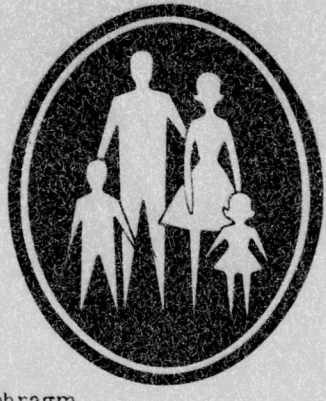


Carmichael-Nkrumah Alliance Seen; Is Eldridge Cleaver In On It, Too?

PREGNANCY PLANNING AND HEALTH

BY MRS. GLORIA RIGGSBEE



Dear Mrs. Riggsbee: My marriage is in a terrible mess and I'm real unhappy, so I hope you can help me. We have four children and we have been married for six years. I know it's wrong, but ever since the last baby was born I don't want to give my husband his "rights" because I'm so afraid of getting pregnant, and I just don't want any more children. Lately my husband has been staying away from the house a great deal, and I suspect another woman. Our marriage is no good anymore. What can I do? Mrs. P. R.

Dear Mrs. P. R.: There is no reason for you, your husband, or your marriage to suffer. The answer to your problem is family planning - using one of the many medically approved methods of birth control so that you will not have to be afraid of pregnancy each time you have relations with your husband. Visit the Wake County Health Department, 3010 New Bern Avenue, or your family doctor for information about family planning.

Dear Mrs. Riggsbee: I am a Roman Catholic and I will be getting married in September. My husband-to-be is still in school and I will be working for the first two years to support us while he finishes his education. So you can see how important it is that I do not get pregnant and have to quit my job. My church only believes in the rhythm method of birth control, and I would like your opinion on how effective it is. Miss McL.

Dear Miss McL.: The rhythm method - not have intercourse during the wife's fertile period - is effective if the couple is willing to adhere rigorously to the required period of abstinence, which varies according to the regularity of the menstrual cycle. The cycle can be upset by emotional strain or even by a change in environment and climate. Thus, the rhythm method is certainly better than not practicing birth control at all, but it is more difficult and less reliable than, for instance, the pill, the "loop," or the dia-

phragm. Dear Gloria: I have been taking birth control pills for four months now and they work fine. My only problem is that I still feel kind of sick to my stomach after I take them. Is there any other medicine I could take so I wouldn't feel nauseated after every pill? Mrs. R. W. Dear Mrs. R. W.: The women who seem to have the most trouble with nausea are those who take their pills on an empty stomach. For example, the woman who gets up early every morning, takes a pill, then spends several hours getting her children dressed, fed, and ready for school. By the time she has a chance to relax and have breakfast she is already nauseated because she took her pill on an empty stomach.

It is recommended that you take your pills with your main meal - usually dinner - or at bedtime with a glass of milk. If your nausea continues, see your doctor for further instructions.

Labor Dept. Official Is Cited Here

Raymond G. Cordelli has been awarded a withingrade increase in his annual rate of pay in recognition of exceptional performance of his work as compliance officer in the Raleigh office of the Wage and Hour and Public Contracts Divisions, U. S. Department of Labor. The award was presented to Cordelli by Julian E. Parker, director of the Raleigh Office. Cordelli, a native of Eynon, Pennsylvania, received a B. S. degree from the University of Scranton, Scranton, Pennsylvania. Prior to his present assignment in Raleigh, he was a compliance officer at Miami and Fort Lauderdale, Florida and Grainesville, Georgia. He previously was a labor economist



MRS. MARGUERITE ROGERS HOWE AND STUDENT AFRICA BOUND-Mrs. Marguerite Rogers Howie, top, associate professor of sociology, and Miss Ethel Brown, a sociology major, both of South Carolina State College, board an airplane at the Columbia, S. C., airport on the first leg of their flight to Ghana. For six weeks, they will study African history and culture, music, art, literature and contemporary Africa at the University of Ghana at Legon. Mrs. Howie's parents reside on S. Person Street in Raleigh.

Negro Employment In Textile Industry Rise

Negro employment in the textile industry during the first quarter of this year rose to 10.6 per cent, placing textile above the national average for all-manufacturing for the first time. While the textile industry added 11,000 Negroes to its payrolls, employment increased by only 8,000. Figures available from the Bureau of Labor Statistics show that non-white employment in the textile industry has advanced four times faster than the national average. Practically all of the non-white workers in the textile industry are Negroes.

In 1960, non-white employment in the textile industry was in Washington, D. C. He is past president of Labor Lodge 2515 (1968-1969), and vice president of the National Council of Field Labor Lodges (1965-1971). He served with the U. S. Army from May 1956 to May 1958.



"BEAUTIFUL STAR" OBSERVES 120TH BIRTHDAY-Los Angeles: Tatzumbie DuPea reached the age of 120, July 26, and was placed in the category of possibly the oldest living person in the country as well as being the oldest living Californian. Tatzumbie, which means "beautiful star," is a Piute Indian born July 26, 1849, in Lone Pine, California. She spent more than 30-years in the movies and is a veteran of 40 films. Tatzumbie, who lives in a convalescent home, received a letter from President Nixon and about her age said, "I'm pretty old". (UPI).

Sociology Professor Sees Pact

BATON ROUGE, La.-(NPI)-A suspected alliance between Black-power advocate Stokely Carmichael and Kwame Nkrumah, president-in-exile of Ghana, is seen by Dr. St. Clair Drake, sociology professor at Chicago's Roosevelt University.

Declaring that the two may be charting a revolution, Dr. Drake said the coalition would be a result of ideological similarities and the two men's proximity to each other. Both are living in Guinea.

A third person involved in the revolutionary efforts could be Eldridge Cleaver, Black Panther leader, who has fled to Algiers after being wanted in the United States on a parole violation.

Carmichael split with the Panthers while in the United States, but he might find areas of agreement with someone like Cleaver in Africa. According to Dr. Drake, Nkrumah has "bent over backwards to be friendly to the United States," only to be rebuffed in his efforts. "Nkrumah, like Carmichael, holds a lot of bitterness for the U. S., and we cannot avoid speculating about the outcome of Nkrumah's proximity to Carmichael."

Speaking at Southern University on "Black Internationalism: The Myth and the Reality," Dr. Drake said Nkrumah is "thinking, writing, and advising on the completion of the Black man's emancipation."

Just last year, the professor said, Nkrumah published a little volume called "Handbook for Revolutionary Warfare."

Referring to Guinea on the West Coast of Africa as a "haven for some harassed Black internationalists," Dr. Drake pointed out that Conakry, the capital, is not the only African city that has given hospitality to exiled Black revolutionaries.

Dr. Holley Will Serve As ECSU Dean

ELIZABETH CITY - President Marion D. Thorpe announced to the Advisory Council that Dr. Floyd B. Holley will fill the position of Dean at Elizabeth City State University, effective as of August 1, 1969. Thomas E. Carter, Assistant Professor of Mathematics, who had done a very commendable job as Acting Dean at ECSU since the death of Dr. William Anderson, in June, 1967, will assist Dr. Holley in his new position.

In making the official announcement, Dr. Thorpe gave a brief resume of the new dean, who is well known in eastern North Carolina. Dr. Holley, a native of Hertford, has served in this area as county supervisor in the WPA adult education program, Hertford; Camp Educational Advisor, Civilian Conservation Corps, Jacksonville; Dean of Boys and Social Studies Teacher, Hertford High School; and as Assistant Principal at formerly Williamston High School.

Following his graduation from Shaw University in 1937, Dr. Holley's experiences in Perquimans County provided valuable information for his Thesis: "The Perquimans County Civic Forum." He re-



"MOON MEN" IN QUARANTINE-Aboard USS Hornet: First men on moon Buzz Aldrin (L) and Neil Armstrong catch up on the news of the world in their mobile quarantine facility (MQF) on board the carrier Hornet. The big ship is steaming to Hawaii. (UPI).

Sigmas To Hold 55th Conclave In Baltimore August 10 To 16

BALTIMORE, Md.-Delegates representing undergraduate and graduate chapters of the national body of the Phi Beta Sigma Fraternity, Incorporated, which will hold its 55th Anniversary Conclave in the Sheraton Bevedere Hotel, Baltimore, Maryland, August 10 through 16th, will be asked to discuss as well as suggest solutions on how "Brotherhood as a universal necessity can be made a reality instead of the myth it seems to be today; find new methods of interpreting as well as implementing new programs in political and social actions, so that the Black community may continue to move into the main stream of American life on all

levels of performances and will devote attention towards trying to learn about the reasons for student unrest on today's college campuses.

The extraordinary program announced by Dr. Alvin J. McNeil, national president of the 55-year-old National Greek Lettered Black Collegiate organization, will be hosted by the members of Zeta Sigma Chapter of Phi Beta Sigma of Baltimore, of which Attorney U. Theodore Hayes is president.

"Recent reaction is dissatisfaction with the apparent change in policy in the present administration in Washington in regards to Educational guidelines, as well as an attempt to water down the Civil Rights Voting Act of 1965, makes it imperative for our delegates to take a new look at the current administration, that Sigma men come forward with new courses in political and social actions that will protect and respect the rights of the Black community in our society", Dr. McNeil said. Because we feel the new change in direction is dangerous to the well being of Black America, if remained unchallenged, I have redirected the course of this 55th Conclave, to develop resolutions of new courses of actions commensurate with the reality of the times.

To this end, I have asked our National Directors of Social Actions Education and Bigger and Better Businesses to come forth with new programs in directions in their particular fields or responsibility.

Panel discussions and workshops on new political actions, social actions and business, incidentally the national programs of Phi Beta Sigma will be presented to the national body during our stay in Baltimore.

Cutoff

WASHINGTON-(NPI)-The U. S. Department of Housing and Urban Development on August 1, will cut off riot reinsurance for new business written by insurance companies in Arkansas, Florida, Georgia, and Tennessee. HUD cancelled contracts with respect to new insurance policies in those states because there was a lack of compliance with certain terms of the 1968 Urban Property and Reinsurance act under which the reinsurance is provided.

In 1968, 1.7 million women constituted 98 percent of all private household workers. The median wage for full-time workers in 1967 was \$1,289 and in 1968 their median educational attainment was 8.8 years.



RECEIVES INTERN APPOINTMENT - Miss Marcella Johnson, a graduate in the South Carolina State College, Class of 1969, has received a dietetic internship appointment with St. Luke's Hospital in Cleveland, Ohio, beginning in September. The daughter of Mr. and Mrs. Quitte Johnson of Chester, S. C., she majored in home economics and specialized in the area of foods and nutrition. She was a recipient of the South Carolina Dietetic Association scholarship at the annual meeting of that organization last April. This summer Miss Johnson is serving as an assistant dietitian at Overlook Hospital in Summit, N. J.

He received the Master of Science degree in Sociology from Columbia University, in 1947. Dr. Holley, who is presently a School Psychiatric Social Worker in the Bureau of Child Guidance, in New York, will bring to ECSU a wealth of knowledge and experience in social work, psychiatry, education, and administration. He received the Ed. D degree in Sociology from New York University in 1964.



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