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THE HYDE COUNTY HERALD, SWAN QUARTER, N. C.

in the stand

THURSDAY, AU. 9, 1

Protein is that food substan

may substitute such foods

cereals, dried beans and peas

nuts and soybeans, and help

this need Animal protein is

ever, and comes nearer to

our needs for tissue building

The figures from the National

search council's yardstick of

nutrition should set the mind

meal planner at ease, as thes

ures indicate that good nu

for a woman.

calls for only about 70 grams of i

tein a day for a man, and 60 gran

Combining the kinds of prot

the diet will take care of all

tein needs adequately. We us

get about a fourth of our

from cereals, and these do a

protein job because they are

Growth and Health

Meat

Hyde County Herald OUR DEMOCRACY-by Mat

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.Editor THOS. E. SPENCER.

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No. 49

AN IDEA TO TRY OUT

Here's a new stunt that every county in North Carolina might turn to good advantage. Now that the war has brought into great prominence many people who have gone aboard from their old home scenes, it might be a good idea to get some of them back for a visit.

Why not make an inventory of all these folks who have made national figures of themselves, or anyway have made marks in the outside world. Then invite one outstanding one, or all of them for that matter, to come home for a week's visit to the scenes of earlier days, and to meet old friends.

The old folks back home would get a lot of pleasure and maybe profit from the return of these folks. They have been abroad, and they might have some good ideas about things. Remembe ras a child how the return of some former resident thrilled and inspired you. Sometimes these people made speeches that fired boyhood ambitions. The world they told about made many a lad hope he might go forth in the world and make his mark too.

Chances are that these folks we might invite back home would tell us it is all bosh, this business of going far from home to be somebody. More than likely they would tell us we can do more good in the world, be more prosperous and happy if we stick to some one thing right at home, than if we try to traipse all over the world.

Why not let the Board of Commissioners of each county select one or more distinguished native sons or daughters, and urge them to come home for a visit. Then let the counties organize a program of festivity where old friends can take part, and every section of the county be represented. We believe it would prove joyful and profitable. Come to think of it, we don't do enough visiting anyway.



Ine of China's most read and most loved novelists is Lau Shaw, who is regarded as a pioneer of modern Chinese novel writing. He is a passionate advocate for the freedom of his country and the



welfare of her people, and his books are concerned with the poor and oppressed. The first of his novels to be published here is "Rickshaw Boy," which the Bookof-the-Month Club has selected for August. Told in simple and colloquial style. "Rickshaw Boy" is a novel of major stature, worthy to be ranked with the best



FORCE - WAS FOUNDED AUGUST 4, 1790 BY ALEXANDER HAMILTON, FIRST SECRETARY OF THE TREASURY, TO PROTECT OUR COASTAL WATERS AGAINST PIRATES AND SMUGGLERS. SINCE THEN, IT HAS ALWAYS BEEN ON THE JOB-AIDING OUR MERCHANT MARINE AGAINST THE HAZARDS OF THE SEA.



NOW, IN WORLD WAR II, THE U.S.C.G. HAS NOT ONLY GUARDED OUR COASTAL WATERS, HUNTING DOWN SUBMARINES AND PROTECTING CONVOYS, BUT ITS MEN HAVE TAKEN PART IN EVERY INVASION OF THE WAR- MANEUVERING THEIR CRAFT EXPERTLY THROUGH HEAVILY-MINED CHANNELS AND UNLOADING THEM UNDER FIRE ON ENEMY BEACHES ; THEIR MOTTO-

SEMPER PARATUS- ALWAYS READY.





Uphold Wages

Everybody who is willing and able to work is working harder these days; moving faster during regular hours and putting in overtime. Pressure of war, shortage of workers and prevailing high wages are the cause. A larger personal income, beneficial to all classes, is one of the direct results. We would all like to carry this feature over into the post*war years*

Philip Murray of the CIO had the right idea when he went to President Truman a few weeks ago and asked for a 20% increase in basic wage rates. Average wages in the United States at that time were \$1.04 an hour. This may seem high enough but it can't last. As soon as the war is over, labor's income will decline some, in spite of everything that can be done about it.

Losses to Labor. Bonuses will disappear when the pressure of government contracts is removed. Working weeks will shorter. Overtime will shrink to ! vanisiting point. Besides, high-wage munition .actories will close down and their employees will take work where wages are lower, some on farms. If the basic wage scale is not higher when war ends, labor's income will suffer too much.

Farmers have hard times when factory workers do. The wage earner's dinner table is the farmer's market. so nobody is more interested in high wages in factories than the farmers themselves. Agriculture and la- | front steps, a picture of dejection, bor, both big segments of Americans, are right behind Mr. Murray by for good wages immediately after the war because prosperity for many years will depend on it.

Bug in the Lotion The only disappointing detail in any more!" connection with the CIO's campaign for post-war prosperity is this: Mr. Murray's first move was an effort to make high wages legal rather four dishes, the day before you than to make them possible. Law- broke three, and today you broke givers have been trying for centu- five. What will the score be tomorries to make people pay what they row? didn't have. It can't be done. It makes no difference what the wage It's my afternoon off. scale is if the employer can't meet

A high basic wage scale recorded upon the ponderous pages of federal statute books will not buy milk for any working man's baby. Folding money in the pay-envelope, however, will do the trick. Any employer will put cash in his workers hands, in steadily increasing quantities, so long as he can still show a profit on the products that his organization ships out from his factory.

Congress Has Key There is a happy solution to this wage problem. If plant owners can be enabled to install new, modern equipment as needed, factory output per man-hour will increase steadily. This justifies better wages without raising prices and this is the combination that makes quick markets

VERMONTER'S REACTION Protein Essential to

A man driving through Vermont came to his mother's birthplace, a town where he had spent consider- which builds and repairs body able time as a boy when he was 40 sues. It is essential to growt years younger and some 200 pounds health. It is found in different lighter. Recognizing the name of a in various foods. distant cousin on the village's only course, one of the most filling station, he pulled in, and a sources, but we get animal slow-moving Vermonter ambled also from poultry, fish, eggs milk and milk products. Most over. foods also have protein, "Ever hear the name of Tows-

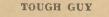
lee?" he asked.

"Yup," the native replied. "Ever know Almeda Towslee?"

"Yup, "She married a Blanchard, you complete than plant protein, know."

"Yup." "Well, I'm her son," the traveler repair. exclaimed.

Without looking up, the old-timer remarked. "Growed, ain't you?"





Harry-What kind of war work are you doing?

Jerry-I'm a tank tester. Hrry-What do you do? Jerry-Just lie down. They run the tanks over me and if the treads don't break, they're oke.

It's a Sad World

A small boy was sitting on the when the minister happened to walk

'What in the world is the matter with you, Fred?" he asked. "Oh," he explained, "I'm disgusted: my parents won't mind me

Crockery Holiday

Housewife-Yesterday you broke

New Maid—Not so much, madam.

Shopping Fun

Mrs. Jones-I stood in line yesterday for over two hours. Mrs. Smith-What for? Mrs. Jones-I don't know. It was gone before I got in the store.

This Smells! Dumb-There's something we'll always be able to get cheap. Dora-What's that? Dumb-Toilet water. You can al-

ways get all you want for a scent. On a Crowded Bus First Strap Hanger—Are you a toe dancer?

Second Ditto---Why, no. First S. H.-Then will you please get off my feet?

Mirror, Mirror

person I think I ever saw.

Wifey-That woman is the ugliest

Hubby-Not so loud, dear. You

Nuts to You!

Farmer-How did you get up in

Boy-Can't you see? I sat on it

Heap Big Feet

Soldier-Life was just one big des-

Girl-Is that why you dance like a

In many theaters the stage above the level of the orchestra seats, necessitating the craning necks by spectators. When the head is tilted back it is hard to keep the eyes steady, according to the Be ter Vision institute. Some persons suffer visual fatigue in the orches tra, especially in the first

of seats. However, in the bal

the eyes are turned downward

which in most persons is more con

centuries man has carried on mo

of his work of seeing horizontally

or downward. Relatively little vis-

ual activity was performed at a lev-

el higher than that of the eye, says

the institute. As a result of these the

habits the muscles that lower the

eye are better developed than those

that raise the eye, making the proc

ward more comfortable than look

this reason balcony seats, besides

being less expensive are easier on

the eyes of most persons than are

Prussian Blue Iron blue, also called "Prussian

blue," is one of the oldest colors

used in paint and is one of the most

durable of the blues. Its origin is

attributed to an accidental discov

ery by an ancient alchemist who

was trying to manufacture gold

the color was in 1704, when Dies-

bach, a color maker, burned wood

and oxblood together and produced

a yellow solution from the ashes.

When the solution was heated with

parts of white paint will show a per

United States is over 5,000,000 pounds

ceptible blue tint, was obtain

Production, of iron blue in

annually. Iron blue is resistan

alkalis, although some treatm reduce this sensitivity. For all

acids but is susceptible to attack b

reason it should not be generally

an iron compound, the intense

blue, one part of which in

The first commercial producer

ess of looking horizontally or down

ing upward above eye level.

orchestra seats.

fortable than looking upward.

narily teamed with the an protein of milk. Meat and vegeta stew, macaroni and cheese, and egg custard-corn pudding these combinations, if used, little to worry about on the quest tion of protein in the weekly menus for the average family.

Gauge and Weight Indicates Hose Sheerness

Contrary to widespread belle gauge alone of rayon hose is I

indication of sheerness, say c sion specialists in clothing and tel tiles. A 51-gauge hose may be sheet or it may be a service weight, pending upon the size and weight of the yarn used. Gauge means the fineness of knit

ting or number of needles per

inches on the needle bar. When

closely or finely knit than when

upon a combination of gauge

gauge is low. Sheerness depen

weight of yarn, which is known as

denier. The word denier is derive

from the name of an old French

tiles, the weight in grams of a spe

cified length of yarn. Hence a fin

yarn will have a low denier, mak

ing 75 denier just twice as fine

150 denier. The way to make sure

the degree of sheerness is to ask

about both the gauge and the denier

A high gauge with a low denier

Prefer Balcony

means a sheer hose.

coin and means, as applied to

gauge is high the mesh is

of modern classics. This is the story of Happy Boy, a country lad who came to Peking at the age of eighteen. He is big, handsome, strong, a little slow-witted, convinced that his strength, his abstinence and his patience

LAU SHAW

are sufficient for him to make a success of his life. What Happy Boy means by success is owning a rickshaw of his own. This would put him out of the class of the other, less

ambitious boys, who rent their rickshaws 66 DE each day from Fourth Master Liu at the shed called Human Harmony.

At the end of three years of hard work and frugality, Happy Boy saves enough money to buy his rickshaw-only to have It stolen from him by bandit soldiers who hold him in captivity. He escapes, and when he does, steals three camels from the

bandits with which to get started again. But his troubles have really fust begun.

Fourth Master Liu's hideous and shrewish daughter, Tiger Girl, b dead set on getting him as a husband and misses no tricks until she picceeds. When she dies, Happy Boy's second hard-earned rickshaw pust go to pay for her funeral. There is a girl whom Happy Boy



really loves, Little Lucky One, but she is bound to a father and two small brothers. In the end, when Happy Boy is ill and aged far beyond his years, he finds her again, but under tragic circumstances. It is hard, he has discovered, in the world he lives in, to find even a few moments of happiness . . .

Yet this is not altogether a sorrowful story, With all his suffering, Happy Boy has learned, dimly and slowly, but with his own kind of steady faith, that he is not alone in his wretchedness, that he is one

reving for a better world. "Rickshaw Boy" isn't a book weekly and forgotten just as quickly. It is the sort of story tone back to you again and again, long after you have

NEWS

bitt and Janice Meekins are Lloyd Meekafter) Mr. and Mrs. Waylan Joyner Elizabeth of Rocky Mount spent several

Myrtle and Theresa Payne spent the week end in Elizabeth City.

Wilbur Payne of Richmond, Va., spent the week and with his par- daughters, Irene and Jean Whidents, Mr. and Mrs. C. E. Payne. | bee, have returned from Creswell,

here with relatives.

HE

grandson, Sammy, are visiting of Waves. Va.

r is west

days here last week. They were a with rela- daughter, Alice, who has been servicemen idscharged from the visiting Iva Payne.

SALVO NEWS NOTES

Mrs. L. Y. Gray and grand- OPA.

Miss Rita Hooper of Washing- where they visited Mrs. Leon ining factor in how much each BIRTHS ton, D. C., is spending some time Davenport. They were accom- my be granted," Johnson said. panied home by Mrs. Calvin Mid- |"The maximum will be 30 gallons

Mrs. Alma Hardy i nAlexandria, Mrs. J. R. Douglas, who has OPA said that this was the Mr. Swindell is a native of Lake

been spending sometitme in Man- largest ration possible to grant Landing.



Ú. S. Treasury Department

BOMBERS-

teo with her husband, returned under present gasoline allocations home Tuesday. made by the Petroleum Adminis-Mr. and Mrs. Claude Williams tration for War.

of Manteo are visiting Mrs. Wil-"Furlough rations, for memliams' father and mother, Mr. and bers of the armed forces who have leave in excess of three days, will Mrs. L. C. Gray. Mr. and Mrs. D. L. Gray of continue," Johnson said. "This is another is a series of

Waves were here Monday visiting ections to provide all possible friends. Dave O'Neal of Avon spent benefits for veterans and still

Tuesday here on Business. Mrs. R. D. Gray and grand- scarce products for civilian use," son, Marvin Gray, left Wednes- he declared. day for Norfolk, where Mrs. Gray will receeive a check-up at the Marine hospital.

Annie Douglas and daughter, Elinor, who have been spending several months in Norfolk with Mrs. Andy Brown, returned home Tuesday.

Mrs. L. Y. Gnay and Earl Whidbee spent Monday and Tuesday at Avon visiting friends.

Mrs. L. H. Hooper left Wednesday to visit her daughter, Mrs. Pearl Twiford, at Kill Devil Hills. A Vacation Bible School is in progress at the Glad Tidings Gospel Tabernacle, with a very large attendance.

Mrs. W. E. Whidbee spent Mrs. D. L. Meekins, Joyce Bob- Thursday in Waves on business.

spending several days in Norfolk. SPECIAL GAS RATION FOR **DISCHARGED SERVICEMEN**

Special gasoline rations up to is spending accompanied home by their 30 gallons will now be provided

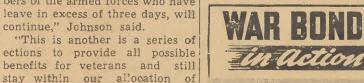
> aarmed forces for use in attending to personal affairs and making adjustments to civilian life, it was announced this week by

"Specific needs of the veteran in question will be the determ-

son, OPA district director said. | ter, Delorius Marie, born July 8.

and prosperity. Problem: Will Congress let industry buy new machinerv? Still in force in America are our war-time tax laws, taking over 90% forget yourself.

of corporation earnings. They make profits in business thin and uninteresting to investors; increased prothat tree? duction next to impossible. Congress holds the key. Plenty of good jobs at good pay can develop after the war if new tax laws are prepared now and announced now to take effect the day Japan surrenders.

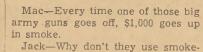


BRIGHT IDEA

when it was acorn!

ert until I met you.

camel?



less powder?

Frighten the Beast Painter-I did this picture to keep the wolf from the door. Critic-Why don't you hang it on the doorknob where he can see it.

Invitation? He-What is home without a mother' She-It just happens I will be, to-

used on fresh lime plaster or other alkaline surfaces. night.

Choo! Choo! Harry-What kind of a plant is a Virginia Creeper? Jerry-It isn't a plant, it's a railroad.

You Said It! Slim-What do they call a bustle nowadays? Jim-A deceitful seatful!

Skip This! Nit-Does this wind bother you? Wit-Oh. no, talk as much as you like!

Shake, Brother Harry-I have the grip. Jorry-Come on, let's pack it.

Early American Painters In North America, the India were the first painters. They deck rated not only their persons, also their teepees with paints mad also their teepees with paints came from earth pigments. Then The the colonists from Europe. Dutch colonists were among the first to yearn for painted First, they used whitewash made from the lime of oyster shells, brighten up their homes. Then they discovered red oxide of iron and began to paint the trim of their houses red. Next, they located copper ore and painted their doors green. The colors were vivid and harsh, but they improved in appear ance as they weathered.

IDAHO LUMBER Logging and milling for 105 years, the Potlatch Forests, Inc., of Idaho expects to be operating at least an-other century. The industry started

in 1840 around the first mission of Rev. H. H. Spalding and Marcus Whitman in the Clearwater country "The largest white pine sawmill in the world" turns out lumber at Lewiston with the help of 800 empl

Lumber in abundance is a great na tional asset contributing to the Nation's resources that stand behind

-Behind

Your Bonds

Lies the Might of America

Century, Fla. Mr. and Mrs. John Silverthorne Mrs. Ada Hooper and little gett and daughter, Shirley Rae, to each one, Theodore S. John- Jr., announce the birth of a daugh



Conference. Navy Secty. Forrestal

discusses war in Pacific with Vice Admiral R. K. Turner (left), Gen.

H. M. Smith, USMC, and Rear Ad-

U. S. Treasury Department

miral Harry Hill (right) on the deck of ship War Bonds helped to War Bonds. U.S. Treasury Department provide.