EDITORIALS

Friends And Foes

UNITA leader Jonas Savimbi's checkered past, his ongoing Ugly American" appears to be alliance with apartheid South repeated when the United States Africa, and his record of human is associated with elements that rights abuses, reveal a man far are suspect. different from the heroic, pro-American democrat portrayed by suppression and dalliances with the Reagan administration.

an earlier secret deal with the our own nation a disservice. Portuguese colonial authorities struggle.

ruthlessness toward Angolan ing or counterproductive. civilians and even those followers

considered disloyal. In order to build support for team. American interests in that sector and other similar areas of the bi is another case of the same. world, the United States must find As is often said, with friends and establish relations with per- like this, who needs enemies? sonalities with a less clouded background and a different track enough to find more and other record

The legendary account of "The

Connections with oppression, other groups and nations who Savimbi's 13-year alliance with themselves do not have a reputa-South A.rica was pre-figured by tion for democratic principles do

It is true that we need friends in during Angola's independence every hemisphere to help protect our national interests. It is pro-Savimbi's history has included bably more beneficial that we support from Mao's China in the search out and encourage these mid-'60s, outspoken anti- friends who will prove beneficial Americanism at the time, and and not at a later date embarrass-

Ferdinand Marcos is an examle of the wrong player on the right

It is also contended that Savim-

We believe our cause is great friends.

America's Fragile Foundations

BY REP. AUGUSTUS F. **HAWKINS Guest Editorial**

The quality of a nation's in- growth and environmental con- him was so that she could have a baby. frastructure (system of public cerns. facilities and transportation) is a How do we pursue an investcritical index of its economic ment in this problem? State and ble? strength. Reliable transportation, local governments should conclean water, and a safe disposal of tinue to play their traditional wastes are basic elements of a leadership roles in the construcproductive society. Yet after two tion and management of the navears of study, the National Countion's infrastructure. But the anyone who is contemplating marriage provements has found convincing full and responsible partner on a riage takes place: evidence that the quality of long-term basis in the national efly adequate to fulfill current re- capital investment. quirements, and insufficient to Funds such as the Community philosophical disagreements. ment.

or pay me later."

nation can take many forms: education and public works, the repair, maintenance and even lack of spending on the front end public education. For example, in only means you pay considerably Madison, Wis., a \$40,000 public more on the back end. education campaign convinced many residents to shift their

investing in our infrastructure, preventable lifelong disabilities. but we would be creating needed jobs and providing services. In tion, particularly preschool, reaps our cities this would translate into human dividends in future years. recreation centers, child care Investment in people is a dynamic facilities, affordable public tran- never fully grasped by the sit and new schools. All this Reagan team during the past should and can be done without eight years. It is a dynamic that displacing people from their we must recapture once again.

Smarter Housing

is a reduction in housing available come residents. to low-income families.

blems? Is there a revolving fund crease the supply of decent, affor-out of which low-interest home. to answer pressing housing pro-

out of which low-interest homeimprovement loans are made?

The North Carolina Housing families.

The funds may be used for infort to address the state's housing needs. More than 1,000 lowerincome families from across the ment or modification,
weather stripping, caulking,
water heater repair or replacehome improvements during the water heater repair or replacement year as a result of the new ment and energy-related structural repair work.

The program will provide fun-

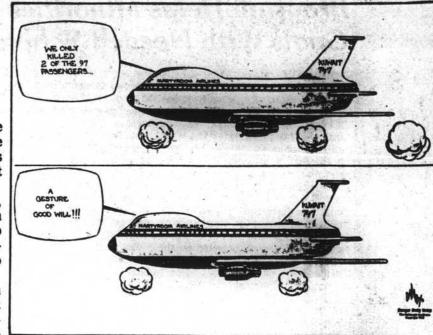
Grant, and the Highway Bill (the One of the problems with delay- Congress overrode the president's and desires to have sex but once a week or married on a whim. ing action on repairing streets, veto of this act) are examples of twice a month. The more active party will that the cost escalates if you allow this partnership. Certainly, much them to fail without maintenance, more is needed. Unfortunately then you are tripling or quadrupl- this investment strategy is not ening the cost. It is sort of like that dorsed by some elected officials problems with his family? If he does, he married. Don't be afraid to delay the martelevision commercial for Fram who believe that we should not might eventually have similar problems riage while you investigate. air filters: "You can pay me now, spend any new money because of our budget deficit. But in some The investment needed in our priority areas such as health,

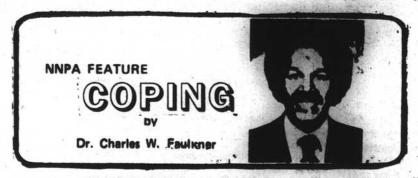
Complete maternity care for a pregnant woman, including water use away from the 6 p.m. prenatal care, delivery, and peak. The relatively modest in postpartum care, costs about vestment averted the construc- \$3,000. For every dollar spent on tion of a new well system once such care we save more than \$3 in thought necessary to meet peak costs to society during infancy demands. Savings to the com- alone by reducing the need for exmunity were at least \$750,000 in pensive hospital care, and \$11 new well construction, plus some over the child's lifetime by \$60,000 a year in operating costs. avoiding the medical, social and Not only can we save money by educational costs associated with

Likewise, investment in educa-

Low-income neighborhoods ding to organizations making coneither get worse as a result of servation and housing rehabilitaovercrowding and lack of tion improvements to rental units maintenance or better through and owner-occupied houses for rehabilitation. Either way, there very low, low and moderate in-

Application workshops being Are there any imaginative held July 6-8 (application deadline schemes deployed in Southeast is July 15) precede the awarding Raleigh for real rehabilitation or of the funds in August.





BY DR. CHARLES W. FAULKNER HOW TO AVOID "BIG" MARITAL **PROBLEMS**

Last week I printed excerpts of a letter that I received from a young lady who homes. But investment in public wanted to marry a man with whom she had spent only two weeks. She had exworks has slowed in the last two changed letters with him for two months. decades in relation to demands of The primary reason she wanted to marry

In last week's column, I told her to get the answers to these questions: Are the two of you emotionally compati-

Are you professionally compatible? Are you educationally compatible? Do either of you have a personal pro-

Here is a continuation of questions that

Are your ideas about religion compatible? An atheist would find the views of a America's infrastructure is bare- fort to increase and sustain public Roman Catholic intolerable and would Is he telling you the truth about his life and have many serious, destructive objectives? Are you telling him the truth?

with you

Do you (both) have the present financial means to support yourselves in a manner that would make you happy? After mar-riage, you will live together and see a lot of each other. You should have a home or apartment that provides enough space for you to get away from each other. Or, you are certain to get on each other's nerves. Also, financial problems are the single biggest cause of marital disharmony and

Why do both of you want to get married? You said that you want to have a child while you can. If you select the wrong person to marry you might find life to be a "living hell" for both you and the child. Also, there is no guarantee that you will have a child even though you want one. Hopefully, you have better reasons than cil on Public Works Im- federal government must act as a should be able to answer before the mar- that to get married. Many mature women adopt children. Why does he want to marry you? Is it merely for "love" or are there-other reasons that you do not know about?

It is urgent for you to obtain information meet the demands of future Development Block Grant, the economic growth and develop- Urban Development Action

Do both of you have compatible ideas that will provide answers to all of these about sex? A person who has been questions. The emotional and physical previously promiscuous will probably be sacrifices involved in marriage are too unhappy with a person who is conservative great to leave to chance. It is foolish to get

If you have not obtained answers to sewage systems, bridges, etc., is the federal government's role in probably seek sexual satisfaction outside these questions, you need to start doing of the marriage. Don't forget about AIDS. your homework. There may be many, Have you met his family? Does his fami- many unattractive things about your ly seem like the kind of family you would friend that you do not know about now and enjoy being associated with? Does he have that you may be sorry about after you get

BIBLE THOUGHT

He that dwelleth in the secret place of the Most High shall abide under the shadow of the Almighty. I will say of the Lord, He is my refuge and my fortress: my God; in him will I trust. Surely he shall deliver thee from the snare of the fowler, and from the noisome pestilence. He shall cover thee with his feathers, and under his wings shalt thou trust: his truth shall be thy shield and buckler. Thou shalt not be afraid for the terror by night; nor for the arrow that flieth by day; nor for the pestilence that walketh in darkness; nor for the destruction that wasteth at noonday.

Tony Brown's

IS "THE WHITE GIRL" R BECAUSE SHE'S BLACK? This McLean, Va. resident, Larry Yates, wanted me to understand that he was his own man: "I am by no means an uncritical disciple of yours. For one thing, you usually have very little to say to non-Afro-Americans.

"But I guess the real burden of what I am trying to say, and what you often say, is that we don't all have to agree, or to know everything. Sometimes, even if we are the Motion Picture Association of America, we have to recognize that there are other people who know more about a certain situation than we do, and trust their judgment. Particularly when that situation is a matter of life and death to those people. Afro-Americans are trying to mobilize against drugs and related crime in their communities," he observes.

"I am writing to support your appeal of the R rating of your movie 'The White Girl.' I write because I am a white person who is struggling against the disease of racism, and who has seen the impact of drug abuse in an Afro-American community, and because of that perspective, feel the Rating Board's decision is clearly wrong.

Yates is referring, of course, to my battle over the R rating given to my anti-drug film by the MPAA's Rating

"I have not seen the movie," he said. "However, I am very familiar with your integrity and consistency, even though I by no means always agree with your positions. After several years of regularly reading your column and occasionally watching your TV program, it is clear that you stick to your principles.

"It is clear to me that it is incredibly difficult, if not imssible, for a white-dominated group to objectively evaluate the impact of an Afro-American effort to chan the Afro-American community. For one thing, almost all white Americans are simply unfamiliar with how situations are seen by Afro-Americans. I have spent most of the last eight years working on a daily basis with Afro-Americans in situations where racial attitudes and issues are often openly discussed, and have worked hard on my

'Still, I would not set myself up to judge the moral or social impact of 'The White Girl' on Afro-Americans, especially Afro-American children and adolescents. And that is clearly what the Appeals Board is doing.' If Mr. Yates' letter was not enough to get me to question

the Rating Board's motives, the MPAA's own actions did. Just consider how the MPAA rated "Arthur II: On the Rocks" vis a vis "The White Girl." "The White Girl" has no explicit sex, no obscenity and is not violent. Moreover, it is an anti-drug film which shows

the destructive forces of cocaine use. The MPAA gave it an R for "restricted"-unsafe for teenagers. "Arthur II: On the Rocks" (you get it? "on the rocks?") is about a man who finds happiness and wealth in a bottle

(as in whiskey). "Somewhow, watching Dudley Moore play a disgusting, childish, irresponsible drunk is not too amusing," wrote Liz Smith in the New York Daily News.

"Nothing Funny About Alcoholism" was the headline for Marilyn Beck's column. She talked about "the 'flak' over the fact that Moore perpetuated his 'Arthur' image as a lovable drunk."

For glorifying a chemical dependency problem (alcoholism), the Rating Board awarded "Arthur" a PG

The MPAA's own written guidelines forbid giving a PG if there is any "drug use content" and a mandatory PG-13 if there is "any drug use content." A poll of student delegates to the National Association of Student Council convention last week identified alcohol as "the biggest problem in schools" (63 percent drink, 25 percent use marijuana; and nine percent use cocaine).

Does the MPAA know that alcohol is a drug? If so, how could "Arthur" get a PG? And how could an anti-drug film like "The White Girl" get an R?

Whether Yates' next point is correct or not, we will find out once the movie is released in theaters to the public next year, following the community fundraisers this year. Yates said, "The White Girl,' like all your work, is not

(See TONY BROWN, P. 5)



BY DIANE PRUCHNIK WHO DARES TO EXERCISE IN THE GRUELING **HEAT OF SUMMER?**

Are you the "brisk walker" who is exercising to improve your overall health? It is important to supply the body with enough fluids when exercising in the summer heat. Severe fluid loss can lead to heat exhaustion or heat.

One should not wait until he feels thirsty before con ing fluids. Thirst signifies that the body is already

hydrated.

Plain cold water (45°F-55°F) is a good source of fluid splacement as it is economical, and quickly absorbed by

The body loses electrolytes, such as sodium and potassium, through sweat. Fortunately, an individual's diet usually contains enough of these electrolytes to compensate for the loss.

Sodium is present in nearly all foods. Americans tend to usume an excessive amount of sodium.

Potassium is found most often in fruits and vegetables. ome potassium-rich food sources are raisins, bananas.

saches, oranges, and potatoes.

Alcoholic beverages and caffeine-containing drinks sich as coffee, tea, and cola cause increased urination. They increase the risk of dehydration and should not be ustantial as fluid replacements.

ed as fluid re

At least six to eight cups of fluid should be consumed furing the day. About a half-cup of water at 10- to 15-minute intervals during the exercise event is appropriate.

Be smart when exercising in the summer heat. Consume foods from all four food groups and drink plenty of huids. Exercise in the early morning or evening, when the emperature is at its lowest. Exercising with a partner is excommended; it can be more safe and more for the exercise. ided: it can be more safe and more fun than exer-

front of a white church and see if it matters. The mere fact that we have black churches and white churches means it matters, it doesn't seem to matter with black people, however, because we don't really love ourselves and our race as do most others. We are always eager to miscegenate.

If Jesus was white, it should bother black people who have never gotten a fair shake from white people. If Jesus was a Jew, it should bother black people because throughtout history, Jews have been for Jews, exclusively. Ask any Palestinian. They are people of color like us and are being brutalized daily by jews. Ask Secretary of State Schultz. They ignored him the last five times he went to Israel to talk peace.

I can't blame white people for placing those signs in front of our churches because they didn't put them there. Perhaps they did the initial brainwashing and now we are running on automatic. We automatically choose or accept posters picturing white people, to show to our black children. We have no problem buying post cards with white people on them. We have been oppressed so long that it is no longer necessary for anyons else to do anything to us. We do it to ourselves. When you love your former shalever so much that you want to be like him, then you are truly enslaved, think about it. Our children see positive white images on television, clowns and comedians (Dr. Huxtable, George Jefferson, Fred Sanford) to name a few.

We must show our people positive black images, even in the church, especially in the church. When a black man runs for president, it gives all black people a sense of pride and belonging. It is equally important to have a black picture on a sign with little black children, a black father loving his son and a black image to worship. All other races have a God in their own image that they can visualize. What color is your God? Can you really visualize him/her black after having seen them pictured as white all of your life?

OTHER VIEWPOINTS

WHAT COLOR IS YOUR GOD

same sign in front of many of the churches, advertising bible school. I have

since learned that the signs are provided to the churches by the Southern

I don't have anything against bible school. As a matter of fact, I attended

bible school myself during my youth. I do think however, that our youth

should be taught to love themselves and the people they worship should be in

their own image. I believe those signs in front of the black churches were

damaging because on them was a picture of a big white man (Jesus) with a

red beard. What was even more damaging was that all the little children running behind him were also white. It occurred to me that bible school is

where I first began to visualize a supreme being with blue eyes and blond

I attended Sunday morning worship services at my church on Fathers Day and there was a leaflet inserted in the program with a picture of a white man and his son depicting the ideal loving father. I thought, there must have been a picture of a beautiful black man and his son available that could have been

used to show our black children what a loving father is like. I understand

Southern Baptist Convention does not have a variety of black material, never-

Now I know y'all say God don't know no color and everybody is the same in

God's sight. If this is true, then place an insert in a program in a church with an all white congregation picturing a black man and his son, on Fathers day or any day, and see if it matters. Put a big sign with a black man (Jesus) in front of a white church and see if it matters. The mere fact that we have black churches and white churches means it matters. It doesn't seem to matter than the program of the churches and white churches means it matters. It doesn't seem to matter than the program of the churches and white churches means it matters.

hair. This is an awful thing to do to our children.

the-less we (black churches) still deal with them.

.I have traveled to several cities in North CArolina lately and noticed the

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A manned rocket reaches the moon today in less time than it took to travel the length of England in a stagecoach.