NCTA RETURNS FROM HAWAII - Members of the North Carolina Teachers Association, their families and friends recently returned from a fifteen day trip to Hawaii. The group, pictured above, traveled from the Raleigh-Durham Airport by Eastern Airlines to Tampa, Florida, where they were joined by a Florida group and transferred to their private International Airlines DC-8 Jet Liner which whisked the 275 member group off to 3 days and 3 nights in exciting Las Vegas, Nevada. then on to beautiful Waikiki-Honolulu - Kauai-Oahu-Maui-Coco Palms, Poipu Beach and Waimea Canyon, Hawaii for 7 days and 7 nights; then to cosmopolitan San Francisco for three days and three nights of splendor. The NCTA group enjoyed a champaign party aboard the DC-8 enroute, meals, sight-seeing tours, clubing, an unlimited beverage party and lei (the Hawaiian flower greeting), upon arrival in Honolulu, first class restaurants and hotels and cocktail beverages and food aboard the Fan Jet until arrival at the Raleigh-Durham Air Terminal. Not one individual in the group said anything less than "It was the most wonderful vacation and experience I have

North Carolina's Participation In **USDA Food Program Decreases**

partment of Agriculture food programs aided 196,113 needy persons in North Carolina during July 17,964 persons less than the number that received food assistance in June but 48,314 persons more than the number that took part in the program a year ago.

USDA's Food and Nutrition Service said that 67,838 persons in 38 counties took part in its food stamp program and received \$453,066 in bonus cou-

FNS' family food distribution tail value of \$1.4 million and included dairy products, canned and dried fruits and vegetables, canned meat or poultry, grain other items such as peanut butter and scrambled egg mix.

In North Carolina, the food' distribution program is ad-

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JELLIES—Assorted flavors . . 3 for 99c

BISCUITS-10 Count 4 for 39c

END CUT PORK CHOPS lb: 69c

PIG FEET or PIG TAILS lb. 25c

PORK NECK BONES 4 lbs. 89c

FRESH BEEF LIVER

program is administered by Nutrition Service.

ATLANTA, GA. - U. S. De- ministered by the North the North Carolina Board of Carolina Department of Agri- Public Welfare, both in cooperculture, and the food stamp ation with the Food and

Black Physicians Frustrated, Says New NMA President

Julius W. Hill, new president. National Medical association, is disturbed over the "constant frustration" of Negro

His overworked colleagues in program aided 128,275 persons the nation's slums, he said, in 59 counties. The foods dis- are harrassed, underpaid, igtributed had an estimated re- nored on medical policy matters, and dictated to by outsiders with no concern for the Black community.

"The biggest problem facing and cereal products, as well as a Black physician," he said, "is his constant frustration at being on the ground floor of projects, on the ground floor of policy-making, and the fact

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SAN FRANCISCO-(NPI)-Dr. that when he is taken into a program, it's almost a tokenlike thing, which I disapprove

> medical practice in slum areas "irk the living daylights out of ghetto doctors," said Dr. Hill, whose office is in Los Angeles.

association's convention in this

ECSU Prexy Invited To **United Nations**

• AUTO ACCESSORIES ELIZABETH CITY-Dr. Mar-• LUBRICATION has been invited to attend at eral Assembly of the United tive briefings." **OFFICIAL**

Nations. briefings will center around the international organization. The invitation provides for inside participation and observation of the functions of the UN while

Conditions surrounding

The slum doctor is, not getting the recognition and pay he deserves, he added, after being elected NMA president at the

ion D. Thorpe, president of meetings are set for October Elizabeth City State University, 3-17-24; November 7-14; and December 5. Dr. Thorpe stated, least one of six briefings dur- "I hope that I can attend one ing the 24th session of the Gen- of the six valuable and informa-



DELICIOUS BLACK HISTORY-Mom's discussion on the recent skyrocketing interest in Black history did not detract from the delicious selfprovided meal of Inger. The Progress Plaza Office of The Philadelphia Saving Fund Society's permanent exhibit of Black history books has attracted area-wide interest throughout the area. Mrs. Dorothy Brooks talks intently with office manager James Ward about the extensive collection of books. Approximately fifty hand picked books by a committee of Philadelphians who are expert on Black history, were plac-

HUD Issues New Pamphlet For "The Home Buying Servicemen

WASHINGTON, D. C .- "The about who is eligible and how to apply for the mortgages when Home Buying Serviceman," a buying either new or existing 10-page free foldout pamphlet homes. It explains the way disexplaining FHA's mortgage incount points are frequently surance program for armed services personnel, has been charges by mortgage lenders published by the U.S. Depart- to builders or home owners charges by mortgage lenders who sell with FHA mortgage ment of Housing and Urban Deinsurance, and how this affects the true "annual percentage The Federal Housing Admini-

low-down-payment mortgages under a special "in service The pamphlet also explans mortgage" program for serv-FHA's premium charged for icemen and women on active insuring the mortgages, tells aduty for two years or more. bout possible problems a serv-Those eligible may serve in iceman may face when transany branch of the U.S. Armed ferred, and covers the subject Forces for Coast Guard, at any of builders' warranties on new The mortgage on proposed

"The Home Buying Serviceman" (HUD's F/IP-29) may be obtained free by postcard request from the Community Relations Division, Office of Public Affairs, Washington, D.

to know. About three months

ago, I lost a half of a package

sometimes lose some of their

effectiveness with age, but the

They will not get stale. Go a-

What do you do with a wife

who won't use birth control? We

already have four children and

we've only been married for six

years, I've talked to some of my

buddies about this, and they say

it's usually the opposite -- that

it's the wife who insists on using

birth control and the husband

Dear Mrs. W .:

head and use them.

Dear Mrs. Riggsbee:

PREGNANCY **PLANNING** AND HEALTH

new houses can be as much as

\$30,000. The amount is limit-

ed to not more than 97 percent of the first \$15,000, plus 90

percent on the next \$5,000, plus

85 percent of the remainder. The pamphlet gives details

BY MRS. GLORIA RIGGSBEE

Dear Mrs. Riggsbee:

I have been reading your column for some time now, and I know how you always tell us to write if we want to know more about birth control. You also say that some products you can buy in a drugstore are only deodorants for "feminine hygiene" (like Norforms) and we should not make the mistake of buying them and thinking they are for birth control.

What about "foaming tablet" suppositories? Are they for birth control or just a deodorant? I've been thinking about using them, but I wanted to check with you to make sure they are for birth control. Please answer soon, Mrs. E. T.

Dear Mrs. T. : You were wise to write and find out more about the product that interests you. Foaming tablets are a birth control method. but not a very good one in terms of effectiveness and reliability. There are much better products which can be bought without prescription. If you will write me % The CAROLINIAN, I will send you a list of the most reliable products.

Better yet, if you want the best possible protection against another pregnancy, why not visit your doctor or the Wake County Health Department, 3010 New Bern Avenue. They can give you a method which will protect you better than anything you can buy in a drugstore.

Dear Gloria:

I am taking the birth control pills and this is what I want

the Assembly is in session. Alternative dates for the

"With ECSU now open for the Sponsored by the United academic year 1969-'70 and, States Mission to the UN and the considering other commitments Foreign Policy Association, the already made to attend conferences relative to my responsirole of the United States in the bilities here and affiliation with several organization, I can't say, right now, whether I can peep in on the UN this year," Dr. Thorpe explained,



ed in the Progress Plaza Office a month ago.



THE CAROLINIAN RALEIGH, N. C., SATURDAY, SEPTEMBER 13, 1986

TWO KINDS OF CASTLES-Al Freeman, Jr., (right), who stars with Burt Lancaster in Columbia Pictures' CASTLE KEEP, chats with Elmer Young, managing director of the Progress Plaza Shopping Center, and Fred Harrod, president of the Plaza's Merchants Association, during a recent tour of Philadelphia, Freeman was told that the multi-million dollar shopping complex -- which houses nearly a score of black-owned and black-operated businesses -- "is a castle in its own right . . . a showcase of black economic progress."

A&T Wins National Accreditation For Its School Of Engineering

of pills and had to get some more for the rest of the month. Yesterday when I was cleaning GREENSBORO-The School of the house I found the pills I Engineering at North Carolina had lost, and I would like to use A&T State University was notithem up. Are they still O. K. fied last Thursday that its curto take or do they get stale after a while? Mrs: G. W. ricula have been fully accredited by the Engineers' Council for Professional Development Yes, the pills are still (ECPD), highest accreditation "good". Other kinds of pills agency in the nation for engi-

neering education. The Council is recognized as birth control pills will NOT. the sole accrediting body of all engineering curricula in the

United States. The announcement of A&T's accreditation was made by Dr. Lewis C. Dowdy, university president. Accreditation by EC-PD indicates that A&T's School of Engineering meets the same standards of engineering educa-

HOMECOMING DAY SPEAK-

ER-The Rev. James Z, Alex-

ander, dean of the Divinity

School and director of Church

Relations at Shaw University,

will be the featured speaker

for Homecoming services at

Watts Chapel Baptist Church,

Rhamkatte, Sunday September 14, at 2:30 p.m. Dinner will be

served at 1:30 p.m. Music will

be furnished by the St. John

AME Church choir and Wake Chapel Baptist Church junior

choir. Chairman of the Home-

coming Day services is Deacon

Chester Debnam, Sr., while

Mrs. Clydia Mae Hill is co-

chairman. The general public

is invited to attend the serv-

ices. Dr. Frank B. Weaver is

pastor of Watts Chapel.

doesn't care much one way or the other. My wife isn't dumb either. She's had two years of college, She says she feels wonderful being pregnant and that it's a in's duty to have as man children as she can. Besides. she says, she would be bored if she couldn't keep having

something to do. I've talked and talked to her about reasons why we shouldn't have another baby. For one thing, we can't afford it. But she won't listen. What more can I do? Mr. R. S.

babies, because it gives her

Dear Mr. R. S .: A child should be born as a result of the mutual agreement of both parents that they want another child. Your wife does not have the right to insist on more children if you are opposed to it.

Modern women have their families and keep house, but they must also find other things to give meaning to their lives, Your wife could become a foster mother, or perhaps start a day nursery in your home for children of working mothers.

There are many possibilities. Your wife should also give serious thought to the future of your children. By 1975 the number of young people in the 18 to 29-year-old bracket will increase more than 50%, Your children will face though competition in jobs, education and housing. Her desire to fight boredom by having more children is primarily selfish. She is thinking of herself, not her children and their future

CHARCOAL FILTERED

In winning accreditation, A&T joins North Carolina State University at Raleigh and Duke University as the only institutions in North Carolina with approved schools of engineering. Only two other black colleges in the nation have been approved by the Council.

"This recognition will put our

business and industry in the

School of Engineering one step further along toward our goal of providing technical leadership in the Piedmont Crescent," said Dowdy. "We hope this new status will provide

immediate area with new confidence in our programs. We want these programs to be used to provide further training for employees of these tion that all other schools of quality must meet. Meeting the Council's high standards for accreditation

> were A&T's programs of architectual, electrical and mechanical engineering. A&T already has graduated hundreds of engineers, who are working in government, busi-

ness and industry, according

to Dr. Reginald Amory, dean of

the school, "accreditation will stimulate recruiting of our graduates by the most prestigious firms in America. It will open new doors for us in research and service."

In informing A&T of its accreditation, the ECPD report lauded the institution for its diligent efforts over the years to get the curricula ready for the Council's rigid examina-The report stated 'the university administration, and the

their determination, persistance and thoroughness in developing programs in engineer-Although operating under severe financial limitations, the

faculty are to commended for

school has made orderly development of programs in keeping with curricula objectives."



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