

# DEAR SALLY

BY SALLY SHAW

**DEAR SALLY:** Can you please tell a very distressed teenager what he can do about the acne or pimples on his face? Is there some good treatment or cure you can recommend? AT-LANTA.

**DEAR ATLANTA:** The only home treatment that I'll recommend is that you be extra-scrupulous about washing and cleaning your skin, cut out rich desserts and sweets from your diet, and concentrate instead on good vegetables and fruits. And don't be doing any experimenting on that precious skin! Best idea of all is to visit a dermatologist (skin doctor) at once. Wonderful things are being done every day for troubled skin such as yours.

**DEAR SALLY:** My husband and I are very happy over the forthcoming adoption of a darling baby boy. In fact, my husband is so carried away over it that he wants to name the baby for him and his father... for example, "John Smith, III." However, my husband's mother has pronounced this "outlandish," claiming that it is not right or proper to name a child that is not of your own flesh and blood for his adopted father and grandfather. How about this? IN DOUBT.

**DEAR IN DOUBT:** Your mother-in-law is way off base. There is nothing in the world wrong with naming an adopted son for his father.

**DEAR SALLY:** I'm a girl of 16 who has been a chronic fingernail chewer for as long as I can remember. I just cannot seem to kick the habit, and you can imagine what a mess my nails are from the constant nibbling. I would give anything in the world if I could control myself and develop nails as pretty as some of my girl friends have. Do you think it

would do any good if I were to try some of that bitter-tasting stuff that's on the market for curing nail-biters, the stuff you paint on the nails? NIBBLER.

**DEAR NIBBLER:** The bitter-tasting stuff on your nails might help temporarily as a reminder to stop your chewing, but it's not the cure for your real trouble. Nail-biting stems from inner nervousness and tension, and if you really want to overcome the habit you must go to work on whatever is causing this nervousness. Good luck!

**DEAR SALLY:** A girl friend of mine recently broke her engagement when she found out that her fiancé was running around with other women. However, instead of returning the ring to him, she has kept it and is now wearing it on her right hand. Of course, this is none of my business, but when I questioned her about it she said the ring is hers to keep and that it represents "compensation for all the time she wasted on the bum." What do you think about this? BYSTANDER.

**DEAR BYSTANDER:** How an engagement ring can serve as a "compensation" for a shattered romance is beyond me, nor can I understand why a girl should want to keep something that symbolizes such an unhappy event in her life. But evidently your friend thinks differently about this and, as you have admitted, it's none of your business.

**NOTE TO CENSORED:** Indeed it ISN'T right or ethical for your wife to open and read your personal mail from your old wartime buddies. Either tell her to stop and create a little fuss if she doesn't -- or instruct your correspondents hereafter to direct their mail to your business address.

## The Veterans' Corner

**EDITORS NOTE:** Below are authoritative answers by the Veterans Administration to some of the many current questions from former servicemen and their families. Further information on veterans benefits may be obtained at any VA office.

**Q --** My U. S. Government Life Insurance is paid up but my wife has just died I have no children and no near relatives. I really only need enough insurance to bury me. Also I owe money that I would like to pay off. Can I change my insurance to meet this situation?

**A --** Yes. You may borrow against your insurance or you may wish to cash part of it in, retaining the amount of protection you consider necessary. You may also wish to revise your beneficiary designation.

**Q --** I am a patient in a VA Hospital and am 100 percent disabled due to service-connected disability. I am receiving additional compensation for my daughter who will be 18 soon. If she continues in school will benefits continue for her?

**A --** If your daughter is in school and unmarried, your additional compensation will continue until she is 23. Also she may be entitled to educational assistance, regardless of marital status, at the rate of \$130 per month after high school as the child of a totally disabled veteran. Application should be submitted for this benefit.

**Q --** How can a veteran selling his home be relieved of liability

ty on a VA guaranteed loan? **A --** One method is to require the purchaser to pay off the GI loan with his own resources or to obtain a new loan. Another method is to have an approved purchaser assume all the veteran's liabilities on the home and have the VA approve the assumption agreement and specifically release the veteran from further liability to the VA.

## Homecoming Concert Set At Va. State

**PETERSBURG -** The Homecoming Jazz Concert with Clark Terry (Jazz), Peaches and Herb (Rock) and Muddy Waters (Blues), will be the featured musical attraction at the pre-homecoming day festivities at the new Daniel Hall gym at Virginia State College on Friday, October 31 at 8 p.m. The concert is expected to draw thousands of alumni, college and staff members, guests and friends.

According to Dr. Thomas C. Bridge, Professor of Music at the college and one of the sponsors of the "Festival of Jazz", the concert is shaping up as one of the biggest musical attractions every to play the college campus.

Bridge said the concert will bring to the campus the sounds of this day and time and will be a unique show with a repertoire of soul, pop, and jazz.

## food news & cues

from the Quaker Test Kitchens



**"PHRIENDLY PHANTOM" JOINS HALLOWEEN FUN**

"Whooo... Whooo..." Ghosts, goblins, witches and hobos are out celebrating a spooky Halloween eve. Trick or treating is fun for youngsters as they run from house to house gathering goodies. After bags are full and legs are weary, have kids invite their friends over for a Halloween party. Games and fun continue with fortune telling, hobbing for apples and a hunt for the witch's broom. And no party is complete without refreshments. For a festive centerpiece make a "Phriendly Phantom" Ghost. Puffed rice is combined with a marshmallow-butter mixture and molded to form a ghost. He's fun to look at, and kids will enjoy eating this chewy ghost, too. Serve doughnuts and warm spiced cider for a "Happy Halloween".

**"PHRIENDLY PHANTOM" GHOST**  
Makes 1 ghost

6 cups puffed rice  
3 cups miniature marshmallows  
1/4 cup butter or margarine

1/2 teaspoon vanilla  
1 large Hoopoe gumdrop, cut into 3 circles

Heat puffed rice in shallow baking pan in preheated moderate oven (350°F.) about 10 minutes. Pour into greased large bowl. Melt marshmallows and butter in saucepan over low heat, stirring occasionally until smooth. Add vanilla.

Pour over puffed rice, stirring until evenly coated. With greased hands, shape a figure that resembles a ghost, about 8 inches high. Attach gumdrop circles with confectioners sugar frosting for the eyes and the mouth.

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