White Ex-Minister's Wife SaysBlacksDeserveReparations





It is interesting to note that the interest in the National Shrine, which is under contruction in Winton, is gaining momentum by the day. As we move around in the various states, we find that both the Brothers and Daughter Elks are very much keyed up over the fact that the National Shrine is now a reality. There is no doubt in my mind that with this program being under way, it will have a tendency to bring in a lot of new blood and also get back he few deserters that we lost.

I think, if there was ever a ime that we needed to form a olid front, it is now. Grand xalted Ruler Hobson R. Reynolds and the lodge cannot do any more than we let them do, I mean by that, he can give of time, his land and anything else he desires but he must have our support morally and financially to do the job that lies ahead. I am saying to the lodges and temples everywhere "let us do our duty in helping to build the Shrine."

Members from Fidelity Lodge No. 277 and Capitol City Temple No. 310 of Raleigh attending the anniversary of the Fez Club of Salomia Temple in

State of the second state of the

PORK LIVER or

LEAN PORK

GOOD

ARMOUR'S

SMOKED

1415-17 SOUTH SAUNERS ST.



Durham on Saturday night were: Daughters Eva Coadie, Florine Moore, Agnes McCabe, Mae Broadie, Brooksie Farrar, Alberta Hicks, Mary and Lillian Turner, Evelyn Franklin and Rosa Delaine. Brothers attending were A. A. Vance, Lewis Dunbar, Gathea Harris and Artis McCabe. According to the that he did so because of the report given to your writer, Pres. Jessie Nunn and her group did a marvelous job in seeing that everyone in attendance had a good time. The group over criticized for working for fair in the Bull City usually rolls housing and other equal rights she realized, "It is all right

out the welcome mat. While working in the nation's capitol last week, I had the pleasure of visiting a former Raleighite and good friend, J. Royal (Skink) Browning, Heasked me to say to his many friends that he will be here for the Shaw University's homecoming next month. He also stated that he was expecting a large group from Washington to come down to see Coach (Tricks) Clements and the Bears. I must say good day, since

I am rushing to get out to hear our Vice President at the Coliseum this evening. See you next week. Don't forget to read your CAROLINIAN.

Husband, Wife Leave Church; **Claim They Couldn't Change It**

NEW YORK-The wife of a former Protestant minister, who is white. declared in a magazine article, released Thursday, that the Blacks have the "right" to demand money from churches for use by Black community.

"For too long the Black man has contributed his sweat and tears to all of America's white institutions, including the Church, and has received little in return," Mrs. Floyd Marker of El Sobrante, California, charged in the current issue of Redbook magazine.

Mrs. Marker, who with her Mrs. Marker, whose husband left the ministry in 1968, said husband, is now working outside the Church to accomplish necessary changes, expressed racial prejudice he found among the majority of church memthe hope that the Church will bers. Mrs. Marker said that change and become relevant to the world in which we live. when she and her husband were

"We must retain a hope that change can come about fast enough so that violent revolution isn't the Black man's only way of securing his dignity and his rights," she said. "The Church should meet any 'force'

to talk in church about social

problems, but for the Church

to taking an active part is solv-

ing them -- that's going too far."

article that she first became

involved in civil rights in 1950

in Reno, Nevada, when she wit-

nessed the racial injustice

which existed there in hotels

and restaurants. She continued

her fight as her husband mov-

ed around from parish to par-

ish in Central California. The

prejudice she found among par-

ishioners made her realize

why the Black man has gone from "nonviolence to mili-

tancy," she said.

She recalled in her Redbook

Jackson 5 Score Grand Slam With Single As "I'll Be There" Is Tops

for

NEW YORK - Motown's fantastic Jackson 5, who've recently broken concert attendance records in Boston, Cincinnati, Memphis, New York, Detroit and Chicago, scored a grand lam as their latest single "I'll Be There" became the fourth consecutive single record to become the number 1 single around the country.

Every single that Motown Records has released on the group has enjoyed sales surpassing the two and one-half million mark. The Jackson 5 can now boast a four for four average for singles sales.

Not only have the Jackson 5's records all been million plus sellers; but within the past two weeks, they've made six record smashing concert appearances around the country.

On Oct. 9 at Boston Gardens, the Jackson 5 drew an audience of 15,913 payees for a gross gate of \$78,288; Oct. 10, Cincinnati Gardens 13,922 pavces for a

Eight A&T, Bennett Coeds Vying For Title At Omega 'Mardi Gras '

sity and Bennett College are vy- or semi formal attire. ing for the title of "Miss Mardi Gras of 1970."

The winner will be crowned during impressive ceremonies annual Mardi Gras to b

from Black militants with the greater 'force' of lover -- a force that church members profess but seldom use.

"We could meet our Black brothers more than halfway in paying reparations on the basis of brotherhood, by giving out of a gratitude that we have the money to give and by giving with the thankfulness that our sins (of omission and commission) may yet be pardonable."

gross of \$01,516; Oct. 11 Memphis Mid-South .liseum, 11,-859 payees for \$62,959; Oct. 16 New York's Madison Square Garden, 20,000 payees for \$122,000; Oct. 17 Detroit's Olympia Stadium, 15,119 payees \$81,400; and Oct. 18 two shows at Chicago's Amphiare themselves changing. theatre 21,000 payees for \$101,-

The six concerts, sold out within a week after tickets were put on sale, grossed more than one-half million dollars while thousands of the Jackson 5's fans were turned away.

Labeled as America's No. 1 singing group, The Jackson 5 were products of Gary, Indiana's inner-city prior to being discovered by Motown's

super-star, Diana Ross. The Jackson 5 are five brothers, who range in age from lead singer Michael, 11, to Jackie, 19. Other brothers are Marlon, 11, Jermaine, 15 and Tito, 16.

GREENSBORO-Eight young and his combo. Dress for the ladies from A&T State Univer- Mardi Gras will be costumes

PREGNANCY

PLANNING

AND

HEALTH

I started taking birth control

at that time that I was already

pregnant, Of course, as soon

as I realized I was going to

have a baby, I stopped taking

them. Now I am worried that

the pills may have harmed the

baby. Is this possible? Or could

they cause me to lose the baby?

My husband and I had not plan-

ned to have a baby just yet, but

The Psychiatrist's Corner

THE SEXUAL DILEMMA. OF COLLEGE STUDENTS A few days ago, I was invited to speak to a group of local college students on the subject of Sex, Courtship and Marriage. This article is a sequel to that event. A number of interesting questions were raised by the students to

include the causes of homosexuality and incest. Because of the magnitude of those issues, I

feel special attention should DR. CARTER be devoted to each at a later date and for the moment let us focus our attention on the questions raised concerning sexual morality and the apparent dilemma of the college students.

The sexual code that guides many of today's colleges students is far different from that of only ten years ago. College exactly on how the sexual practices have changed or whether the new sexual freedom is to be endorsed or rejected, but they all agree that there has been a sexual activity more openly discussed, but that the assump- creased tension during the early tions on which morality is based months of marriage.

The old deterrents of venereal disease, pregnancy, and fear of detection are gone; instead of relying on negative controls or fear, we are coming into a new time of positive control by personal commitment and responsibility. It is upon this premise that across the country universities are permitting male and female students to live in the same dormitory facilities.

Any society has to have some check or regulation on its sexual behavior if it is not to be gravely affected by internal tensions. The absence of any controls on sexual behavior is advocated by some as being the solution to the Social conflict, personal misery and violance. If sexual taboos and the emotional reactions associated with them could be removed, the argument goes, a world free of tension and guilt could be created.

By JAMES H. CARTER, M.D. Dcrothea Dix Hospital

People who take this point of view are usually ignorant of both history and psychology, because experience seems to show that whenever unrestrained sexual freedom has been tried it resulted in social chaos. However, the new climate of sexual freedom has a number of advantages over that of the past, particularly in the healthy elimination of much of the guilt,

hypocrisy secrecy, and morbid fascination which have in the past clouded physical relationships. There is no reason for the older generation to assume that standards are being abandoned just because the issues are being openly discussed. It is not sexual behavior that determines character, but character that determines sexual behavior. The frankness with which this particular group of young adults discussed sex is without a doubt much more refreshing, natural. and appropriate to man's basic nature than the tenseness. physicians may not all agree overrestraints, and artificial separation of physical and emotional love required by older standards. Most psychiatrist believe that this new freedom leads to greater emotional qualitative change. Not only is health, better ability to communicate with others, and de-

> Most college psychiatrists have come to the conclusion that the students who ignore sexual standards are not more happy or effective than students who observe those standards; they are, in fact, the ones most affected with depression, anxiety and the loss of self-esteem. Therefore it seems safe to say that although sexual restrictions can and do produce emotional disorders, complete sexual freedom produces even more disabling conflicts. The essential task of college education, psychiatrist and administrators as well as faculty members-is to learn what freedom and what restraints are necessary and how to set these up in the total

context of college life. Finally, sexual relations will be satisfying or not depending on whether the total relationship is satisfying. What, then is mature sexuality and how is it attained? First of all, it is a respect for the sexual component of the personality. It means an acceptance of sexual feelings and urges an appropria neuchoscovual relation with

other persons, and it assumes that such relations are normal, desirable, and good when they are carried out with appropriate consideration for the needs of others as well as oneself.



EVERS ENDORSES ROCKE-FELLER-Schenectady, N. Y .: Mayor Charles Evers of Fayette, Miss., endorses Gov. Nelson Rockefeller of New York for re-election in a speech at Union College here last week. Evers, a Democrat, said Rockefeller would probably be surprised to hear of the endorse-

ment. (UPI). NC Chapter Of Mogan State College Alumni Meet

The N. C. Chapter of Morgan State College Alumni Association of Baltimore, Md. will meet Saturday, Oct. 31, in Greensboro, at 821 Pearson St.

The business session will begin at 11 a.m. All graduates of Morgan State College, who live in N. C. are expected to be there. The general session will end early enough for football fans to witness the game with the Morgan State College Bears and the A&T University Aggies at War Memorial Stadium.

The state officers are: President, Booker T. McCallum, Greensboro; secretary, Mrs. Doris Moultry, Winston-Salem; treasurer, Attorney F. J. Carnage, Raleigh; Southern Regional Director, Mrs. Minetta Eaton, Raleigh; Reporter, Jonathan Campbell, Winston -Salem.

PLACE WREATH ON GRAVE-The above picture shows a wreath being placed on the grave of the late Daughter Carrie Price, the last deceased member of the Capitol City Temple, Raleigh. Reading from left to right are: Daughters Aretha King, Alberta Hicks and other members of Capitol City Temple No. 310. (See Tarheel Elk on Move, for story).



RIB STEW BEEF lb. 49c

PORK CHOPS or PORK STEAK lb. 59c

COLUMBIA or COKEY BACON lb. 59c

WEINERS or BEEF LIVER lb. 59c

STAR PURE LARD 3 lbs. 72c

Country HAM HOCKS or SIDE lb. 69c

CLUB, RIB or ROUND STEAK . Ib. 98c

SAUSAGE or BOLOGNA lb. 59c

OPEN 9:30 TO 6:39 MONDAY TREU THURSDAY OPEN 9:60 TO 7:00 FRIDAY AND SATURDAY

RALEIGH, N. C.

More than three-fourths of the world's 1.2 billion children live in the developing nations. UNICEF aid helps protect these @ AUTO ACCESSORIES children from malnutrition and diseases and prepares for future citizenship

> * * * In the developing nations, nearly half the population are under 15 years of age, Approximately three-quarters of the world's children live in areas where the average income is less than \$500 a year. The United Nations Children's Fund helps provide better food and

medical care for these youngsters.



"MISS NCCU" CROWNED-North Carolina Central University President Albert N. Whiting crowns Miss Brendell Turner of Burlington as "Miss NCCU, 1970-'71," in recent ceremonies of the campus.

held Friday, Oct. 30, at 9 p.m. in the new Exposition Building in the Greensboro Coliseum area.

"Miss Mardi Gras" will be crowned by Dr. W. L. T. Miller of Greensboro, a member of the Tau Omega Chapter of BY MRS. GLORIA RIGGSBEE Omega Psi Phi Fraternity, Dear Gloria: sponsor of the affair. pills a month ago, not knowing

The contestants are Miss Betty Fuller, Henderson; Miss Debra Hill, White Plains, N. Y.; Miss Susan Waters, Lynchburg, Va.; Miss Dorothy Caldwell. Rock Hill, S. C.; Miss Pamela Griffin, Washington, D. C.; and Miss Deniece Galloway, Roanoke, Va.

The Mardi Gras is an annual activity of the Tau Omega chapter. Funds realized from the affair provide scholarships for worthy undergraduates and graduate scholarships.

This year, the ball will feature music by two big bands, Garnet Mimms and the Playboys and Geechee Robinson

now that we are expecting, I don't want to have anything go wrong, Mrs. W. Dear Mrs. W .: No, the birth control pills you area. took will not have any effect on the baby, nor will they cause a miscarriage. You did not mention seeing a doctor since you discovered you are pregnant. If you have not yet been to the doctor, please do so--regular doctor visits during pregnancy

baby. Dear Mrs. Riggsbee: There are so many kinds of birth control pills now -- but

are very important, both for

your health and that of your

only different brands, but different strengths, I understand some pills are stronger dosages than others. How does a person decide which one she should take? P. R. Dear P. R .:

A woman doesn't decide which type of birth control pill she should take. This is one reason the pills are not available, except by prescription, A woman needs to be examined by a doctor and interviewed by the doctor or a nurse or social worker before a decision is made as to whether or not she should take the pill at all, and if so, which of the many types of pills now available she should take. Birth control pills are a drug, and just as with any other drug, even aspirin, there are a few women who should not take them. As I have said before in this column, only a doctor is qualified to decide whether or not you should take the pill and what brand and dosage is best for you. That is why you should never borrow pills from a friend or obtain them in any way other than by a doctor's

prescription. * * * Dear Mrs. Riggsbee: I hope you don't mind getting

a letter from a 12 year old girl. Some girlfriends and I have



been talking about going swimming when you have your period. One girl who goes to high school says the girls go in the pool whether they are "sick" or not. But some of us have been told by our mothers never to go in swimming at that time of the month. What is the right thing to do about this? S. T. Dear S. T .:

Of course I don't mind receiving a letter from a 12 year old. I am delighted to hear from anyone who has a question concerning reproduction or any matters relating to this general

Nowaday, most doctors, health teachers and physical education teachers agree that it is perfectly all right for a girl to go swimming during her menstrual period, provided she wears a tampon or prevent the water from becoming contaminated. Swimming or bathing in very cold water may stop the menstrual flow temporarily, but indoor pools are generally heated.

It is true that, in your mother's day, it was generally said that it would be harmful for a girl to go swimming or even shampoo her hair, but this is no longer the case. The normal, healthy girl should suffer no ill effects from swimming, no matter what time of month it

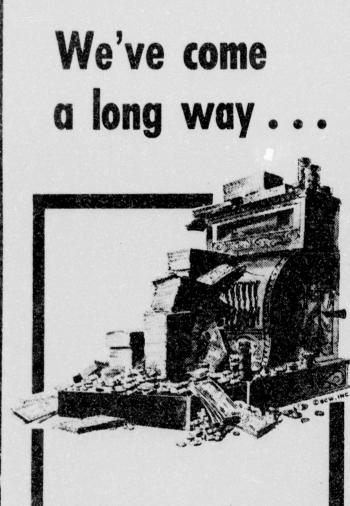
And please, don't refer to the menstrual period as being "sick". This is another "oldfashioned" term which should no longer be used. Having menstrual periods is a normal bodily function of a healthy female, not a "sickness!" * * *

Dear Gloria:

I would like to have a copy of that free booklet you mentioned one time, about tests and treatments for people who want to have a baby, but have not been able to. I can't remember the name of it but hope you know which one I mean. 5.5. Dear S. S.:

The booklet you want is called "fertility Tests and Treatments" and I am sending you a free copy in the mail today. This booklet, or a booklet which explains birth control methods, will be sent free of charge to anyone who requests one.

Send your requests and your letters to: Mrs. Gloria Riggsbee, 214 Cameron Avenue, Chapel Hill, N. C. 27514.



Banking has come a long way since the horse and buggy. But one thing at our bank has never changed. That's old-fashioned, courteous service. Why not bank where the customer is treated as more than just a computer number. Bank with us.

MECHANICS AND FARMERS BANK

Large enough to serve you . . . Small enough to know you.

RALEIGH-DURHAM-CHARLOTTE Member Federal Deposit Insurance Corporation