



ALPHA KAPPA ALPHA DEB MOTHERS. BASILEUS, CONSULTANT AND CHAIRPERSON—Seated, left to right: Soror Mary Aldrich, Basileus, Alpha Theta Omega; Dr. R. S. Gaither, consultant, Sunnybrook Multi-Specialty Medical Center; Soror Susie V. Perry, chairperson. First row, standing, left to right: Perfect Attendance, Four Meetings Certificates; Mesdames Ceceilia Davis, Ida Matthews, Patricia Merritt, Janette Pope, Charlotte Sloan, Doris Whitaker, Elgie Whitley.

Dr. R. S. Gaither Consultant For AKA's Deb Mothers' Chat

The fourth and last in the 1978 series of AKA Deb Mothers' Chats was held Sunday, Nov. 12, at Richard B. Harrison Library here.

Soror Susie V. Perry, chairperson, presiding, presented Basileus Mary Aldrich to give greetings and thanks from the chapter to parents and consultants for splendid participation and cooperation, in the four programs, and Soror Thelma Anders, who prepared a responsive LITANY FOR THANKSGIVING as the meditation.

Dr. R. S. Gaither, a local Physician of the O. B. team, Haywood, Gaither and Flanagan, was introduced by Soror Susie Perry as a physician, who was willing to take time out of a busy schedule to chat with the mothers. Dr. Gaither is a graduate of N. C. Central University and Meharry Medical College. He began his practice of medicine in Raleigh in 1975, after spending two years in the U. S. Army (1973-1975) at Fort Bragg. He is currently located in the Sunnybrook Multi-Specialty Medical Center. His affiliations include the L. A. Scruggs Medical Society, the Wake County Medical Society, State and National Medical Society, Kappa Alpha Psi, Widow Son Masonic Lodge and Martin St. Baptist Church.

Dr. Gaither focused his message on Approaches To Adolescent Health In The Seventies. The medical profession became more aware of these special needs in the sixties and seventies. In between the ages of 13-18 years, one is not truly a child, nor an adult. To put them in a slot and know what to do about their problems, needs our attention and consideration. Their characteristic change from time to time. Parents ask, Why Are My Children so different from Me? Reason they are growing up in a vastly different world, with fast communication; from segregated schools to integrated ones; pressures they have to deal with; their generations; few are in the suburbs with new opportunities; decline of the influence of organized religion (not the church itself) which lacks what it once had; human values have changed; open discussions on any topic; peer acceptance is paramount from their friends; great physical changes; self image is changing; interested in opposite sex; and vocational achievement. There are some Specifics that need to be spoken to:

(1) Separation from parents: Dependence of child on the parent becomes less and less as the child enters adolescence, and is not easy for the parent to accept this fact, and also the child fears losing security and stability in the world that is little known to them. They may try out new things, frightened and angry for not being adults. The family links can be too strong, so that the child will test his parent out, with open hostility or the ties may be too weak, may lead to bizarre behavior patterns to satisfy their own ego patterns. It may lead to support of their peer group. They ask "Who Am I?" They need support while they are breaking away. What is normal for them? Fads are now adopted. Do you remember your fads? (2) Budding Sexuality: This may lead to conflict to make a decision of what is acceptable or not acceptable.

(3) Career Choice: Opportunities are now opened, that are unlimited for black women. They need your support. (4) Health Problems: Infections and Accidents. They need Primary Health Care, and

Counseling, and Confidentiality without fear of retribution. Health problems are: Obesity; Allergy, Menstrual, Diabetes, Drugs, Alcohol, Smoking, VD, Cavities, Emotional Disorders, Contractives. The Goal is Prevention. (5) Sexual Activity: Consequences are pregnancies, abortions, VD and life long disorders unless corrected. (6) Drugs: Hard drugs are on the decline, but Alcohol is being used more, even by the 13-year-old class. Alcohol is so readily available and also seen used at home by the parents. (7) Mental Health: family breakdown and peer pressures and other problems lead to mental illness. (8) Smoking: Teens try to be sophisticated, and begin to smoke. Try Prevention. (Literature is available to help break the habit. (9) School stresses: Busing and academic pressures: These problems need the help of the parent, teacher, counselor, and all who care about youth.

Even with all the problems, the parent must stress values, and let go, although it is hard to do. "Let Go."

A discussion period followed, lead by Soror Marjorie Debnam, and a Question and Answer Period, lead by Soror Phyllis Mann. Attention was called to the Hand Book prepared for the parents on current topics assembled by Soror Susie Perry, printed by Shirley Page, cover by Soror Fannie Latham.

The recognition of mothers who had attended four meetings (perfect attendance) and (three meetings) are named in the picture. Other mothers present were: Mesdames Leonie Harris, Louise Sewell, Lena Mae Smith, Martha Carson, Greta Avent, Yvonne Johnson, Annie McCullough, Mattie Wilson, Ruby Boyd, Nanetta Smith and Minnie Adams.

Before the program adjourned, a note was received from a parent expressing commendation to the Sorority and the Mothers, Chat Committee for the Educational Programs held that deal with current topics of concern for parents of teenagers.



DEACON, WIFE HONORED FOR SERVICE—Deacon William Seawell and wife were honored recently for ten years of outstanding service as chairman of the deacon board of the Elevation Baptist Church, Raleigh. He was presented a plaque as a token for his service during Elevation's birthday anniversary. His wife, Mrs. Mary Seawell, was also named queen of Elevation during the service.

Second row, left to right: Attendance at Three Meetings. Certificates: Mesdames Delores Harris, Jacqueline Lacy, Norma Haywood, Gloria Merritt, Myrtle Haywood, Charlene Newkirk, Mildred Walker, Harriet Perry, Christine Jones, and Eleanor Prince. (Absent when picture was taken) Mesdames Annie Adams, Bessie Boyd, Edna Powell, Gloria Glenn, Cora Hinton, Mildred Cherry. (See story)

Members of the Chat Committee are: Sorors Susie V. Perry, Chairperson; Thelma Anders, Velma Joyner, Joan Spencer, Sandra Gipson, Phyllis Mann, Ruth Pope, Ethel Green, Elsie Perry, Marjorie Debnam and Fannie Latham. Other Sorors assisting the Committee were: Sorors Mary Aldrich, Margaret Hargrove, Thelma Watkins, Hazel Sanders, Docenia Hammond, Minetta Eaton, and Thelma Keck.

A social hour followed to meet and greet the mothers and congratulate all mothers who had attended the sessions. Dates to remember: Pre-Deb Party, Thursday, November 23, Raleigh Civic Center, 8:00 p.m.; Deb breakfast for parents and debs, Student Center, St. Augustine's College, Thursday, November 23, 1978, 7:00 a.m. AKA Deb Ball, (invitation only) November 24, 1978, 8:00 p.m.

of Innocence and Pre-Trial Incarceration. With its focus on pre-trial detention, the town meeting was the first of a series of three such meetings to be held around the state. The second, on trial disposition, began in Wilmington on Monday, Oct. 13, and the third, "Healing the Community," will be held in Fayetteville in January.



SHAW'S 'MISS HOMECOMING' AND COURT—"Miss Homecoming," Ms. Rosa Jones, and members of her court, pass the corner of Hargett and East Streets on the Shaw Homecoming parade route. The corner was lined with onlookers Saturday. (Staff photo)

Mrs. Z. Perry Hostess To Fellowship Spirituals

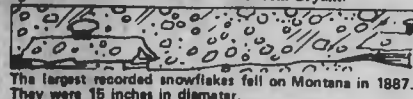
On Monday night, Nov. 6, Mrs. Zenora Perry was host to the Fellowship Spiritual Club at 423 Lamont Street. Each member was greeted warmly by Mrs. Perry. Mrs. Lena Lee, the president conducted the devotion. The opening song was, "Come By Here Lord." The scripture lesson was read by Rev. Magnolia Debnam, and can be found in St. Mark 7:1-20. Prayer was by Deacon Theodore Chavis.

The meeting continued with a spiritual devotion. The president announced the meeting open for business with the reading of the minutes of the previous meeting, which was approved. Report was made by committees on activities concerning the Christmas Party at Mrs. Essie Perry at 900 Delaney Dr. Dec. 29.

New business was the electing of officers for 1979. A motion was made by Deacon William Lee to retain all officers for another year, and it was accepted by the body. The president suggested that the club would help some deserving people for the holiday. The next meeting will be at the home of Mrs. Bettie Ridley, 634

Quarry Street. The Bible Lesson will be taught by the Rev. Magnolia Debnam. Members present Mr. and Mrs. Theodore Chavis, Mrs. Elnora Crump, Mrs. Sadie Barber, Mr. and Mrs. William Lee, Mrs. Bessie Anderson, Mrs. Genora Tabron, Mrs. Essie

Perry, Mrs. Maggie Spencer, Weldon, Mrs. Bettie Ridley, Mrs. Larcenia Curtis, Mrs. Magnolia Debnam, Mrs. Louise Elizabeth Bryant.



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