

Let's Chat

BY MABEL B. JORDAN
Columnist

THE INSIDE PITCH
If a person will discipline his life, that person will develop a quiet self-confidence. His faith will stand in good stead, under all the pressure of life. Believers will be better at whatever they do than they would otherwise.

stay that way long. There is many a man with a gallop to the fray, but the valuable man is the man who's there when the smoke has cleared away.

CONCENTRATION
Don't concentrate on the things you can't do anything about, but on the things you can do.

GENEROUSITY
Generosity during life is a very different thing from generosity in the hour of sorrow. One proceeds from genuine liberating and benevolence, the other from pride or fear.

THE HARVEST
Fertile land, like other blessings given to the great and small, if unused, reverts to tangle quite impassible to all. Those who seed their lives with kindness often gather harvests great, and they feel a deep compassion for the ones who planted late.

COURAGE
Courage is always greatest when blended with meekness; intellectual ability is most admired when it sparkles in the setting of a modest self-distrust.

CONSCIENCE
Conscience is the inner voice that warns us when someone may be looking.

BASIC PRINCIPLES
Self-discipline, self-control and self-mastery are the basic principles of self-development. Only when one has attained these can you experience the exaltation, what the Great Master meant by saying, "peace be with you."

CHOICE
When you have a choice and don't make it, that is in itself a choice.

SELF-MASTERY
No man is such a conqueror as the man who has defeated himself.

CHOICE
Life is too short to provide for everything. Choose you must, and as you choose, let it be only the best—in friends, ideas, recreation and in everything.

NO MAN IS SUCH A CONQUEROR AS THE MAN WHO HAS DEFEATED HIMSELF.
Henry Ward Beecher
I count him braver who overcomes his desires than him who conquers his enemies, for the hardest victory is the victory over self.

COOPERATION
There was an important project to be carried out. Everybody was sure that somebody would do it. Anybody could have done it, but nobody did it. Somebody got angry because it was everybody's project. Everybody thought that somebody would do it. But nobody asked anybody. It ended up that the project wasn't done and everybody blamed everybody when actually nobody asked anybody.

SUCCESS
An outstanding trait of a successful man is self-confidence. Whatever he may think of others he believes in himself. He believes he can do anything he sets out to do. He has both faith and courage. Such self-confidence is not conceit. It is always based upon solid things like knowledge, skill and the willingness to work. It is not a gift of nature, but one of her awards that anyone can earn.

JUDGEMENT
A man who keeps his shoulder to the wheel is rarely seen giving others trouble. He's like a mule in the respect that when he's pulling he can't kick and when he's kicking he can't pull.

CONFIDENCE
Confidence in the goodness of another is good proof of one's own goodness.

AMBITION
Some fellows stay right in the rut, while others head the throng. All men may be born equal, but they don't

YOUR CALENDAR
Your calendar shows the passing of time—your face shows what you are doing with it.

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COOKING HINTS
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ROSALIE SCOTT, STAFF ASSISTANT

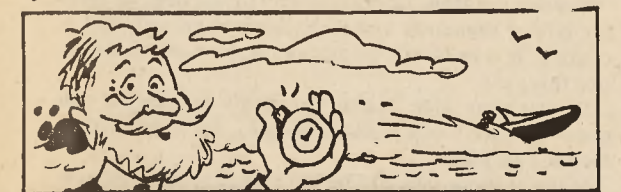
Surprise the family with homemade English Mini-Muffins. They're easier to prepare because you use your mixer dough hooks for the kneading process. Evaporated milk gives them a tender crumb and super texture. Try them. They're fun.



ENGLISH MINI-MUFFINS (Makes about 2 1/2 dozen)

- 1/4 cup butter
- 1/2 cup undiluted CARNATION Evaporated Milk
- 1/2 cup water
- 1 package active dry yeast
- 2 tablespoons sugar
- 1 teaspoon salt
- 1 egg
- 3 1/2 to 3 3/4 cups flour
- Cornmeal

Melt butter in small saucepan; add evaporated milk and water. Heat to 115°F. Dissolve yeast in evaporated milk mixture. Place yeast mixture, sugar, salt, egg, and 2 1/2 cups flour in large mixer bowl. Beat with dough hooks at medium speed 5 minutes. Stir in remaining flour, 1/4 cup at a time, until dough cleans sides of bowl. (Add as much flour as possible.) Knead with dough hook 6 minutes. Form dough into ball; place in buttered bowl. Cover and let rise in warm place 1 hour. Punch dough down; let rest 10 minutes. Sprinkle bread board with cornmeal; roll dough 1/4-inch thick. Cut into 2 1/2-inch rounds; place on cornmeal-covered surface. Sprinkle muffins with additional cornmeal; cover with towel and let rise 1 1/2 hours. Heat heavy skillet or grill to 300°F. Cook muffins 5-10 minutes per side or until lightly browned. Muffins may be frozen if desired.



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