



MARKETERS HOST NAACP--These Gulf Oil marketing men, from the company's Eastern Marketing Region, met recently in Philadelphia with Region Vice President E. F. Jacobs (fifth from right, front row) and Daniel G. Kean (fifth from left, front row), Senior Public Relations Representative, for a discussion of special marketing problems and to play host to the Pennsylvania Conference of Branches of the NAACP at a reception following the group's Awards Banquet. From left are Sales Representatives T. L. Knight, Linden, N. J.; J. A. Finley, Baltimore (C. Hoffberger Co., a Gulf subsidiary); G. O. Strothers, Pittsburgh; C. J. Evans, Pittsburgh; D. E. Smith, Baltimore; Sales Supervisor D. A. Young, Boston; Sales Representative R. B. Bowie, New Haven, Conn.; Mr. Kean; Sales Representative Lawrence Edgerson, Camden; Mr. Jacobs; Sales Representative J. A. Hendricks, Washington; P. W. Bennett, Philadelphia; C. A. Hereford, Boston; R. O. Vaughn, New York City (Gulf Plastic Products Co.); B. E. Willis, Baltimore; and K. L. Hawthorne who is on loan to the Commonwealth of Pennsylvania as Executive Director of the Governor's Council on Urban Affairs.

Harlem Activist Confront Pres. Nixon In Washington

WASHINGTON, D. C.--Black activists from Harlem spent two days in Washington recently, conferring with officials of the Nixon Administration and the Republican National Committee in an effort to determine what the Administration is doing to carry out President Nixon's campaign promise to give the Black Community "a piece of the action."

Clarence L. Townes, Jr., Assistant to Republican National Committee Chairman Rogers C. B. Morton, in addressing the group known as the Liberal Independent Republican Club of Harlem commended them for their interest in the affairs of government and "for taking time to come to Washington to get a better insight into the many outstanding programs of the Nixon Administration and the Republican Party."

The group composed of ten professional men and women from Harlem, headed by John Cottman, Recruitment and Training Coordinator for the housing and Development Administration of New York, described the trip to Washington as a "fact finding mission."

"We want to find out first hand what the posture of the Administration is toward the Black Community and to see what steps are being taken to involve Blacks effectively in the governmental process."

Following two days of meetings with Agency personnel and Mr. Robert Brown, Special As-

stant to the President, Mr. Cottman said, "we were genuinely impressed with the minority representation at the policy making level and the track record which has been set by the Administration in the field of civil rights suits. The Nixon approach is more positive toward the Black Community than we have been led to believe."

Course Offered For LPNs By Holding Technical Here

A course covering "Charting and Order Interpretation" for Licensed Practical Nurses will begin December 4 at Wake Memorial Hospital. This 22-hour course is being conducted as occupational upgrading for LPN's through the Extension Division of Holding Tech.

In order to serve the greatest number of practicing LPN's, the course will be offered at both day and evening sessions, and is a short, intensive course aimed at developing an understanding of the nature and im-

portance of charting, charting procedures, record keeping, and interpretation of Doctor's orders as related to the duties and responsibilities of the LPN.

Registration and the first class for the daytime sessions will be held Thursday, December 4, at 8:30 in the Auditorium of the Health Education Building at Wake Memorial. The day classes will meet from 8:30 until 10:30 on Tuesdays and Thursdays.

Registration and the first class for the evening sessions will be held on Thursday, Dec. 4, at 7:00 also in the Health Education Building at Wake Memorial. The evening sessions will meet from 7:00 until 9:00 each Monday and Thursday.

Both sessions will meet for eleven two-hour classes, however there will be no classes the weeks of Dec. 22 or Dec. 29. After the fifth class session on Dec. 18 there will be a Christmas break and classes will resume the week of January 5 with the classes concluding on Thursday, January 22nd.

There is no charge for this course, and the only prerequisite for enrollment is that the prospective student be a Practical Nurse, currently licensed to practice in North Carolina.

Prospects for a successful grid campaign during the 1970 season appear bright. FSU loses Jerry Williams, Alfonso Williamson, and Haywood Sharpe, via graduation. However, the Broncos have a bevy of sophomores and juniors returning.

PREGNANCY PLANNING AND HEALTH

BY MRS. GLORIA RIGGSBEE

Dear Mrs. Riggsbee:

I read your column every week and I think it is very interesting and helpful. A month or so ago, I read what you said about V. D. and I remember what you said about the different diseases. In one of the columns, you said that one symptom of Gonorrhea is a burning feeling during urination. I've been having this for about a week, and I seem to have to urinate all the time. Do you think I have V. D.? I haven't had relations with anyone except my husband, and doesn't have this burning feeling. Please answer soon! Mrs. M. E. Dear Mrs. M. E.:

It is true that Gonorrhea begins as a burning sensation during urination, but only in the man. When the Gonorrhea germ enters his body during sex relations with a woman who has this disease, the germ lodges in his urinary passage and causes a small sore to grow. When urinating passes over this sore, he feels a burning sensation.

In the woman, however, the urinary passage and the sex passage are separate, so this does not happen. The woman may develop a discharge and later, she may have severe pain in her lower abdomen.

So relax! What you have, most likely, is a bladder infection. You should make an appointment with your doctor or the Wake County Health Department, 3010 New Bern Avenue, for treatment.

P'd like to stress that anyone with ANY kind of an infection --whether it's a urinary infection or a vaginal discharge--should always go to a doctor immediately. Most infections are not serious to begin with, but any health problem which is not treated is bound to get worse.

Dear Readers: From time to time, articles appear in newspapers and magazines which create doubts and

140 Jobless Tar Heel To Be Trained

ATLANTA, Ga. - William U. Norwood, regional manpower administrator, U. S. Department of Labor here, said the Department of Labor and the Department of Health, Education and Welfare have last week announced approval of seven Manpower Development and Training Act (MDTA) projects to provide classroom-type training for 140 jobless or underemployed North Carolinians at a Federal cost of \$239,967.

A project to be conducted at Gaston College, Gastonia, will provide 38 weeks' training as stenographer for 20 jobless persons. MDTA funds, \$36,547. Two projects will be conducted at the Guilford Technical Institute, Greensboro, to train: 15 auto mechanics for 33 weeks, MDTA funds, \$40,184; 30 cashier-checkers for 15 weeks, MDTA funds, \$30,256.

Southwestern Technical Institute at Bryson City will train 15 persons for six weeks as strawberry growers. MDTA funds, \$5,414.

Wilson County Technical Institute at Wilson will train 20 persons for 36 weeks as welders. MDTA funds, \$47,021. Another project at Wilson County Technical Institute will train 20 persons as stenographers for 36 weeks, MDTA funds \$39,623.



misunderstandings about the birth control pills. I would like to take this opportunity to provide you with very brief answers to the questions most frequently asked about the pills.

DO THE PILLS CAUSE CANCER? Absolutely not. In fact, many doctors believe that the pills help to prevent women from getting the "female cancers," cancers of the breast and the womb.

DO THE PILLS CAUSE DEFORMED BABIES? No. Women who have taken the pills are NO more likely to have a deformed baby than women who have never taken them.

CAN THE PILLS MAKE YOU GO BLIND? No. There is NO proof that the pills can damage eyesight.

IF I TOOK THE PILLS AFTER I WAS ALREADY PREGNANT, WOULD I LOOSE THE BABY? No. The pills do NOT cause abortions.

DO THE PILLS CAUSE BLOOD CLOTS? No. A woman taking the pills who has never had a blood clot in the leg or abdomen is NO more likely to develop one than women who do not take the pills.

DO THE PILLS MAKE YOU STERILE AFTER A WHILE? Absolutely not! After a woman stops taking the pills it is as easy for her to become pregnant as it was before she started taking them.

CAN YOU GET IMMUNE TO THE PILLS? No.

HOW LONG CAN YOU TAKE THE PILLS? This is a decision which should be made by the doctor who prescribes the pills for you. If a woman is getting along all right and the doctor says it's okay for her to continue, she may. A large group of women has been taking the birth control pills for more than ten years now, with NO effects.

WHY ARE THE PILLS ONLY GIVEN BY PRESCRIPTION? Because doctors agree that NO drug is completely safe for everyone at all times. Even aspirin can be a dangerous drug for some people. Likewise, some women should not take the birth control pills. The doctor needs to know a woman's medical history before he can decide whether the pills would be safe for her to use.



"EPIDEMIC OF FEAR" SCENE--Boston: Assaults on aging Jewish residents in a neighborhood near the city's Roxbury Black ghetto have created an "epidemic of fear," community leaders said, November 24. Police said the increase in fear outpaced the increase in crime. A Boston Police canine car patrols the Jewish enclave bordering Roxbury, Dorchester and Mattapan where attacks, beatings and robberies have become frequent, according to Rabbi Mordecai Savitsky. (UPI).

Cultural Differences Are Commended By The N. E. A.

WASHINGTON, D. C.--Culturally different does not mean culturally disadvantaged, but this semantic misunderstanding may be one of the major reasons why education is falling great numbers of children in America.

This belief is expressed in a publication, "Media and the Culturally Different Learner," published by the National Education Association's Project Urban and the Division of Educational Technology. The authors include Joseph M. Conte, associate professor of education, La Verne College, La Verne, Calif.; George H. Grimes, supervisor of curriculum laboratories, Detroit public schools; George W. Jones, director of Project Urban; and Anna L. Hyer, director of the Division of Educational Technology.

The book is designed for use by teachers, administrators, publishers and producers of media materials for distribution in the public schools.

The publication consists of two chapters dealing with the learning characteristics of cul-

turally different children, and how media can be used to teach them, and an annotated list of audiovisual materials that can be used in the classroom. While the opening chapter stresses that the book deals primarily with the poor in urban communities -- and primarily the

black poor -- it also states that "it must also be recognized that the children of the white middle class are culturally deprived in a very real sense. In many cases they are nurtured in and limits to an unrealistically all-white world."

Song Book By B. B. King, 'Why I Sing Blues', Here

NEW YORK, N. Y. - Initial sales in music stores across the country indicate that a new B. B. King guitar song book, "Why I Sing The Blues," will be a best seller. It was announced here this week by B. B. King's manager, Sidney A. Seidenberg.

Published by Hansen Publication, it contains photographs as well as the words, music and chord symbols of 29 of the great guitarist's own compositions, including such hits as "Get Off My Back, Woman," "Lullie," "Paying the Cost to be the Boss" and "Why I Sing the Blues."

Since the ABC/Bluesway recording artist writes about 90% of the songs he has recorded, Seidenberg says there is more than enough for a second B. B.

King guitar folio, which is to be issued within the next few weeks and a third is already in the planning stages.

In explaining the success of this first folio, Seidenberg points out that "B. B. King has always been a teacher. Whenever he appears his dressing room is filled with young guitar players asking him how he played certain things they've heard on his records. Now, for the first time there is a B. B. King lesson book to which they can return again and again."

FSU's basketball team will be decked out in blue blazers for road trips. The Broncos have FSU emblems along with gray trousers to put them among the best dressed in the CIAA.

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- NO. 1 SWEET POTATOES lb. 10c

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