

Let's Chat

BY MABEL B. JORDAN
Columnist

HUMILITY

We have three precious things which we hold fast and prize. The first is gentleness. The second is frugality. The third is humility that keeps us from putting ourselves before others. Be gentle and we can be bold. Be frugal and we can be liberal. Avoid putting ourselves before others and we can become leaders before men.

Lao Tze

DECISIONS

We can forgive ourselves and make a new start anytime. It is up to us. We make the decisions. We decide who will be in charge. In order to take charge of our lives, we must first determine our priorities.

Winifred Hausmann

NOW IS THE TIME TO LIVE

The day is never going to come when we will be free of problems, difficulties or frustrations or any other factors that enter into life. We never will be free of them, but the day can come when we will be master of them all, when we will take charge and not be pushed around by life, when we are so terrifically alive that everything else will give way. Imagining is a powerful and mysterious force in human nature that is capable of bringing about dramatic improvement in our lives.

Dr. Norman V. Peale

TROUBLE

Better never trouble, until trouble troubles you. For you only make your trouble, double trouble if you do. And the trouble, like a bubble, that you're troubling about, may be nothing but a cipher with its rim rubbed out.

Dr. David Keppel

RESPECT

Respect is like happiness, the more we give away, the greater becomes our own store of this precious commodity. We must look beyond appearance to the real person. We must allow each individual the freedom to be himself or herself. Honor them for what they are or can be. Encourage them to develop their full potential.

Christopher News Notes

RESTORED

Many people experience pain, unhappiness, loneliness, or rejection in childhood and carry these memories. The love of Christ transforms these memories and sets the inner child free. They are restored in mind, emotions, and body to inherit wholeness and perfection.

Daily Word

The best inheritance a parent can give his children is a few minutes of

his time each day.

SUCCESS

That person is a success who has lived well, laughed often and loved much; who has gained the respect of intelligent people and the love of children; who has filled a unique niche and accomplished his or her task; who leaves the world better than before whether by a perfect poem or a rescued soul who never lacked appreciation of the earth's beauty or failed to express it.

Who looked for the best in others and gave the best he or she had.

Robert L. Stevenson

PRISMS

Each one of us is different, supremely individual, radiating love-filled hues. We banish fears' residues.

April Moncrieff

PEACE

Let there be peace in us—in our hearts and minds. Let our every thought and word, action be peace-filled. As our hearts and minds are at peace, we radiate feelings of peace to our families, friends, to all the people we contact.

Daily Word

WINDOW

We have a special window that we carry with us wherever we are. It is the window of our minds. Through this window we may observe the glories of the universe or look into the deep reserves of ourselves. Within we will find greater wisdom and understanding, enabling us to live more effectively.

Unity

CHANGES

Change constantly pushes the wheels of universal progress, onward, forward, backward or sideways. Change brings unknown friends to greet; change finds new doors open wide. Possibilities unlimited. Change creates surprises, shock and unpreparedness. Yet, change is valid and vital, for generating valid and vital new life and growth.

Lucy Bertram

INNER VOICE

When we listen to our inner voice and act on it, our experiences will be accompanied by peace, clarity, joy and assistance from the universe.

Douglas Block

POSITIVE THOUGHTS

We are just at the beginning of progress in every field of human endeavor.

Charles T. Kettering



RECENTLY PROMOTED—Joyce Teague Adger has been elected senior vice president at First Wachovia Trust Services in Winston-Salem. Mrs. Adger is manager of the North Carolina Charitable Funds Management Department. She joined Wachovia in 1977 as an employee benefits administrator in Employee Benefit Services and was named trust account manager in Charitable Funds in 1979. She was elected vice president and named manager of charitable funds administration in 1984. She assumed her present responsibilities in 1989.

Fayetteville Art Center Is Growing With Sounds

The Arts Council of Fayetteville/Cumberland County is growing by leaps and bounds into its facility at the Arts Center at 301 Hay Street in downtown Fayetteville. Since the arrival of its new executive director, Carlos Steward, the council has become a more self-reliant organization, doing most of its copying, photography work, desktop publishing, and video production using facilities in its new Media Production Access Center.

The new Media Center, located in the Arts Center, has audio, video, film and photography equipment available for use Monday through Friday from 8:30 a.m. to 5:30 p.m. and on weekends by appointment.

A ¼-inch video editing bay has been installed that includes two professional Sony video editing decks, a Sony RM-440 controller, a ¼-inch tape recorder, Beta deck, and monitors. A Sony camcorder is also available for recording. Film equipment, such as 16MM sound projectors, ¼-inch tape recorders, a Bolex Rex 5 camera, 16MM bench editing equipment, with flatbed editing equipment available during certain times of the year, is also featured at the center.

Locally televised Arts Council PSAs have been recorded, edited and produced using this state-of-the-art equipment, and artists from as far as Chapel Hill have accessed the center.

Audio equipment includes two reel-to-reel recorders with sound on sound, two stereo cassette decks, an electronic keyboard, four-channel

mixer, microphones and electronic effects equipment. The center has plans for a complete professional sound studio in the future.

An entire darkroom has been installed in the lower level of the center that allows the public to process both color and black and white. The darkroom is equipped with six Omega C-67 enlargers, a Beseler 23CII, copy stand and other supplies.

The center is also equipped with state-of-the-art desktop publishing materials. An IBM AT compatible computer with full-page scanner, light table, and Aldus Pagemaker and Word Perfect software are available for use as well as other smaller supplies.

This equipment has been used for typesetting, layout and design for the last two issues of the Arts Council's Spectra magazine, not to mention the Anne Frank study guide for the schools, the pARTners in Learning brochure and other publications. The Writers Ink Guild also used the supplies for compiling "A Time to Listen," a hardback anthology of local writers.

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Sunday School
SEXUAL RESPONSIBILITY
I Corinthians 6:9-20
Corinth was a city of diverse cultures, most of which had permissive attitudes toward morality. Many Christians in Corinth found themselves attracted to the lower moral standards of their neighbors. Some had gotten involved in improper sexual relationships and saw nothing wrong with what they were doing. Paul's response to this unfortunate situation was to describe God's standards for sexual behavior. He said God is displeased with all sexual relationships outside marriage. This includes sex before marriage (fornication), sex between people when at least one is married to someone else (adultery), and sex between people of the same gender (homosexual practice). Paul explained that these are not minor sins. Fornication, adultery, and homosexual practice are classified with such major sins as idolatry, theft and extortion. Though the Corinthian Christians may have committed those sins in the past, there was no room for such behavior in the new lives given them by God. Some of the Corinthians who were committing sexual sins used theological slogans to justify their behavior. One of their slogans was "all things are lawful unto me." Apparently they thought that Christians have the freedom to act as they please. Paul knew that salvation does bring us freedom, but this freedom isn't unrestrained license. There are considerations that should limit our freedom. One of these considerations is whether a behavior is "expedient," that is, whether it benefits oneself and others. Another consideration is whether a certain behavior will put us under the mastery of sin. Probably the first sentence in verse 13 is another slogan used by the Corinthians. "Meats for the belly, and the belly for meats; but God shall destroy both it and them." Apparently they felt that human bodies belong only to earthly life, and that therefore how we satisfy our bodily appetites, such as for food and for sex, doesn't matter. Paul countered this slogan by affirming that our bodies are not "for" their appetites but "for" the Lord. Our whole selves, including our bodies, are to be dedicated to God.

PRAY FOR PEACE!
Join us each Wednesday evening at 7:30 p.m. as we honor the Black Madonna, Queen of Peace and pray for an end to War and God's own Peace for our World.

ATTEND SERVICES
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Evening Worship (3rd Sun.) 7:30 p.m.
WEDNESDAY
Mid-Week Prayer & Praise Services 7:00 p.m.
Bible Study for Daily Living 7:30 p.m.
Daily Prayer (M-F) 12:00 Noon

A New Paternity Test Offers Hope For 90's

Each year, approximately 900,000 children are born out of wedlock in the United States. In 1989, 336,000 cases of disputed parentage were resolved. One-third of these cases used blood tests as evidence to establish paternity, and more than \$500 billion in child support payments were collected as a result.

Roche Biomedical Laboratories, Inc., announced the development of a quicker, more precise paternity test, which uses a new testing technique called Amplified Fragment Length Polymorphism. The new paternity test uses the fastest, most sensitive DNA detection method available today, known as polymerase chain reaction amplification or PCR, to detect regions of DNA that reveal parentage.

The DNA analysis techniques most frequently used to investigate paren-

tage analyze lengths of DNA that vary among individuals. These variable regions of DNA are called polymorphic DNA fragments. At conception an individual's DNA is formed by the combination of DNA from the father's sperm and the mother's ovum. Therefore, half of the polymorphic DNA fragments are inherited from the mother and the other half from the father.

AMPFLP uses PCR technology to detect polymorphic DNA fragments. PCR is a technique used to mimic natural DNA replication, the process that occurs each time a cell divides to form two new cells. During replication, each DNA molecule separates into two strands. Then, in a process triggered by an enzyme known as DNA polymerase, a copy of the polymorphic DNA is produced.

NEWS OF EDUCATION

Science Search Celebrates 50 Years of Success

For nearly 50 years, thousands of students with dreams of careers in science have watched their dreams come true, thanks to a unique competition.

Since 1942, the Westinghouse Science Talent Search (STS) has identified and encouraged high school seniors to pursue careers in science, mathematics or related fields. The idea for the Search came during a meeting at the New York World's Fair of 1939. It was there that Watson Davis, a writer for Science Service, and G. Edward Pendray, a corporate communications executive at Westinghouse, began discussing ways to promote science in our schools. At the time, fewer than 1,000 of the 25,000 U.S. high schools had trained science teachers or even rudimentary science courses. In many places, teaching "science" was the responsibility of an athletic coach!

Science education has come a long way since then. The 50th annual Westinghouse Science Talent Search, now underway, caps half a century of remarkable achievements by the 15,000 semifinalists and 2,000 finalists who have participated in this, America's most highly regarded pre-college science competition—a competition which brings together the brightest, most creative science students in the land.

In fact, many of our top scientists and mathematicians share the common bond of having participated in the STS when they were students. Five former finalists have

gone on to win Nobel Prizes. Two have earned Fields Medals, the Nobel equivalent in mathematics. Two have been awarded the National Medal of Science. Eight Search alumni have won MacArthur Foundation Fellowships, the so-called "genius awards." Fifty-one have been named Sloan Research Fellows and 28 have been elected to the National Academy of Sciences. Three have been elected to the National Academy of Engineering.

Some 1,500 seniors will enter this year's competition. Westinghouse will award \$205,000 in scholarships with the Number 1 winner receiving \$40,000.

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