

I understand that we had two representatives from the State to attend the National Exalted Ruler's Council meeting over the weekend in Belgrade, Florida. They were John Chambers of Statesville and James E. Campbell of Mooresville. Our State Director, J. R. Haywood, who is the Exalted Ruler of Fidelity Lodge No. 277 was not able to attend the meeting in Florida due to a minor illness. I am sure that my readers will be sorry to hear of the illness of Bro. Haywood and hope that he will soon be back to his real self again.

Those attending the "Hot Pants" and "Shorty Short" Dance over the weekend said it was a grand affair and the one for the weekend of the Fourth of July is supposed to be even better, so you can't afford to miss it

The interest is continuing to increase on the Tour for the National Convention, to be held in New Orleans the last week In August.

I had a nice chat with Exalted Ruler John Ward of Marshall Lodge in Wilson this week. He informed me that he and several others of the Wilson area would be happy to join the New Orleans Tour, becauseotherwise they would have to go all the way to Washington, D. C. to join a Tour to the convention.

On a short visit to Wilson last week, while attending my district Sunday School in Kenly, I had a chance to talk with Brothers Levi Godwin and James Harris, who are active members of Marshall Lodge. They are planning to worship with the group from Raleigh and Rocky Mount Sunday morning at Galatia AME Church in Marshville where your humble servant is the pastor. In speaking of Galatia, I am pleased to tell my readers that we have been funded \$650,000 to build a lowcost housing complex and it will bear the name of the late P. A. and Laura Richardson, who played a major role in the building of Galatia AME Church. According to the present plans, construction will be started

within 120 days. The two-day Sunday School Convention held in Kenly last week was very impressive under the direction of our beloved Presiding Elder, the Rev. H. Clarence Walker with his charming wife in charge of the music. Among the convention visitors were Presiding E1ders Greene of Wilmington, Holland and Stevens of Fayette- 674,000 through Federal Govville and their wives. Rev. Holland also had his daughter with him. Other visitors included Rev. and Mrs. Stanley from Fay- which works with the Governetteville and Bro. S. W. Moore of Castle Havne. The min-but does not receive public funds.

4

1

isters representing the Rocky Mount District were Cooper, Ingram, Bullock Bivens, Richardson, Stokes, Turner, Bannerman, Best and Wilson.

Every time I think about discontinuing this column, I run into some of my readers and they tell me how much they enjoy reading it, so I am inclined to continue.

A few days ago I was having lunch downtown and so was Mr. Wilbert Sanders. He stated how much he enjoyed the column. On the same day, I ran into Sister Lizzie Flowers, one of our well known gospel singers and also Mr. James Shepard, a well-known business and political figure here, who encouraged me to continue. With this type of encouragement, I guess I will be like "Peg Leg Bates" who said during one of his performances, "if they continue

to encourage me I would break the other leg."

I am sure the sports world was saddened to hear of the death of the one great Kenny Washington. You probably remember he and Jackie Robinson when they played in the Rose Bowl game in the arly 30s. Also our hearts go out to Jackie Robinson and his family in the accidental death of his son last week.

On the local scene, quite a few Raleighites went up to Petersburg, Va. to witness the wedding of Miss Marveen Quarles, the daughter of Dr. and Mrs. Walker Quarles, who formerly lived here in the Cap-

ital City. Continue to read The CARO-LINIAN, your favorite newspaper. See you next week. P. S.: I just had a long

distance call that informed me that Dr. Robert Walter (Whirlwind) Johnson of Lynchburg, Va. passed Monday morning in a local hospital. He was stricken in church Sunday.

The new Occupational Safety and Health Administration will concentrate on five of the nation's most hazardous industries in its drive to improve safety and health conditions in the American workplace, The five target industries, longshoring, roofing and sheet metal, meat and meat products, miscellaneous transportation

products, together employ more than 1,500.000 persons. More than 824,000 10b opportunities will be open to

equipment and lumber and wood

D.C.SamuelJackson **Keynote** Problems

Samuel Jackson, Assistant Secretary of the U. S. Department of Housing and Urban Development will be the main speaker at the North Carolina Black Elected Officials Conference, The conference will deal with the many problems of towns and cities and how Black elected officials can make their positions more meaningful to the Black community.

Edwards extended an invitation

to all the Black elected officials

in the state to attend the con-

In the general session of the

conference, Mr. Jackson, other

HUD officials, and officials from

other government agencies will

outline the various programs of

their department that are avail-

able to the state's municipali-

ties. After the general session.

the Black officeholders will have

Minorities Division.

ference.

an opportunity to consult on an John Edwards, Director of the individual basis with HUD and North Carolina Voter Education other officials about the parti-Project, announced that the concular problems of their commuference will be held July 16-17 in Raleigh. In his announcement, nity

Representative Henry Fyre, one of the two Black members of the General Assembly, is serving as acting chairman of the North Carolina Black Elected Officials. The organization was recently formed to give these officials an opportunity to exchange ideas about mutual problems and to provide the state's Black officeholders with the same information that is received by other officials.

Democrats Claim To "Be Peoples' Party

Blacks, chicanos and other run for president under the demminorities will have more power ocratic banner will be the peoin the selection of the democra- ple's choice. Major emphasis will be placed on registration tic presidential nominee next year, and the Democratic Nadrives among blacks, chicanos tional committee (DNC) is and the 18-21 year olds -- the launching a campaign to help groups heavily under - reprethese grass roots members gain sented. a bigger share of the political

"Flaws in the presidential decision-making, according to nominating process of both po-Andrew Muse, director of DNC's litical parties historically have lessened the political power of He said the new political powthese minorities," Muse deer for minorities stems from lared.

"While the Republican Party Democratic Party reforms that "make it now more than ever has been non-responsive to the the party of the people." need for ending policies and New reforms for the party call practices that discriminate for non-discrimination on local, against and often exclude the county, state and national levels. poor, the youth, women and State parties are required, aracial and ethnic minorities," mong other things, to take afhe continued, "the Democratic firmative steps to encourage Party has really made itself the minority representation in pro- 'People's Democratic Party' by committing itself to a "full, portion to their numbers in the state to choose delegates to parmeaningful and timely' opportunity for all democrats to party national conventions. The political organizations, ticipate in the delegate selecfor example, must publish the tion process and help determine time, places and rules for conwho will be nominated to run for ducting public meetings and President."

must meet in easily accessible He said the reforms represent "the greatest change ever" The guidelines also urge state in the party's effort to eradicate parties to adopt regulations to race, ethnicity and poverty as remove fees that price out the causes for political powerlesspoor and minorities from the ness. The reforms were recomdelegate selection process and mended by a commission headto eliminate voter registration ed by Senator George McGovern laws which limit or restrict par- (Dem-S.D.) under a mandate of the 1968 Chicago Conventio

Savings Bonds

more than 14 percent over

and H Bonds for May were

\$6,611,867, a 12.2 percent in-

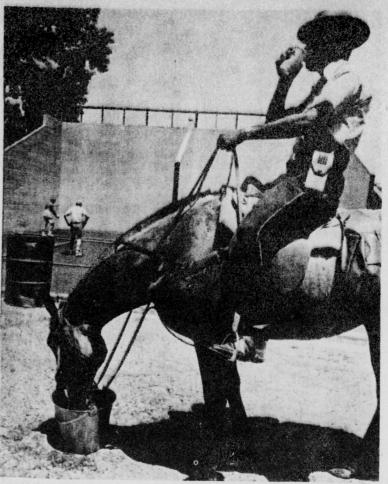
January-May cumulative

sales amounted to \$31,689,827.

the largest volume sold for

any comparable period since

1945, and a 12 percent increase



"WETTING DOWN" - St. Louis: Wetting whistles of the law, a mounted patrolman, Milton Reed. and his horse, Deputy, pause for a cool drink in front of the handball courts in Forest Park. The temperature hit a humid 97 degrees in St. Louis June 25, for the hottest day of the year so far. (UPI).

Civil Rights Commission Members Want To Up Scope

NASHVILLE, Tenn. - All six members of the U.S. Commission on Civil Rights want to expand the scope of their monitoring of civil rights throughout the nation, and one commissioner strongly advocates additional powers to do the job, according to a special report on the federal agency.

Commissioner Maurice Mitchell, also reflecting the conscensus of the commission's staff workers, sees a need for more enforcement and subpoena powers. Mitchell, who is chancellor of the University of Denver, thinks "the commission is going to be swept into the activist position whether it likes it or not." On special assignment for the Race Relations Information Center of Nashville, Tenn., investigative reporter Jack Nelson talked with both the commissioners and the CCR staff to assess the agency's

accomplishments and its fu-

ture role. His findings are

published in a RRIC Report, "The U. S. Commission on Civil Rights: A More Activist Role?" Nelson has reported extensively on civil rights as a newsman and author, and presently he is a member of the Los Angeles Times bureau in Washington, D. C.

"Toughness and diplomacy" have been the principal tactics of the 14-year-old agency, Nelson found. Most of the members favor continuing the traditional role as a research and monitoring agency, although they feel more emphasis should be given to all minorities, such as the Spanish-speaking and Indians. The commissioners also talked to Nelson of investigating such areas as police enforcement and poverty programs.

"Ever since President Eisenhower appointed the first commissioners in 1957, the agency, temporary by statute and tiny by federal standards.

THE CAROLINIAN RALEIGH, N. C., SATURDAY, JULY 3, 1971 Norrington AME Zion **Church Entertains Session** LILLINGTON - Norrington ice on Thursday, Mrs. Doris

A.M.E. Zion Church, Lillington, entertained the 67th Session of the Raleigh District Christian Education Convention of the Central North Carólina Conference June 16th, 17th and 18th. The pastor of the church is the Rev. J. W. Redfern of Raleigh, The Rev. E. H. Beebe of Fayetteville is Presiding Elder.

was, "The Black Church's Accountability In An Integrated Society."

Highlights of the Convention were as follows:

The opening message was by the Rev. James A. McDougold, pastor, St. Mary and Taylor Chapel Churches. His text was taken from the 18th Chapter of Luke, the 9-14 verses, using as a subject "Everybody is Somebody." Music was by the Norrington Junior Choir with Rita Ross at the Piano.

ed of a topic discussion on "Christianity, Past, Present and Future." A controversial question and answer period, led by Mrs. M. N. Douglass, followed.

The evening services com-James McNeill, in behalf of the in behalf of Mt. Olive United Methodist Church; and Mrs. Queen Esther Black in behalf of White Oak Missionary Baptist Church. Scripture was read by Miss Vivian Campbell and prayer was given by Victor

Response was by Miss Joyce Perry of Grace Church, Raleigh. Announcements were made by Rev. J. W. Redfern, and remarks and the benedicion were given by Rev. Beebe, Presiding Elder.

The Annual sermon was delivered by the Rev. W. E. Walker, Pastor of Selma Circuit. His text was - "Thanks Be Unto God for His Unspeakable Gifts."

ing sessions began with the model Sunday School hour with Judy Campbell, Mrs. N. M. Douglass and the Rev. T H. Harris serving as teachers or Thursday and Judy Campbell, Mrs. Willa Harris and Rev. Perry teaching the classes on Friday. The lesson was recapped by Mrs. E. P. Williams and Mr. J. O. McLean on Thursday and by Rev. T. H. Harris

The Rev. Harris' presided

at the noon hour worship serv- ton.

Britt gave a lecture on Church music. The afternoon session was highlighted by the children's hour conducted by Mrs. Christine Evans of Bethlehem Church. Topic for discussion was - "Things Children Can Do To Live A Full And Worth-

The noon session on Friday

Panel were Runell Cutts of

Williams Chapel Church, Linda

McLean, Andrews Chapel; and

Judy Campbell and Brenda Mc-

Neill of Norrington Church.

held in the afternoon with Kathy

Chalmers of Andrews Chapel

winning in the junior group

and Mary Matthews of Bethle-

hem winner in the senior group.

Other participants were Anna

Bell McLean of Andrews Chap-

el, Kathy McNeill, Norrington,

and Fannie McLean, Paradise.

began with the Awards hour.

The Friday evening session

Pamela Campbell and Brenda

McNeill of Norrington were

winners in the Bible Quiz. Bet-

ty Moore of Norrington was

winner in the popularity con-

test and was crowned Miss

Raleigh District, and Rev. J. W.

Redfern, pastor of Norrington

Church, was named pastor of

the year for the Raleigh Dis-

The Rev. C. J. Chalmers,

Following the worship serv-

The audience joined the choir

A. M. E. Zion Church, Lilling-

trict.

The Oratorical Contest was

13

while Life," She used filmstrips on "Learning to Forgive The theme of the Convention and "What Do you Think About Tattling." The evening session included the Educational Sermon by the Rev. M. F. Booker of Mt. Mari-

ah and Union Chapel Churches. He was accompanied by his choir. His text was taken from John 13th Chapter, 13th verse -"You Call Me Teacher and Lord; and You Are Right, for so I am." He used as a subject-"Our Infinite, Master." was a panel discussion on "Changing Morals In Today's Society." Appearing on the

The afternoon session consist-

menced with a welcome program by Norrington Church with Miss Judy Campbell presiding. J. O. McLean gave words of welcome in behalf of the Church and Trustee Board; community; Mrs. Grace M.

Moore.

his choirs and ushers from Andrews Chapel Church were in Charge of the evening worship service. His text was taken from the 8th chapter of Romans, the 38th and 39th verses. He used as a subject -Thursday and Friday morn-"I'll Let Nothing Separate Me

From The Love Of God." ices, the various committies made their reports. in singing "God Be with You Til We Meet Again," Rev. C. J. Chalmers pronounced the benediction and the convention adjourned until Wednesday following the second Sunday in June, 1972, when it will conon Friday. vene at the Wesley Chapel



lorton's Cash Store

RALEIGH, N. C.

1415-17 SOUTH SAUNDERS ST.

Restrictive registration laws young people this summer, include; annual registration and lengthy residency requireernment programs and 150,000 .nents, literacy tests, short and through the efforts of the Nauntimely registration periods, Sales Ahead Of tional Alliance of Businessmen and infrequent enrollment sessions.

places.

ticipation.

Lawrence F. O'Brien, DNC Those in 1970 chairman, said strong Democratic support by minorities will be necessary if the party is to win the presidential election in 1972. Because voter registration among minorities is down sales in May of last year. Comin both the south and the North, bined sales of both Series E O'Brien stressed that voter registration will be a top priority of the minorities division. crease over last year's E, H,

"We intend to do everything and Freedom Share sales. possible to open wide the doors of the Democratic Party in the nomination of our presidential candidate and in his campaign for the presidency after the national convention, O'Brien over 1970 sales for the same said.

period. This represents 49.8 Muse said one of his goals is percent of the state's 1971 to make sure all Democrats and dollar goal of \$63,600,000. potential democrats know how Sales in Wake County during they may help determine who May were \$461,707,00. Janurepresents them at national con- ary-May sales totaled ventions so that persons who \$2,141,259,00.

WILL BE 71 ON SUNDAY-New York: Louis "Satchmo" Armstrong gives his great big famous grin back home in Queens, N. Y. after 10 weeks in the hospital. Armstrong credits his recovery to the "soul food" his wife smuggled into his hospital room. Armstrong celebrates his 71st birthday July 4. (UPI).

REGNANCY **PLANNING** AND HEALTH By Mrs. Gibria Riggsbee Series E United States Savings Bond sales in North Caroline during May amounted to \$6,457,367, an increase of

> Dear Mrs. Riggsbee: I am 18 years old and I have been going with this 16 year old girl for a year. We haven't had sexual intercourse yet. She says she loves me, but does not want to have sexual contact. Everytime we are alone, I make continuous attempts, but she always stops

me and I am getting tired of

it. Can you tell me a way to change her mind? If you have a pamphlet on the "Hot Spots" of a woman, would you please send it to me. I would appreciate it very much and I think it might help my problem. Mr. C.

Dear Mr. C .: You have got to be putting me on! However, if you're not, your first problem is that you have written to the wrong person for advice on seducing your 16 year old girlfriend, I must say I admire her stubborness in holding out, but I question her judgment in continuing to go with you when it seems obvious that you are after only one thing. Did it ever occur to you that she might be tired of your "continuous attempts" to have intercourse

The "new morality" accepts relationships between adults flunk on two counts: neither you nor your girlfriend is adult, and she doesn't agree. If your girlfriend has held out this long, she must have pretty strong reasons for dong so. My advice to you, therefore, is to respect her wishes. Even if you wear down her resistance, it is likely she would resent you for causing her to do something that is against her convictions. Speaking of convictions, your girlfriend is of a tender age --if you persist, you could possibly find yourself involved with the civil or criminal laws of the state in which you

Dear Gloria: I am 54 years old. My periods stopped in November, 1969, for 13 months until December, 1970, when I had another completely normal

period. I went to our family

live.

surgeon for a physical examination and a pap smear. He told me everything was OK and he could not find any abnormality. He said he felt like I just had another ovulation left in my body and that this was it.

Six months have passed and I have had no more periods. Do you think I still could become pregnant? I certainly would not want it to happen at my age, for the risk would be too great. When I asked the doctor, he just laughed and said he could not guarantee that I would not get pregnant. Would appreciate an answer, for some of my friends have similar problems. Mrs. F. Dear Mrs. F .:

As your doctor has told you. no one can guarantee that you won't get pregnant, Ordinarily, doctors advise women to continue to use birth control for at least one year or as much as two years after their last period (even if that last period was very short and lasted only a day or two). In your case, since you did have a normal period after a 13 month absence of menstruation, you probably should figure on using a reliable method of birth control for another 12 months, If nothing else hapnens, this will mean you will if both partners agree. You have gone a full 18 months without a period and you should be safe after that time. As I am sure you know, it is very important that you continue to see your doctor for a physical examination and a pap smear at least once a year even after you have gone through your change of life (menopause).

A NOTE TOREADERS: This column is now running in quite a few different areas and it is becoming increasingly difficult for me to list the times and locations for family planning clinics in each separate area. If you would like to know where you may obtain family services in your particular town or country, please let me know and I will send you this information. Write to: Mrs. Gloria Riggsbee, 214 Cameron Ave., Chapel Hill, N. C. 27514.



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