# CLASSIFIED ADS FINDITQUICK

#### Classified Rates

#### JOBS: MEN & WOMEN

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pay retail? Save up to \$150 on Bedroom Suites, Living room Suites. Up to 12 off on other Henry. Terms 772 6255 10 a.m. 9 p.m. Hwy. 101 S. between Kings and Shoney

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BEAUTIFUL THREE BEDROOM, two baths, full basement home on wooded lot in Kingwood Forest, 22,000 sq. ft. with eat in Blichen. DW, and disposal and counter top range, full carpeted, nothing down to veterass. Call Merle Kelly, Key Homes 828-8338. Night 787-6180.

disposal You select your carpet. Band disposal You select your carpet. Entra size and only \$22,000. Call Bill Shankle. Rey Homes. \$22-034; Night 782-7506.

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#### MISCELLANEOUS FOR SALE

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### HOMÉ SERVICES

#### HELP WANTED

### LEGAL NOTICES

# **HEALTH & SCIENCE SHORTS**

TRUTH IN SAYINGS

In Appalachian folklore, jew-elweed takes the itch out of poison ivy, poke berries help rheumatism, and mullein is

rheumatism, and mullein is good for colds. There may be more truth in these sayings than is generally thought, says Dr. Gabor B. Fodor, Professor of Chemistry at West Virgoia University, who plans to investigate Ap-palachian plants in an effort to produce medically active com-



## Your Weekly Horoscope

Olga

(January 27 through February 2)

ARIES (March 21-April 19). Don't get itchy in days ahead, Ari, for you will have neither the time nor the energy to scratch. Take care of things on the home front. Leo, Libra individuals involved in decision before last day.

TAURUS (April 20-May 20): Has some big bully been kicking sand/snow/slush in your face, Taurus old chum? If so, do not resort to physical violence. Instead, flex your intellectual muscles and this boor will slink away, leaving you not only the victor, but with your dignity intact.

GEMINI (May 21-June 20): Important data available which can ploy key role before spring arrives. You, my sweet Gem, have a busy season ahead. Before end of week, make important call to one at a distance. Cash apt to be involved.

CANCER (July 21-July 22): Smile, Moonbaby. A whole slough of goodies await, but if you appear bored, associates may think you are remote and they will leave you alone. Discount gossip you hear. Blabber is only trying to stir up trouble.

LEO (July 23-August 22): Relationship with member of opposite sex may shift to new level. Know this and you will avoid emotional hassel. If each knew everything about the other, there would be no pride and no problem. As week wanes, you gain insight.

VIRGO (August 23-September 22): Seedy character apt to appear on scene and make waves, but by remaining very quiet, you will arrive safely ir snug harbor. Study message of Leo for additional advice.

LIBRA (September 23-October 22): Dream of long standing begins to hatch, Lib. Your zest foliving reaches new peak. Have faith in yourself sweet thing, for you are headed in the right direction. Virgo, Aquarius, could be in picture.

SCORPIO (October 23-November 21): Anxiety concerning personal relationship apt to arise. Member of another generation involved. Seek advice, from a doctor, perhaps. Don't attempt to whitewash problem with flimsy excuses.

SAGITTARIUS (November 22-December 21):
Loved one needs special attention, Saj, NOW. If you've been remiss in this department, and you have, time is perfect to get relationship back on even keel. Act today, dear Saj, for the distance between late and too late is immeasurable.

CAPRICORN (December 22-January 19): Career plans take top billing. High muckymuck observes you with interest. Be ready for change. You have much to offer, Cap. Know this and behave accordingly.

AQUARIUS (January 20-February 19): Week ahead for getting routine business out of the way. Money motters take much of your time and energy. As week stumbles to a chaotic halt, you run low in energy. Get to bed early.

PISCES (February 19-March 20): You are as bright and sossy as a new penny, Pisces my love, but you are not yet in a position to hand out advice to one who is in romontic pickle. You must solve your own problems first. Week ends on key of D. For Debate, and Decline.

# Steve Dennis To Make Tour average of 3.2 on a 4.0 scale. The 170-pound physical education major was named to the Associated Press. Universal Sports, Gridiron and Mutual Black Sports college-division All-American teams. An outstanding pro prospect, Dennis was coached by Eddie Robinson' one of the nation's most successful mentors. Robinson has sent more players into the play-for-pay ranks than any other coach in the country. Athletes making the tour will receive an honorarium of \$500 each plus payment of travel, food and billeting expenses.

NEW YORK, N.Y. Talented Steve Dennis. the purposeful Grambling College defensive back who concealed his All-American ability behind a guise of relaxed affability, has been invited by the Army to make a 10-day tour of Europe to visit U.S. servicemen.

Four different teams of two men each composed of musicians, distinguished speakers and members of the Fellowship of Christian Athletes will go on walking tours through coffee houses, barracks, discussion centers in late winter and early spring as part of an aggressive Army program to improve equal opportunities and hurian relations, and combat drug and alcohol use. Dennis is president of the Fellowship of Christian Athletes

alcohol use
Dennis is president of the
Fellowship of Christian Athletes
at Grambling.
He performed with distinction
in the classroom and on the
football field, epitomizing the
student-athlete by winning one
of 33 coveted \$1,000 postgraduate scholarships awarded by the
NCAA.

FARLY TREATMENT OF HIGH BLOOD PRESSURE URGED Hypertension is currently recognized as one of the most important risk factors in the occurrence of coronary heart disease.

mportant risk tactors in the occurrence of coronary heart disease.

At a Medical Horizons symposium for physicians on management of hypertension, there was general agreement that early treatment is important, and that the risk of stroke, coronary heart disease, and death increases when the condition is not controlled. By reducing blood pressure, antihypertensive drugs prolong life and arrest vascular damage. The symposium was sponsored by The Milton S. Hershey Medical Center of the Pennsylvania State University and CIBA Pharmaceutical Company. The symposium's moderator, Irvine II Page. M.D. urged further research on hypertension, the need for which, he said, was never greater.

CHOOSING OUR CHILDREN'S GENES
Genetic counseling is the most significant resource" we now have for direct intervention in choosing our children's genes, says Harvey A Bender, Ph.D. Professor of Biology. University of Notre Dame Counseling may be divided into diagnostic, educative, and decision-making phases. The counselor assumes responsibility for diagnosis and education, actual choice is left to the individual. There is a vital need for society to absorb counseling costs and to support basic research, if genetic problems are to be approached effectively Dr. Bender emphasizes.

NAIL RITING MAY BE

ly. Dr. Bender emphasizes.

NAIL BITING MAY BE
HEREDITARY
A genetic basis for nail biting in children was indicated by an investigation of the habit in twins. Of 338 pairs of twins (676 children) age 6 years and older studied, 203 children or 30.3 percent bit their nails. The habit was 1.5 times as common in girls as in boys. When a parent had been a nail-biter, the chances of a child being a nail-biter were about three times as great as when neither parent had bitten their nails.

THE HOME STREAM
Migatory fish such as salmon
and trout have been successfully taught to home in on
particular rivers and streams
by imprinting them to synthetic
odors, says Dale M. Madison of
the University of Wisconsin
Laboratory of Limnology.
"We know that the home

Laboratory of Limnology.

"We know that the home stream bdor is an important guide to fish heading back to their home streams to spawn."

Madison says.

So it should be possible to raise fish in a hatchery, imprint them artificially to a chemical odor. release them, and then attract them back by adding the imprinting chemical to the water, he says, adding that the implications for fisheries' management are great.

DENTISTS TEST A
PATIENT'S SENSITIVITY
Dentists sometimes test a
patient for 'sensitivity' following completion of dental therapy with a jet stream of cold
water or air. Should the patient
visibly react - and some have
heen known to almost jump with
pain - the dentist may suspect
dental hypersensitivity.
According to an article in The

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27611, or call at 834-1243 for
further information.

New York Journal of Dentistry, unless the dentist is aware of the symptoms and reactions characteristic of hypersensitive teeth, the problem may go unrecognized or untreated.

More than (three-quarters of the patients suffering from hypersensitive teeth included in the dental journal obtained relief "through normal care of their teeth at home" by substituting a specially formulated toothpaste for the one they had been using. The dentists identified the therapeutic dentifrice as Sensodyne.

The authors explain that tooth surface sensitivity is found especially in patients with receding gums, and that pain can be precipitated by acids, sugars, toothbrushing, toothpicks, and by too-vigorous use of dental floss. Hot and cold foods and beverages, cold air, or dental instruments trigger pain. "Changes in atmospheric pressure such as is evidenced in flying can also cause sensitivity," they add.

# **Workshops Begin For Coaches**

Men and women coaches of Raleigh City and Wake County Schools were told recently by school administrators that there is no better way to my process of the commence of the com

# Souther U. To Top Grambling

BATON ROUGE, La. - Coach Carl Stewart pulled another of his tricks out of the Southern bag of talent Seturday after-noon when his Jaguars upset

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DR. HAWKINS VISTS DAUGHTER - Washington - Reginald Hawkins of Charlotte, N.C., arrives at Howard University Hospital January 29 to visit his daughter. Bihi Khaalis, who was wounded during a shooting January 18. (UPD)

arch-rival Grambling College.
82-77 in Baton Rouge. raising the SU record to 3-0.
The Jaguars trailed by 15 points, 65-50, with ten minutes to play but railied behind the shooting of 6-5 senior forward Bobby Cheeley and 5-10 sopho-

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1. Mrs. Georgia W. Bouser, NCBEIC Office, Rateigh, 1284-Tel. 832-8016.

Mr. Gunther Sahilng, Henderson; Tel. 482-9131.

3. Mr. Stephen Ijames, Assistant Director of Occup. County Yechnical Institute, Henderson: Tel. 192-2061. 4. Mr. Tommie Dial. NCBEIC Office, Fayetteville, 2318 Murchi Tal. 822-1962.

5. Mr. Collier St. Clair, Equitable Life Assurance Society of the United S Tel. 485-3378.

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Center