

supermarket recently had a sale on chickens allowing shoppers to buy unlimited amounts for the duration of the sale. How long can I keep frozen chicken in my basement freezer?

A. Keep in mind that whole, raw poultry keeps its quality quite a bit longer than chicken parts or cooked chicken. Whole frozen chicken lasts up to one year at 0 degrees F.; frozen parts are OK for



## VIEWPOINT

## Who speaks for the middle class?

Have you noticed how carefully, in recent months, prominent Democratic spokesmen like House Speaker Foley and Senate majority leader Mitchell have tried to identify the Democratic Party with the "middle

Of course, class identification is an Of course, class identification is an old game in American politics, and both parties are forever playing it, both offensively and defensively. Thus the Democrats have always, and by no means unsuccessfully, tried to depict the Republicans as "the party of the rich." The Republicans, in turn, are not above hinting that the Democrats are mostly interested in various organized "minority" constituencies: blacks, homosexuals, and American Indians, for example.

Indians, for example. But the central psychological fact of American politics is that most voters think of themselves as "middle class," or at least aspire to belong in that spacious category. The chief rea-son why socialism never got any-where in the United States was that so few Americans conceived of themselves as members of the "proletari-at" — a "working class" exploited by its employers. Rightly or wrongly, most Americans think of themselves as in control of their own destiny, and as bargaining with their employer, who in turn is in control of his.

This concept, decorated with a wife and two children, a modest house and a car, is so pervasive that it is called "the American dream," and practi-cally everyone — even Australian ab-

origines and peasants on the Peruvian altiplano — is presumed to aspire to it. (As a matter of fact, of course, a

great many environs foreigners do.)
So both parties will rell you, with a straight face, that they best represent the American "middle class." But there is clearly something going on in the inner circles of the Democratic Party, because references to its identification with the middle class have recently become as standard a part of recently become so standard a part of its rhetoric that one can only conclude a concerted campaign is under way. The Democrats are forever making

these pathetic attempts to graft favorable attributes onto their party's image. Remember their 1984 convention in San Francisco? The Republicans were making headway with the accusation that the Democrats always wanted to "blame America first." So some inspired PR man required virtually every delegate in equipped virtually every delegate in the Moscone Center with a small American flag, to wave at the TV cameras as an earnest of the Demo-

crats' patriotism. In Atlanta in 1988, the worry apparently was that the Republicans were walking off with the issue of concern for "the family." So on the last night of the convention, after Du-kakis had made his acceptance speech, not only his children but those practically every other aspirant for the nomination were brought ontage, to demonstrate that Democrats had families too.

What will the Democrats do in 1992 to intensify their identification with the middle class? It's difficult to imagine; but I do have a suggestion as to what they might try to avoid. Lay off that stuff about "the party

of compassion. Insofar as there's a "compassion vote" in this country — a great aching desire to tax money out of those who have it and give it to those who don't — the Democrats have it anyway. But as far as the middle class is concerned, "compassion" is a loser. The average American doesn't want the Democratic Party's "compassion." As a member of the middle class, he can make it on his own, thank you, if he's just given the

Talk about cutting his taxes (and don't just talk about it — cut them). Keep government regulations down to a decent minimum (or, as Ronald Reagan put it tellingly, get them off his back). Small wars are OK, provided they're over quickly and American

And by the way, dear Democrats, if you value your political lives, lay off of race quotas for jobs.
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yard. Call (1) 738-8492. HOME FOR SALE-comely remodeled. Sunset Lake Road 2/3 bedrooms. Call Ralph,

782-7676, or Mike, 832-6447. ATTENTION—Government seized vehicles from \$100. Fords, Mercedes, Corvettes, Chevys. Surplus Buyers Guide, 1-602-838-8885 Ext. A-3140.

HOME FOR SALE-Cleanest, large, 4-br home with kitchen appliances, all window treatment, carpet, guar. best buy, 804 Cooper Road. Re-

duced \$85,900 or Strick Associates, 833-1771. YOU CAN BUY a government owned home for \$100 down, Call Dave at 839-8982, ERA Dancon Realty.

## PERSONALS

ARE YOU LONELY? For single senior citizen? You don't have to be. Write to: Young at Heart, P.O. Box 7064, Asheville,

CHOCOLATE SINGLES
CLEARINGHOUSE—A singles'
retwork.Call or wine for informaan. P.O. Box 4731, Asheboro,

N.C. 27202-4731, 8-5 p.m. (919) INCARCERATED MALE, 27—Sincerely seeking a frend-ehip through correspondence that's non-judgmental. Please be between the ages of 30 and

40 years young. Montez A. Smith P.O. Box 5500 Chillicothe, Ohio 45601 NGLE BLACK MALE desires and prefers to meet a woman of color between 25 and 40 who is conscious of her health and appearance. Photo appreciated. P.O. Box 901, Lousburg.

#### **IISCELLANEOUS**

Female desires female room-mate for 3 bedroom, 2 baths, den with fireplace, in South Raleigh. \$260.00 plus 1/2 utilities. Call: 834-6947

**NEED A LOAN? When banks** stop, we start. Business or personal. For application call (919)

INFORMATION regarding E. Call (919) 833-

### LEGALS

NORTH CAROLINA WAKE COUNTY IN THE GENERAL COURT

52Q, Smithfield, NC 27577. EARN MONEY AT HOME OF JUSTICE Stuffing envelopes. Send a self-SUPERIOR COURT DIVISION addressed, stamped envelope FILE NO: 90 CVS 04908 to: SEMA, Box 1179, Dallas, Ga. NOTICE OF SERVICE OF PROCESS BY PUBLICATION

MARSHA C. FRAZIER PLAINTIFF VS.

JEFFREY TODD BRASHER

AND ROBERT EDWARDS COLLINS, JR.,

**DEFENDANTS** TO: ROBERT EDWARDS COLLINS, JR.

Take notice that a pleading seeking relief against you has been filed in the above entitled action. The nature of the relief sought is as follows:

Complaint for Personal Injuries as a result of a Motor Vehicle Accident on November 18, 1989 in Fuquay-Varina, North Caro-

(3)-1. Two bedrooms for rent fense to such pleading not later with a lease option. 2. Two bed-than September 5, 1991 and upon your failure to do so the party seeking service against you will apply to the Court for the relief sought.

This the 6th day of August, Robert T. Perry Attorney for Plaintiff 120 East Parrish Street, Suite 310

Durham, North Caorlina 27702 Telephone: (919) 683-8686

NORTH CAROLINA GIULFORD COUNTY IN THE GENERAL COURT OF

JUSTICE DISTRICT COURT DIVISION JUVENILE DIVISION 91-J-391 & 91-J-392 NOTICE OF SERVICE OF PROCESS BY PUBLICATION

McCullers, Minor Children Timothy Wade Isley, the

father of a male child and a female child born on or about May 4, 1990, in Raleigh, North Carolina,

PLEASE TAKE NOTICE that a petition seeking termination of your parental rights and obliga-HOME FOR SALE-by dren born on May 4, 1990, in

> You are required to file written answer to the petition within 40 days following the first publication date, which date appears below. Upon failure to do so, your parental rights, if any, will be terminated at a hearing in Juvenile Court, Guilford County Courthouse, Greensboro, North said 40-day answer period or as soon thereafter as the matter

can be heard. You are entitled to be represented by counsel, court-appointed if you are indigent, provided you request counsel at or prior to said hearing.

Dolores D. Follin Attorney for Children's Home Society of North Carolina, Inc.

Post Office Box 989 Greensboro, North Carolina

27402 Telephone: (919) 379-1390 Publication Dates:

Aug. 15, 1991 Aug. 22, 1991 Aug. 29, 1991 NORTH CAROLINA

WAKE COUNTY IN THE GENERAL COURT OF

JUSTICE DISTRICT COURT DIVISION 84 CVD 1480 NOTICE OF SERVICE OF PROCESS BY PUBLICATION

UCHEOMA LAURA ONEAL,

CHESTER LEE ONEAL,
Defendant
Take notice that a pleading seeking relief against you has been filed in the above-entitled action. The nature of the relief being sought is as follows: The Plaintiff has filed a complaint seeking an absolute divorce upon the ground that the Plaintiff and the Defendant have lived appearance and apart for more than arate and apart for more than

separate and apart for more than one year next preceding the bringing of this action.

You are required to make a defense to such pleading not later than 40 days after date of first publication, exclusive of said date, and upon your failure to do so the Plaintiff will apply to the Court for the relief sought. Ucheoma Laura fro Ucheoma Laura Iro Plaintiff Pro Se 1107-1C Crabb Orchard Drive Raleigh, NC 27606

REFUNDING SSS AND SENSE By Victoria R. Fleming The Cat's Meow

marches and store boyeveryone Almost cotts. But "the suits" knows there are more promised to check with cats than dogs in our busy households. So I've been pet food inventory to see very unpleasantly sur-prised to see skimpy what was going on. Meanwhile, I had to face amounts of canned cat my four felines (including baby Alexander who tops food in my store for the past month. You can bet the scales at 25 pound they have lots of the tinyand still growing) with sized and expensive "gourmet" brands, but very few of the meat (or different brands and flavors. It was not a pretty sight. Better days ahead fish) and potato types. I Hint of the Week was muttering to myself when another shopper

approached and began

using much stronger lan-

guage. She explained that

she had 17 indoor cats,

cared for another 10

strays, and also had noted

the shelves had been

bare. So I marched over

to customer service and

they paged me when a

manager and stockclerk

had been located. Back

we all marched to the

large and roomy pet food

department where they

could easily count the few

cat food cans available.

Then two other shoppers

came over and asked why the top brands - not

even on sale - were al-

ways depleted. I was real-

ly on a roll now with great

support and having vi-

\* Health and fitness

experts all seem to agree

that it's best to have

something to eat before

you exercise. Food fuels

your body and actually

gives you more stamina,

so you can maintain a

high activity rate for a longer time, and invest-more calorie-burning en-

ergy in what you're doing. The idea that you shouldn't exercise on a

shouldn't exercise on a full stomach is apparently a myth, according to the latest research. On the other hand, if eating a big breakfast before your morning aerobics class tends to make you feel queasy during the workout, that might be due to the amount and the type

the amount and the type

of food you're eating. For example, the fats in bacon and eggs (too fattening for dieters anyway) take longer to digest than other kinds of food. This can make you feel sluggish or even nauseated if eaten right before an average of the step right before a step right before an average of the step right before an avera

eaten right before an ex-

of

placards,

marked packages of The Budget Gourmet products for three-\$5 or 15-\$1 coupon offers good on meat, deli and produce

Pick of the Week Cricket Lighters \$2 Refund, Box 120667, El Paso, TX 88512-0667. \$1.25 and a 75-cent cpn. Send name and address on a 3-by-5 paper, UPCs from four single packs and original store-identified cash tape with price circled. 7/1/91.

Listed below are other offers that do not require

Merit Bag Offer, Box 354, Kankakee, IL 60901-9901. 20-by-10-1/2-by-10 1/2 canvas bag. \$30 value. Send name, address, eight UPCs from

BY SUSAN DUFF

Merit Cartons. Limited to smokers over 21 and you must submit your signature. Void where pro-

hibited. 6/30/91. Life Cereal Picture Frame Offer, Box 2202, Maple Plain, MN 55348. 4-by-6 acrylic frame with magnetic backing. Send name, address on a 3-by-5 paper, two UPC/POP seals from any Life Cereal, and \$1.50 check or money order. No P.O. boxes. 6/30/91 or while

supplies last.
Kellogg's Pop-Tarts
Posters, Box 5018, Bat-tle Creek, MI 49016-5018. Send name, address, two UPCs from Kellogg's Pop-Tarts for each (or five for the whole set) and choice: A. "Pop-Sharks,"; B. "Prehistoric Era,"; C. "Last Defense,"; D. "National Bird,"; or E. Set of

all 4. 6/30/91 or while supplies last. Purpose Moisturizer le. Call 1-800-344 3354. For 3/4 oz. Fra-Purpose grance-Free Dual Treatment, ask for Offer 119; for 1 1/4 oz.

Purpose Gentle Cleans-

ing Soap, ask for Offer 319. 6/30/91.

The following offer DOES require a form: Ultress Experience \$2 Cosmetic Gift Certificate. Send form and POPs as listed. 7/31/91. Stamped self-addressed form request must be received by 6/30: Ultress Experience \$2 Cosmetic Offer, Box 14672, Baltimore, MD 21268.

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#### **RDU AIRPORT AUTHORITY**

SECURITY SYSTEM AD-MIN: 2-5 yrs computer system mgmt exp, preferably in security systems; BS in Computer Science or related area; knowledge of airport security requirements; ability to install, analyze, and pro-gram security computer sys-tem; drug test and back-ters and chack traculated. tem mgmt exp, pre ground check required. \$27813. Closing date: 9/20. Applications must be re-ceived by indicated closing date. Apply RDU Airport Auth., Cargo Dr. (turn at Air Cargo 1-3 sign). EOE-M/F/N.

only nine months at this temperature. Cooked chicken lasts for just one month at 70 degrees F. Stocking up on sale items can add up to big savings in grocery bills, but be sure to date the items you have for your forcers.

Duy for your freezer.

Q. Our dry cleaners went bankrupt while my fur coat was in cold stor-

age for the summer. How can I get my coat back?

A. Get in touch with your local federal bankyour local federal bank-ruptcy court, and ask for the judge's name as well as the bankruptcy docket number assigned to the dry cleaning company holding your coat. You'll have to file a written claim to get it back, and of course, you must have your claim ticket and proof of ownership.

Q. We're having a hard time selling our co-op apartment, and we have to move by next have to move by next year. Should we take our real estate agent's advice and offer to pay the buy-er's maintenance costs for the first year of ownership?

A. It's smarter to lower the price of your apart-ment. Once you've sold your home, you can no longer deduct that portion of the maintenance that went toward paying for the building's under-lying mortgage. You're usually better off taking all the tax advantages until the day of sale, even if you have to reduce your asking price to get some

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#### NOTICE TO BIDDERS

tel proposals will be received by the Raisigh-Durham Airport Au-the Airport Authority's Administrative Office Building until 2:00 p.m. ember 17, 1891 and immediately thereafter publicly opened and the furnishing to the Airport Authority one loader mounted, self id, snow remover as specified. Complete specifications and coneined, snow remover as specified. Complete specifications and con-documents will be open for inspection in the office of the Deputy Airport stor in the above-named building, and may be obtained by those ified on and after August 28, 1991.

No bid may be withdrawn after the scheduled doeing time for receipt of bids for a period of forly-five (45) days.

The Airport Authority reserves the right to reject any or all bids and to waive informalities and tachnicalities

**RALEIGH-DURHAM AIRPORT AUTHORITY** G. SMEDES YORK, CHARMAN JOHN C. BRANTLEY, AIRPORT DIRECTOR Post Office Box 80001 RDU International Airport, NC 27823

#### POSITION ANNOUNCEMENT **VISTA VOLUNTEER**

PAMLICO SOUND LEGAL SERVICES, INC. (PSLS), a nonprofit law office which provides free legal assistance in civil matters to a diverse low income client population in 10 rural eastern North Carolina counties, is accepting applications for a VISTA volunteer to be placed in its Greenville offices for one year beginning November 12, 1991.

Responsibilities—The VISTA volunteer will be responsible for working on water and cower problems affecting low income communities and individuals. Specific projects will be identified on the basis of community neds and VISTA volunteer interest. The person selected for this position will work on a full-time basis under supervision of a staff attorney and may not have other gainful employment.

Cualifications—The minimum qualifications for this position are United States citizenship, majority age (18), and a North Carolina drivers license. However, preference will be given to inclividuals with demonstrated background, skill and interest which comport with a focus on issues relating to water quality and waste disposal, including indoor plumbing facilities in rural communities. Recent college graduates and retired persons are encouraged to apply. The North Carolina Rural Communities Assistance Project (NC-RCAP) and ACTION, a tederal volunteer agency, will have final approval authority for the individual selected by PSLS.

Compensation and Frings Benefits—The allowance for this position, to be paid through ACTION, is \$512 per month. Additionally, a monthly stipend in the amount of \$00.00 will be placed in escrew and will be provided to the VISTA volunteer at the end of the 12-month period. Major medical health insurance coverage will also be provided through ACTION, and worker's compensation coverage will be provided.

Applications Persons Interested in this position should submit a cover letter, resumé, and the names, addresses, and phone numbers of three references to:

Pamilico Sound Legal Services 213 Policok Street P.O. Box 1167 New Bern, North Carolina 28560

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ercise session. Better to stick to carbohydrate-rich foods like whole grains and fresh fruits. Looking for a quick and easy summer fish count to you.

few tablespoons of light sour cream, then lightly sprinkle with dill weed and paprika. Bake or broil according to weight.

\* Cereal boxes some-

Diet Bulletin Board dish that tastes extravagantly fattening, but actually keeps fats and calories down? Try spreading your favorite fish fillet or steak with a

times offer confusing nu-tritional information, tritional information, especially when it comes to calories. An ounce of certain granolas has over 100 calories, for example, while the actual measure in that one ounce is only about four tablespoons. An ounce of puffed wheat, on the other hand, is a full cup serving (be-cause the cereal has more bulk and is lighter), at just 50 calories. If your serving of cereal is the serving of cereal is the main course of your breakfast, you might opt for the cereals offering a larger portion at lower calorie counts per weight. If you like a sprinkling of crunchy cereal over yogurt, however, the smaller amount of granola may be worth the higher calorie count to you.