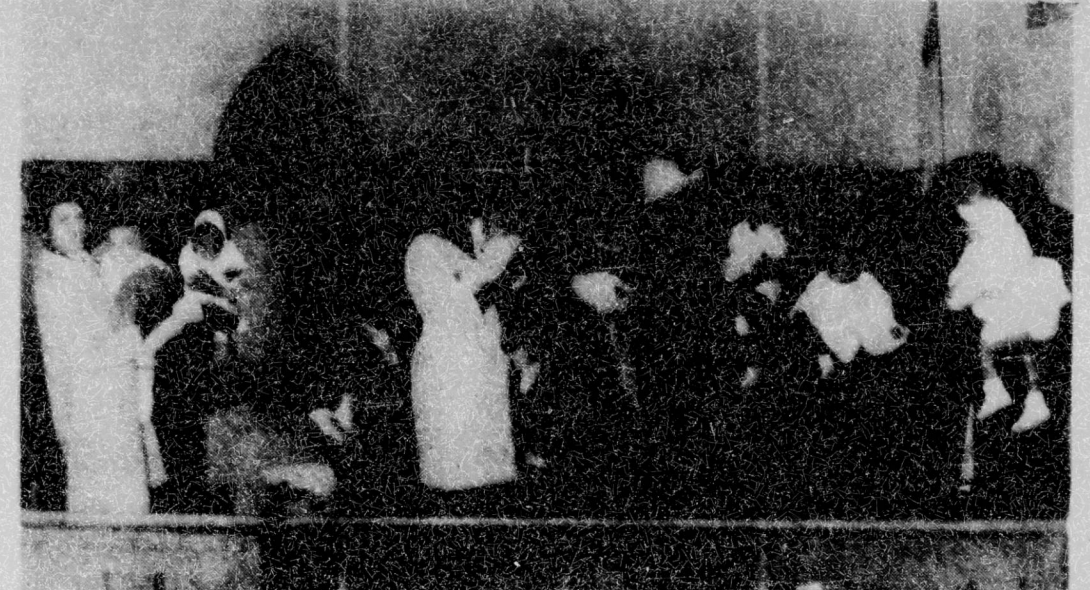


# The Reality Of A Long-Time Dream

BY REV. WALTER M. PHILLIPS

**SUNSET ACRES**  
APEX-To solicit aid in the building of a play area for children we cannot narrow our efforts to just Sunset Acres.

This man had sat for years on the roadside begging every passerby for any crumb that would meet the bare necessities of life. One day, something happened on the inside. Power that transcends human handicaps touched his subconscious mind. This experience let loose in him the ability and faculty to release the potentiality of the "moral universe."



The interest of Trustee Herbert Turner and Deacon Leonard Bratcher is as important as Pastor U. S. Wade, all of Saint Mary's Church, is whose name the donor, Cary Dowell, Jr., gave the land to the community of Sunset Acres.

This bitter doctrine power was ignited by the nearness of the most aggravating, disturbing man who ever walked on this earth.

Today's attempt to arouse all our neighbors, again took the writer to Holly Springs where we had a talk with Deacon Ernest Berts of First Baptist Church, Holly Springs. We were fervent on the subject of "community theology."

To relieve the unbearable tension the blind man let loose a cry that made the Son of David stand still. Those who stood about him, thinking of behavioral limitations, sought to discourage him, tried to shut him up.

Deacon Berts decided to me a mimeographed copy of the last sermon preached by the late Rev. James Arthur Avery whose heart stopped at the conclusion of services on Sunday, October 27, 1968.

But that man knew he needed to cry or burst, so he let loose another yell, "Thou Son of David, have mercy on me." Mark wrote, "And Jesus again stopped still!" and there began to practice His community theology, bringing the blind man Godward.

St. Mark 10:46 "And many charged him that he should hold his peace; but he cried the more."

There is a faculty in life that is equipped with a voice that is capable of crowding the voices of handicaps, disadvantages and destructive forces. So, "CRY Me A River."

This analysis of the ingredients of life contained in the story of a blind man could be applied to the poverty, handicap, handicap, handicap, or physical handicap.

There is a faculty in life that is equipped with a voice that is capable of crowding the voices of handicaps, disadvantages and destructive forces. So, "CRY Me A River."

### FUNERAL NOTICE

MRS. OLIVIA F. DEMMERY  
Funeral services for Mrs. Olivia Freeman Demmery, who

**IN BABY CONTEST - A Baby Contest was held at the Fayetteville Street Baptist Church recently sponsored by the scholarship committee. Winners were, from right to left: Baby Senel, daughter of Mr. and Mrs. Rudolph Meekins, first place winner; second place, LaTanza, daughter of Mr. and Mrs. James Cameron, third place; Constance, daughter of Mr. and Mrs. Samuel Pierce, pictured with Mrs. Addie White; Wanda, daughter of Mr. and Mrs. William Johnson; Michael, grandson of Mrs. Morgia Weener; Kenneth, son of Mrs. Nancy Atwater; Adrian, daughter of Mr. and Mrs. Eulas McCoy; Carl, son of Mr. and Mrs. Carl Gerald (not pictured) and Valerie, daughter of Mr. and Mrs. Bobbie Sanders. Sharonda, daughter of Mr. and Mrs. R. H. Norwood; Ruel, son of Mr. and Mrs. Ruel Wiggins; Kathy, daughter of Mrs. Virginia Montague.**

died last Saturday in Bronx, N. Y., were conducted from the United Church of Christ (Congregational) in Troy, on last Thursday afternoon at 2 o'clock. Burial was in Freeman Memorial cemetery. Surviving are two sisters, Mrs. Mattie F. Kingley and Mrs. Pattie F. Drake, both of New York City; one brother, Perfect Freeman, Troy.

### PREGNANCY PLANNING AND HEALTH

BY MRS. GLORIA RIGGSBEE

Dear Mrs. Riggsbee:  
I have been following your column for several months because I'm thinking about using the birth control pills, and I want to know as much about them as I can before I make up my mind. So far, I have read a lot about the side-effects of the pills such as nausea, weight gain and the rest. Tell me please, do the pills have any good side-effects? Mrs. T. P., Dear Mrs. T. P.:

There are several of what might be called "good" side-effects from the pills, and if I haven't yet mentioned them in my column, I'm glad your letter gives me the opportunity. When you are taking the pills your period will be regular and nearly predictable to the day. Even if you have always been irregular, you can expect your period about every 28 days when you take the pills. In most cases the pills also help to lessen that period of tension many women experience just before a period. The pills should help to lessen menstrual cramps, and you can expect to have a lighter flow.

Dear Mrs. Riggsbee:  
My sister-in-law, just had her first baby two weeks ago. Her husband is very happy about baby, but he's getting pretty itchy about his sex life, if you know what I mean. You know how it is with these men, Mrs. Riggsbee. Since he couldn't have sex with my sister-in-law during the last few weeks, of her pregnancy, he is getting mighty eager.

It's driving her so nuts that she's about to give in and try to have sex with him just to keep him quiet!  
I have told her she should wait a few weeks longer. At least this is what my doctor told me when I had my babies. But she doesn't believe me. I know she reads your column in THE CAROLINIAN, so maybe you could say a few words about this for her own good. Mrs. L. T., Dear Mrs. L. T.:

Your sister-in-law should talk to her doctor about this. As a general rule, however, since the first baby usually requires stitches for the mother, it may not be wise for them to resume sex relations until she is completely healed.

The reason for this is to avoid possible infection. Most doctors tell their patients to wait about six weeks before having sex after a baby is delivered, but some couples do not wait that long. It depends partly on how a couple feels, and most importantly, on what the doctor advises. I'm sure her husband would be glad to wait a little longer if he understood that it was doctor's orders.

Dear Gloria Riggsbee:  
I have been reading all the letters you get about birth control and I sure wish you would help me. I sure need your help. You see, I already have nine children, from age 13 to one years old and I get very sick of having babies one after another.

I am only 29 years old, and I'm going to have another one this month. I read about this birth control that could help me and make my life a lot easier. It's not that I don't love my husband and children, but we just don't have enough money to take care of everything. We always owe money and when he was out of work for almost a year, we ran into terrible debt and it didn't look like we would ever get out of it. We have even been getting



charity and welfare, and it makes my husband very ashamed about it all. I have been trying everything that can help me not to have babies so often, but nothing seems to help. I have been told you are a birth control help at the Peace of Health, right behind Wake Memorial Hospital in Raleigh. Is this true? Can you help me (I mean us all) to get this help at a price my husband and I can afford. Thank you and

## Durham's NAACP To Honor H. M. Michaux, Sr.

DURHAM - H. M. Michaux, Sr., well-known local citizen and real estate dealer, will be the guest of honor at a "Freedom Fund" dinner, which will be sponsored by the local branch of the NAACP at 7:30 p.m., Monday, March 31.

is now doing a stint in the service of his country. Honoree will receive a plaque in appreciation of his contributions to the community life of Durham, which has been felt in church, business and professionally.

Mr. Michaux has been a guiding factor in the business life of the city since the early twenties. He is currently president of Union Insurance and Realty Co., Greenville Memorial Park, Washington Terrace Apts., Inc., and Terrace Insurance and Realty Company. The latter two are Raleigh based.

The event will also mark the beginning of the 1969 NAACP membership drive, which will be kicked off with an address by Mrs. Ruby Hurley, director of the Southeastern Region. Mrs. Hurley has just been given testimonial honors for 25 years of service to the militant organization.

He married the former Isabelle Coates in 1922 and they are the parents of two sons, H. M., Jr., and Eric. They are both lawyers. The oldest is associated with the Michaux chain of businesses, while Eric

serve as toastmaster; N. B. White will deliver the plaque to Mr. Michaux; and John H. Wheeler will introduce Mrs. Hurley. National officers, including Alfred Baker Lewis, treasurer, and Williams Muse, are expected to be in attendance, along with Kelly M. Alexander, Sr., president of the N. C. State Branches and Charles A. McLean, field representative.

Then there was the guy who had so much fun at his bachelor party that he postponed his wedding.  
-The Prop. Whitey Islands, Wash.

**Eckerd's DRUG STORES**  
CREATORS OF REASONABLE DRUG PRICES

**GATEWAY PLAZA STORE**  
North Blvd. at Crabtree Blvd.  
OPEN 9 A. M.-9:30 P. M. DAILY-12 TO 8 P. M. SUNDAY

**Downtown-222 Fayetteville St.**  
OPEN 7:30-5:30 DAILY-7:30-9:00 ON FRIDAY  
Quail-Corner's Shopping Center  
FALLS OF NEUSE RD.  
OPEN 9 A. M.-9:30 P. M. DAILY-12 TO 8 P. M. SUNDAY

**WELCOME TO YOUR STATE CAPITOL.**

**WE HOPE YOUR VISIT HERE WILL BE A MOST ENJOYABLE ONE.**

God bless you, Mrs. F. H. Dear Mrs. F. H. Of course the health department will help you. Call the family planning office at 833-1825 and make an appointment to see the doctor. You will not be charged for his help.

**WILL JACKIE FIND KENNEDY'S KILLER**  
AN ASTROLOGER THINKS SO-AND THIS YEAR!

**HUMANS FOR SALE!**  
\$5 A HEAD!  
SO YOU THINK SLAVERY IS DEAD?  
Read 'Slavery in South America' and see how wrong you can be!  
Both these articles in the April issue of **SEPIA**  
at your newsstand Now

## Hudson Belk



### We salute you, teachers of North Carolina, during your annual state convention

And we extend a cord. invitation to come visit "your store" while you are here in Raleigh! Hudson-Belk is eastern Carolina's largest department store, with a full range of fashions and furnishings for you, your family, your home. We're open Monday and Friday evenings 'til nine for your shopping convenience, and we feature a hospitable restaurant on our fourth floor for leisurely dining.

Use Your **Belk** Charge Account! - There's More In Store For You!

\*We invite you to use your charge plate from any Belk store!

## Hudson Belk



High prices are for rich old ladies.

## BESTFORM

How does a woman like you get to look like a million? It's very basic. You start with Bestform to get into shape. Bestform gives you the best little underthings at down-to-earth prices so the rest of your money can go where it shows. Now that you'll be saving on something basic, you can splurge on something wild!

"Side-life" fiberfill padded bra, sizes A 32-36, BC 32-36, 2.99  
"Gigi" panty girdle in white, waist sizes 26-40, \$4  
"Band the Bulge" in white, \$1  
All girdles are of nylon and Lycra® spandex

FOUNDATIONS-BASEMENT STORE

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