

# GLIMPSES OF THE PAST

By CAROLYN LLOYD

It begins to look as though every member of a state legislature should be required to pass a course in applied psychology before going to the capital. It might keep them from doing a number of silly things. First the solons of South Dakota proposed to put a skull and crossbones on every pack of cigarettes sold in their state; now members of the Utah General Assembly propose labeling all products thus: "Contents of this package contain poison ingredients."

The bill failed to pass in South Dakota. Just how much protests from Governor Hodges and the N. C. Farm Bureau had to do with that is hard to say. What the worthy gentlemen who introduced the bills and our own protectors of the tobacco industry failed to realize is that such legislation would probably be the biggest boost the tobacco industry ever had. Young boys who had never thought of smoking would be unable to resist the lure of a pack of cigarettes marked with skull and crossbones. To the young, there is something irresistible about the forbidden, especially if it carries a hint of danger. Many girls learned to smoke at college simply because smoking was against the rules and they felt that they were living dangerously with every puff. One of the funniest sights I ever saw was the president of the Student Council at old E.C.T.C. trying to light a cigarette to prove that she was just one of the girls. She held the cigarette about two inches from her mouth, applied a match, and then sat there looking baffled when it didn't light.

Just as certainly, those who already have the habit aren't going to be deterred by labels if all the publicity about cancer hasn't cured them of smoking. Though there may be room for doubt that tobacco is as harmful as some claim, there has never been any proof that it is helpful; so it is certain that people don't smoke for their health. When tobacco was first introduced into England, the Elizabethans thought that it had medicinal powers; then they got the habit and smoked just for fun.

The point the legislators made was that if they warned people about the dangers of smoking, they would have done their duty. In that case, perhaps they should consider some other legislation, too. Doctors and insurance companies are constantly warning the public of the dangers of obesity, saying that every pound of excess

## CONGRESSIONAL RECEPTION BY N. C. SOCIETY FEB. 1 HELD IN WASHINGTON, D. C.

The North Carolina Society honored the State's delegation to Congress at a reception and tea Sunday afternoon, February 1, from 4 to 6 o'clock at 1732 Massachusetts Avenue. Mrs. Fred W. Morrison is President of the Society.

Senator Sam J. Ervin, Jr. and Senator Everett Jordan were present with their wives.

Also present were Representatives Herbert C. Bonner, L. H. Fountain, Graham A. Barden, Harold D. Cooley, Ralph J. Scott, A. Paul Kitchen, Hugh Q. Alexander, Charles R. Jonas, David Hall, and their wives, and Representative Carl T. Durham.

Mrs. Robert G. Seaks was Chairman of the Reception Committee, Mrs. Fred Vinson, Jr., Chairman of Pourers, and Mrs. Henry C. Soper, Chairman of Publicity.

Receiving downstairs in the beautiful paneled Chapter House were John Lang, Henry Oglesby, William Webb, and the Rev. S. Lewis Morgan.

Welcoming guests elsewhere were Mr. and Mrs. Ralph Gardner, Mr. and Mrs. Jerry Griffin, Mr. John Slear, Mrs. Mary Colvin Murphy, Robert McNeill, and Jack Spain.

Other greeters were Mr. and Mrs. Ney Evans, Mrs. Henry Oglesby, Wesley McDonald, Miss Christine Hines, Mrs. Christine Gallagher, and Mr. and Mrs. Walter Pittman.

Pourers taking turns at the tea and coffee urns were: Mrs. David Brinkley, Mrs. Charles Rhyne, Mrs. Dallas Townsend, Mrs. O. Max Gardner, Mrs. James Howfield, Mrs. Robert McNeill, Mrs. John Slear, Mrs. John Land, Mrs. W. Harold Williamson, Mrs. Gordon Gray, Mrs. William Webb,

and Mrs. Spencer Waters.

A special feature of the Reception was the announcement of North Carolina's Princess for the 1959 Cherry Blossom Festival. Senator Ervin, standing before the Circaean walnut fireplace, named Miss Myra Neal Morrison as the Committee's choice for this honor.

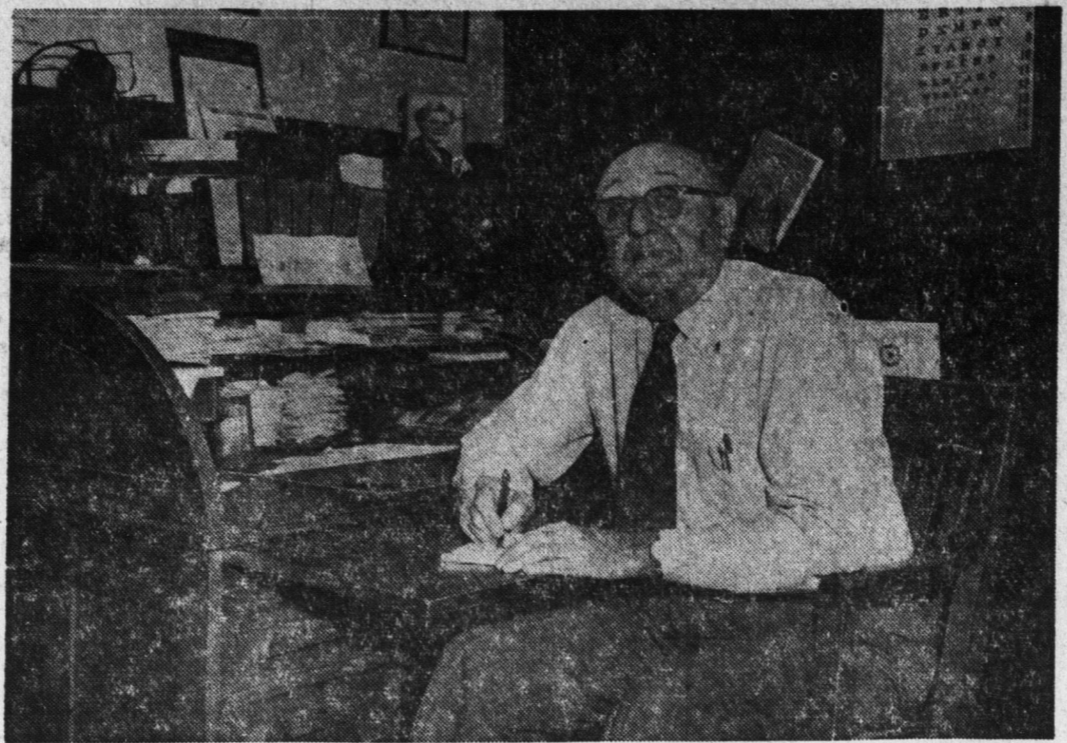
Miss Morrison is the debutante daughter of Dr. and Mrs. Fred W. Morrison. Dr. Morrison is a prominent Washington attorney and a former President of the Society, and Mrs. Morrison is this season's President of the Society.

Miss Morrison, 18, a graduate of National Cathedral School for Girls, is a first year student at Woman's College of the University of North Carolina, Greensboro, N. C., where her father was one time Professor of Education.

The petite, blue-eyed, brown-haired Princess-elect was presented at a dinner dance in Washington in December.

Among the young people attending the reception were: Jane Webb, Pamela Rudy, Mary Lou Putnam, Susan Rogers, Emily Magner, Peggy Rhyne, daughter of Charles Rhyne, Immediate Past President of the American Bar Association; Charles and Richard Jonas, Jack Page, John Page, John Menafee, Jr., and William H. Hessick, Jr.

# 'Women Better Patients,' Says Family Doctor of Year



Dr. Lonnie A. Coffin, 68, of Farmington, Iowa, back at work after being named General Practitioner of the Year by the American Medical Association.

"Women are better patients than men," according to Dr. Lonnie A. Coffin, Family Doctor of the Year. "They'll do what you tell them, but men won't."

At 68, Dr. Coffin is a warm and happy man, busy with the health needs of more than 3,000 people in and around rural Farmington, Iowa. Enriched by 46 years of country doctoring, he is also a man who speaks his mind, a philosopher with concise and witty views on life. Here are a few of them:

**On smoking:** "It's undoubtedly bad for you. I gave it up after my coronary, and"—he stopped to light one of his six daily cigars—"I've given it up several times since then."

**On health:** "The work of the voluntary health agencies makes me confident about the future. The National Foundation, for instance, which helped us eight years ago when a polio epidemic hit Farmington [three of Dr. Coffin's four grandchildren were stricken], is now applying its March of Dimes funds to problems like arthritis and birth defects. That's good news, and good health."

**On sickness:** "If you're sick, do what you can to get well, but try not to worry about it. If you worry, you'll feel worse and so will everybody around you."

**On being sick at night:** "We all get sicker at night. That's

because we have more time to think about ourselves."

**On drinking:** "There are only certain people who should drink. Those who can both control it and afford it."

**On fishing:** "You can fish sitting down and I like that. If you catch something, fine. If you don't, exaggerate."

**On being a doctor:** "I try to take care of people no matter what the hour, no matter where they live, no matter who they are. Where or when they get sick is not their fault."

**On being a doctor named "Coffin":** "Well, it's true that's what they carry you off in, but the fact is my name hasn't scared off too many patients."

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**WINTER FERRY SCHEDULES**  
For Toll-Free Ferries Over Alligator River, Oregon Inlet and Hatteras Inlet, Effective October 1, 1958.

**HATTERAS INLET FERRY**  
Lv. Ocracoke 7:30 A.M. Lv. Hatteras 12:30 Noon  
For an indefinite time and until highway repairs are made, the one round trip a day will be made.

**ALLIGATOR RIVER FERRY**  
Lv. East Lake 6:30 A.M. Lv. Tyrrell Co. 6:40 A.M.  
8:00 A.M. 8:00 A.M.  
8:40 A.M. 9:20 A.M.  
10:00 A.M. 10:40 A.M.  
11:20 A.M. 12:00 Noon  
12:40 P.M. 1:20 P.M.  
2:00 P.M. 2:40 P.M.  
3:20 P.M. 4:00 P.M.  
4:40 P.M. 5:20 P.M.  
6:00 P.M. 6:40 P.M.  
7:20 P.M. 8:00 P.M.

**OREGON INLET FERRY**  
Lv. North Shore 6:30 A.M. Lv. South Shore 7:00 A.M.  
7:00 A.M. 7:30 A.M.  
7:30 A.M. 8:00 A.M.  
8:00 A.M. 8:30 A.M.  
8:30 A.M. 9:00 A.M.  
9:00 A.M. 9:30 A.M.  
9:30 A.M. 10:00 A.M.  
10:00 A.M. 10:30 A.M.  
10:30 A.M. 11:00 A.M.  
11:00 A.M. 11:30 A.M.  
11:30 A.M. 12:00 Noon  
12:00 Noon 12:30 P.M.  
12:30 P.M. 1:00 P.M.  
1:00 P.M. 1:30 P.M.  
1:30 P.M. 2:00 P.M.  
2:00 P.M. 2:30 P.M.  
2:30 P.M. 3:00 P.M.  
3:00 P.M. 3:30 P.M.  
3:30 P.M. 4:00 P.M.  
4:00 P.M. 4:30 P.M.  
4:30 P.M. 5:00 P.M.

## FREE WHEELING

**MOSTLY FRAUD . . .** Take a long look before risking even a dime on any power and mileage booster advertised for your automobile. And "risk" is the right word, for most such "miracle" additives and accessories are outright frauds.

I have in mind the heavily publicized products like spark intensifiers (remember them at the State Fair), gas atomizers, certain fuel additives, water injectors, and battery dope.

Best protection against getting hooked by one of these wonder gadgets is to scan their printed claims carefully. Beware claims of "up to 25 percent horsepower increase," or "cut your gas bill 30 percent." Ask yourself why a product, ostensibly that good, was not installed at the factory. Or recommended by manufacturers as an approved accessory.

Perhaps the most fantastic scheme of them all would have you believe that a pellet dropped into the fuel tank will "overhaul your engine" while you drive.

Or even more preposterous, toilet tissue to filter your engine oil. A West Coast hawkler actually advertised with a straight face a special adaptor he claimed would permit a roll of regular toilet tissue to be used as an oil filter.

While I've no intention of discrediting legitimate accessories, and there are some—superchargers, hot ignition systems, some oil detergents—certainly no reasonable person should fall for a product costing a few bucks yet which claims to improve an automobile that cost millions to engineer.

The phonies squawk that Detroit has "suppressed" their offerings. Which in itself is nonsense because there's not a car builder in business who wouldn't jump at the chance to beat his competition. Beat it by factory installing any device which would add even five percent fuel economy or increased power.

And any manufacturer would give his eye teeth, too, for that elusive "100-miles-per-gallon" carburetor that's always turning up hither and yon. You know the story. A chap takes delivery of a brand new car, proudly sets off on a long journey. At the end of the trip he's amazed to find he's averaged 100 miles to the gallon. Same, thing on the return trip home. Then, ah, ha!, there comes a secretive knock on the door. A well-dressed stranger enters, flashing a card identifying himself as the car manufacturer's representative. He takes the owner into his confidence. "Frankly," he whispers, "there's been a mistake at the factory. The car you bought is an experimental model, never intended to be sold. I'm prepared to offer you \$10,000 for it."

But of course the owner never does, and presumably he's still driving around happily on a cup of gas a day.

**SUDDEN THAWT . . .** Pedestrians who take a chance on getting across are taking a chance on getting a cross.

## CHASING DOWN FINEST COASTAL SEAFOOD MENUS

**RALEIGH**—What are your favorite seafood menus and recipes? Are they of your own making or were they handed down in your family from one generation to the other?

Are you willing to share these menus and recipes in order to help boost the use of North Carolina seafoods?

If so, send them to Henry Belk, Editor The Goldsboro News-Argus, Goldsboro, N. C. He plans to make use of them so others may enjoy North Carolina seafoods more than they now do.

The Goldsboro editor, who asked the Department of Conservation and Development to help him collect seafood menus and recipes now in use in North Carolina and especially in the State's coastal area, plans to write a series of newspaper articles on the best ways to prepare seafoods the North Caro-

**EAST LAKE PERSONALS**

Mrs. Dixie Ambrose and Emmett Smith visited Mrs. Thelma Smith at the Chowan hospital in Edenton Sunday.

Mrs. Thelma Smith is a patient in Chowan hospital in Edenton.

George Ambrose was in Wilmamston Thursday.

Mrs. Mary Burrus and Mrs. Janie Rogers, of Manteo, visited here Sunday.

Mr. and Mrs. Wallace Basnight and children, Mrs. Christine Cahoon and Miller Cahoon, of Norfolk, spent the week end here.

W. V. "Jep" Cain has returned to his home after being a patient in the Marine hospital, Norfolk.

Mrs. Emily Smith, Mr. and Mrs. Roy Basnight and Susan were in Elizabeth City Saturday.

Mr. and Mrs. Johnnie Ambrose and children were in Columbia Sunday.

Miss Blanche Copeland was in Manteo Monday.

Mrs. Dorothy Twiford was in Duham Tuesday and Wednesday.

**JACK BURRUS ON WINNING ARMY TEAM IN KOREA**

**1ST CAV. DIV., KOREA (AHTNC)**—Army Pfc. Jack R. Burrus, 23, son of Mr. and Mrs. Orlando Burrus, Manteo, was a member of the division trains basketball team which recently won the championship of the 1st Cavalry Division in Korea.

A carpenter in the division's Repair and Utilities Engineers, Burrus entered the Army in February 1958. He completed basic training at Fort Jackson, S. C.

A 1954 graduate of Manteo High School, Burrus attended Chowan College. He was employed by the State Highway Department before entering the Army.

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...for the **BIG SAVERS!**

You're looking for the '59 Ford Styleside! And for '59, there's lots new besides styling. There's new strength-from new heavier bodywork to husky wrap-around body corners. New gas savings—with Ford's Short Stroke Six. New comfort—the smooth-est ride of any half-ton pickup!

...for the **HARD WORKERS!**

New additions to Ford's '59 line of 371 models—Tilt Cab Tandems, rated up to 75,000 lb. GCW! They combine advantages of tilt-cab design with the carrying capacity of tandem axles. Other all-new models: 4-wheel drive units at low Ford prices, available early in 1959.

...for the **SMART LOOKERS!**

It's the '59 Ford Ranchero—new from longer wheelbase to greater loadspace! Ranchero gives you the luxury and handling ease of a '59 Ford car . . . yet it hauls half-ton loads! New features include a 20% bigger windshield, increased body strength, new ride stabilizers.

**GO '59 FORD TRUCK**

They're here—new Ford trucks for '59. Here to take you Ford-ward for savings, Ford-ward for modern style and rugged dependability!

There are brand-new features: nylon-reinforced seat fabrics that wear up to twice as long . . . new cab interiors. And there are the proven gas savings; the proven longer life of Ford's rugged chassis! Come see the new '59s now!

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