Mrs. Charleszetta Waddles, founder and paster of the Perpetual Soul Mission in Detroit's inner city, and her husband, Payton, are among seven persons designated as "Citizens of the Year" and recipients of Town Crier Bell Awards in Ford's 10th annual Detroit-area Community Service Awards program.



MRS. C. WADDLES

Mother Waddles, as she is known, has been helping the poor "since back before it became fashionable," she says. Since founding the mission in 1957, she has ministered to the needs of the poor in many ways through what amounts to an "unofficial welfare center" operated largely on faith and borrowed money.

One of her best-known endeavors is a soup kitchen which daily feeds 250 persons -- white and black.

She also launched a selfhelp center to teach useful skills to young people and to rehabilitate older ones. At the center, classes in typing, dressmaking, machine operating, music, photography and upholstery are taught by volun-

She recently started a free

### LOSE 10 LBS. IN 10 DAYS ON NEW **GRAPEFRUIT DIET**

This is the amazing new Grapefruit Diet that everyone is talking about. Word of its success has spread throughout the U.S. and Canada. This new Grapefruit Diet is not a diet in the sense you are made uncomfortable. Just the opposite. You are comfortable while you use this system. There are no exercises, no hunger pains. You follow the simple, eat all you want. even formerly forbidden foods, and the weight comes off. If followed exactly, you should lose 10 lbs. the first 10 days, plus 11/2 lbs. every two days thereafter until your weight is down to normal. A copy of this new and startlingly successful diet plan can be obtained by sending \$2.00 to

#### WEIGHT OFF

DEPT. 32.

404 CHUB. LAKE ST., ROXBORO, N. C. 27573



REALLY OFFICIAL - These are pictures showing Bishop H. B. Shaw, AME Zion Church, as he made history as the first Negro prelate to be the guest speaker at the North Carolina Annual Conference, United Methodist Church, at the University Methodist Church, Chapel Hill, 11:00 a.m., Thursday, June 5. Bishop Shaw is

health clinic and runs a "half-

way house" to help rehabilitate

Mother Waddles also spon-

sors a troop of Camp Fire

Girls and organized the Auto

Safety Troubadours, a group

of youngsters who sing safety

In her charitable activities,

she has the full-time support

and finanical assistance of her

husband, an employe of Ford's

wards program is conducted by Ford each year at some 40

company locations across the

nation to recognize and honor

employes and spouses of em-

ployes who give their time and talents toward the betterment of

This is the 10th consecutive

Hold-Up

INDIANAPOLIS-O. J. Simp-

son, Southern California's gift

to the pro football ranks, is a

hold-up artist who can make

his victim hole still and like

it. O. J. is pressuring the Buf-

falo Bills to meet his \$600,-

000 salary plus \$50,000 in

bonuses demands, in a move

that can get him traded to a

club of his own choice.

year it has been conducted on a

their communities.

nationwide basis.

The Community Service A-

General Services Division.

former mental patients.

songs at civic functions.

shown on the left as he drives over the point that all Christians should be militant. In the center picture, he is being congratulated by Bishop W. R. Cannon, who presided over the sessions. The picture on the right shows one of the more serious moments of the service, by both Bishop Shaw and Bishop Cannon.



AT BENNETT'S COMMENCEMENT-Whitney M. Young, Jr., president of the National Urban League, chats with graduates and well-wishers after delivering the Commencement address at Bennett College recently.

THE CAROLINIAN RALEIGH, N. C., SATURDAY, JUNE 14, 1969

Engine Two To Engine One

"Engine Two to Engine One This fire is a big one."

From the emotion of the Captain's voice this time, I know what he wants because I remember from the first time. Why, the Captain wants a supply line.

"Catch that hydrant," my Captain yells, "on the corners of Saunders and Carolina Pines."

Off the engine with the hose line, Trying my best to supply water from hydrant in time. The fire is ragging and people are crying, "Put water on

that fire before people start dying." Six-thirty is the approximate time; People are home from work preparing to dine.

Unfortunately, robbing water from my supply line. Car Two comes by in time; I tell him the circumstances of my line.

"Car Two to Engine Five" -- "10 - 9!" "Come boost the pressure on this supply line On the corners of Saunders and Carolina Pines." "10 - 4 Engine Five."

The Water pressure on the fire ground is now fine; The fire is rapidly dying and people have stopped crying.

The people are now saying, "Everyone in town should be Proud of the Raleigh Fire

Department this time.' This is my original work based on actual fire in Raleigh,

-- James L. Giles Raleigh Fire Department

#### Leroy (Dummy) Rogers Given Rites

Funeral services for Mr. Leroy F. (Dummy) Rogers of 834 Coleman St., Raleigh, who died Saturday, were conducted Wednesday at 3:00 p.m., at the Raleigh Funeral Home Chapel. Burial was in Hillcrest Cemetery.

Surviving are his stepfather, Mr. James Tucker, two brothers, Mr. James Rogers of Raleigh.

Mr. Rogers was well-known in the Raleigh area for his invigorating smile and familiar grunt when he saw persons whom he had known for sometime. He was also friendly with

total strangers. He worked most of his life as a cook-dishwasher in many of the leading cafes and restaurants of the city and was praised by all of his employers for his hard work and devotion

Even though he could not talk or hear, the citizenry of Raleigh and its environs was made and Mr. George Rogers, Jr. a little happier by his presence on the scene.

> He attended the Deaf and Blind School (now the Governor Morehead School), located on the old Garner Road, and was an expert with sign language.

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# Does it hurt to chill beer twice?

Budweiser is the King of Beers.

ANHEUSER-BUSCH, INC. . ST. LOUIS . MARRY . 103 ANGELES . TAMPA . HOUSTON . COLUMBUS

· · . (But you know that.)

Not that you'd want to. Sometimes it just happens ... like after a picnic, or when you bring home a couple of cold 6-paks and forget to put 'em in the refrigerator. Does rechilling goof up the taste or flatten the flavor?

Relax. You don't have to worry.

A really good beer like Budweiser is just as good when you chill it twice. We're mighty glad about that. We'd hate to think of all our effort going down the drain

just because the temperature has its ups and downs.

You can understand why when you consider all the extra trouble and extra expense that go into brewing Bud. For instance, Budweiser is the only beer in America that's Beechwood Aged.

> So...it's absolutely okay to chill beer twice. Enough said. (Of

> course, we have a lot more to say

about Budweiser. But we'll keep it on ice for now.)

> The 200 graduates included mencement a year ago.

College.

# **FSC Graduates**

low audience of parents and friends jammed Seabrook Auditorium for Fayetteville State College's 92nd Commencement Exercises which saw a record 200-graduates receiving degrees.

The graduates, which were called the seeds of a new "black-middle class" heard Shaw University President James Cheek call for a new order in the current social revolution.

Dr. Cheek gave his address against a background of pomp and ceremony saturated with unusually warm June weather. He called for a change in current tactics related to the revolution.

"We cannot create anarchy to appose another form of violence, rather we must use deeds and sincerity instead of insincerity" he said.

"Despite America's amazing growth, economically, in this century, the American black man is still at a standstill. In education, he is being frustrated, his vision has been crushed and his hopes destroyed." Cheek continued.

Dr. Cheek admonished the graduates to dedicate themselves to changing these patterns. "We need a "Human Revolution" which includes a system that thinks of people instead of property, peace instead of war and life over death."

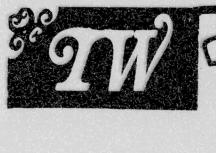
"All of your efforts should be to redeem the United States. Despite all of its shortcomings America is still the greatest land on earth." Cheek said. "We must not abandon our dream, we must not forget our heritage, we have to work to make our dream come true."

the speaker continued. Cheek said that today's graduates will have to initate the new "Black middle class," "This group must work for freedom with justice, a society with opportunity, build and use time wisely, develop more sophisticated businesses and above all display dignity."

The official ceremonies featured President Rudolph Jones, Academic Dean Odell Uzzell, John H. Cook, chairman of the board of trustees, J. E. Seabrook, President-Emeritus, and Rev. R. A. Massey.

all graduates who had completed their academic requirements since the annual com-

Dr. Seabrook set a record for attendance. He has now attended 47 consecutive graduation exercises in his long association with I' yetteville State



# OUTDOORS!

MEN'S or WOMEN'S

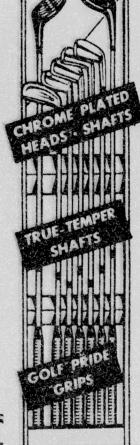
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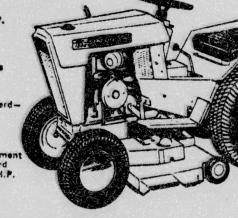
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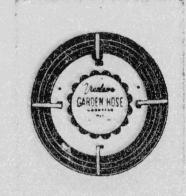
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Metal lock-lid handles pravent spilling. Scrubs clean easily. No seams or joints to trap dut and sand. Avocado.

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