Handouts

themselves. Aside, from being their lives have changed needed a perspective giver cannot always adequately assess whether their gift will be used wisely.

Sometimes its better to give a hand-up than a handout, because it builds character, self-esteem and a feeling that the individual has some self-worth and is a growing part of society.

So often when we battle with the question of whether we should or should not give. There are a number of variables that are important to your decision in coloring the grey area that defies understanding, frustrates us, and causes us to question the morality and ethics of that gift.

Some experts will say yes give, while others will frown and scorn you for giving. However, regardless of which type of person you confront, most of the nation's homeless and indigent are still suffering from lack of adequate care and having an opportunity to become an integral part of society again. Simply, because the programs that are currently in place are not serving or addressing the real needs of those are and have been known for people. They're getting lip many years as the greatest service, being pushed up, on and country on earth. We should out to make way for the people attempt to live up to such a who have the same needs. So where and how have they been things that should be done that helped, you haven't really given a made us great and that will keep hand-up or a handout.

Think of how difficult it is for you to ask for something you sincerely and truly peeded at one time in your life. Though due to circumstances you were not able to help yourself. Now try lives. Do you think this is asking understanding how a person feels

Handouts are good and bad in who asks for a handout because dramatically and it is now necessary for them to seek assistance just to get through the day or night.

Do you think its demeaning or are you so self-centered that it really doesn't matter. Subsequent to the person becoming a beggar they could have very well been in the mainstream of life with more success than you've achieved. Remember... "The Man In The Mirrore," by Michael Jackson is just an image and that image could be yours.

So, when you are grappling with a hand-out vs. a hand-up. Be very objective in your thoughts and analyze what has been done to date for these individuals. They are growing in numbers, adequate facilities are not in place to even begin to cope with the problem and they are merely crying for help the best way they know how.

This is not just an agency problem or question, it's a question that this nation should seriously address as a whole. We prestrigious honor by doing the us great.

Because of whether you are a beggar or someone of accomplished means, people need guidance and assistance to have direction and purpose in their too much?

Family Stability

issue to face the African-American family since slavery is family stability. Consistently, statistics indicate that the African-American family. The African-American family is in deep trouble.

number of African-American families headed by women has increased rapidly. Today, almost American public can gather. 50 percent of all Africanfather in the home.

buse, alco homosexuality, high mortality face the black family are far rate and unemployment.

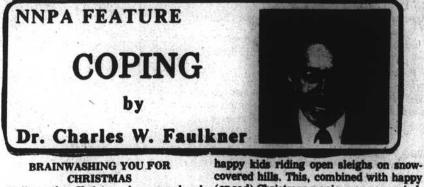
Probably the most profound Marian Wright Edelman and Dr. Alan F. Poussaint.

There is no one solution to the compound problems facing the crisis is something that should be seriously addressed by a "cause Over the past 15 years, the and effect" analysis of the best psychologists, sociologists and other professionals that the

It is easy for some of us to American families are without a turn our heads away from the African-American family crisis Some of the contributing and say, "All families are faced factors to this crisis are drug with a crisis." This is true but the multitude of the crisises which greater than those that face most white families because whitres are more entrenched in the economic structure of this country. They have better-payingjobs, more political clout and a more sophisticated system to address family issues.



HOW FEDERAL DIETARY GUIDELINES GET THRASHED OUT



(or sad) Christmas music, won your mind,

your heart, and your money. You, like millions of other Americans,

purchased millions of dollars worth of gifts

that few people could afford in this slow

economy. But you did it out of a deep love,

and out of a need to remove guilt, loneliness and sadness.

Did you like that new tape recorder?

You sure did, after seeing it advertised

over and over again. Were you sad and

sentimental? You sure were, after listen-

ing to four solid weeks of Christmas music.

In effect, they played games with your

mind and emotions. They made you feel

because of this great sentimentality. They

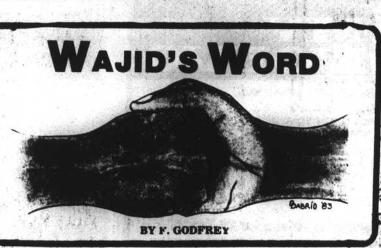
BRAINWASHING YOU FOR CHRISTMAS

Well, another Christmas has passed and everything seemed normal. Advertisers were up to their old tricks. What happened was the shrewd use of brainwashing that advertisers used this Christmas and have used for a long, long time. Their idea was to manipulate you into buying, buying, buying while they got rich, richer and richer. Of course, you probably thought that you had bought all those Christmas gifts because you wanted to buy them. You said to yourself, "Nobody makes me buy anything. I do only what I want to do."

Did you feel guilty about that argument that you had with your family (girlfriend, boyfriend, husband/wife, boss)? You sure did, after hearing so many loving songs over and over again. You removed your guilt, and the store owners became wealthy as a direct result of your milt and I hate to tell you this, but you were psychologically manipulated. And the biggest part of the manipulation was that the advertisers made you believe that your decision to spend large sums of money for gifts was made by you, not by them. This wealthy as a direct result of your guilt and way, you won't accuse them of sentimentality. manipulating your behavior. However, brainwashing and manipulating you is exactly what they did. sentimental. You bought a gift from them

Here's how advertisers played with your mind. On the day after Thanksgiving, because of this great sentimentality. They Christmas hit you with a bang. Stores made tremendous profits. You thought

played hour after hour of Christmas that you did all of this because you wanted carols. Newspapers, television, do, but they made you want to. restaurants, radio and every conceivable Now, suddenly, the "Christmas spirit" is enterprise overwhelmed you with the gone, on the very day after Christmas, and "Christmas spirit." Pictures of Santa you are again lonely and depressed. But Claus, the King in the Manger, loving don't worry, they will be back to get your couples in front of a warm fireplace, lovely mind again on Valentine's Day and families in front of the Christmas tree, and Easter.



BIBLE THOUGHT

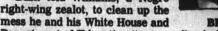
Lord, who shall abide in thy tabernacie? Who dwell in thy holy hill? He that walketh uprightly worketh righteousness, and speaketh the truth in his He that backbiteth not with his tongue, nor docth evil abor, nor taketh up a reproach ose eyes a vile person is condemned; but he em that fear the Lord. He that sweareth to his and changeth not. He that putteth not out his usury, nor taketh reward against the innocen doeth these things shall never be moved.



WHY PRESIDENT BUSH WILL SELF-DESTRUCT The Department of Education's Michael William uncalled-for attack on the availability of scholarsh money for black and Hispanic youths has backfired.

President George Bush's presidency, I predict, will never recover from Williams' meanspirited directive to shut off college scholarship aid designated for black college students.

A firestorm was raised against the ruling by such diverse critics as the U.S. Chamber of Commerce, conservatives, liberals, education leaders, White House officials, and of course, most blacks. Bush told Williams, a Negro



Department of Education "reverse discrimination" white cohorts had created. The revised copy of this tortured retreat turned out to be as bad a the original assault on black people.

At a press conference, Williams bristled at charges that he wa a Negro "lackey" being manipulated by racists. He did what he did, he added, because he believes that financial aid designated for blacks is illegal because it discriminates against whites.

But it's okay to use private money to discriminate against whites, his confusion explained. And although he believes the present system of giving aid to blacks harms whites, he has no idea how many blacks are depriving whites of scholarship money.

Yet he feels there is an urgent need to protect whites from this unknown monster of money designated to help blacks attend college. There is not enough space to itemize Williams' legal and logical inconsistencies.

However, some insight can be gained into the psyche of

(See TONY BROWN, P. 12)

A DIFFERENT VOICE

BY DOROTHY SHAW-THOMPSON **KWANZAA: A WAY OF LIVING**

In 1966 Dr. Maulana Karenga, now a college professor in California, conceived an African-American holiday as an affirmation of the culture and purpose of African people. Kwanzaa, which means "first," is taken from the plarase "matunda ya kwanza," which means "first fruits." The holiday comes out of the tradition of those in Africa was cultivate and harvest crops and who extend to as "thanksgiving" at designated times of harvest. It is celebrated here in America from Dec. 26-Jan,1 through focusing daily on principles from the Nguza Saba or Seven Principles.

These seven principles are: "Unoja" (Unity), to strive for and maintain unity in the family, community, nation and race; "Kujichagulia" (Self-Determination), to define ourselves, create for ourselves, and speak for ourselves, in-stead of being defined, named, created for and spoken for on for by others; "Ujima" (Collective Work and Respo to build and maintain our community together and to make our sisters' and brothers' problems our problems, and to solve them together; "Ujamaa" (Cooperative Economics), to build and maintain our own stores, i and other businesses and to profit from them to "Nia" (Purpose), to make as our collective vocation building and developing of our community in org



Furthermore, the number of African-American children living with both parents dropped during the same period from 58 percent to 41 percent, while the percentage in single-parent situations increased.

Economists realize that the unemployment rates for African-Americans are usually consistently double those for whites. Whereas, in 1985 the jobless rate for blacks was 15.1 percent as opposed to the 6.2 percent of whites.

the African-American family was crisis and overcome it. Otherwise. only about \$19,000 per year in 1987, we as a nation are perpetrating an 56 percent below that of whites compared in the same category. The African-American numbers Unless solutions are below the poverty level rose from implemented, many African-8.6 million in 1980 to 9.5 million in Americans are destined today to 1984. Researchers behind these live in the perpetual ghetto of the statistics included Maya Angelou, 1990s.

Leaders can no longer turn their backs on valid statistics that indicate there is a severe crisis in the African-American family.

The crisis is real, the people are real and compassion is not going to solve what generations have created. What is needed is sound, sincere effort on behalf of Also, the median income of anyone who has suffered from a even greater uncertainty of what crisis our children will face.

The African-American College Student

advancement of our race. Without existence and endeavor. them, we could never, and would What a far better, far greater never, have achieved our current task students have today, to success against such outstanding create, improve, enrich, obstacles-the African-American embellish, to start something college student.

Today's student faces a far current, to establish new thought, different task then, say 30 years to experiment, explore, expand, ago. Then the African-American to be imaginative, to be free. student faced, reckoned with, Students should be courageous challenged and strove to and know today is worth living. overcome the color barrier in Yesterday, the students before order to enter most jobs, you did great works. It was the professions and careers. Today students who led the change for some of these barriers have been civil rights. It was the students broken and the student now must who brought about the beautiful place his or her emphasis on going beyond what is in existence and (See EDITORIAL, P. 12)

They are and have been a must strive to create something dominant force in the new in every aspect of human

new, to go beyond that which is

(See EDITORIAL, P. 12)

In 1985, shortly after the death of my mother, I found taped to the side of her refrigerator, some powerful lessons for living which I have attempted to follow as closely as possible as I pass through this life. I offer them to you for your consideration and possible use. I hope that you will share them with your friends and families and will make every attempt to reflect upon them form time to time.

1. Just for today I will try to live through this day only, and not set far-reaching goals to try to overcome all my problems at once. I know I can do something for 12 hours that would appall me if I felt that I had to keep it up for a lifetime.

2. Just for today I will try to be happy. Abraham 'Lincoln said, "Most folks are about as happy as they make up their minds to be." He was right. I will not dwell on thoughts that depress me. I will chase them out of my mind and replace them with happy thoughts.

3. Just for today I will adjust myself to what is. I will face reality. I will try to change those things which I can change, and accept those things I cannot change.

4. Just for today I will try to improve my mind. I will not be a mental loafer. I will force myself to read something that requires effort, thought and concentration.

5. Just for today I will exercise my sour in three ways: I will do a good deed for somebody-without letting them know it (if they find out about it, it won't count). I

will do at least two things that I should do, but have been putting off. I will not show anyone that my feelings are hurt; they may be hurt, but today I will not show it.

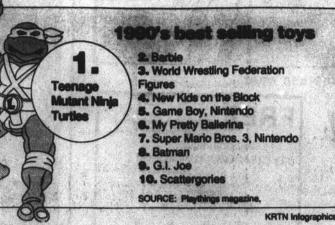
6. Just for today I will be agreeable. I will look as well as I can, dress becomingly, talk softly, act courteously, and speak ill of no one. Just for today I'll not try to improve anybody except myself.

7. Just for today, I will have a program. I may not follow it exactly, but I will have it, thereby saving myself from two pests: hurry and indecision.

8. Just for today I will have a quiet half-hour to relax alone. During this time I will reflect on my behavior and will try to get a

better perspective on my life. 9. Just for today I will be unafraid. I will gather the courage to do what is right and take the responsibility for my own actions. I will expect nothing from the world, but I will realize that as I give to the world, the world will give to me.

I hope that these words will affect you as they have affected me. I firmly believe that we do create our own realities and all too often they are not in our own best in-terests. As we begin our journey through 1991 it becomes ever more important that each of us begins to create realities which are not only positive from our own perspectives, but also positive from the perspective of those who come in contact with us on a daily basis. May this new year and the rest of your life be filled with joy, love, peace and happiness.



restore our people to their traditional greatne ba" (Creativity), to do always as much as we car/ to the way we can in order to leave our community mere beautiful and beneficial than we inherited it; and "In (Faith), to believe with all our hearts in our peop parents, our teachers, our leaders and the righter and victory of our struggle.

There are those among us who celebrate Kwanzas in their everyday lifestyle and of course there are those who have never heard of it. Unfortunately, there are those who having heard cannot conceive of how these principles can be applied in their everyday life. Unfortunately, though we hurry as mankind to a 21st century, there are those amo us who continue to be so self-serving and self-hating that to embrace anything African confuses their imag le of themselves to the point that Africa leaves a bad taste in

See DIFFERENT VOICE, P. 12)

OTHER VIEWPOINTS

BY DANIEL A. YOUNG, SR.

It's sad and somewhat ironic that the day that the United Nations has set as the date for Saddam Husse be out of Kuwait is also the birthday of Dr. Martin Luther King, Jr.

Whether that day will be a day of military confrontation with Hussein, only God and our civilian leaders, Defense Secretary Dick Chaney and military leader, Gen. Colin Powell, respectively, know for sure.

It's also ironic, because Colin Powell was earlier selected to lead the King Day parade in Atlanta. He declin-ed the invitation with the blessing of many black leaders who felt Powell's presence at the King Day activity as our nation's military commander was not in keeping with the teachings and the philosophy espoused by Dr. King. In earlier speeches, King had said, "The U.S. government is the greatest purveyor of violence in the world..."

Whether King has rightly predicted the U.S. willingness to engage in violence, for example, the total casualties for World War I, 320,518; World War II, 1,076,245; Korean War, 157,530 and in Vietnam, 211,438, is, of course, left to the reader and open to speculation. While three leaders of our nation have held somewhat

similar hopes for our nation, only one of those leaders has had those hopes actualized to this date. Lincoln's hope for a United States have been fulfilled; gut the dream held by Dr. Martin Luther King, Jr. have not. There are but a handful of Americans who remember not. There are out a handful of Americans who remember the devastation of Pearl Harbor, but since that December day in 1941, Franklin D. Roosevelt said, "I know that I speak for the mass of the American people when I say that we reject the 'turtle policy' and will continue increasingly the policy of carrying the war to the enemy in distant lands and distant waters—as far as possible from our own home grounds "

America today is far different than it was in the '40 Our confidence in our leaders appears shaken, many q tion our president's commitment to civil rights, m question our military leaders or being outspoken to the tent that they appear undermining the national

(See VIEWPOINTS, P. 14)