

# HENDERSON-OXFORD-WARRENTON

## Henderson News

BY MISS VICKIE FIELDS

HENDERSON - The Albermarle AME Zion Church Conference recently closed its annual session at the Edenton First AME Zion Church of which the Rev. George Tharrington is pastor, with Bishop William Milton Smith of 1509 Basil Street, Mobile, Ala. presiding. Because of the shortage of ministers and some of the churches were un supplied,



MISS FIELDS

Rev. L. B. Russell was called by the Presiding Elder of the Edenton District to take charge of the work as pastor.

Rev. Russell, on leaving Saturday morning for Elizabeth City, stated that he was not sure that he would accept the responsibility of pastoral work again.

There were so many visitors in and out of Henderson during the weekend of July 4 holiday that we don't have the space to mention them. However, in the vicinity of Henderson and Vancy County, a head-on collision of two cars took the lives of two people. We can only hope that such an accident will not happen in any other community or state.

Mrs. Betty Joyner of the Manson section of Warren County, was funeralized last Thursday at the Manson Baptist Church. The pastor, Rev. E. L. Jones, officiated. Mrs. Joyner reached the ripe old age of 79 and then passed on to the great beyond.

Mr. Dosh Williams, 76, of 2982 Julia Ave., died at Maria Parham Hospital June 29 following a long illness. Surviving are his wife, Mrs. Mildred Yancey Williams of the home, one sister, Mrs. Christine Pearson and one brother, Dorsey Williams, both of Alabama. Funeral services were conducted last Friday at the St. John Baptist Church at Middleburg by the Rev. C. L. Faison. Burial was in the Middleburg Cemetery.

### ST. ANDREWS UNITED CHURCH NEWS

The Saint Andrews Sunday School was held Sunday, June 29, from 10 o'clock to 11. The title of the lesson was "The Bible Speaks To the Social Order." The memory selection was "but let justice roll down like water, and righteousness like in ever flowing stream." Amos 5:24.

We had our Bible School program Sunday night at 7:30. The devotional service was led by Rev. W. J. Wilson, pastor. We sang, "Near the Cross." Then Rev. Wilson read the scripture and prayed, after which, the Bible classes recited the three pledges "Bible, Flag and Church."

The program opened with the nursery class singing, "Jesus Love Me," and recited Bible verses. The primary department told what they got out of Bible School. Some of the things they said were to share with

one another; church is a place to worship and not for playing; and Jesus loves us. The junior class sang, "I Am Thine, O Lord," and "Lead Me." The young teens sang "At the Cross." Miss Dorothy Williams recited the Creation. Mrs. Wilson read a recipe for a happy child. Prayer was offered by Miss Donna Bates.

A letter was read by Mr. Earnest Alston to Mom and Dad, explaining the important things he had learned at Bible School and how they helped him. Questions were asked by Miss Vickie Fields and answered by Miss Evelyn Fields. Then the whole Bible class sang its theme song, "Jesus Leads Me." Remarks were by our pastor and the visiting parents. Miss Sheliah Marrow was secretary for the week. After the program, the children received certificates from Rev. Wilson.

Don't forget, daily services are held on the second and fourth Sundays, starting at 11 o'clock. You're invited to attend.

## YOUR GOOD HEALTH

BY MORGAN J. O'CONNEL, M. D., FACCS COMMISIONER OF HEALTH GROWING PAINS

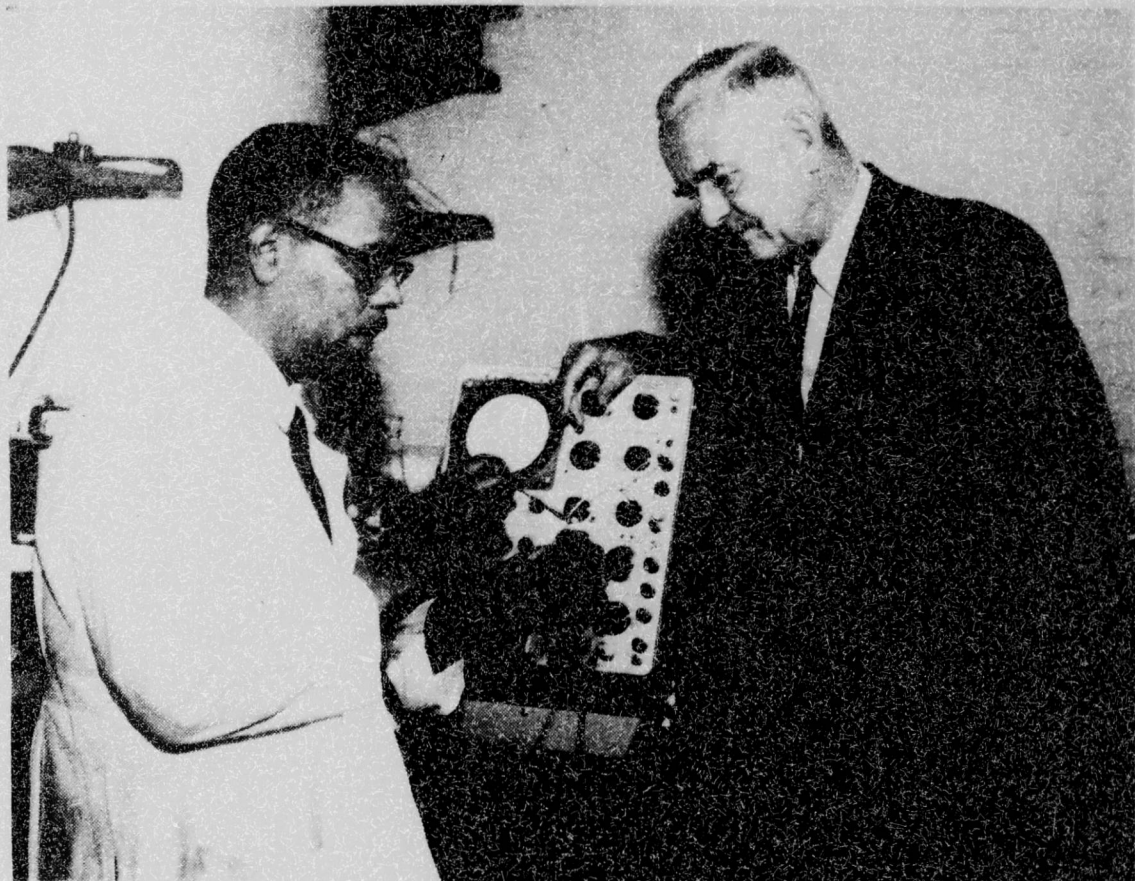
Many years ago when a child complained of pains in his legs, his mother was sure he was suffering from growing pains and that he would outgrow them. Taking the pains lightly proved to be a mistake, however, because in many children the pains were an early sign of rheumatic fever or some other disease that might prove serious.

In some cases, further study revealed the pains were caused by flat feet, weak ankles or muscular cramps. For these reasons, there was a growing belief that there was no such thing as simple growing pains.

More recently, the pendulum has begun swinging back and several doctors are finding evidence that in boys and girls between 8-17 years of age, pains in the legs that occur in the night may really be caused by the stretching of nerves associated with rapid growth. The pains are deep and their exact location is poorly defined. They are seen chiefly in children who are thin and have over-protective parents.

If your child has swelling, redness, tenderness on deep pressure, muscle spasms or limitation of the full range of motion in his legs, you must suspect some organic disease as the cause. Also, if the pains are present during the day and cause the child to limit his physical activity, the chances are that the pains are due to a disease and not merely to growing.

If, however, organic disease can be ruled out, a dose of aspirin appropriate to your child's age is often the only treatment needed. Gentle massage is also helpful in many cases



NEW PRESIDENT-Dr. William E. Lee (left), a research chemist at Eastman Kodak, was unanimously elected president of the Urban League of Rochester. With Dr. Lee in his laboratory is Dr. John Leermakers, a Kodak vice president and the director of Kodak's research laboratories. Dr. Leermakers was renominated to the Urban League's board of directors. Dr. Lee, who is head of the Photographic Mechanisms Laboratory, joined Kodak in 1959. He received his doctorate, master's and baccalaureate degrees from Ohio State University.



WEEPS OVER HUSBAND'S BODY-Nairobi: Mrs. Pamela Mboya, wife of the assassinated Kenyan leader Tom Mboya weeps over her husband's body July 6 outside their house. Mboya was shot down in the Kenyan capital July 5, touching off some rioting. (UPI).

## Illinois Governor Gets Bill For Holiday In King's Honor

SPRINGFIELD, Ill.-(NPI) - The Illinois Senate has approved a bill designating the late Dr. Martin Luther King's birth date, Jan. 15, as a commemorative holiday.

The bill, which earlier pas-

sed the House, now goes to Gov. Richard B. Ogilvie for approval or veto.

The Senate passed the bill, 32-7, despite dissenting Republicans' charge that the measure was a "bad precedent."

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possibly opening the door to dozens of such holidays honoring other persons.

The bill would have Dr. King remembered each year on Jan. 15 in Illinois institutions, but does not require the closing of schools, government buildings, or banks.

### Cost of Viet Nam

In 1968, the cost of the war in Viet Nam to the United States was 27 billion dollars—nearly one-fifth of the total taxes collected during that year.

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