

Classified

Classified Rates
 Line Advertisements
 50 cents per line
 15 days
 \$5.00 Per Col. Inch
 Deadline Thurs. Ed.
 12 Noon Tuesday
 Dial 898-1444

BUSINESS OPPORTUNITIES

LEARN "HOW-TO"—With books on many subjects. Ideal for small businesses. FREE list of titles/information: Gooden & Goldsmith Publishing, Rt. 3, Box 520, Smithfield, NC 27577.
ATTENTION: EASY WORK, EXCELLENT PAY! Assemble products of a home. Details: (1) 602-838-8885 Ext. 3140.

ATTENTION—Earn Money Typing At Home! \$32,000/yr. income potential. Details: (1) 602-838-8885 Ext. T-3140.

ATTENTION—Earn Money Reading Booklet \$32,000/yr. income potential. Details: (1) 602-838-8885 Ext. B-3140.

EARN MONEY AT HOME—Stuffing envelopes. Send a self-addressed, stamped envelope to: SEMA, Box 1179, Dallas, Ga. 30132.

ATTENTION—HIRING! Government jobs—your area. \$17,840-\$69,485. Call 1-602-838-8885, EXT. R-3140.

ATTENTION: EARN MONEY WATCHING TV—\$32,000/yr. income potential. Details: (1) 602-838-8885 Ext. TV-3140.

NOTARY PUBLIC—Free for senior citizens and disabled veterans. 905 East Lenoir Street.

REAL ESTATE—You can earn tremendous income through tax sales. No financing necessary. Call (919) 821-7314.

ATTENTION: POSTAL JOBS! Start \$11.41/hour! For application info call (1) 606-838-8885, Ext. M-3140, 6 a.m.-10 p.m., 7 days.

EASY WORK! EXCELLENT PAY! Assemble products at home. Call for information, 504-641-8003 Ext. 8647.

DO YOU NEED supplemental income? I can show you how to earn it. Call (919) 878-5982.

TIRED OF THE RAT RACE, looking for an excellent business opportunity on your own terms? Contact (919) 878-5982.

HELP WANTED—Make \$300 to \$600. Home workers urgently needed. "Revolutionary" new program. Fast Profits—Free Details. Send stamped envelope to Program for Profits, 3512 Rockville Road, Suite 126C, Indianapolis, IN 46222.

AIRLINE 15K-75K—Will train, hiring now, all positions. For information call (313) 948-9800, Ext. A-1511.

FREE TRAVEL BENEFITS! Airlines now hiring! All positions! \$17,500-\$58,240. Details: (1) 602-838-8885 Ext. X-3140.

FREE TRAVEL BENEFITS! Cruise ships and casinos now hiring! All positions! Call (1) 602-838-8885 Ext. Y-3140.

LIGHT ASSEMBLER—Up to \$380 per week. Flexible hours. 1-800-777-1932, Ext. 7005.

HELP WANTED—Appear in TV commercials. Earn extra money. All ages, all types needed. No experience, call now! 1-800-232-8310, Ext. 58.

SCHOLARSHIPS, FELLOWSHIPS, GRANTS—Ed's Services, Box 3006, Boston, MA 02130. x020791

ATTENTION! Cosmetologists desiring reasonable booth rent, good location, lovely shop. Contact operators: 832-0700 days, 787-8754 6-9 p.m. 19770103

FOR SALE
 2 BR DUPLEXES for low-income families—2-4 persons \$12,000 to \$16,000 annually. Home ownership program. Units located in Southeast Raleigh. Interested applicants contact Mrs. Joyce Christmas, Raleigh Housing Authority, 755-6387 Monday-Friday 9:00-4:30.

HOME FOR SALE—By owner. Beautiful 4 bedroom brick home with garage in Worthdale. Spacious front and back yard. Call (1)738-8492.

HOME FOR SALE—Completely remodeled. Sunset Lake Road. 2/3 bedrooms. Call Ralph, 782-7676, or Mike, 832-6447.

ATTENTION—Government seized vehicles from \$100. Fords, Mercedes, Corvettes, Chevys. Surplus Buyers Guide, 1-602-838-8885 EXT. A-3140.

ATTENTION—Government Homes from \$1 (U-repair). Delinquent tax property. Repossessions. Call 1-602-838-8885, EXT GH-3140.

WHY RENT? Homes for \$1.00. Repos. Gov't giveaway program. For information call 504-649-0670, Ext. R-8647.

SPACE FOR RENT—1400 square feet in restored Oakwood home. Rent negotiable. 832-4405 after 6.

APARTMENTS FOR RENT (3)—1. Two bedrooms for rent with a lease option. 2. Two bedrooms, two bath condo. Swimming and tennis. \$600 a month. 3. One bedroom, one bath. Call Mr. Kennedy at 781-5665. Location: Cary.

WHY RENT? Homes for \$1.00. Repos. Gov't giveaway program. For information call 504-649-0670 Ext. R-8647.

FOR RENT—1-2-3 Bedroom Apts. \$265 to \$670. Excellent location in Raleigh, Cary and Garner. Call Klip Del Homes, Inc., 781-3652, or come by 2600 Glenwood Ave., Raleigh, NC, M-F, 9-5.

1 BEDROOM furnished or unfurnished, nice neighborhood, no deposit. \$25. 829-9131.

HOUSE FOR RENT—Nice two-bedroom house, full basement, livable. No deposit. \$425. Off South Saunders St. 829-9131.

EXCLUSIVE HAIR BRAIDING by Terri. Call 847-0951. Leave message.

ARE YOU LONELY? For single senior citizen? You don't have to be. Write to: Young at Heart, P.O. Box 7054, Asheville, NC 28802.

CHOCOLATE SINGLES CLEARINGHOUSE—A singles' network. Call or write for information. P.O. Box 4731, Asheville, N.C. 27204-4731, 8-5 p.m. (919) 629-7076.

INCARCERATED MALE, 27—Sincerely seeking a friendship through correspondence that's non-judgemental. Please be between the ages of 30 and 40 years young.
 Montez A. Smith
 No. 199-904
 P.O. Box 5500
 Chillicothe, Ohio 45601

ROOMMATE WANTED—Female desires female roommate for 3 bedroom, 2 baths, den with fireplace, in South Raleigh. \$260.00 plus 1/2 utilities. Call: 834-6947. XXXX

MISCELLANEOUS

EXCLUSIVE HAIR BRAIDING by Terri. Call 847-0951. Leave message.

ARE YOU LONELY? For single senior citizen? You don't have to be. Write to: Young at Heart, P.O. Box 7054, Asheville, NC 28802.

CHOCOLATE SINGLES CLEARINGHOUSE—A singles' network. Call or write for information. P.O. Box 4731, Asheville, N.C. 27204-4731, 8-5 p.m. (919) 629-7076.

INCARCERATED MALE, 27—Sincerely seeking a friendship through correspondence that's non-judgemental. Please be between the ages of 30 and 40 years young.

ROOMMATE WANTED—Female desires female roommate for 3 bedroom, 2 baths, den with fireplace, in South Raleigh. \$260.00 plus 1/2 utilities. Call: 834-6947. XXXX

LEGALS

NORTH CAROLINA WAKE COUNTY ADMINISTRATOR'S NOTICE
 All persons, firms and corporations having claims against RUTH WINTERS LASISTER, late of Wake County, North Carolina, are notified to exhibit the same to the undersigned on or before June 13, 1991, or this notice will be pleaded in bar of recovery. Debtors of the decedent are asked to make immediate payment.
 This 13th day of December, 1990.
 John W. Winters
 Administrator
 507 E. Martin St.
 Raleigh, N.C. 27601
 x010391

FOCUS ON SENIORS
 by Meredith Cameron
Day-Care Centers
 Centers for the elderly impaired are growing by leaps and bounds. There are thousands that now operate around the country, and there's a growing need for caregivers, persons who are willing to devote their time and energy to taking care of the elderly.
 Day-care programs are becoming more popular, and more attractive to caregivers, for it enables them to schedule the hours to suit their own lifestyle.
 The cost varies from center to center, depending on how the program is funded and whether the center is medical or social. Many centers adjust their fees to the needs of the client, and some will even accept Medicaid coverage for clients who qualify.
 A medical day-care facility staffs doctors, nurses and social workers, and offers physical therapy and dental services. Before entering the program, new members are given a medical exam and are interviewed by a doctor.

GOLD CREDIT CARD
 \$5,000. Credit Line
 Regardless of Credit
 Cash Advances
 VISA/MasterCard
 Guaranteed
 no security deposit
 1-900-990-1100 \$25 fee
 x01224

FOR RENT

SPACE FOR RENT—1400 square feet in restored Oakwood home. Rent negotiable. 832-4405 after 6.

APARTMENTS FOR RENT (3)—1. Two bedrooms for rent with a lease option. 2. Two bedrooms, two bath condo. Swimming and tennis. \$600 a month. 3. One bedroom, one bath. Call Mr. Kennedy at 781-5665. Location: Cary.

WHY RENT? Homes for \$1.00. Repos. Gov't giveaway program. For information call 504-649-0670 Ext. R-8647.

FOR RENT—1-2-3 Bedroom Apts. \$265 to \$670. Excellent location in Raleigh, Cary and Garner. Call Klip Del Homes, Inc., 781-3652, or come by 2600 Glenwood Ave., Raleigh, NC, M-F, 9-5.

1 BEDROOM furnished or unfurnished, nice neighborhood, no deposit. \$25. 829-9131.

HOUSE FOR RENT—Nice two-bedroom house, full basement, livable. No deposit. \$425. Off South Saunders St. 829-9131.

EXCLUSIVE HAIR BRAIDING by Terri. Call 847-0951. Leave message.

ARE YOU LONELY? For single senior citizen? You don't have to be. Write to: Young at Heart, P.O. Box 7054, Asheville, NC 28802.

CHOCOLATE SINGLES CLEARINGHOUSE—A singles' network. Call or write for information. P.O. Box 4731, Asheville, N.C. 27204-4731, 8-5 p.m. (919) 629-7076.

INCARCERATED MALE, 27—Sincerely seeking a friendship through correspondence that's non-judgemental. Please be between the ages of 30 and 40 years young.

ROOMMATE WANTED—Female desires female roommate for 3 bedroom, 2 baths, den with fireplace, in South Raleigh. \$260.00 plus 1/2 utilities. Call: 834-6947. XXXX

LEGALS

NORTH CAROLINA WAKE COUNTY ADMINISTRATOR'S NOTICE
 All persons, firms and corporations having claims against RUTH WINTERS LASISTER, late of Wake County, North Carolina, are notified to exhibit the same to the undersigned on or before June 13, 1991, or this notice will be pleaded in bar of recovery. Debtors of the decedent are asked to make immediate payment.
 This 13th day of December, 1990.
 John W. Winters
 Administrator
 507 E. Martin St.
 Raleigh, N.C. 27601
 x010391

FOCUS ON SENIORS
 by Meredith Cameron
Day-Care Centers
 Centers for the elderly impaired are growing by leaps and bounds. There are thousands that now operate around the country, and there's a growing need for caregivers, persons who are willing to devote their time and energy to taking care of the elderly.
 Day-care programs are becoming more popular, and more attractive to caregivers, for it enables them to schedule the hours to suit their own lifestyle.
 The cost varies from center to center, depending on how the program is funded and whether the center is medical or social. Many centers adjust their fees to the needs of the client, and some will even accept Medicaid coverage for clients who qualify.
 A medical day-care facility staffs doctors, nurses and social workers, and offers physical therapy and dental services. Before entering the program, new members are given a medical exam and are interviewed by a doctor.

GOLD CREDIT CARD
 \$5,000. Credit Line
 Regardless of Credit
 Cash Advances
 VISA/MasterCard
 Guaranteed
 no security deposit
 1-900-990-1100 \$25 fee
 x01224

FOR RENT

SPACE FOR RENT—1400 square feet in restored Oakwood home. Rent negotiable. 832-4405 after 6.

APARTMENTS FOR RENT (3)—1. Two bedrooms for rent with a lease option. 2. Two bedrooms, two bath condo. Swimming and tennis. \$600 a month. 3. One bedroom, one bath. Call Mr. Kennedy at 781-5665. Location: Cary.

WHY RENT? Homes for \$1.00. Repos. Gov't giveaway program. For information call 504-649-0670 Ext. R-8647.

FOR RENT—1-2-3 Bedroom Apts. \$265 to \$670. Excellent location in Raleigh, Cary and Garner. Call Klip Del Homes, Inc., 781-3652, or come by 2600 Glenwood Ave., Raleigh, NC, M-F, 9-5.

1 BEDROOM furnished or unfurnished, nice neighborhood, no deposit. \$25. 829-9131.

HOUSE FOR RENT—Nice two-bedroom house, full basement, livable. No deposit. \$425. Off South Saunders St. 829-9131.

EXCLUSIVE HAIR BRAIDING by Terri. Call 847-0951. Leave message.

ARE YOU LONELY? For single senior citizen? You don't have to be. Write to: Young at Heart, P.O. Box 7054, Asheville, NC 28802.

CHOCOLATE SINGLES CLEARINGHOUSE—A singles' network. Call or write for information. P.O. Box 4731, Asheville, N.C. 27204-4731, 8-5 p.m. (919) 629-7076.

INCARCERATED MALE, 27—Sincerely seeking a friendship through correspondence that's non-judgemental. Please be between the ages of 30 and 40 years young.

YOU AND YOUR HEALTH

By Dr. Robert DeMarco

Dear Dr. DeMarco: Have you ever heard of using electric shock treatments to stop the detrimental effects of poisonous snake bites?

Answer: Yes, in Ecuador shock treatments have been used very effectively in treating venomous snake bites. High-voltage, low-current electric shocks are used.

The bitten area is electrically grounded, then current is applied directly to the bite for one to two seconds using an insulated probe. Four or five shocks applied at intervals of five to ten seconds are usually sufficient to rid bite victims of the typical effects of snake bites.

In cases where the current was applied within a half hour of the bite, the pain was gone within 15 minutes. The swelling, bleeding, shock and kidney failure usually associated with snake bites did not occur. Doctors theorize the method works because the electric current influences the hydrogen bonds of the enzymes in the snake venom. And finally, the current interferes with the membrane, as well as the positively charged peptides in the venom, decreasing its toxic properties. Incidentally, I don't think I can advise using this technique, unless you know more about it than I do.

Dear Dr. DeMarco: Would you please discuss a condition called "claudication." I'm a sufferer and wonder if there is any remedy to the problem other than bypass surgery?

Answer: A symptom of intermittent claudication results from a deficient blood supply in an exercising muscle. After just a brief period of walking, the limb becomes "tired" or a pain, ache or cramp may be felt. Usually it occurs in the calf, but the condition

also can affect the foot, hips, thighs or buttocks. After a few moments of rest, from one to five minutes, the pain abates, and the patient can continue to walk, about as far or as long as originally, when the symptoms recur.

The distress is greater when walking rapidly or walking uphill, and the ever-diminishing distances that a person can cover during the painless periods indicate the disease is progressing. True intermittent claudication never occurs at rest and does not require that you rest until the pain disappears.

The underlying cause is the presence of atherosclerotic plaques which develop in the arteries of the extremities and block the passage of blood needed to carry oxygen to the working muscles. The amount of pain and the distances you can cover will depend on the extent of the disease, and if there are other, open arteries in your legs, to help carry the blood.

A medication that increases the ability of red cells to pass through narrowed arteries and capillaries, may be used to improve the circulation in your legs and reduce the symptoms. It is only when these techniques fail to improve your situation that you may have to consider surgery to bypass the blocks present in your arteries which are the cause of your problem.

Your heart beats more than 85,000 times a day as it sustains life, yet most people don't think about this vital organ until illness strikes. Learn how to maintain a healthy heart in a new booklet, **THE HUMAN HEART: AN OWNER'S MANUAL.** To order your copy, send \$2.95 to HEART, P.O. Box 4406, Orlando, Fla. 32803-4406. Make checks payable to Newspaperbooks.

©1990, Tribune Media Services

IDEAS FOR INTERIORS

Alison Lindroth

Woodburning Stoves

At its best, a wood-burning stove provides physical warmth, helps to keep heating costs down and serves as a focal point in a room.

These freestanding heating appliances can be built of steel, cast iron, ceramic tile or soapstone and are offered in many styles and sizes. Prices start at about \$750 for quality stoves.

Descendants of the old potbelled stove, the current generation of wood-burning stoves boasts higher efficiency and more sophisticated and varied designs than ever before. You can select among traditional and contemporary shapes with finishes ranging from basic black to high-gloss porcelain enamel brights to decorative handpainted ceramic tiles.

©1990, Tribune Media Services

EDITORIAL

(Continued from page 4)

new awareness of the African-American, for they took us from being slaves, coons, bucks, spades, niggers, coloreds, Negroes, blacks to being people of color, descendants of prestigious ancestors of proud, African heritage and origin.

It is time for a powerful change. Tim for some new cities. And who is going to build these new cities? Students could build some beautiful new cities and it would be such great fun and personal satisfaction: New homes, big enough for the whole family - grandparents, parents, children, and room for the children's children. New schools filled with love and job and all the extras. New recreation centers for all the people to come together in fellowship. New neighborhoods where women, children and the elderly can walk in safety day and night.

Students could build new businesses, big and small. Imagine how colorful our cities would be with our paintings, flowers, plants and unique style of architecture. Everyone could help. The children could do their part. The elderly could do their share. Men and women would have an opportunity to work side by side and accomplish something worthwhile and productive.

©1990, Tribune Media Services

ADVERTISMENT FOR BIDS

THE HOUSING AUTHORITY OF THE CITY OF RALEIGH, NORTH CAROLINA will receive sealed proposals for the Heating Modernization of Kentwood Apartments, NC2-7 until 2:00 P.M., Monday, January 14, 1991, in the Central Office of the Housing Authority of the City of Raleigh, 600 Tucker Street, Raleigh, North Carolina, at which time all bids will be publicly opened and read aloud. Qualified bidders shall hold a General Building License.

One set of contract documents is on file at the Modernization Field Office, 910 Peace Terrace, Halifax Court, at the Raleigh Office of Associated General Contractors, and at the Plan Room of Dodge Scan. Interested bidders may receive contract documents for \$25 deposit, which will be refunded to bona fide bidders. Bid proposals will be accompanied by a 5% bid security as well as indication of a state contractor's license.

The Housing Authority of the City of Raleigh reserves the right to reject any or all bids or to waive any informalities in the bidding. No bid shall be withdrawn for a period of sixty (60) days subsequent to the opening of bids without consent of the Housing Authority of the City of Raleigh.

0103

DEVELOPMENT DIRECTOR

University of North Carolina Center for Public Television seeks experienced, aggressive Development Director for statewide network. Reporting to Center's Director, Development Director leads staff that raises a fourth of Center's operating budget. Must be familiar with on-air pledging; direct mail; telemarketing; major gifts; planned giving; corporate and foundation requests; underwriting; volunteer recruitment; and special events. Required are bachelor's degree and three years experience in fundraising and management. Successful candidate will demonstrate exceptional leadership and communication skills. Must be comfortable in a university television network committed to public service. Will demonstrate ability to work with management, staff and public toward common goals. Salary commensurate with qualifications. Send resume and written request for application to John W. Dunlap, Director, UNC Center for Public Television, P.O. Box 14900, Research Triangle Park, NC 2709-4900 by 5 p.m. Friday, Feb. 1, 1991. A university application will be mailed upon receipt of applicant's written request. NO TELEPHONE INQUIRIES. Equal Opportunity/Affirmative Action Employer. Federal law requires upon hiring that an applicant, if requested, provide satisfactory documentation of identification and employability.

0103

TONY BROWN

(Continued from page 4)

a man whose emotional needs have apparently gone into overdrive and enlived his logical powers.

During Williams' confirmation hearings, Sen. Paul Simon asked him why he had never joined the NAACP or the Urban League, champions of civil rights, since he was applying for the position of chief civil rights officer of the Department of Education.

There were no chapters in his hometown of Midland, Texas, he replied. I suppose that means that no one has ever belonged to the NAACP or the Urban League from Midland, Texas. Of course, he lived in California and I know for a fact that both organizations have branches in that state.

We all know what Williams is really saying, and it doesn't have to be spelled out in this space. Blacks have historically been taught the lesson that having a dark skin doesn't make one like it—or even other people who look like you who have suffered so you can practice ignorance for the Bush administration.

The Williamses of this world might even quote Martin Luther King to "prove" that their distorted vision of a "colorblind" society is just.

As I said earlier, Bush will never recover politically—because Williams has polarized his presidency.

In his eagerness to eliminate quotas, Williams and his white handlers have resorted to unfairness. And depriving an 18-year-old black or Hispanic youngster of a chance to go to college is wrong, no matter what legal precedent you cite.

Bush will be left with the "reverse discrimination" obsessives who suddenly became "colorblind" after their anti-civil rights tactics failed and advocates of an "equal" society after the civil rights movement destroyed the unequal laws they promoted.

These closest bigots are the shapers of Williams' ideas and the architects of the destruction of the George Bush administration and the Republican Party. Racism has never celebrated a final victory and it never will, and this attempt to politicize the education of young blacks and Hispanics as a wedge to drive whites out of the Democratic Party will be no exception.

In the meantime, call President Bush (302/456-1414; ask for John Summa) and tell him to fire the rogue assistant secretary of education Michael Williams.

"Tony Brown's Journal" TV series can be seen on public television in Raleigh on Channel 4 (WUNC). Please consult listings or phone station for air time.

DIFFERENT VOICE

(Continued from page 4)

their mouths. These people (and I will not dwell on them too long) are those who repeatedly take pride in Indian heritage versus African heritage and who sincerely believe that African-American brothers and sisters who have not made it into the mainstream fail primarily due to their own faults. Unable to see the workings of racism in their own thought processes, they deny its existence, prevalence and/or effect.

However, those who are embracers of the principles of Kwanzaa (some without knowing it) are those who in their daily lives seek to uplift not only themselves but all others around them. Though some not understanding the meaning of such words as militant, racist, assertive, ethnocentric, pan-Africanist, etc., seek to label and dismiss them for the courageous stands they take. I join the many who celebrate the Imani (faith and righteousness) of their cause. Many of these people were celebrated in 1990 as "Unsung Heroes" by Concerned Citizens for Educational Equity. Others are day care providers such as Tuttle Center, New Bern Avenue Day Care, Nicest Nursery, Raleigh Day Nursery, Headstart, etc., who teach, nurture, and care for our young, and invite them to look at their economic status, parental educational level, hair, color, physical features, etc., and see beauty, acceptance and opportunity for themselves and their race. Some are members of the Southeast Development Corp. staff and board who wage invisible war against the politics of a city that chooses to deny opportunity for economic self-sufficiency to a community that it wishes to displace. The names are recognizable only to those who live the qualities and principles of Kwanzaa daily: Sylvia Wiggins and the board of Helping Hand Mission; Elaine and Gordon Dillahunt (who now will be known as Rakia and Ajunda; excuse spelling), the proprietors of Freedom Books; Ms. Margaret Rose Murray and Frank Roberts, who volunteer their time to give the community an opportunity to exchange thoughts and concerns with each other daily and weekly; Rev. David Foy, Muriel Boyd and others who sacrifice time and energy to advocate for children who have no voice in the struggles they experience in school each day, and many, many others.

If we as individuals, communities, churches and organizations could begin to march under the umbrella of Kwanzaa, we literally could eradicate homelessness just as the colonists came together to build log cabins for each other. There would no longer be a discrepancy between the expectations of a voting body and their elected officials because our officials embracing Umoja, Kujichagulia and Nia would not be swayed by the favors of those who use them to serve their own purpose. We no longer would have to argue the issues and realities surrounding our high unemployment rates for we through Ujima have fed our hungry and through Ujamaa and Nia have been employed in our own schools, industries, and other businesses. There should be no yards full of cars worthy only of junking or rundown houses in our neighborhoods, for we through Kumba would have repaired those cars and replaced those worn planks or broken windows.

If we would only embrace the principle of Imani, we as a people would know ourselves, still be being taught by the best qualified (our own) teachers, believe in and be believed in by our parents and because we believe in our rightness as a people and as individuals there would be no shame as there is in the people who sell and use drugs. If Imani were our connecting principle we would recognize a God who didn't set us aside, when He created people in His own image. That same God who inspires the principles of Nguza Saba would be the ear to which our breasts are turned and the spirit which inspires and moves our hearts, minds and hives.

VIEWPOINTS

(Continued from page 4)

defense policy, i.e., Air Force Gen. Michael Dugan, is so for suggesting the "killing" of Saddam Hussein, a possible strategy; and Army Gen. Colin Waller, who candidly admitted U.S. troops "wouldn't be ready" to take Iraq on Jan. 15. Similar statements by Gen. Douglas MacArthur led to his removal by President Harry S. Truman in 1951.