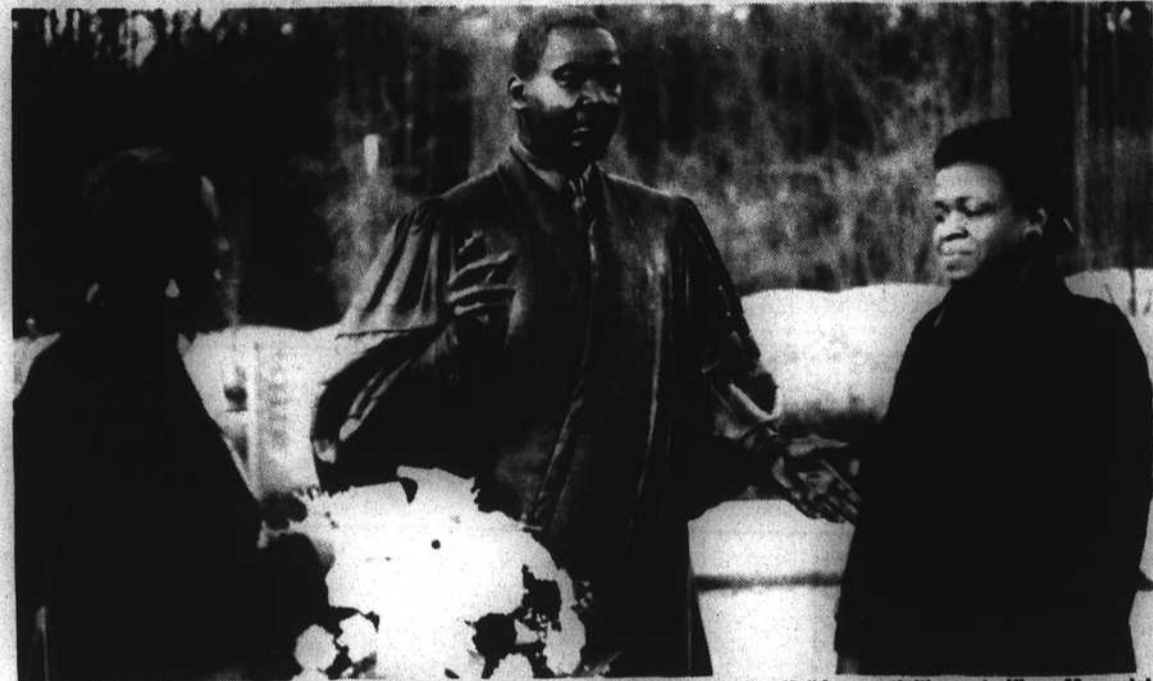




SALUTING OFFICERS—Alpha Theta Omega Chapter of Alpha Kappa Alpha Sorority, Inc. recently elected officers for 1991. They are seated, left to right, Elizabeth Jiles, parliamentarian; Gale Isaacs, recording secretary; Myra Smith, 2nd vice-president; Barbara Flood, president; Jean Shvey, first vice-president; and Pamela Bright,

corresponding secretary. Standing, left to right: Sandra Williams, graduate advisor NCSU; Darlene Coleman, graduate advisor, St. Augustine's; Mary Aldrich, graduate advisor, Shaw; Lucy Powell, Historian; LeVierne Warren, financial secretary; Margaret Hargrove, Hostess; Decenia Hammond, Treasurer, and Linda Gill, Ivy Leaf Reporter.



WREATH LAYING CEREMONY—Shortly after 7 a.m. January 21 following the Martin Luther King Wreath Laying Ceremony, Ms. Ajoba Joy (left) and Ms. Betty Williams are seen paying their respects during the 1991 Dr. Martin

Luther King, Jr. Holiday activities at King Memorial Gardens on Rock Quarry Road and M. L. King Boulevard. (Photo by James Giles, Sr.)

Sen. Owens Wants South African Out Of Office: Asks For Revoked Position

BOSTON, Mass. (AP)—It is not enough that Dr. Michael Eliastam has worked on behalf of blacks and the poor, he should be removed as medical director of Boston City Hospital because he is a white South African, said a black state senator.

"That's all well and good, but it is not good enough," Sen. Bill Owens, D-Boston, said of Eliastam's activism.

"Eliastam, whatever his qualifications are, is a white South African. There is a mentality to people born in South Africa, and even if he doesn't have it, we don't need to be sending this kind of message," Owens said last week.

He said he has never talked to Eliastam and doesn't think there is any need to do so.

"Why would I want a white South African deciding medical priorities for a hospital that serves 80 percent blacks and other minorities in this city?" he asked.

Eliastam, 47, came to the United States 24 years ago. According to his resume, he has served in ghetto clinics in Chicago, helped get medical care to blacks during the civil rights movement and established a clinic for Chicago's homeless.

As a student in South Africa, he was president of antiapartheid, multiracial, national medical student associations.

He helped found and build the Witsco Riverlea Clinic, one of the first neighborhood health centers to serve blacks in South Africa.

City Health and Hospitals Commissioner Judith Kurland, who appointed Eliastam last September to be medical director of the hospital and of the Boston Department of Health and Hospitals, said Eliastam was

unusually well qualified.

"We were unbelievably fortunate to find someone so well qualified in the many areas necessary for the job, who has also shown such a consistent concern for the values of equal access to medical care," she said.

She said only a few people in the country have the credentials for the job and that no blacks were on a search committee's final list.

Eliastam was chief of emergency medicine at Stanford University Hospital and was a member of the university's faculty.

He has master's degrees in public health administration and in public policy from Harvard University's Kennedy School of Government.

Owens said he was asking Mayor Raymond L. Flynn to revoke Eliastam's appointment and reopen the search for a hospital medical director.

The senator said he has considerable support, including a member of the Consortium of Black Health

Center Directors, and a member of the Harvard Street Neighborhood Health Center in the Dorchester section.

City Councilor Bruce C. Bolling, also a black, said he did not know Eliastam, but "when someone mentions South Africa, very negative connotations surface, and you have to ask, was this the most propitious appointment?"

He said that although Eliastam is a U.S. citizen, "the fact that he is from South Africa is going to raise a number of concerns, and people are going to read things into that, and it has already happened to some degree."

He criticized Ms. Kurland for failing for nearly two years to appoint a chief operating officer, the second highest position in the Department of Health and Hospitals.

The department said four candidates, all members of minority groups, are being considered for the job.

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Disease Control Center Says Blacks React Slow

BY BARRY COOPER

More than ever before, African-Americans are having their cholesterol checked, but blacks still need to turn out in greater numbers for the very important test, government officials say.

According to the Centers for Disease Control, about 50 percent of the African-American adults have been tested for excessive cholesterol. That compares to 58 percent for white adults.

Cholesterol is a waxy-type alcohol that is essential to many of the body's chemical processes. It is manufactured by the body and stored in the liver and it also comes in the food we eat. While a certain amount of it is essential, too much in the blood (called serum cholesterol) encourages heart disease. That is why being tested for excessive cholesterol is so important.

Medical experts say the average American should consume no more than 300 milligrams of cholesterol a day. However, most Americans, doctors say, consume about 450 milligrams.

Foods high in cholesterol include egg yolks (the yolk of a large egg contains nearly 275 milligrams; the white contains none), whole milk, whole-milk cheeses, whole-milk yogurt, cream, sour cream, ice cream, butter and certain red meats,

such as liver.

It is obvious that those foods should be eaten in moderation. That is especially true for eggs, which are a daily staple at breakfast for many families.

High cholesterol levels can be lowered through diet and exercise. Medical experts say patients who lose weight generally show a marked lowering of their cholesterol level.

The government's National Cholesterol Education program recommends that all adults have their cholesterol checked at least once every five years.

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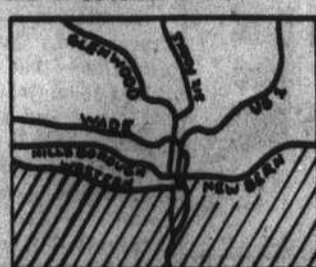
Raleigh Preschool welcomes children of all religions, races, colors and national or ethnic origins.

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CITY OF RALEIGH LEAF COLLECTION SCHEDULE

BEGINS JANUARY 28, 1991 FOR THIS AREA:

Starts on New Bern Ave. moving south then west to Western Blvd., covering the area between New Bern Ave. and Western Blvd.



Trucks will be in the shaded area Jan. 28, 29, 30, 31 and Feb. 1. This is an estimated schedule, and may be changed due to weather, amount of leaves, etc. Consult Cablevision Channel 10 which will run an update should this schedule change, or call 831-6446 for more information. Leaves should be raked to the curb, not in the street.

LEAF COLLECTION ENDS FEBRUARY 15, 1991. THIS MAY BE YOUR LAST SCHEDULED LEAF COLLECTION.

YWCA Conducts Seminars For Older Adults

The YWCA of Wake County will conduct two seminars for older adults.

"Wills and Living Wills: How to Avoid Conflict Among Survivors" will be held Thursday, Feb. 21. "Financial and Retirement Planning" is scheduled for Thursday, Feb. 28. Both seminars will be conducted from 10 to 11:30 a.m. at the Oberlin Road Branch. The seminars, which are free and open to the public, are sponsored by Oberlin Road Council on Administration.

Rudy Ogburn, a graduate of Wake Forest Law School, is the presenter for the seminars. Ogburn is currently employed by the firm of Young, Moore, Anderson and Alvis. Previously, he worked in the trust department of First Citizens Bank.

To register or to receive more information on the seminars, call 828-3205.

The YWCA of Wake County is a non-profit organization dedicated to providing quality services for women and their families. Branch locations are at 1012 Oberlin Road and 554 E. Hargett St.

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