

MARKETERS HOST NAACP -- These Gulf Oil marketing men, from the company's Eastern Marketing Region, met recently in Philadelphia with Region Vice President E. F. Jacobs (fifth from right, front row) and Daniel G. Kean (fifth from left, front row), Senior Public Relations Representative, for a discussion of special marketing problems and to play host to the Pennsylvania Conference of Branches of the NAACF at a reception following the group's Awards Banquet. From left are Sales Representatives T. L. Knight, Linden, N. J.; J. A. Finley, Baltimore (C. Hoffberger Co., a Gulf subsidiary); G. O. Strothers, Pittsburgh; C. J. Evans, Pittsburgh; D. E. Smith, Baltimore; Sales Supervisor D. A. Young, Boston; Sales Representative R. B. Bowie, New Haven, Conn.; Mr. Kean; Sales Representative Lawrence Edgerson, Camden; Mr. Jacobs; Sales Representative J. A. Hendricks, Washington; P. W. Bennett, Philadelphia; C. A. Hereford, Boston; R. O. Vaughn, New York City (Gulf Plastic Products Co.); B. E. Willis, Baltimore; and K. L. Hawthorne who is on loan to the Commonwealth of Pennsylvania as Executive Director of the Governor's Council on Urban Affairs.

Harlem Activist Confront Pres. Nixon In Washington

WASHINGTON, D. C .-- Black as a "fact finding mission." two days in Washington recentthe Republican National Committee in an effort to deterdoing to carry out President Nixon's campaign promise to ings with Agency personnel and piece of the action."

Clarence L. Townes, Jr., Assistant to Republican National Committee Chairman Rogers C. B. Morton, in addressing the group known as the Liberal Independent Republican Club of Harlem commended them for their interest in the affairs of government and "for taking time to come to Washington to get a better insight into the morial Hospital. This 22-hour many outstanding programs of

activists from Harlem spent "We want to find out first hand what the posture of the Adminisly, conferring with officials of tration is toward the Black the Nixon Administration and Community and to see what steps are being taken to involve Blacks effectively in the mine what the Administration is governmental process." Following two days of meet-

give the Black Community "a Mr. Robert Brown, Special As-

Course Offered For LPNs By Holding Technical Here

A course covering "Charting and Order Interpretation" for Licensed Practical Nurses will begin December 4 at Wake Mecourse is being conducted as occupational upgrading for LPN's through the Extension

sistant to the President, Mr. Cottman said, "we were genuinely impressed with the minority representation at the policy making level and the track record which has been set by the Administration in the field of civil rights suits. The Nixon approach is more positive toward the Black Community than we have been led to beworse. lieve."

portance of charting, charting procedures, record keeping, and interpretation of Doctor's orders as related to the duties and responsibilities of the LPN. Registration and the first class for the daytime sessions PREGNANCY PLANNING AND HEALTH

BY MRS. GLORIA RIGGSBEE

Dear Mrs. Riggsbee:

I read your column every week and I think it is very interesting and helpful. A month or so ago, I read what you said about V. D. and I remember what you said about the different diseases. In one of the columns, you said that one sympton of Gonorrhea is a burning feeling during urination. I've been having this for about a week, and I seem to have to urinate all the time. Do you think I have V. D.? I haven't had relations with anyone except my husband, and doesn't have this burning feeling. Please answer soon! Mrs. M.E.

Dear Mrs. M. E.: It is true that Gonorrhea begins as a burning sensation during urination, but only in the man. When the Gonorrhea germ enters his body during sex relations with a woman who has this disease, the germ lodges in his urinary passage and causes a small sore to grow. When urine passes over this sore, he feels a burning sensation.

In the woman, however, the urinary passage and the sex passage are separate, so this does not happen. The woman may develop a discharge and later, she may have severe pain in her lower abdomen.

So relax! What you have, most likely, is a bladder infection. You should make an appointment with our doctor of the Wake Country Health Department, 3010 New Bern Avenue, for treatment.

I'd like to stress that anyone with ANY kind of an infection --whether it's a urinary infection or a vaginal discharge-should always go to a doctor immediately. Most infections are not serious to begin with, but any health problem which is not treated is bound to get effects.

Dear Readers:

From time to time, articles appear in newspapers and magazines which create doubts and

140 Jobless Tar Heel To ka Trninad



misunderstandings about the birth control pills. I would like to take this opportunity to provide you with very brief answers to the questions most frequently asked about the pills. DO THE PILLS CAUSE CAN-

CER? Absolutely not. In fact, many doctors believe that the pills help to prevent women from getting the "female can-cers," cancers of the breast and the womb. DO THE PILLS CAUSE DE-

FORMED BABIES? No. Women who have taken the pills are NO more likely to have a deformed baby than women who have never taken them.

CAN THE PILLS MAKE YOU GO BLIND? No. There is NO proof that the pills can damage evesight.

IF I TOOK THE PILLS AF-TER I WAS ALREADY PREG-NANT, WOULD I LOOSE THE BABY? No. The pills do NOT cause abortions.

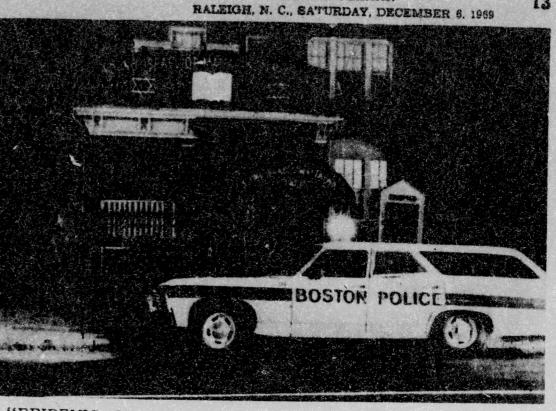
DO THE PILLS CAUSE BLOOD CLOTS? No. A woman taking the pills who has never had a blood clot in the leg or abdomen is NO more likely to develop one than women who do not take the pills,

DO THE PILLS MAKE YOU STERILE AFTER A WHILE? Absolutely not! After a woman stops taking the pills it is as easy for her to become pregnant as it was before she started taking them.

CAN YOU GET IMMUNE TO THE PILLS? NO.

HOW LONG CAN YOU TAKE THE PILLS? This is a decision which should be made by the doctor who prescribes the pills for you, If a woman is getting along all right and the doctor says it's okay for her to continue, she may, A large group of women has been taking the birth control pills for more than ten years now, with NO

WHY ARE THE PILLS ONLY GIVEN BY PRESCRIPTION? Because doctors agree that NO drug is completely safe for everyone at all times. Even aspirin can be a dangerous drug for some people. Likewise, some women should not take the birth control pills. The doctor needs to know a woman's medical history before he can decide whether the pills would be safe for her to use.



THE CAROLINIAN

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"EPIDEMIC OF FEAR" SCENE-Boston: Assaults on aging Jewish residents in a neighborhood near the city's Roxbury Black ghetto have created an "epidemic of fear," community leaders said, November 24. Police said the increase in fear outpaced the increase in crime. A Boston Police canine car patrols the Jewish enclave bordering Roxbury, Dorchester and Mattapan where attacks, beatings and robberies have become frequent, according to Rabbi Mordecai Savistsky. (UPI).

Cultural Differences Are Commended By The N.E.A.

turally different does not mean culturally disadvantaged, but this semantic misunderstanding may be one of the major reasons why education is failing great numbers of children in America.

This belief is expressed in a publication, "Media and the Culturally Different Learner," published by the National Education Association's Project Urban and the Division of Educational Technology. The authors include Joseph M. Conte, associate professor of education, La Verne College, La Verne, Calif.; George H. Grimes, supervisor of curriculum laboratories, Detroit public schools; George W. Jones, director of Project Urban; and Anna L. Hyer, director of the Division of Educational Technology.

The book is designed for use by teachers, administrators, publishers and producers of media materials for distribution in the public schools. The publication consists of two chapters dealing with the learning characteristics of cul-

Gloria Riggsbee, 214 Cameron Avenue, Chapel Hill, North Seidenberg says there is more

WASHINGTON, D. C .-- Cul- turally different children, and how media can be used to teach them, and an annotated list of audiovisual materials that can be used in the classroom. While the opening chapter stresses that the book deals primarily with the poor in urban communities -- and primarily the

black poor -- it also states that "it must also be recognized that the children of the white middle class are culturally deprived in a very real sense. In many cases they are nurtured in and limits to an unrealistically all-white world."

Song Book By B. B. King, Why I Sing Blues', Here

NEW YORK, N. Y. - Initial sales in music stores across the country indicate that a new B. B. King guitar song book, "Why I Sing The Blues," will be a best seller, it was announced here this week by B. B. King's manager, Sidney A. Seidenberg. Published by Hansen Publication, it contains photographs as well as the words, music and chord symbols of 29 of the great guitarist's own compositions, including such hits as "Get Off My Back, Woman", "Lucille", "Paying the Cost to be the Boss" and "Why I Sing the Blues"

Since the ABC/Bluesway recording artist writes about 90% of the songs he has recorded,

King guitar folio, which is to be issued within the next few * weeks and a third is already

in the planning stages. In explaining the success of this first folio, Seidenberg points out that "B. B. King has always been a teacher. Wherever heappears his dressing room is filled with young guitar players asking him how he played certain things they've heard on his records. Now, for the first time there is a B. B. King lesson book to which they can return again and again."

decked out in blue blazers for read trips. The Broncos have FSU emblems along with gray trousers to put them among the

*** FSU's basketball team will be

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the Republican Party."

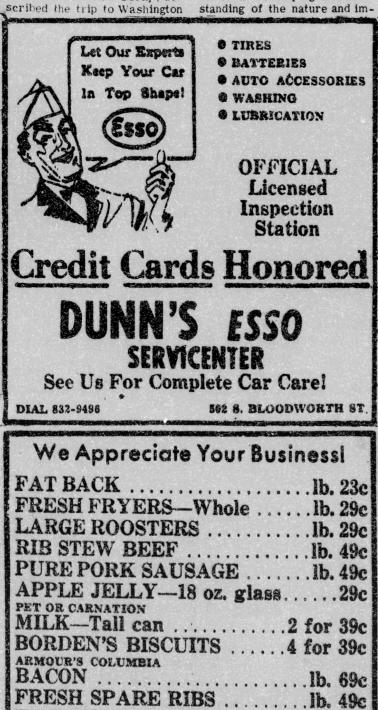
the Nixon Administration and

The group composed of ten professional men and women from Harlem, headed by John Cottman, Recruitment and Training Coordinator for the

FRESH PORK

Division of Holding Tech. In order to serve the greatest

number of practicing LPN's, the course will be offered at both day and evening sessions, housing and Development Ad- and is a short, intensive course ministration of New York, , de- aimed at developing an under-



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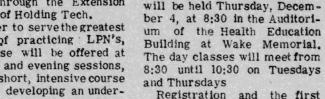
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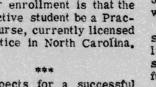
8:30 until 10:30 on Tuesdays and Thursdays Registration and the first class for the evening sessions will be held on Thursday, Dec. 4, at 7:00 also in the Health Building of Wake Memorial. The evening sessions will meet from 7:00 until 9:00 each Mon-

day and Thursday. Both sessions will meet for eleven two-hour classes, however there will be no classes the weeks of Dec. 22 or Dec. 29. After the fifth class session on Dec. 18 there will be a Christmas break and classes will resume the week of January 5 with the classes concluding on Thursday, January 22nd.

There is no charge for this course, and the only prerequisite for enrollment is that the prospective student be a Practical Nurse, currently licensed to practice in North Carolina.

KENTUCKY

CHARCOAL FILTERED



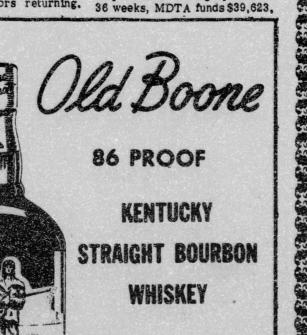
Prospects for a successful grid campaign during the 1970 season appear bright. FSU loses Jerry Williams, Alfonso Wil-lingham, and Haywood Sharpe, via graduation. However, the Broncos have a bevy of sophomores and juniors returning.

ATLANTA, Ga. - William U. Norwood, regional manpower administrator, U. S. Depart-ment of Labor here, said the Department of Labor and the Department of Health, Education and Welfare have last week announced approval of seven Manpower Development and

Training Act (MDTA) projects to provide classroom-type training for 140 jobless or underemployed North Caro-linians at a Federal cost of \$239,967. A project to be conducted at

Gaston College, Gastonia, will provide 38 weeks' training as stenographer for 20 jobless persons. MDTA funds, \$36,547. Two projects will be conducted at the Guilford Technical Institute, Greensboro, to train: 15 auto mechanics for 33 weeks, MDTA funds, \$40,184; 30 cashier-checkers for 15 weeks, MDTA funds, \$30,255. Southwestern Technical Institute at Bryson City will train 15 persons for six weeks as strawberry growers. MDTA funds, \$8,414.

Wilson County Technical Institute at Wilson will train 20 persons for 36 weeks as welders. MDTA funds, \$47,021. Another project at Wilson County Technical Institute will train 20 persons as stenographers for



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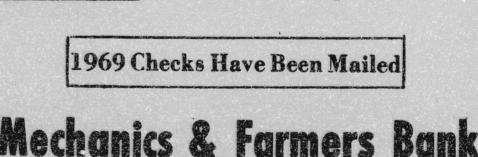


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