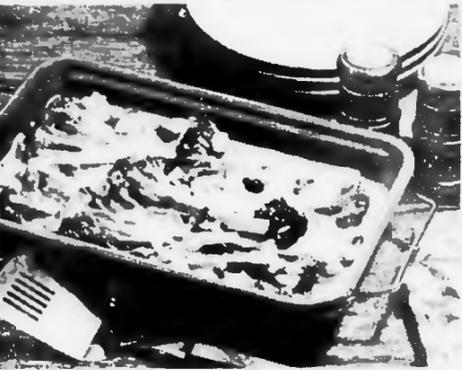


# cooking hints

ROSALIE SCOTT, STAFF ASSISTANT

Off the shelf dinners need not taste like emergency meals. Halibut and Broccoli Casserole combines frozen halibut and frozen broccoli spears in a cheese and canned mushroom sauce. When all ingredients are assembled, it takes 8 to 10 minutes to bake. Surprise your unexpected guests with a good dinner.



HALIBUT AND BROCCOLI CASSEROLE

(Makes 2 to 4 servings)

- 1 package (1 pound) frozen, thawed fillets of halibut
- 1/2 teaspoon salt
- 1/2 teaspoon pepper
- 1 package (10 ounces) frozen broccoli spears
- 1 cup undiluted Carnation Evaporated Milk
- 2 tablespoons butter
- 1 teaspoon Worcestershire sauce
- 1/4 cup chopped onion
- 1 cup (4 ounces) grated process American cheese
- 1/2 cup (3-ounce can) drained sliced mushrooms
- 2 tablespoons flour

Place fillets in 10 x 6 1/2 x 2-inch baking dish. Coat with butter. Bake at temperature and for length of time suggested on package. Pour off excess juice. Cook broccoli according to package directions and drain. Melt the 2 tablespoons butter in saucepan. Add onion and mushrooms and saute until tender. Slowly stir in flour, salt and pepper until smooth. Add evaporated milk and Worcestershire and continue heating until thickened stirring constantly. Stir in cheese until melted. Arrange broccoli over fillets in baking dish. Pour cheese sauce over top of broccoli. Bake in moderate oven (350 F.) 8 to 10 minutes.

## DEAR SALLY

BY SALLY SHAW

DEAR SALLY: I am a girl of 16 and have just received my driver's license. However, despite the fact that I passed all my tests and know all the rules of safe driving, my parents won't let me go riding in the cars of certain boys - not until they know the full family history of the boy and his history as a driver. I think my parents are being much too strict and that I should be allowed to go riding with whomever I choose. What do you say? SHACKLED.

DEAR SHACKLED: Just because you have a driver's license doesn't make you an authority, either on the road or in your home. Your parents have the last say, and if they want to be sure the boy you go driving with is a safe driver, they have every right to do whatever they feel necessary to find out. You may think you are right, but they don't want you to be "dead right."

DEAR SALLY: Our daughter received a beautiful and expensive candelabrum as a wedding gift with a card enclosed bearing the name of a man in our neighborhood. However, several days previously she had received a very cheap looking ashtray from this man's wife, with the card bearing both their names as "Mr. and Mrs. . . . Our daughter is wondering if she should send the candelabrum back to the man with the information that his wife had already sent a gift. Do you think she should do this? MOTHER OF THE BRIDE.

DEAR MOTHER: No. To return the gift would be an insult. It could very well be that the man was unhappy when he learned that his wife had sent the ashtray, so he decided to send a second gift. Your daughter should write them a joint letter thanking them for the "useful" ashtray, and him a personal letter thanking him for the "gorgeous" candelabrum.

DEAR SALLY: I'm a young man of 23. Several weeks ago I accidentally dialed a wrong number and the most engaging female voice answered. We struck up a good conversation and over the ensuing weeks carried on this "phone friendship." I have never seen her, nor do I know her real name - but I do know I've fallen in love with her voice. We were alternating putting in these calls, but now it has been two weeks since she last called me and I'm really in the dumps. Can you advise me, or do you think there's something wrong with a guy who can fall so hard for a voice? IN THE DARK.

DEAR DARK: Falling in love with a telephone voice can be very frustrating. Make one last big effort to identify and see the owner of the voice in person by putting in another call to her number. If the voice still insists on remaining incognito, you can assume her number is already connected and that she is just a "phony."

NOTE TO GROUP: Just what is wrong with you girls? Is your friendship so precious and clique-ish that you find it impossible to accept the friendship of another girl who, by your own admission, is a nice girl, and who seems hungry for companionship? Shame on you!

### MARYLAND POLICE BRUTALITY

BALTIMORE - The NAACP Legal Defense Fund and the American Civil Liberties Union have filed suit in U.S. District Court here charging the Prince George's County police with systematic brutality against the black residents of the county.

The suit, brought on behalf of nine county residents who allege they were mistreated by police during the past three years, is a class action for the approximately 100,000 black residents of the suburban Washington, D.C., county.



SPONSORS MUSICAL PROGRAM - "The True Meaning of Flowers" was the theme of the musical program sponsored recently by the Florist Club of the Elevation Baptist Church. Each participant explained the origin of flowers. The participants, left to right, are Mesdames Melvenia Blalock, president; Mary Seawell, Gloria Blalock, secretary, Kathelen Jackson; Maggie Harris and Gladys Seawell, treasurer. Others, not shown, are Mesdames Gracie Bridges, Pauline Milton, Mary O'Neal, Lyda Robertson and Lillian Seawell and Isa M. Williams.

## SOLVE A CRIME

BY A. C. GORDON

### YOU ARE THE DETECTIVE

You have received a phone call late this evening that Joseph Fillmore, well known lawyer, has been stabbed to death in his office and more than \$2,000 taken from his safe.

Upon your arrival at the office building you find Dick Selby, a junior partner in the victim's firm, standing in the corridor outside the office talking with Harry Slade, one of the building's maintenance men. It was Selby who phoned you, and he now ushers you into Fillmore's office.

The body is slumped back in the swivel chair behind the desk, facing the door you have just entered. Upon walking around him, you see the switchblade knife protruding from between his shoulder blades and over the back of the chair.

Harry Slade speaks up at this moment. "I was putting in some overtime tonight, repairing some electric wiring in one of the offices down the corridor. As I was on my way along the corridor for some more tools, I saw through the glass door that the lights in here were on in here. This was kind of unusual so late at night...it was after ten. So I opened the door and looked in. I almost passed out! There was Mr. Fillmore lying back in his chair, a terrible look on his face, and with that knife stuck in him. I was on my way down the corridor to the phone when I ran into Mr. Selby. I told him what I had seen, and he phoned you."

You now turn questioning to Dick Selby. "I knew Mr. Fillmore was working late tonight," he says. "And since there were some personal problems I wanted to iron out with him, I thought this would be a good time to discuss them. Then when I arrived here, I ran into Harry, and he told me what had happened."

"Has either of you touched or moved anything in here since the body was discovered?" you ask.

Both men shake their heads in denial, and then you stare hard at one of them and say, "Part of

### NCSA's String Quartet To Play For The Inauguration

WINSTON-SALEM - A string quartet of North Carolina School of the Arts Fellowship Players will play at the Inaugural Reception for Governor and Mrs. James Holshouser on January 5 in Raleigh.

Climaxing two days of inaugural activities, the reception at 7:30 p.m. in the Legislative Building is open to the public.

Members of the quartet are Helen Hagnes, Canada; Freddy Ortiz, Bolivia, and School of the Arts graduates Phillip Wachowski, Florence, S.C.; and Mark Ward, Winston-Salem. They are among eight fellows at the School who have completed their formal training and are spending a year in intensive preparation for solo and ensemble performance. They play in the Piedmont Chamber Orchestra, a professional affiliate of the Arts School, and assist the faculty in a regular teaching program.

During the reception, the quartet will play from 8:30 to 9:30 on the northeast mezzanine.

HAITI-CUBA TIES URGED - SANTO DOMINGO - The semi-official Haitian newspaper Le Nouveau Monde has urged editorially that Haiti consider re-establishing diplomatic relations with communist Cuba.

The two neighbors, separated by 50 miles of the sea, were bitter political enemies during the regime of the late President Francois "Papa Doc" Duvalier. He frequently accused Castro's Cuba of helping Haitian exiles and training them for an invasion to overthrow him.

Haiti is now ruled by Duvalier's young son, Claude.

## Congressional Black Caucus Is Refused Equal TV Time

National Black News Service WASHINGTON - The Federal Communications Commission has denied a Congressional Black Caucus request that it order the three television networks to grant it free time to answer President Nixon's State of the Union message last January 22.

The Caucus had wanted to discuss racial and other issues of particular concern to black people that, it charged, were not addressed by Mr. Nixon in his message last year.

The denial came on the heels of former President Lyndon Johnson's suggestion that President Nixon might be approached by black leaders to alter his policies and practices adversely affecting blacks. Nixon's administration is widely held responsible for the return to more overt racist actions against blacks in this country.

In an emotional speech at a civil rights seminar at the Lyndon Johnson Library the former President urged that civil rights leaders seek a meeting with Nixon.

The action taken by the FCC, headed by Nixon appointee and Goldwater disciple Dean Burch, will hardly influence blacks to put any stock in Mr. Johnson's belief that Nixon wants to "do the right thing."

The FCC said in its adverse decision that the constitutional concept of separation of powers did not "justify the conclusion that the Constitution requires a right of special access to the broadcast media for members of Congress."

The recently appointed black member of the seven-man commission, Rev. Ben Hooks, could not be reached for a comment on the federal body's decision. It was not reported whether the decision was a unanimous one.



ASSIGNED TO LA - Airman Jesse D. Prince, son of Mr. and Mrs. Jessie L. Prince of Holly Springs, N.C., has been assigned to Barksdale AFB, La., after completing Air Force basic training. The airman has been assigned to a unit of the Strategic Air Command for further training and duty in the communications field. Airman Prince is a 1970 graduate of Fuquay Consolidated High School, Fuquay-Varina, N.C. His wife, Carolyn, is the daughter of Mrs. Lois Burt of Holly Springs.

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