WINSTON-SALEM - It seems simple enough. You dig up a bit of dirt, put in some seeds, water them, and presto-a garden, right?

"Well, sometimes it happens that way, but not very often," says Robert D. Phillips. "For most people, starting a garden takes a little bit more work than

"Building a beautiful garden is much like any. other hobby or goal, Phillips says. "If you want it badly enough, and if you enjoy the work that's involved, you can have the best garden in your neighborhood."

tips to beginning gardeners at 6:30 p.m. on Sunday, April 22. on how to start a garden at home:

•Have your soil tested by your county Cooperative Extension Service or a local nursery. Every state has a soil testing lab that will analyze your soil for a small fee and recommend the proper fertilizers that should be added. Soil tests should be done every two or three years. County extension offices also have free gardening brochures and helpful.

•Send away for free catalogues from companies, and carefully read each plant's description. Before you buy plants, be sure they will receive the recommended amount of sunshine and water in the area you plan to use them. Some mail-order plant

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GOLDEN RIPE

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TENDER GREEN

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THESE ITEMS

CHEAPER-

ANYWHERE.

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COLLARDS

BANANAS

SAVE



HOW I ESCAPED LYNCHING—In August of 1930, a mob of more than 10,000 witnessed the lynching of two black youths in Marion, Ind. A third rope was intended for their 16-year-old friend. James Cameron (pictured above), the only living survivor of a lynching, tells this gripping story of pain and terror on the next episode of "Tony Brown's Journal," "How I Phillips offers some basic Escaped Lynching." It will be aired in this area on WUNC-TV 4

determine when your soil is bloom or growing. A local ready to be tilled: Squeeze a nursery can give you advice handful of dirt into a ball on what will grow well in and drop it to the ground. If your area at different times it crumbles, the soil is dry of the year. enough to till. If it holds together in a ball, wait a few dweller or window-box days and try again.

•If your soil is sandy, you information kits that may be will need to fertilize and water plants more fre- Many herbs are easy to quently than if your soil has seed a high clay content. Clay soil tends to hold water, and should be allowed to dry thoroughly between waterings to avoid rotting the roots with too much moisture.

•You may want to choose plants that bear fruits or companies and local nur- flowers seasonally. Choose properly.

series guarantee that their some that bloom in the plants are healthy when spring, some in the summer delivered, so check plants and others in the fall to carefully when they arrive. ensure that something in

•Use this simple test to your garden is always in •If you're an apartment

gardener only, you may want to grow herbs for a change from the usual houseplants or flowers. grow, and the fruits of your labor can be used in cooking or sachets.

"Keep in mind that there is no such thing as a green thumb," Phillips says. 'There are only people who have learned from their mistakes, and who take the time to care for their garden

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Business In The Black

BY CHARLES E. BELLE

BLOOD AND OIL FLOW DON'T MIX

Structured Settlement Unlikely for Semites In San Francisco last month two men made arguview on victimized Lebanon. on victimized Lebanon. First, Dr. Clovis Maksoud, chief of mission and ambassador of the League of Arab States to the United Nations and the United States, the position: "Our view on the Maksoud is a professor of ization and the security arhomeland for Club of California speaker in fool's peace. San Francisco representing

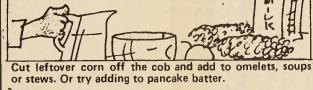
the U.S. State Department. Richard M. Fairbanks, III, is ambassador and special advisor to the U.S. East." Peace or no peace, however, it is clear that this administration does not expect to "stand idly by when others take actions which threaten our interests as well as the interests of our friends and allies." high priority on the Palesthe Israelis to reduce their armed guards "inside" to step off the backs of the

Israel patsy.

Placing the blame for the troubles in the Middle East on the big, bad red bear and/or her cub Syria seems to be the brunt of the State Department foreign policy. People without a homeland have very little "interests" for this administration. Ambassador Fairbanks quotes the president for his permanent observer to the extent to which Israel UN and special envoy to the should be asked to give up United States for the league, territory, will be heavily which includes 21 nations of affected by the extent of the Arab world. Dr. true peace and normalpolitical science and inter- rangements offered in national law, a Lebanese return." In short, Israel citizen who is committed to shall say when it "feels his raped country and the safe" before the United idealistic Arab cause of a States will exercise its influthe ence to end the occupation of Palestinian people with the stolen territory from a right of self-determination. war-torn Lebanese or Pales-His excellency's ideas of the tinian people. It is to Israel's immediate need of the type advantage to seize as much of services the United States land in Egypt, Lebanon, could provide for his Jordan or even Syria in country sharply contrasted order to swap particles of to those of a Commonwealth these ill-gotten gains for a

Ambassador Maksoud, when speaking before the International Trade Council of the San Francisco Chamber of Commerce, Secretary of State, whose under the auspices of the lead he follows in "the quest U.S. Arab Chambers, called for peace in the Middle upon the United States to work with the poor in these "rich nations" in the Middle East. Dr. Maksoud says the Arab world is made up of "rich nations of poor people." The problem is that the United States is dealing only with an "elite" few Ambassador Fairbanks' while ignoring the poor. position does not place a Populist movements in Iran and Iraq crushed relatinian homeland issue, than tionships with this country. the protection of Israel's Obviously the permanent latest land grabs. Getting observer has raised the real issue of interest for both citizens of the United States, refugee camps is as close as as well as of the Arab the Camp Daivd Accord nations, as to whose best could consider asking Israel interest is being served by the crumbling current Palestinians. Petroleum administration policy which from the Middle East purports to protect "our" corridor is the political justi- petroleum interest in the





FOOD

Alaska Snow Crab Puffs — Simple, Convenient Hors d'Oeuvres

Simplicity is often the key to most popular hors d'oeuvres. That's why Alaska Snow Crab Puffs have great appeal. Another plus - they can conveniently be prepared the night before and completed just

efore serving. For preparation, you can asemble the topping, which features Alaska Snow crab complemented with mayonnaise and Parmesan cheese, onto toast rounds. The appetizers can be refrigerated for one hour pefore broiling and serving.

Or, prepare the Snow crab opping, refrigerate it overnight and assemble the appetizers the following day. To serve, broil Alaska Snow

Crab Puffs until light brown and puffy. Be creative with the garnish; try fresh parsley and liced green olives. For those who want a lower calorie appetizer, try Alaska Snow crab chilled and served

with lemon or lime or a zesty red dipping sauce. Alaska Snow crab is noted for its delicate, almost sweet flavor. It's available, frozen, in clusters, cocktail claws and

split legs, year-round. Alaska Snow Crab Puffs to 1-1/2 pounds Alaska

Snow crab clusters, thawed if necessary 2 teaspoons lemon

> juice 1 cup mayonnaise 2 tablespoons grated Parmesan

cheese 1/8 teaspoon ground pepper 2 egg whites



Parsley Sliced green olives

Rinse crab under cool water: crack and remove meat. Measure I cup meat; sprinkle with lemon juice. Combine crab meat, mayonnaise, cheese and pepper. Beat egg whites until stiff peaks form; fold into crab mixture. Top each toast round with generous tablespoon of crab mixture**; place under broiler until lightly browned.

Garnish with parsley and olives. Serve hot. Makes 30 appetizers.

*To toast bread rounds, place on cookie sheet; bake at 450 F. 4 minutes or until lightly browned.

**Do Ahead Tip:Alaska Snow Crab Puffs can be refrigerated up to 1 hour before baking, filling can be made up to 12 hours before topping onto toast rounds. If mixture separates; gently fold until well-mixed before

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ADVERTISED ITEM POLICY

Each of these advertised items is required to be readily available for sale at or below the advertised price in each A&P Store, except as specifically noted in this ad.

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LIMIT ONE WITH COUPON AND \$7.50 ORDER.

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