

All-American Pizza Does Not Require Pizza Pan

Baking homemade pizza doesn't require simmering a sauce all day long, tedious kneading, rolling and waiting for the dough to rise. It doesn't even require a pizza pan.

All-American Pizza may have an all-Italian flavor, yet it takes only minutes from grocery bag to oven — just what busy American cooks ordered, short of ordering out.

A smooth and fragrant dough is simply a matter of mixing rapid-rise yeast, water and baking mix. It is kneaded a quick 20 turns, then patted into a jelly roll pan. Spread the dough with Contadina pizza sauce. Its authentic chunky texture and light tomato flavor seasoned with oregano, garlic and olive oil tastes as Italian as if a loving cook had stood over it and stirred all day long. Pepperoni, mushrooms, green pepper, olives, and mozzarella and Parmesan cheeses round out this pizza. Baked on the lowest rack of a hot oven, the crust bakes to a crisp and golden finish in only about 15 minutes.

But don't let the list of ingredients limit what goes on this pizza.

According to the Contadina Test Kitchens, there's no end to what can top the quick crust. Whether it's something as Italian as anchovies or as American as hamburger — or with

everything but — it all works. Whatever goes on top, while the pizza is baking, toss a simple green salad and pour cold drinks to serve with big rectangles of America's favorite Italian treat!

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Let's Chat

BY M. BEL B. JORDAN
NONRESISTANCES

Resistance implies opposition and combativeness. Knowing this we develop an outlook of non-resistance concerning every person, place or thing that we may have felt resentment or animosity. Such attitudes do not promote peace or lead of our highest good.

If challenging situations arise, we must relax, still our minds. We must not be quick to take offense. We must listen with love and understanding and do not feel the need to prove anything to anyone as we go about the days' activities we must practice non-resistance. — Connie Fillmore

NAVIGATORS

The wind and waves are always on the side of the ablest navigator. Anon.

HABITS

Choose the best ways of life and habits will soon make it pleasant for you. Anon.

WORRY SLAPPERS

Happiness is what you get when you stay too busy to worry.

There may be so simple cure to stop worrying, but there sure is hope in trying to find that cure.

When you open the way to joy in your life, you lock out the chances of wrong.

—Life Study Fellowship INNER GIFTS

Wisdom and understanding have been given to us. We have been given the good judgment to take wise and loving action. Courage and strength have been given to us, reinforcing us with purpose and determination; reinforcing us with purpose within and involving us to do all that needs to be done by us.

—Mildred Hayer INDIVIDUALITY

Where all think alike, no one thinks very much.

Walter Lippmann FRIENDS

Three men are my friends, He that loves me, he that hates me, he that is indifferent to me. He that loves me teaches me tenderness.

Who hates me teaches me caution; Who is indifferent to me teaches me self-reliance.

Panin ENEMY

No man has an enemy worse than himself.

Cicero 50 BC UNBOUND

Very seldom are we really trapped by some of life's situations. If we use wisdom in choosing the right alternatives, we find ourselves free and unbound.

—Brian Combs

Most people put off until tomorrow that which they should have done yesterday.

Edgar W. Howe SMILE-A-WHILE

Smiling strengthens the thymus gland. It's true! The simple movement of the smiling muscle actually strengthens the thymus and therefore gives us more energy. A stronger immune system is had as smiling is good for us on all levels.

Lafolia

Smile and conserve your energy. It requires the use of about thirty-six muscles to smile and of ninety seven to frown. So frown and work overtime or smile and shorten the working day.

REACTION

Reaction can sometimes reveal long-forgotten feeling and we act in ways that are not constructive. At times our reactions may appear to control us and we wonder how they can ever be changed. Reactions can be controlled; they can be changed.

Mildred Hayes

THE LAW OF AVERAGES

One of the most comforting laws in all the world is the law of averages. If we work hard think hard and try to do good, life will average things out very well for us. It doesn't mean that we will not be terribly disappointed at times. But by and large things will average out all right.

Dr. Norman V. Peale

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