiatrist

can and must play an im-

portant role in conjunction

with the other members of this

possible arthritis.

for arthritis.

dition later on.

state health officer:

health team."

death.

Chronic disease is the nation's number one health problem. According to recent estimates, more than 70 million Americans are afflicted by one or more of these conditions which place some limitations on their daily lives and on their ability to remain active members of the community.

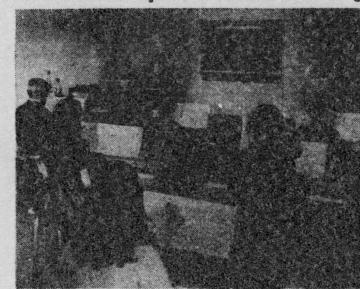
Ranking especially high among these chronic ailments are diabetes and arthritis. Diabetes is now the seventh leading cause of death in the United States and the third leading cause of blindness. Arthritis affects one out of every 12 of our citizens. The effect of these diseases when measured in terms of personal suffering and the cost to society of supporting disabled victims is appalling

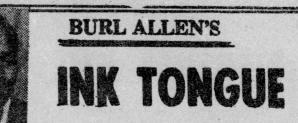
However, the vast majority of those affected by diabetes and arthritis can be helped to live virtually normal lives if their conditions are diagnosed and treated at an early stage. And medical experts agree that the podiatrist's office and community podiatry screening programs are the places where much of this important early detection can take place. For many of the symptoms of diabetes and arthritis appear first

in the foot. During a symposium sponsored by the New Jersey Podiatry Society at the Rutgers University Institute of Microbiology, it was pointed out that in the diabetic, there occurs "a wide variety of changes of the skin and bones of the feet, ranging from color changes to ulcerations, infections and involvement of bone." These changes are found even when the individual does not experience the excessive thirst, frequent urination and weight

For additional information, write The American Podiatry Association, 3301 Sixteenth St., N. W., Washington, D. C. 20010. loss which are classically as-

Piano Music Spurs Creative Learning





ANY COLUMNIST - even a SMALL-TIME one -- knows that a good friend is not necessarily a good reader. So, I was not really taken when a good friend TONGUE-LASHED me for what she tried to call my poor choice of words! I merely explained that I usually use general terms, and sometimes a loftier word when its meaning is obvious. -- She cursed me for OBVIOUS! I mentioned how a broad vocabulary can be accomplished by making a point of searching out the meanings of exotic words .--She cursed me for EXOTIC! Now, there are two for her to

IIIIn .

look up. Well, having found out that at least many readers disagree with my friend as to the readability of my column, I could thankfully let it go at that, -but every hall of society houses so many victims of such selfcrippling attitudes:---

Some girls say of a chum: "She's all right, -- but, "--That lingering "but," may prove as venomous as most poisons by sicking the hearer's curiosity after its own conclusion. Of course, those girls forget that sometimes the hearer's curiosity is smart enough to wonder about the INFORMER. How do you like a guy who

replies: "He's okay, --far's I know." One may assume that perhaps

the informer knows nothing wrong, but maybe he knows somebody who knows otherwise .-- Or he probably is not really sure on the subject, and is being cautious just in case. In either case, the answer is rather stupid, for the questioner does not expect the informer to testify any farther than the informer knows.

And deliver me from that salesman who priases his own merchandise mostly by announcing the counterparts in other trades! If I find enough advantage in his, I can readily discover the disadvantage in the others.

Yes, such people should : lize that the uncomfortable differences often existing between

themselves and others are often in their own disfavor. In those cases, they should try to equalize by pulling themselves up; not by pulling others down.

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Clerk, Superior Court, Wake

W. FRANK BROWER, Attorney Rept. 30; Oct. 7-14-21, 1867.

STATE OF SERVICE OF PRO-CEES BY FUBLICATION STATE OF NORTH CAROLINA WARE COUNTY BY THE SUPERIOR COURT BLARY B. HENTON, Plaintief

CANTER FEELD HINTON, DC-

Calmostrice FIELD HISTON, De-fondant FIELD HISTON, De-trodice that a pleading seeking re-lief against you has been filed in the above entitled action. The nature of the relief being mought is as follows: To secure an absolute divorce on the part of the plaintiff based upon the prounds of one year continuous separation between the plaintiff and defendant. You are required to make de-farme to such pleadings not later than Rovember 17, 1567, and upon your failure to do so, the perty separative to the Court for the relief angult.

aught. This 21st day of Sentember, 1997. SUSTICELEN BARNETTE, Asst. Clark, Superior Court J. J. CARPAGE, Attorney 2004, 30; Oct. (7-14-21, 1997.

MOTICE OF SERVICE OF PROCESS BY PUBLICATION ATE OF NORTH CAROLINA UNITY OF WAKE THE SUPERIOR COURT

PRILLIP BELL, Plaintiff PRILLIP BELL, Defendant To Phillip Soil: Take notice that a plaading seeking relief against you has been filed in the above satisfied action. The nature of the relief being soight is as follows: To secure an absolute divorce on the part of the plaintiff based upon the part of the plaintiff based upon the prounds of one year continuous separation between the plaintiff and defendant. You are required to make de-rense to such plaodings not later than December 8, 1987, and upon your faluure to do so, the party meeking relief against you will ap-ply to the Court for the relief seaged.

This 12th day of October. 1967. GRETCHEN BARNETTE. Asst. Cherk of Superior Court 9. J. CARRAGE, Attorney Oct. 21-36; Nov. 4. 11, 1967

EXECUTERIX'S NOTICE NORTH CAROLINA WAR'S COUNTY Theving qualified as evecutrix of the Estate of Thomas Noble, de-cassed. late of Wake County. Month Carolina, this is to notify all parsons having claims against the Estate of said deceased to ex-hibit them to the undersigned at 174 S. Bloodworth Street, Rateigh, North Carolina, on or before the 16th day of Auril, 1868, or this motice will be pleaded in bar of debaed to the Estate will please make immediate payment. This Bith day of October 1867. Met S. Alexandria LINK, Executrix F. J. CAMENAGE Attorney Oct. 21-21; NOV. 4, 11, 1867.

IN PERMORIANE In loving remembrance of my grandmother. Mrs. Mamie Miller, whom God called home four years she, October 17, 1958. Though your smile is gone forever and your face I cannot see a sheal never lose sweet remem-brance. A part of me wont with you, that day God called you home. Your devoted erandson. LAWRENCE MULLER

You accompany the first officer along the passageway, and finally he stops before a door, unlocks it, and when you follow him inside you see the gray-haired millionaire's body lying on the narrow berth, face up, his hands resting on his body as though he were sleeping -- but the bullet hole in his forehead telling quite a different story. After noting a couple of spots of blood on the carpet nearby, you turn back to Raymond Shannon.

"Does anyone else have access to this cabin?" You ask him. "Well, there are a couple of keys in the captain's quarters, but I happen to know they are still there. I myself have a master key to all the cabins, the only one we have, and that's what I used to open this cabin."

Why do you doubt Raymond Shannon's story?

WASHINGTON AND

Although there is often evi- |

dence that some aspects of la-

nation, there are also ideologi-

cal differences growing within

* * *

simple task C. W. Harder

* * *

* * *

workers than skilled workers.

thus there are more undilled

. . .

To keep the plant rolling.

as the chassis go by.

A good example is the bassle

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the unions.

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Asto Work-

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As is well

known. pro-

duction lines

are largely

manned by

unskilled

workers who are trained to

merfarren anse

Strart clerts 12.

for the skilled.

You remember vividly how you were compelled to cling to your bed while the ship was being tossed about during the height of the storm. Yet, according to Shannon's story, the victim's hands had lain undisturbed on his body. Surely the body would have been thrown or rolled off the berth onto the floor.

"SMALL BUSINESS"

bor union's leadership political are trying to pull out of the

ideologies are detrimental to the | UAW to form their own union.

there is a certain percentage of old American Federation of La-

the employees who are skitled bor was composed of craft

craftsmen such as machinists, unions, which made it the target

electricians, and others who of the old IWW, and then the

have either through schooling. Russian backed union move-

or long apprenticeship, become ment in the early '30's which

highly skilled people. Without then led to a domestic organiza-

them, any auto plant would tion called the CIO. This was

But the problem developing whereby one union would re-

in the auto union is the fact present all the workers in a

voters in the union than skilled, merged, but the marriage has

Naturally, the leaders of the becoming strained. It is perhaus

union realizing the butter on a situation that results when a

their bread comes from control competent, hard working man

of the unskilled mass, negotiate marries and then learns that he

proportionately better contracts is also being called upon to

for the unskilled than they do support hordes of his wife's less

able relatives.

that there are more unskilled given industry.

By C. WILSON HARDER

This has made the skilled

workers most unhappy and they

* * *

But despite the size of the

national debt, and national so-

cial policies indicating to the

contrary there are some in

Washington who can also un-

derstand arithmetic, and they

too realize that there are more

unskilled than skilled workers.

* * *

Relations Board has refused to

let the skilled workers hold an

election to see if the majority

* * *

history is starting to swing, and

is only impeded by the action

of government bureaucrats. The

the genesis of the so-called ver-

tied union in this country

* * *

Eventually the AFL and (10)

sharp views of progressively

In affect, the pendulum of

do want to pull out of CAW.

Hence, the National Labor

segg volks 2 cups stemmed Thompson seedless grapes

Trim excess skin from chicken Wash and pat dry. breasts. Sprinkle halves with salt and a little garlic powder. In a large skillet melt butter and add oil. Brown chicken breasts on all sides. Drain excess fat. Add button mushrooms and white wine. Cover tightly and simmer for 30 minutes or until chicken is tender. In a saucepan beat cream and egg yolks until smooth. Drain pan drippings from chicken and stir gradually into cream mixture. Cook over very low heat, stirring constantly until mixture thickens slightly. Stir in grapes. Season to taste with salt. Put hot chicken breasts on a platter and spoon grape sauce over them. Serve with hot cooked wild rice.



Fall In For Fall

Now that there's a nip of fall in the air, it's time to get your home and workshop ready for the cool-and busy-days ahead.

First chore on your checklist should be a careful inspection of all garden tools and furniture. If there's any evidence of rust, remove it with a wire brush and steel wool before storing for the season. You might also try painting some tools with a metal primer to prevent further rust-

And how have your folding chairs, wrought iron furniture, and porch and window awnings fared during the dog days? To repair any damage that "easy livin' may have done, use a tough, rust-inhibiting paint like Acme's All Surface Enamel. Since it comes in a sparkling array of colors and provides maximum resistance to sun, moisture, and salt air, it's the perfect finish for all metal and wood garden furnishings.

When you've completed the job of putting summer tools and furniture back into shape, take stock your garage or basement workshop. Start an organization drive there by painting each shelf or compartment a different color to help separate tools into convenient categories. Paint hanging racks and the handles of tools that belong there in the same color. It will make them easier to spot when you need them and easier to put away when you're through.

To simplify the job. use Acme's All Surface Enamel in the aerosol spray. This way, it will take only a few minutes of spray painting to apply the harddrying surface. Since the enamel is completely non-toxic, you'll be able to use it on all the children's and who recognize (and are finantoys and furniture that come to cially able to assume) the obvious Daddy's workshop for repair.

One of many piano classes springing up in private studios across the country. Modern piano teachers combine the benefits of group and individual instruction in a new Electronic Music Laboratory.

One of the most difficult educational skills most children have to master is the art of learning itself.

Miss Pat Cook, retired elementary school teacher in Chicago suburbs, points out that half of a child's ability to learn is

struction, such as listening.

playing, transposition, compo-

sition, tape recording and

critiques - all in one room at

"You might say it is the 'new

music' or the 'new piano'," says

Miss Cook notes that parents

want to make certain that their

child develops positive learn-

ing attitudes through music

before investing. Rental pro-

grams, costing pennies a day,

provide an economical trial to

prove out music benefits. Some

music dealers, such as those

of Wurlitzer, even apply the

rental payments to the final

purchase price of the instru-

"A school teacher can usually

I think there is a tendency on

especially on the American Stock

tell if a student in her class is

one time.

Miss Cook.

ment.

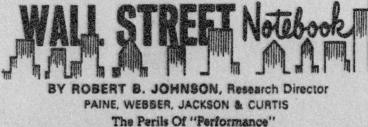
developed by the time he is eight years old. The early years tune in each pupil without disare also the time when the turbing others, link students greatest gains usually are made for duets, quartets or entire in developing a sense of ensemble performances. worthwhile achievement, self-The flexibility of the system control, self - discipline and permits the teacher to conduct creativity. group or one-to-one in-

In fact, Miss Cook notes, studies show that the average child reaches the height of creativity at age four to four and one-half years.

"It is vital that creativity continue to be developed in the school years," Miss Cook adds, "School music programs contribute to this growth and the other basic disciplines. But frequently youngsters need to expand their creativity beyond the 50-minute school hour. Outside study is highly beneficial." Miss Cook notes the many advances in music education

and cites the electronic music laboratory as an ideal means of instruction. The electronic music laboratory consists of as many as 24 electronic planos that feed the players' music to an elec-

taking plano lessons," Miss Cook says. "The child seems to have a jump on maturity and is apt to lead the class in new activities."



Performance has achieved the status of a near cult in the stock market and has sparked a dangerous speculative fever. This fever -right now-is providing the principal momentum for the market.

In the idiom of the day, I call the ***

delic syndrome. Speculation -on an informnow so concerned. ed basis. by

risks inherent in speculating-is one

Exchange

It's not mercly Amex trading volume per se... the disturbing factor is what I believe to be an

alarming increase in the ration of volume on the Amex to that on the New York Stock Exchange. In recent sessions. Amex volume has been as high as 60% of that on the Big Board. That's abnormal. And dangerous. Many stocks have doubled on

this exchange so far this year and some have tripled. And this has had a natural, predictable effect of enormous profits being made.

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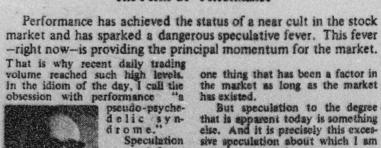
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those who the part of too many investors to abandon quality-in the hope of making quick profits. Quick pro-fits on low-priced securities have know what they're doing become a legend in recent months,

tronic communication center. Developed by Wurlitzer, the system permits each child to hear his own music through headphones. The teacher may



