

DEMONSTRATION DOINGS IN DARE



The organs and glands of an animal are known as variety meats... sometimes called meat sundries... meat specialties or fancy meats.

For the homemaker who is interested in good nutrition for her family and at the same time is looking for ways to stretch her meat dollar... variety meats "fit the bill."

(1) Nutritious: Variety meats are recognized as suppliers of many nutrients in extraordinary amounts. A 3-oz. serving of any of the variety meats furnishes about the same amount of protein as an equal serving of lean meat.

(2) Delicious: Famous chefs have long recognized the delicacy and flavor of variety meats... the homemaker can profit by their example.

(3) Economical: The price per pound of liver, tongue, heart, etc. is often about half that of regular economy meat cuts and considerably less than the expensive cuts.

Today, let's discuss liver and tongue. Liver is considered one of

the more tender variety meats. But, in cooking, remember that beef liver is less tender than the others. Braising is recommended for pork and beef liver...

Tongue is one of the least tender of the variety meats. It is sold fresh, pickled, corned and smoked. Beef and calf tongues are large enough for family meals.

Wondering What's New? Dehydrofreezing... a new food processing method developed by the USDA at its research center in Albany, California.

See you at the District Federation.

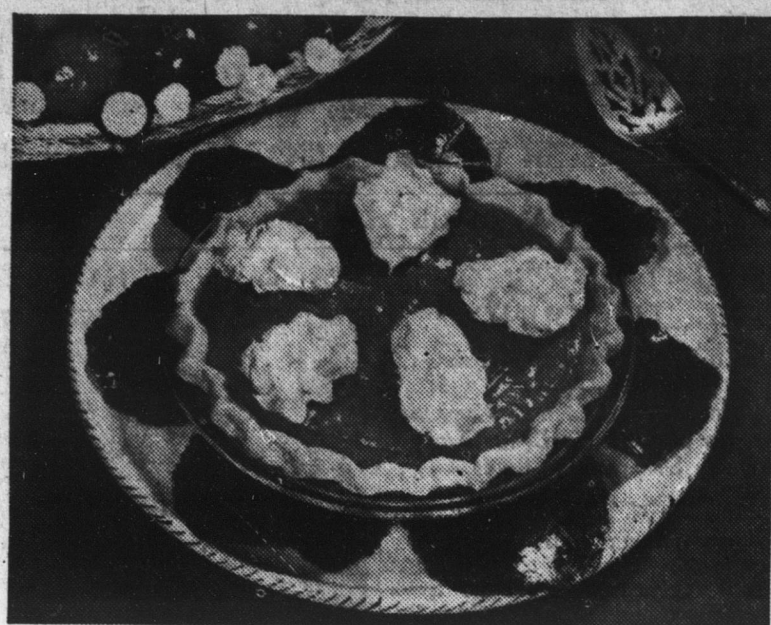
BRIDAL SHOWER

A Bridal Shower was given Mrs. Ernest Lee Styron Monday night at the home of Mrs. Eliva Ballance in Hatteras.

Games and contests were enjoyed by all. A beautiful wedding cake with a bride and groom had been baked for the honoree.

The bride's mother, Mrs. Vance Midgett; her grandmother, Mrs. Fred O'Neal; her little sister and two of her cousins were present.

The hostess, Mrs. Murray Styron served ice cream and cake.



It's Easy As ABC To Make Perfect Lemon Cream Pie

By Nancy Carter

My mail indicates fresh, tangy lemon meringue pie to be an all season favorite in many a family. But the mail indicates, too, that many women have problems making this pie so that it looks good, tastes good and doesn't run when cut.

Lemon meringue pie is easy to make. You just have to observe a few rules, take time to make it, and most of all serve it within a few hours after it is made. It just isn't a pie that keeps well.

Here are the things I've found in testing lemon pies. Maybe they've been causing you trouble, too. The secret of a creamy smooth pie is to follow the accurate measurements in my carefully tested recipe.

Having trouble with the filling being too thin or tasting starchy? Well, both are caused if the mixture has not been cooked long enough.

Here's another important hint: add the fresh lemon juice to the filling mixture after it has cooked, stirring the juice in slowly and gently.

One last tip, cool the filling before putting it in the cooled crust.

We've lots of tested pie recipes so if you'd like more write to me, Nancy Carter, P. O. Box 4358, Atlanta, Ga.

PERFECT LEMON MERINGUE PIE

- 1 8- or 9-inch baked pie crust
1 1/2 cups sugar
7 tablespoons cornstarch
1/4 teaspoon salt
1 1/2 cups hot water
3 eggs, separated
1 teaspoon grated lemon peel
2 tablespoons butter
1/2 cup fresh lemon juice

Bake and cool crust. Mix sugar, cornstarch and salt in pan. Gradually stir in hot water. Bring to a boil over direct heat; then cook 8 to 10 minutes over medium heat, stirring constantly until thick and clear.

ROY ELWOOD ROUGHTON LAID TO FINAL REST

Columbia.—Funeral services for Roy Elwood Roughton, 52, who died Thursday, April 5, at Norfolk General Hospital after several weeks illness, were held at Malachi's Free Will Baptist Church on Friday April 6, at 3:00 p.m.

The choir sang "Under His Wing", "Jesus Lover of My Soul" and the "Last Mile of The Way". Pall bearers were cousins of the deceased: Floyd, Jessie, Albert, Harold and Billy Spencer, and Carlon Everton.

Mr. Roughton was the son of the late Warren and Cora Sexton Midgett Roughton. He was a member of Malachi's Free Will Baptist Church, a native and life long resident of Tyrrell County, and a merchant in oil products for 18 years.

He is survived by his wife, Mrs. Pearl Fleming Roughton; one son, Warren Roughton, and one daughter Mrs. Peggy Roughton Brickhouse; four brothers, Clyde and Lonnie Roughton of Norfolk, Charles Midgett of Norfolk and Robert Midgett of Columbia Route One, and one grandchild.

PLEDGER-DAVENPORT

Columbia.—Miss Phyllis Davenport, daughter of Mr. and Mrs. Joseph Benjamin Davenport, and Melvin Pledger, son of the late Mr. and Mrs. John Pledger, and Clerk of Superior Court of Tyrrell County were married Saturday April 7th at 5:00 p.m. at the Columbia Methodist Church, with the Rev. Robert H. Eason performing the ceremony.

LANE-DAVENPORT

Columbia.—Miss Joyce Davenport, daughter of Mr. and Mrs. Thomas Davenport and Hank Lane of the U. S. Marines, stationed at the Marine base in Edenton, and formerly of California, were united in marriage by the Rev. Don Wagner on Friday at high noon, April 6th, at the Columbia Baptist Church. Only the family and close friends were in attendance.

SALVO PERSONALS

Mrs. Perley Farrow and children of Buxton have returned home after visiting Mr. and Mrs. Graves Midgett.

Mr. and Mrs. Cyrus Gray and daughter Penny of Norfolk spent Friday and Saturday with Mr. and Mrs. Perry Farrow.

Mr. and Mrs. Luther Hooper and children of Manteo spent Friday with Mr. and Mrs. Aaron Hooper.

Mr. and Mrs. Walton Midgett, Mr. Bowman and granddaughter of Norfolk visited Mr. and Mrs. Flora Midgett Sunday.

Mrs. Bettie Farrow recently visited Mr. and Mrs. Cyrus Gray of Norfolk.

Mrs. Claude Williams and daughter Ina Long of Manteo visited Mrs. Perry Farrow recently.

William Hooper of Norfolk spent the week end with his parents, Mr. and Mrs. Garland Hooper.

Earl Whidbee of Elizabeth City visited his mother, Mrs. Melvina Whidbee, Saturday.

Alpean and Debra Hooper of Manteo are visiting their grandparents, Mr. and Mrs. Aaron Hooper.

Sparrow Midgett is visiting in Elizabeth City.

Mrs. Blanche Pyland who has been visiting in Portsmouth, Va., with her sister, Mrs. E. M. Pearce, returned home Wednesday. She was accompanied by her daughter, Louise Rountree, who spent several days in Portsmouth.

Mr. and Mrs. Floyd Hooper and daughter, Donna, and Mrs. Myrtle Hooper spent Tuesday in Manteo. They were accompanied home by Sharron Hooper, daughter of Mr. and Mrs. Leslie Hooper.

BIBLE CLASS MEETS

The Bible Class met at the home of Mrs. Eral Foster Friday night, with 13 members and one visitor, Mrs. Virginia Cole of Norfolk, present.

Mrs. Edna Garrish, Mrs. Pauline Oden, Mrs. Achsah Oden, each gave an uplifting story. Mrs. Kathryn Midgett read the Easter poem by Peter Marshall. Mrs. Maude Austin "10 tips on how and when to read your Bible." The hostess served delicious refreshments.

TYRRELL MAN GRADUATES

Fort Lee, Va.—Army Pvt. Victor Dunbar, whose wife, Frances, lives on Route 1, Columbia, recently was graduated from the general equipment repair course at the Quarter Master School, Fort Lee, Va.

In the 14-week course, he was trained to install, adjust and maintain a variety of quartermaster machinery and mechanical equipment. Such equipment included internal combustion engines, mobile laundry, baker, and field bath unit equipment, petroleum equipment, and smoke generator equipment.

Dunbar entered the Army in July 1955.

HATTERAS PERSONALS

Mrs. Harry Austin has returned from Norfolk, Va., after visiting her children. She was accompanied home by her daughter, Mrs. Cantwell Miller and family, who will make their home here. Mr. Miller is working in Norfolk.

Mr. and Mrs. William Lingo of Norfolk spent the week end with Mr. and Mrs. Cecil Ballance.

Rev. and Mrs. Dan Meadows were in Elizabeth City Tuesday; also Mrs. Virginia Austin and Mrs. Wheeler Ballance.

Mrs. Clifton Austin and son Cliff are home after spending two weeks at Ocracoke.

PHONE LOMBARD 3-1812

Highest Market Prices PROMPT RETURNS — FOR ALL NORTH CAROLINA SEAFOOD

HUFF FISH COMPANY

WHOLESALE DEALERS

14-15-16 DOCK ST. FISH MARKET

PHILADELPHIA 6, PA.

66 YEARS OF SERVICE

SEABOARD FISH CO.

Wholesale Commission Dealers in All Kinds of

FISH — SHRIMP — CRABS CLAMS, ETC.

ROCK - FLOUNDERS A SPECIALTY

Telephone LE-94643

SECTION V. WHOLESALE FISH MARKET

BALTIMORE 2, MD.

Consignments Solicited

Daily Returns



Dependable Service Excellent facilities for handling your shipments quickly call BE. 3-3188 3189

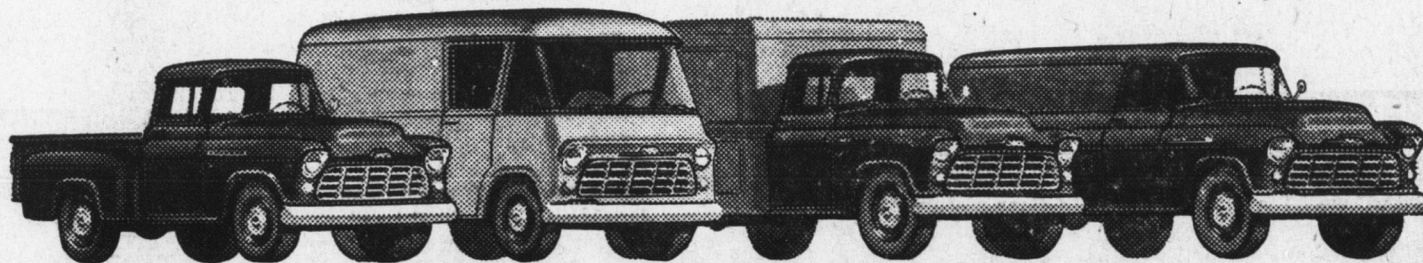
Wholesalers and Producers of All Kinds of Fish

8 & 9 Fulton Fish Market

New York City

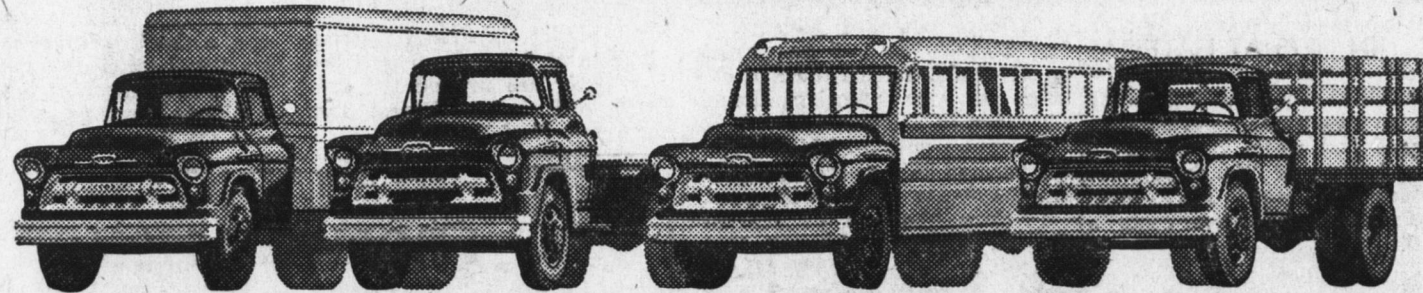
Specializing in quality Seafoods CRAB MEAT SHRIMPS SCALLOPS LOBSTERS SOFT CRABS

Champs of every weight class! New '56 Chevrolet Task-Force Trucks!



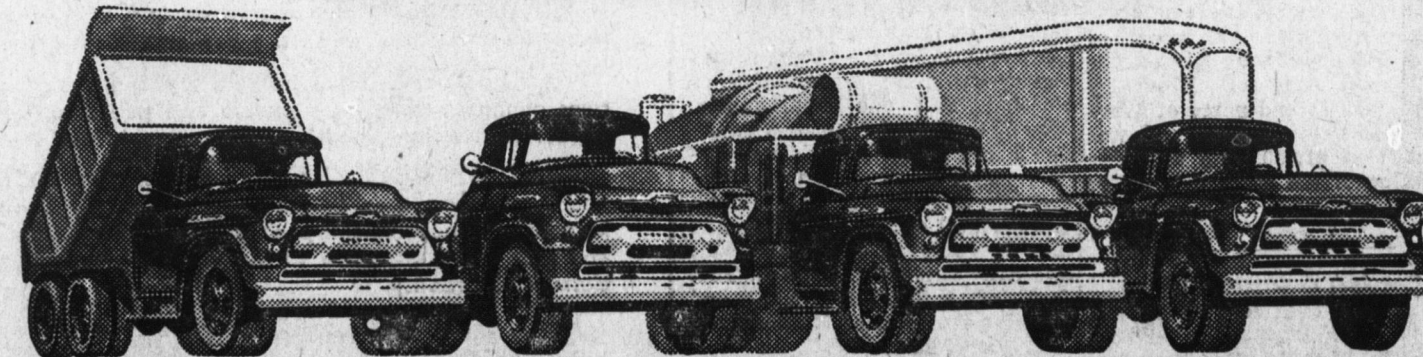
Model 3104 pickup. • Forward Control chassis, Model 3442. • Model 3803 with refrigerator body. • Model 3805 panel.

NEW LIGHTWEIGHT CHAMPS!



6000 Series truck with van body. • 5000 Series L.C.F. • 6000 Series school bus chassis. • 4000 Series stake.

NEW MIDDLEWEIGHT CHAMPS!



10000 Series truck with tandem. • 9000 Series L.C.F. • 10000 Series truck with mixer. • New 8000 Series model as tractor.

NEW HEAVYWEIGHT CHAMPS!



This is just part of the new Task-Force fleet! Come on in and see why anything less is an old-fashioned truck!

Hassell & Creef Motor Co., Inc.

"YOUR FRIENDLY CHEVROLET DEALER"

PHONE 87 — MANTEO, N. C.

N. C. Franchised Dealer No. 1381

G&W SEVEN STAR

90-Proof

\$ 2 . 4 5 PINT

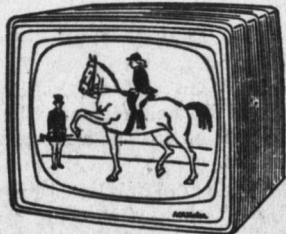
\$ 3 . 8 5 4/5 QT.



BLENDED WHISKEY • 37 1/2% STRAIGHT WHISKEY 6 YEARS OR MORE OLD • 62 1/2% GRAIN NEUTRAL SPIRITS • GOODERHAM & WORTS LIMITED, PEORIA, ILLINOIS

GIANT "SPRING SPECIAL" TRADE-IN DEAL

GET A HUGE ALLOWANCE for your present TV on this new RCA VICTOR TV



RCA Victor Compton 21. "Hidden Panel" tuning. 261 square inches of viewable area. "4-Plus" picture quality. Illuminated tuning dial. Phono-jack. Tone control. Tawny gold (model 21T6114), mahogany grained (model 21T6115) or lined oak grained (model 21T6117) finishes.

You'll enjoy RCA Victor's famous "All-Clear" picture with 261 square inches of viewable area. You'll enjoy New Balanced Fidelity Sound and beautiful new styling. Trade in today!

For UHF—New High Speed UHF tuning covers 70 UHF channels in 2 1/2 seconds! Optional, extra, at new low cost!

LIMITED TIME ONLY!



JOLLY RADIO SERVICE

ENGELHARD, N. C.

PHONE 521