

THE NEED FOR THE COVENANT The Covenant does not replace the Bible but it does tell what the church is all about. The Covenant states the goals, aims in no uncertain terms.

There are several ways the Cove-nant can be used in a beneficial manner.

1. Present it to each new member and for those who have been members who do not have a copy. 2. The Covenant should be read on certain occasions.

a. When members are being received into the church

b. At baptisms c. At the Lord's Supper or Com-

munion There are other ways, of course,

but the greatest advantage is realized when each member practices its teachings.

The Covenant is divided into three main parts:

1. The church member's personal life

2. The church member's relationship to the fellowship

3. The church member's chief business

THE CHRISTIAN'S HOPE

"For we must all appear before the judgment seat of Christ; that everyone may receive the things done in his body, according to that he hath done, whether it be good or bad" II Corinthians 5:10.

HOW TO BE A HEALTHY CHRISTIAN

1. A right relationship with people 2. A right response to adversity

3. A right attitude about things Are we healthy? If not, here's how

we can be. 1. Receive the Lord Jesus as

Savior. 2. Openly confess Christ before

others 3. Identify with a local church that believes the Bible, preaches the

gospel and exalts Christ. 4. Read and study God's word.

5. Spend time with the Lord in

And the second s

prayer 6. Put into practice the things you have learned.

If you have never been saved, why not take that first step right now?

THOUGHTS

1. If you are stingy with a small income, it's not likely you'll be generous with a large one

2. Every Christian carries a key that can open the door of salvation to

others. 3. Praise is the soil in which joy

thrives. 4. Heaven is a prepared place for

a prepared people. 5. Fear God and you will have

nothing else to fear. 6. You cannot kindle a fire on

another's heart until it is burning in your own.

7. He stands best who kneels most. 8. Consider the postage stamp; its value lies in sticking to one thing until

it gets there. 9. The Bible is the only book whose

Author is always present when it is read. 10. Righteousness in your heart pro-

duces beauty in your character. 11. Acknowledge your own sins-not

your neighbor's. 12. Words break no bones-but they

do break hearts.

13. If you can give but one gift, make it the gift of a good example. 14. The pleasures of sin are for a season, but its wages are for eternity. 15. How beautiful a day can be when

kindness touches it. 15. A good marriage means falling in love many times-but always with

the same person. & no 17. When a man's temper gets the best of him, it reveals the worst of

him. 18. Wise children make happy fathers.

19. Anything that's big enough to worry about is big enough to pray about.

dispelling the negatives, by avoiding negative persons who would put a damper on anything we would attempt. Believe me, people, I could personally preach the best sermon

mple ourselves.

hich they all attend. Ms. Queen E. Daye walks haltingly

a cane, but a busier lady y id not meet. I saw her drive before I could reach her hom

was about to drive out again. "I going down to the church," she I. Union Grove is the church of

which she spoke. She, too, is a retired teacher, and still leads the choir, with her plano playing.

Darkness was upon me as I entered the home of the Gills. Rev. Arthur and his wife Mable were more than

friendly. I was known to them through "Life Sketches" in the other

paper. Rev. Gill was serious about

here today for you to be out after dark alone," he said. Youngsville is the

one place that a person may, I believe, walk safely after dark. Well,

having said all of that, I must ask the

good people of Franklinton and

Louisburg to be patient with me as I

spotlight the people of Youngsville and Wake Forest.

things and small. We must realize

that freedom is so precious and yet,

so fragile. By knowing this, we really

have to work together and be

together. We need to encourage the

aspirations of others by setting an ex-

We can excel in all that we do by

We must start pulling together big

being out alone. "It's too bad out

90 D

that you've ever heard on that subject of negativism, but I will spare you this time and tell you about some very positive people whom it was my great pleasure to have met within the last few days.

Living in Bunn, Weldon Jones' wife got me to install a paper box for our county paper the other Sunday, when I'd gone down to Gethsemane Baptsit Church. Having, as I often do, misplaced the address, and the office would not accept the form without it, I was compelled to stop by the home again to get it. I came upon Mr. Jones outside of the home on that day, and the gentleman made me feel 10-feet high as he told me how much he had enjoyed my "Life Sketches" over the five years that I've written the columr

"I'd say that I've fallen in love with you as the writer of such wonderful trueness," he said, and of course a person needs now and then to hear such good things about how they are coming across.

Let me tell you something else. I have so many things to say of you that you will need to not miss a single copy of The CAROLINIAN, lest you miss what I have to say about you. Just in case the rain stops me from coming to your house, which I dearly love to do, you may buy the papers from Jones Barber Shop, Ann's Place and the Food Junction-Car Wash, Howard Brodie Grocery, each of which is in

In Louisburg, one of my favorite because I take them door-to-door. Louisburg, and at Alston's Beauty about whom I spoke of having such home and ask his mother to write up the world to be proud of their four sons, each of whom excels in their craft. I told you about Weldon and his wife Mary who are in the upholstery d. I saved Burnard for last, ause it was he of whom I heard so ich bragging about how he had ne such a professional job on their

Rhamkatte BY LUCILLE ALSTON

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BY LUCILLE Anday School RHAMKATTE-Sunday School began at 9:30 a.m. with all classes reporting. The subject of the lesses was "Learning to Love," I Corin-thians 12:27-31; 13:1-13. Superinten-thians 12:27-31; 13:1-13. Superintendent Albertine Sanders presided. The key verse was repeated by the school. Thomas Burt taught the Adult Class. All classes had a 45-minute study period. The lesson was reviewed by Ms. Maddie Little. After the report from Secretary Stephen Moore, the school closed. At 11 a.m., Rev. A.D. Terrell.

pastor, spoke from John 4:15, using for his subject, "Are You Thirsty for the Living Water?" music was fur-nished by the Male Chorus with Em-manuel McNeil at the plano. Betty Rogers gave teh morning prayer. An-nouncements were made by Sadie Chavis.

Mini-church was led by Sequenta Arrington. Altar call was led by the pastor. We are always glad to have visitors. You are welcome.

Rev. Terrell left the congregation with a message on how we are all thirsty for the living water. On this journey in life we get thirsty. There are two kinds of thirst: one for the physical body and one for the spiritual thirst. When you think you have everything you want and are still thirsty, no one can cure that thirst but God. We need to be born again, with the spirit of the water. The virus of the soul is sin. There is The virus of the soun is such the human but one class of people, the human race. Don't let the Satan block you.

was followed by the Apostles' Creed and closing.

ANNOUNCEMENTS

Bible study is held every Wednes day at 7:30 p.m.

On May 3, the Women's Day Committee will sponsor a barbecue dinner with dessert for \$4.50 a plate.

On April 27, fish dinners will be sold at the church from noon to 5 p.m. for \$4 a plate. Dessert is included.

On the sick and shut-in list are Kathleen Hemby, John Singletary, Mr. Raeford, James Hanks, Mary Utley, Lola McClain, Ella Fletcher Walter Rogers, and Margaret Kearncy. Let us keep praying for the sick. God is still in the healing

BUT ER

• Selected All-State Junior High School Band, 1989; Selected All-State Junior High Band, 1990; and

 Selected for first annual Festival of Bands hosted by UNCG in 1990.

Mitch has been playing the trom-bone, his instrument of choice, forfive years. He is an accomplished baritone horn player and an also play the tuba.

His hobbies are basketball, Nintendo and playing his horn. He is looking forward to attending the Governor's: School East at St. Andrew's Presbyterian College in Laurinburg this summer. Mitch is following in his uncles' footsteps. All of them are acmusicians in Wa D.C. and Maryland. He receives much encouragement from them.

SOCIAL SCENE (Continued from page 13)

The Relation Alumnae Chapter of Delta Sigma Theta Sorority met on Inturday, April 26, at the Shaw University Student Union at 8:45 a.m. The original presenter was Soror Bathareta Welch, chairman of the Health Awareness Committee. Barbareta centered her presentation around the ypes of cancer that affect females. She streased that the number one killer is ung cancer. Other cancers are breast, cervical, ovarian and endometrial. She emphasized detection and the 10 things that women can do to protect hemselves. High on her list was the proper dist. Tollowing this presentation, other reports were given. Among them was the Social Action report given by Soror Lucille Webb, chairman. Lucille reported that the national Social Action Committee had planned or Deltas to hold a letter-writing session during April. At this time. Deltas

for Deltas to hold a letter-writing session during April. At this time, Deltas d write to their representatives and senators in Washington and urge would write to their representatives and senators in walking and began to them to support the 1991 Civil Rights Bill. We made our choices and began to write lette

By this time, other reports were presented. A follow-up report was made by the chairman of the International Awareness Committee, Soror Lois Brown. Lois shared a thank-you letter that the sorority received acknowledging gifts received, which included medical supplies, toiletries, and other items sent to the Malindza Refugee Reception Centre in Mozambique, Africa.

The meeting was adjourned with the announcement that members would be in attendance Saturday night at Enloe for the DELTA Carousel Finale at 7:30 p.m.

Ms. Olivia Street hosted the meeting when members of Group No. 6 of Martin Street Baptist Church met recently. Ms. Street conducted the devotions land others gave readings and expressions. Ms. Carolyn Rogers, the secretary, read the minutes and took charge of the finances. A report was given by members who visited the Golden Girls Family Care Home during the Easter season.

Following the business session, Olivia served refreshments. Some of us enjoyed watching the large U.S. map that had pins stuck at the various places that Olivia and husband Thornwell had visited.

Madeline Keith, Merlyn Lytle, Classie Moore, Allie M. Peebles, Della Perry, Carolyn Rogers, and Omeba Walker. On Saturday, April 27, Strengthening the Black Family Conference XI will be held at St. Augustine's College. The conference theme is "Building an Agenda for Change." Registration will be held from 8-8:30 a.m. in the MLK Student Union. The keynote speaker will be Harvey Gantt of Charlotte.

Someone has said that good things usually happen to well-deserving peo-ple. Just recently, my friend, Dr. Lucy Rose Adams, was honored by her alma mater, Morris Brown College of Atlanta. She was indicted by her speaker on March 26, and the college presented her the honorary doctor of humane letters degree. Congratulations and best wishes in your work as pro-fessor in the Division of Business, St. Augustine's College.

The Floral Club of Bethlenem Baptist Church, 7215 Six Forks Road, sponsored its annual Prayer Breakfast on Saturday, April 13, at 9 a.,m. Presiding was Ms. Bettie P. Closs. Following a musical selection by the audience, Descon Addison Lipscomb gave the welcome. The invocation was given by George Cameron after which the litany was led by Ms. Delores W. White. Ms. Victoria Walters gave the prupose, and this was followed by a selection, "God C Is." by Haywood Kirkman. Ms. Nell Hinton gave the prayer for children and families, and Ms.

Pearlens McMichael gave the prayer for the church. Ms. Bernice Willis introduced the speaker, Ms. Barbara Farmer, chair-man of the Division of Business, Athens Drive High School. Ms. Farmer spoke on "The Secret Place for Prayer." She used as an analogy the cup and a tea g. She spoke on the idea of staying in hot water and still getting stronger like the tea bag. The speaker urged her listeners to fill their cups with love,

self-control, goodness, joy, kindness, gentleness, patience and peace. The speaker, a graduate of Hampton University, is a native of Newport News, Va

The Drifters of Raleigh are working on a human service project. They are providing assistance to some of the international student-athletes. Presently, the members are working on plans for a senior citizens' project.

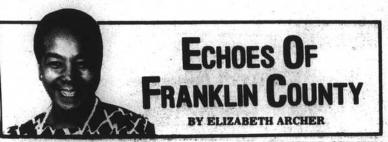
The local chapter of Sigma Gamma Rho Sorority will sponsor its annual Prayer Breakfast honoring mothers on Saturday, May 11, at 9 a.m. at the Garner Road YMCA. The theme will be "A Mother's Role."

The sorority is currently conducting a "Self-Esteem" project with youth at the Southgate Library. It is called "Milk and Cookie Matinee." In bruary, the sorority members developed an African-American coloring ook. For March, the youth worked on coloring African-American women. The sorority is planning a summer fun reading program at Southgate Library. Ms. Carnetta Blakely is basileus.

Or Saturday, April 29, Wake County's newest extension club held its fashion show at Oak City Baptist Church in the Fellowship Hall. The mistress of ceremonies was Ms. Gertrude Pope, who began the program with devotions. Ms. Sarah Sanders, president, gave the welcome. She announced that the members of the Modern Methodics would be modeling outfits that were made by them and that they were made at low cost.

Among the models were Eloise Young, Deborah Williams, Amanda Hocker, Beulah Stancil, Barbara Faison, Paulette S. Coles, Joan Adams, and Sarah Sanders. June Powell and Edna MacRae were not present, but their dresses were worn by others.

There were three judges who selected the winning outfits to be entered into statewide competition.



said.

Throw away thy rod, Throw away thy wrath. O my God, Take the gentle path.

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Then let wrath remove; Love will do the deed, For with love Stony hearts will bleed.

Isn't that sage advice, people? Well, it's not my own, it is taken from

Being in a hurry to get back to Franklinton, I did not record the names of many others to whom I sold the paper in Wake Forest. But I will

surely include their names after this. En route, I realized it would be dark by the time I reached Franklinton anyway, so I stopped in Youngsville, where I know almost the entire black

business. (Continued from page 13)

places to go each Thursday is the Alston Barbershop at the Tar River Bridge in Louisburg where Wilson Branch sells more papers than anyone else except of course myself, You may also buy them at Jacobs Grocery and Auto Service Center, as well as at Herb's Service Station, all Shop. There is so much I want to say about the people in Franklinton, that I must pass up this time except to say that Mack Garner was in the hospital, Durham General, the other day when I was in this community. I guess he will have been home by the time you read this, but do stop to say hello to him, will you? By chancing getting thrown out by the length of this by the editor of this at The CAROLINIAN, pride in seeing young black gentlemen working so professionally at the craft of getting The CAROLI-NIAN prepared for your reading pleasure, I want to just tell you about my latest subscriber. Speaking of professionalism, I went just yesterday to the home or rather business area of the Perry brothers, where the oldest of the four, James Perry, gave me the money and asked me to stop en route back home by his parents' Without a doubt, Leonard and Josephine Perty have every right in whe Mary who are in the uphoistery business. Claude Earl and his wife are in the ministry, besides Claude being a professional carpenter and builder. James, an employee of Athey Products, is also a builder. When I entered their woodwork shop I saw James and a fellow worker, each at a saw, cutting circles of a sort out of wood I sawed Burnard for last lawn. My own in-laws were the ones doing the bragging about the three young men who'd cut their yard in not more than an hour and a half, perfectly, they said. I do not know the daughters, Paulette P. Yarborough, Rita P. Worthem, and Sharon Perry. But proud indeed I am of the Perry brothers. More next time.

Band, 1989:

Franklinton.

a beautiful poem called "Discipline," which was written by George Herbert (1593-1633).

Now that's a while ago, long, long before any of us were born ... God truly has blessed me to be able to take the "Gentle Path" as I walk among the people of Franklin County, an Wake County as well. Another week has passed, and I have broken some new ground. I found myself having three reasons to go to Wake Forest today, Friday, April 12, and while there I decided to seek out a store that I had been told about by my friend, Ms. Margaret Alston of Franklinton. Margaret was a teacher in Wake Forest for many, many years. She was actually the first person to subscribe to The CAROLINIAN when I began to get it re-established in the county after a five- or six-year absence, and she told me that her friend, Ms. Esther Shackleford, she thought would be happy to keep them in her store for the public to buy. I was delighted to meet Ms.

Shackleford, who is indeed a very pleasant and charming lady. But, alas, her store is only a "sweetshop" for young people, with an adult presence only rarely. With that bit of information having been passed on, we both agreed that to leave papers there would be fruitless.

I was directed to go to Carol's Beauty Center which houses both a barbershop and a beauty shop. "I have once tried selling the

papers from here, with the result of having them disappear, without the money having been paid which I had to pay, because I was far too busy to give it the proper attention," I was told by the lady whom I supposed was Carol, who very kindly told me to try Constance L. Watkins, next door, the operator of the beauty shop. I left a half-dozen papers with Constance, and set out to visit some homes near-by. The CAROLINIAN was received, gladly, with almost everyone ex-pressing joy at seeing it again. "A man who lived in Jonesville us-ed to bring it to the homes," I was told, "but he stopped long ago." I met to pay; because I was far too busy to

ed to bring it to the homes," I was told, "but he stopped long ago." I met Ms. Doris Harris on the street, and she told me that she had left home without taking her change pure. "Maybe sent time," she said. But, as I was returning to my car, she called to me from her home to which she had returned. "I just love this pape

community, having installed boxes for our county paper. The reception to The CAROLINIAN

was simply overwhelming, with only one household saying "No, thank you, not today." That was a person I had not met before, so I guess the young lady was a bit cautious, as anyone else may have been ("Those who bought included Ms. Fannie Smith, in whose home I joined others as we were instructed in the sale of Avon products when the young lady was a distributor. Next door, Ms. Margie R. Smith and her husband were gracious in their friendship a year or so ago when we first met. They were no less gracious this time, although I had to hurry along. McArthur Williamson, to my surprise, said he was born in North Carolina and had not heard of The CAROLINIAN before. "After I examine this one I may subscribe," I was-told. He said that he would read "Robbie of Danklik County" and "Echoes of Franklin County" and would look for his name later. Here you are, Mr. Williamson.

The two Marys were very recep-tive. Mary Eaton told me that she remembers when her grandparents used to take The CAROLINIAN. Marylou Spivey said that she couldn't believe that I could find the time to take on another paper. Earlie Rodwell said that Franklinton was his home, as well as my own, and said, "Wow! You can spell my name so well, you must know the other Rodwells there."

Rodwells there." Ms. Doretha Floyd and Ms. Willie Morgan are sisters who live next door to each other, both of whom received the paper with special joy and wanted to know if I would serve them regularly. Ms. Morgan, a retiree from the Bunn School System, knew almost all of the people mentioned in the article of April 11-18. Too bad she and others hadn't read the three others, with more county people nam-ed.

George Glover is the nephew of Raleigh's Dr. George Debnam. He wanted me to say that he is now singng with the Gospel Wings of Tranklinton, with Kenny Eaton as

their manager. George's cousin, Pearline Debnam, and young Ms. Angela Debnam were taking it easy at home. Elaim Crawford had gotten last week's paper from the Kearneys on Sunday at the Old Liberty Baptist Church

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If you are discouraged, think q perhaps you are a failure. you ca. have great things happen in your life. Nothing is impassible.

Dr. Norman V. Peale 12170

BELAFONTE

(Continued from page 13)

the institute, according to published reports.

Belafonte said that while "there is no question that certain allegations are well-founded and exist, that is not unique to the institute."

"To kill off the institute... is not to understand how important it is and at what cost it is to everyone when violence takes over," the entertainer told reporters outside Cuomo's office. Belafonte's 30-minute meeting with Cuomo came three days after state Senate Majogity Leader Ralph Marino, the state legislature's most powerful Republican, said the scan-dal and New York'y fiscal woes made the institute "a prime prospect" for elimination.

DANCE ENSEMBLE (Continued from page 13)

Durham high schools are featured in a specially choreographed section of "Healing Forces," an anti-drug piece. Participating dancers are Nicole Blake, Michelle Gray, Monica Neal, Afi Gunter, Courtney Blake and Sharon L. Lawrence (from Hillside); and Torkwase Dyson (from Durham High). In addition, Ms. Jocelyn Mit-chell and her art students at Durham High School designed the artwork us-ed in the home season concert posters and flyers. and flyers.

and flyers. Special guest artist for this home season concert will be jazz vocalist Nnenna Freelon. This popular local performer is currently a North Carolina Arts Council visiting artist at Wayne Community College. Her many special awards include Musicfest All-Star Award, top soloist at the Musicfest USA Jazz Competi-tion (Philadelphia, Pz.); Outstanding Performance Award from the Jazz Studies Department at the University of Massachusetts-Amhorst; and Durham Arts Council Emerging Ar-tist Fellowship. Most recently, Ms. Freelon recorded several songe with jazz great Yunef Latest for his com-

a new short the second second state of the second second second second second second second second second secon

Congratulations to the men of Eta Sigma Chapter of Phi Beta Sigma Fraternity on the successful dinner theater held on Sunday, April 14, at 2 p.m. They presented the musical production titled "Freedom Sympathy," which was directed by David Mitchell. This event was held on the campus of St. Augustine's College. Have a good weekend.

Encounters" which will be released

later this spring. This home season concert is part of a recent effort by AADE to spend more time performing and working in the Durham community. The company's rapid success and demanding touring schedule has kept it busy on the road with less and less quality time in the community which spawned its beginnings. The home season will allow the AADE to premiere and showcase works before local au-diences as well as increase the time company members are able to spend interacting and training a new generation of young aspiring dancers and musicians. It will also allow time for working with local organizations to address pressing community pro-blems, improve the quality of life in our communities and promote the realization of the AADE theme of Peace, Love and Respect for

Everybody," right here at home. For more information on this first home season concert, please contact the AADE office at (919) 560-2729.

The African-American Dance Ensemble, Inc. is supported by the Z. Smith Reynolds Foundation, National Endowment for the Arts and North Carolina Arts Council. The AADE is sponsored in part through gifts to the Greater United Arts Fund and grants from the Durham Arts Council, Inc., and the Grassroots Program of the N.C. Arts Council. American Airlines is the official airline of the African-American Dance Ensemble, Inc.

REINVEST (Continued from page 13)

Tracks and Record Bar locations as well as through Ticketmaster's com-puterined charge-by-phone service. In addition to the 13,600-person respective laws available to Grass Pass holders and other general ad-minutes ticket buyers, the am-philibentre features 7,600 recorved sents in the Hardse's Pavillon, Its

ing Atlantic Records album titled state-of-the-art sound, lighting and video systems place the City of Raleigh's new facility in the forefront of performing arts centers of the '90s.

A 16-date lineup of superstar per-formers, including Don Henley, the Beach Boys, Whitney Houston, the Four Tops/Temptations, and the music of Andrew Lloyd Webber, will kick off the inaugural season of the concert series.

The lineup begins in early June and continues through October, and is expected to draw more than 250,000 concert-goers.

From Jimmy Buffett to Mikhail Baryshnikov, Sting to Paul Simon, the series promises to give North Carolina music fans a greater variety of entertainment over a shorter span than ever before.

"Walnut Creek Amphitheatre will put the City of Raleigh on the map in the eyes of the entertainment in-dustry," said Wilson Rogers, general manager of the \$13.5 million facility. "Now, Raleigh has its own major league attraction to draw people off the beaches in the summer."

The exciting new venue is designed solely for live performances.

The amphitheatre is located out-side of the Raleigh Beltline (I-440) and I-40 near the intersection of Sunnybrook and Rock Quarry reads.

COSBY CENTER (Continued from page 13)

The Cosby Center is expected to be finished within 2 years, said its architect, Donna deJongh. Dr. Cole said the center will contain ar African American Art Museum, a media center and a library.

Smiling out at the crowd, many of whom were wearing ceremonial hard hats, Cosby said. "I have bad news for those who are wearing hard hats. Everyone wearing hard hats is expected to work every day on this building."